

FAIR OAKS RECREATION AND PARK DISTRICT

The Roost

Summer 2010



Check Us Out On Facebook And Myspace For Updates On District Programs

4150 TEMESCAL ST., FAIR OAKS, CA 95628 • 916/966-1036
Register online 24/7 @ www.fairoakspark.org

BOARD OF DIRECTORS

Brandon Rose, Chair
John O'Farrell, Vice Chair
Ralph Carhart, Rand Jacobs,
Geoffrey Simcoe

DISTRICT OFFICE

4150 Temescal St
Fair Oaks, CA 95628
966-1036 • Fax 966-9863
www.fairoakspark.org

ADMINISTRATION

Maureen Zamarripa
District Administrator
mzamarripa@fairoakspark.org

For field closure and updates visit
www.fairoakspark.org

PARKS

Park Office 240-3651 • Fax 961-3466

To View a list of FORPD Staff, please visit
www.fairoakspark.org.



Fitness



Strength



Knowledge



Creativity



Community

Look For These New Icons!

Need help making a decision on which class to take? Fair Oaks Recreation and Park District has included icons underneath our classes and activities to inform you of the benefits you can receive from each class or activity. Look for the icons to the left under each class description to see what is in store for you.

graphic design by Lenore Wellings



Cover photo courtesy of Rich Baum Photography
rich.baum@sbcglobal.net
or website:
richbaum.smugmug.com

Fair Oaks Recreation & Park District

“Creating community through People, Parks & Programs”

- Fostering human development
- Strengthening safety & security
- Providing valued recreational experiences



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FUN • EXCITING • ENJOYABLE

These words come to mind when reading this edition of The Roost. We're offering a wide variety of programs for all ages and interests as well as a new event.

FUN - Soon you will be seeing the W.O.W Bus-Wonderful Outdoor World coming to a park near you. Fair Oaks parks offer a great opportunity for residents to enjoy nature and the outdoors. The W.O.W bus compliments the natural beauty of the parks with free crafts, games and activities available to anyone. One Saturday each month, the W.O.W Bus will visit a different Fair Oaks park to give residents a chance to play games and have fun. (P. 5)

ENJOYABLE - Explore the beauty of Fair Oaks and enjoy some time outdoors. We are planning a series of walks around Fair Oaks. The first two walks-along the river and through the vernal pools in Phoenix Park begin this spring. Another opportunity to enjoy the unique terrain of Fair Oaks at your own pace or with others you choose. (P. 5)

EXCITING - This spring we have a new event called It's My Park Day. On May 8th from 8 am to noon, we are asking residents to come spend time in the parks by volunteering a few hours planting, raking, or painting. We'll provide the supplies if you'll give of your time. Our combined efforts will make the parks an even more special place in the Fair Oaks community. We look forward to seeing you on May 8th! (P.3) Although we have some new offerings, we will continue to provide a wide variety of programs and events the community loves such as Summer Camp, Comedy Under the Stars and support of the Summer Concerts in the Park. *Additional information on any District program can be found on the District website at www.FairOaksPark.org or in this edition of The Roost.* A spring and summer full of fun, enjoyable and exciting opportunities in Fair Oaks.

Maureen Zamarripa
District Administrator

The 61st Annual Fair Oaks Spring Fest

(Also known as Fiesta Days)

May 1st & 2nd, 10am - 4pm daily

This year's theme: "Go Green This Spring"



The two-day event will be held in Village and Plaza Parks. Entertainment is scheduled throughout the weekend including a parade, toilet bowl races, children's games, car show, food & craft vendors and more.

For more information call 967-2903.

Vendor Questions? Call Katy Albers at 966-1036.

Mother Son Dance

Friday, May 7th • 6:30-8:30pm

Pirates Adventure Theme

Presented by the Fair Oaks Youth Advisory Board (FOYAB). Moms . . . spend a special night out with your little guy to celebrate Mother's Day. Go out for dinner and then come spend the evening with us! Refreshments, great music, pictures, and more. Get your tickets at the District office or online. For more information please call (916) 966-1036 or email Katy Albers at kalbers@fairoakspark.org.

Location: Fair Oaks Community Clubhouse

Tickets: \$5 per person • NO "AT THE DOOR" TICKETS SALES AVAILABLE

It's My Park Day!

Saturday, May 8th • 8:00am-12:00pm

Thank you BBQ from 12:00pm-1:00pm



YOU CAN HELP! Fair Oaks Recreation and Park District invites you and your family to help care for and celebrate our parks! The day will consist of planting, clean-up, painting, repairs, and much more. Come work alongside District Employees to clean up our parks and make them THE place to be. At the end of the day the District will present an afternoon BBQ and entertainment to show our appreciation at Fair Oaks Park.

Sign up online or call 916-966-1036

Main Check in Location: Fair Oaks Park 11549 Fair Oaks Blvd

Spring Garage Sale

Saturday, May 15th, 8am-1pm

It's time to spring clean. Registration is limited to 61 booth spaces, so register early! (Garage Sale items only).

Booth spaces are approximately 15' x 14' (two parking spaces).

Location: Fair Oaks Park, 11549 Fair Oaks Blvd.

Fee: \$35 per space • 7410.11

Comedy Under the Stars

Friday, May 21st

Friday, August 6th

Friday, October 8th

8-10pm • Doors open at 7pm

Recommended for an Adult Audience

Join the Fair Oaks Recreation and Park District and Sacramento's "Laughs Unlimited" for a night full of laughs! Get your tickets at the District office or online. Tickets for these shows sell out fast! Food and spirits are available for purchase in the Theatre. A portion of the proceeds will help the Fair Oaks Theatre Festival fundraising efforts. Information on the comedians for each show will be available within one (1) month of each show date. Please contact us at (916) 966-1036 for additional information.

Location: Veterans Memorial Amphitheatre

Tickets: \$15 per person • \$42 group pack (all three shows)

NO "AT THE DOOR" TICKETS SALES AVAILABLE



Fair Oaks Village Singers Concert

Sunday, June 6th at 6pm

This is a FREE event! Show will consist of some show tunes and patriotic numbers.

Location: Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd.

For more information, call 369-8964



Local government prepares for everyday emergencies. However, during a disaster, the number and scope of incidents can overwhelm conventional emergency services. Metro Fire's Community Emergency Response Team (CERT) program is an all-risk, all-hazard training. This valuable course is designed to help you protect yourself, your family, your neighbors and your neighborhood in an emergency situation.

This class includes:

- What your local risks are and what you need to do to prepare
- How to manage utilities, hazardous materials, and put out small fires using the appropriate Fire Extinguisher
- How to use "START Triage" and how to treat the "Three Medical Killers" by opening airways, controlling bleeding, and treating for shock
- How to provide basic medical aid
- How to effectively search for and rescue victims safely
- How to organize yourself and spontaneous volunteers to be effective as a team and collect disaster intelligence to support first responder efforts
- Disaster Psychology
- About Terrorism

This training is held on a combination of (2) Thursday and (2) Saturday classes and is free to citizens who work or live in Sacramento County. Teenagers are welcome with an adult or guardian. The next class begins Thursday, May 13. For more information or to register for an upcoming training, log on to the CERT website at <http://www.smfd.ca.gov/cert.htm>.

Be Safe, Be Prepared, Be Empowered to Make a Difference!

Fair Oaks Theatre Festival SUMMER 2010 SHOW SCHEDULE

For more information on these, other upcoming events or to purchase tickets visit www.fairoakstheatrefestival.com

"MINNIE'S BOYS"

June 18-July 25

Show Times: Fri/Sat/Sun: 8:30pm

Thursday, July 15, 22: 8:30pm

"CHARLIE BROWN"

August 13- September 12

Showtimes: Fri/Sat/Sun: 8:00pm

CHILDREN'S SHOWS

TBA • Sat, July 3-24 • Showtime: 12:00pm

Concerts in the Park

June 10th - August 26th • every Thursday • Begins @ 7pm

Concerts in the Park are a free series of concerts for the Fair Oaks Community. It's an opportunity for families to come together to enjoy a relaxing summer evening in the park. The Concerts in the Park series is a co-sponsored event of the Fair Oaks Chamber of Commerce, the Fair Oaks Recreation and Park District and the Fair Oaks Foundation for Leisure & Arts. For more information and scheduled bands, call the Fair Oaks Chamber of Commerce at 967-2903, or visit www.fairoakschamber.com.

Location: Village Park in Old Fair Oaks

24th Annual

FAIR OAKS RENAISSANCE FAYRE

June 26th & 27th • 10am - 6pm

Visit the 16th Century village; dine on great foods and ales. Enjoy ongoing entertainment and belly dancing.

Location: Fair Oaks Park on the corner of Madison & Fair Oaks

For more info call 726-4952 or e-mail Raelynn@renaissance-rose.org



The Fair Oaks Recreation and Park District encourages the involvement of local businesses and organizations through event and group sponsorships. Sponsoring such events and groups is a great way to advertise, an outstanding public image tool, and an interactive way to show support for the community. For more information on becoming a sponsor for any of our events or groups please contact Katy Albers at (916) 966-1036 ex. 16 or email at: kalbers@fairoakspark.org.

Cultivation Celebration

HARVEST DAY 2010

Saturday, August 7th • 8am - 2pm

Speakers • Demonstrations • Educational Booths • Harvest Day Store

Master Gardeners and local experts share with you how to: maintain lawns, upgrade or retrofit irrigation, grow tomatoes, create compost and improve soils. Learn how to: maintain a river friendly landscape, identify poisonous plants, find lovely plants for a shade garden, grow healthy landscape trees and fruit producing plants and more!

FOR MORE INFO please call: UC Cooperative Extension, Sacramento County (916) 875-6913, fax 875-6233 or visit www.cesacramento.ucdavis.edu

LOCATION: *Fairs Oaks Horticulture Center & Community Gardens in Fair Oaks Park (11549 Fair Oaks Blvd., south of Madison Avenue).*

COST: *Donations are requested to support the Horticulture Center.*

Fair Oaks Exploration Trails

Get fit outdoors and explore the beauty of what Fair Oaks has to offer. We have planned out 2 unique walking trails for you to explore. Not only will you explore the unique terrain in Fair Oaks, you can get fit and have fun doing it! Who knows you may even produce a greater appreciation for the outdoors. "Nature Deficit Disorder" is affecting many people these days due to all the electronic forms of recreation; break out of the habit, get outside, and explore! For a list of trails and maps visit our website or pick up a packet at our office. Do the walks on your own or join up with a group at a few of our scheduled walks.

RIVER WALK

Sa • 5/22 • 8:30am
Th • 6/10 • 8:30am
Sa • 7/24 • 8:30am

VERNAL POOLS

Sa • 6/3 • 8:30am
Th • 6/24 • 8:30am
Sa • 8/7 • 8:30am

EXPLORATION CHALLENGE

Take the "Exploration Challenge" for a chance to win a T-shirt! Register and receive a clues packet to take on your walks. Answer all the clues correctly and you win!
5/17-8/31 • Fee: \$10 • 3600.11

Save the date! 5th Annual Fair Oaks Chicken Festival

Saturday, September 18th • 10am to 6pm

Come and Join the Fun! Become a fan of the Festival on Facebook for the insiders scoop on the event! Volunteers needed!

T-Shirt Design Contest: *submit a design for the 5th Annual Chicken Festival T-Shirt. The winning design will be featured on the back of the event t-shirts. Visit our website for more details.*

Location: *Village of Fair Oaks*



FAIR OAKS COMMUNITY GROUPS

Fair Oaks /Orangevale

Little League

(916) 863-9616

Fair Oaks Soccer Club

(916) 961-7802

American River Girls Softball

(916) 989-1174

Fair Oaks Youth Lacrosse

(916) 961-7983

Fair Oaks Theatre Festival

(916) 966-3683

Fair Oaks Foundation for Leisure & Arts

(916) 961-9012

Fair Oaks Historical Society

(916) 967-7135

Fair Oaks Responsible

Dog Owners (916) 967-4544

Weather Hotline for Dog Park

966-1011x23

Fair Oaks Chamber of

Commerce (916) 967-2903

Fair Oaks Rotary Club

(916) 962-6644

Fair Oaks Horticulture Center

(916) 875-6913

Fair Oaks Master Gardeners

(916) 875-6913

Starlight Shufflers

(916) 363-5733

Sierra Chapter American Theatre Organ Society

(916) 967-5386

Fair Oaks Village Singers

(916) 723-2794

Fair Oaks Racquet Club

info@forctennis.com

Woman's Thursday Club

(916) 967-7891

Keep Your Eyes on the Look Out for

the W.O.W Bus coming to a park near you! W.O.W stands for the Wonderful Outdoor World. Visit www.fairoakspark.org for updates!

TINY TOT SPORTS CLASSES

Ages: 3-5 / Location: Fair Oaks Park

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. *Parent participation is required.*



Fee: \$34 (\$31 res) / Session: 4 wks
Instructor: Recreation Staff

TINY TOT T-BALL

1129.21 • Sat • 5/8-5/29 • 9:00-9:45am
1129.22 • Sat • 6/5-6/26* • 9:00-9:45am
1129.23 • Sat • 7/10-7/31 • 9:00-9:45am
1129.24 • Sat • 8/7-8/28 • 9:00-9:45am

TINY TOT BASKETBALL

1160.21 • Sat • 5/8-5/29 • 10:00-10:45am
1160.22 • Sat • 6/5-6/26* • 10:00-10:45am
1160.23 • Sat • 7/10-7/31 • 10:00-10:45am
1160.24 • Sat • 8/7-8/28 • 10:00-10:45am

TINY TOT FLAG FOOTBALL

2123.21 • Sat • 5/8-5/29 • 11:00-11:45am
2123.22 • Sat • 6/5-6/26* • 11:00-11:45am
2123.23 • Sat • 7/10-7/31 • 11:00-11:45am
2123.24 • Sat • 8/7-8/28 • 11:00-11:45am

TEAM SPORTS CAMP

(a different sport each week)

2122.21 • Sat • 5/8-5/29 • 12:00-12:45pm
2122.22 • Sat • 6/5-6/26* • 12:00-12:45pm
2122.23 • Sat • 7/10-7/31 • 12:00-12:45pm
2122.24 • Sat • 8/7-8/28 • 12:00-12:45pm
*6/26 class held at Village Park

MOMMY & ME ART DISCOVERIES

Ages: 3-6 w/parent

Location: Arts & Crafts Bldg

Have some creative fun with your little artist in this class with small hands in mind! New & imaginative art projects will be discovered each week. Come dressed for mess & ready to have fun. *Please bring a \$10 materials fee payable to instructor on first day of class.*



Fee: \$41 (\$38 res)

Instructor: Michelle Lueth

1612.21 • F • 5/7-5/21 • 10:30-11:30am
1612.22 • F • 7/9-7/23 • 10:30-11:30am

MOMMY / DADDY & ME SOCCER

Ages: 2-3.5

Location: Fair Oaks Park

Introduce yourself and your toddler to the "Worlds Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy / Daddy & Me Soccer, you won't have to watch from the sidelines.

In case of rainouts, please call the KLS field hotline at 1-800-871-2275.



Fee: \$101 (\$98 res) / Session: 9 wks
Instructor: Jared Rains, Kidz Love Soccer Ch.
5555.38 • F • 6/25-8/20* • 9:30-10:00am
*6/25 class at Miller Park

MOMMY & ME LITTLE HANDS POTTERY

Ages: 2-6 w/parent

Location: Arts & Crafts Bldg.

Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint and a personalized design. Then your artwork will be clear coated & kiln fired to be picked up at a pre-arranged date. *Please bring a \$10 materials fee payable to instructor on day of class.*



Fee: \$29 (\$26 res)

Instructor: Michelle Lueth

1611.21 • F • 6/4 • 10:30-11:15am
1611.22 • F • 7/30 • 10:30-11:15am



KIDZ LOVE SOCCER, INC.

Ages: 3.5-12

Location: Fair Oaks Park

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is *always fun to fun*"™ Log onto www.kidzlovesoccer.com for more information. *(Shin guards required after 1st meeting).* *In case of rainouts, please call the KLS field hotline at 1-800-871-2275.*



Fee: \$101 (\$98 res) / Session: 9 wks
SUMMER • Fridays • 6/25-8/20*

Instructor: Jared Rains, Kidz Love Soccer Ch
5555.31 Tot-soccer (3.5-4 yrs) 10:15-10:45am
5555.32 Pre-soccer (4-5 yrs) 10:45-11:20am
5555.33 Soccer 1 (5-6 yrs) 11:20-12:05pm
5555.34 Soccer 2 (7-8 yrs) 12:05-12:50pm
5555.35 Soccer 3 (9-12 yrs) 12:05-12:50pm
5555.36 Tot-soccer (3.5-4 yrs) 4:40-5:15pm
5555.37 Pre-soccer (4-5 yrs) 5:15-5:45pm
*6/25 class at Miller Park

Birthday Party Art

With Miss Michelle

Choose from a variety of arts and crafts projects from clay sculpture & jewelry design to paint your own pottery & printmaking plus many more. Packages include birthday decorations, craft project & party time. Bring your own treat or for a small additional fee, we'll provide the cake and punch! 2hour packages start at \$120 & up for 8 kids. Each additional child is \$15. An adult chaperon must be provided for every 6 children.

*Location: Arts & Crafts Building
For more information, call 966-1036*

WEE CHEFS

Ages: 4-8

Location: McMillan Center

Fee: \$16 (\$13 res)

Accolades Culinary Experiences, led by Chef Terry Masten, will challenge and educate budding chefs—fun is guaranteed!



SMALL BITES

1110.21 • Sat • 8/28 • 1:00-2:00pm

GLORIOUS SANDWICHES

1110.22 • Sat • 6/12 • 1:00-2:00pm

1110.23 • Sat • 7/17 • 1:00-2:00pm

HEARTY SOUP

1110.24 • Fri • 5/14 • 4:00-5:00pm

1110.25 • Sat • 7/10 • 1:00-2:00pm

KALEIDOSCOPE SALAD

1110.26 • Sat • 7/31 • 1:00-2:00pm

1110.27 • Sat • 8/7 • 1:00-2:00pm

KID'S YOGA

Ages: 5-12

Location: Old Library

Kindling the minds of children, these classes encourage a deeper sense of body awareness, self exploration and interpersonal skills. Alive with flowing sequences, balancing poses, breathing exercises, and creative relaxation techniques, children are sure to relish in themselves. As well, partner poses and cooperative yoga games inspire positive peer interactions that are sure to carry into their everyday lives. *Material fee \$3. Please bring a yoga mat and wear loose clothing.*



Instructor: Melissa Yount

Fee: \$62 (res \$59)

3333.21 • M • 6/7-6/28 • 3:45-4:30pm

3333.22 • M • 7/12-8/2 • 3:45-4:30pm

3333.23 • M • 8/9-8/30 • 3:45-4:30pm

INTRODUCTION TO KENPO KARATE

Ages: 4-12

Location: Clubhouse Lower Level

Five Animal Kenpo is a karate program committed to the mental and physical development of our students. Our goal is to not only develop the skills needed for self-defense, but to build qualities of confidence, respect, and self-discipline — a youth's first line of defense against the pressures of today. Students will learn the basic bows, blocks, punches, and kicks of Kenpo karate and will be prepared to enter our continuing kenpo karate program. *A \$25 testing fee is required for those who wish to be evaluated for rank certification (belt testing) at the last class of the course. A \$35 uniform is required for students wishing to continue beyond first introductory class.*



Fee: \$66 (\$63 res)

Instructor: Casey Benedick

T/Th • 6-6:30 pm

1202.21 • 5/4-6/29 • 17 classes

1202.22 • 7/1-8/31 • 18 classes

YOUTH KENPO KARATE

Ages: 4-12

Location: Clubhouse Lower Level

Five Animal Kenpo continuing class offers students the opportunity to further develop skills taught in the "Intro to Kenpo Karate" program. Students will learn traditional Kata, self-defense techniques and learn to freestyle spar. Students will be exposed to the "Five Animal Styles" of Kenpo: Dragon, Snake, Tiger, Leopard and Crane. Emphasis continues to be placed on fostering the students confidence, discipline and respect. *A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment for \$50.*



Fee: \$51 (\$48 res) Monthly

Instructor: Casey Benedick

CONTINUING KENPO KARATE #1

T/Th • 6:30-7:15 pm

1203.21 • 5/4-5/27 • 8 classes

1203.22 • 6/1-6/29 • 9 classes

1203.23 • 7/1-7/29 • 9 classes

1203.24 • 8/3-8/31 • 9 classes

CONTINUING KENPO KARATE #2

T/Th • 7:15 -8 pm

1205.21 • 5/4-5/27 • 8 classes

1205.22 • 6/1-6/29 • 9 classes

1205.23 • 7/1-7/29 • 9 classes

1205.24 • 8/3-8/31 • 9 classes

FINE ARTS CAMP

Ages: 7-13

Location: Carmichael Park Veterans Hall, 5750 Grant Ave., Carmichael

Experience the wonderful world of art and creativity! In our fine arts camp the young artist will learn hands-on techniques in creating many works of art. Students expand their creative knowledge in sketching, painting, watercolor, fabric art, charcoal, pastels, foil art, cartooning and much, much more. Artistic studies include abstract, landscapes, animals, surrealism, realism and famous artists. Our final project is an art show exhibiting our masterpieces. Each camp introduces new and creative lessons. Dress for mess and bring a sack lunch. *Please bring \$18 supply fee to first class.*



Fee: \$84 res (\$81 res) / Session: 1 wk

Instructor: Suzanne Bell

5054.21 • M-Th • 6/21-6/24 • 9am-1pm

5054.22 • M-Th • 7/19-7/22 • 9am-1pm

Summer Fun at Camp Fair Oaks

When Summer's hot, we make camp COOL! • For Ages 5-12 Years

JUNE 14 - AUGUST 13

FULL DAY • 9:00am-4:00pm • \$125 wk

FULL DAY & Extended Care • 7:30am-5:30pm • \$145 wk

2nd child discount: \$10 per week off price

Camps will be held at the McMillan Center



Our Summer Camp provides children with the opportunity to make new friends, experience different activities, and discover new interests. Campers will enjoy a wide variety of activities such as fun and fitness, indoor and outdoor games, team sports, nature, crafts, story telling, talent shows and supervised free play sessions. Let us make this a summer they will remember!

Have questions? Email Jennifer at jdavis@fairoakspark.org

WEEK/DATES

THEME FIELD

TRIP

1) 6/14-6/18	Wacky Week: Welcome to Camp! Join us as we celebrate the beginning of Summer	Strikes Bowling / Pool
2) 6/21-6/25	Fiesta Week: Put on your party shoes as we learn the Mexican Hat Dance	Sunrise Fun Center / Pool
3) 6/28-7/2	Safari Week: Climb aboard as we travel deep in the jungle.	Folsom City Zoo / Pool
4) 7/6-7/9* *No camp 7/5	Happy Birthday America/Holiday Week! Celebrate the birth of our Nation and celebrate a different holiday each day	Sunsplash / Pool
5) 7/12-7/16	Space Explorers: 5-4-3-2-1-Blast Off! Let's explore the galaxy.	Discovery Museum Planetarium / Pool
6) 7/19-7/23	Food For Thought: Let's get cooking	John's Incredible Pizza / Pool
7) 7/26-7/30	Wild West Week: Round 'em up, Pardner	Gibson Ranch / Pool
8) 8/2-8/6	Island Adventures: Let's travel 20,000 leagues under the sea	Marine World* / Pool
9) 8/9-8/13	Summer Olympics: Reach for the gold and say goodbye to summer!	Party in the Park / Pool

* Due to the cost of this trip its optional and requires an extra \$25 registration fee

1st DAY OF REGISTRATION: APRIL 12th



JR. NFL FLAG FOOTBALL

JR. NFL Flag Football teaches boys and girls, ages 5-14 the fundamentals of football, good sportsmanship and teamwork through practices and league games. League games will take place on Saturdays and team practices will be during the week scheduled by the team coaches at the convenience of players and parents. All players will receive a NFL Flag Football reversible jersey. **Volunteer coaches needed, please call 966-1036.**



Fee: \$85 per player

Location: Banister Park

Mini Camp: 8/21 • 10:00am

Punt Pass & Kick: 8/28 • 10:00am

Mini Camp/Evaluation: 9/4 • 10:00am

Games Start: 9/18

PUNT, PASS & KICK

The NFL PUNT, PASS & KICK (PPK) program is a FREE national skills competition for boys and girls between the ages of 8-15 to compete separately against their peers. Girls and boys in four separate age divisions (8-9, 10-11, 12-13, and 14-15) compete against each other in punting, passing and place kicking in a fun and engaging forum. Individual winners will move on for a chance at competing on national television.



Date: 8/28

Location: Banister Park



EUROSOCCER GOALIE CAMP

Ages: 7-15

Location: Bannister Park

Development of a goal keeper can be hindered because goalkeepers require specialist training diet, difficult to achieve when goalkeepers are integrated amongst field players during practice. In light of this, we have designed goalkeeping camps, which cater for the specific needs of a goalkeepers training program. The aspects of play outlined here are what we consider to be vital components in such a program: Ball Familiarity, Distribution, Handling Technique, Shot-stopping, Cross-balls, Sound Footwork and FUN!



Fee: \$136 (\$133 res)

6457.21 • 7/12-7/16 • 9:00am-12:00pm

6457.22 • 8/2-8/6 • 9:00am-12:00pm

BELLA VISTA BASKETBALL CAMP

Grades: 3rd-8th Grade

Location: Bella Vista High School Basketball Gym

The Broncos invite you to "Explore the World of Bronco Basketball". The Bronco's Basketball camp will provide a summer program for your children that's ENGAGING and FUN. This is a wonderful opportunity for children to learn the fundamentals of Basketball.

Camp will focus on Team Concepts including defense and offense, zone vs man on man, and individual skills like warm up/stretching, free throws, rebounding/box-out, pick and roll, dribbling and passing. *Fee includes morning snack, lunch and afternoon snack. Each player must bring: court/gym shoes, gym clothes and a water bottle.*



Fee-Full Session: \$180 • Half Session: \$90

6/21-6/25 • M-Th 9am-3pm / Fri 9am-1pm

5153.21 – Full Session 9am-3pm

5153.22 – AM Session 9am-12pm

5153.23 – PM Session 12pm-3pm

Fair Oaks Soccer Club SUMMER SOCCER CAMP

Ages: 4-11

Location: Phoenix Park

Online Registration ONLY for this program. For check/cash/direct payment contact Fair Oaks Soccer Club.

Fair Oaks Soccer Club in cooperation with Sacramento State Men's Soccer is sponsoring this summer skills learning/building camp for children who are just beginning as well as experienced players who wish to learn more about the game and improve their skill level.



Ages: U-6 / Fee: \$57

6922.21 • M-Th • 7/26-7/29 • 5-7 pm

Ages: U8 & Older / Fee: \$75

6923.22 • M-Th • 7/26-7/29 • 5-8 pm



INTRO TO SKATEBOARDING LEVEL I

Ages 6-13

This course is designed to teach the basics to 1st time skateboarders. From foot placement and pushing, to carved turns and pumping for speed, this class is sure to improve the skills of any beginner skater. You must bring your own skateboard, and mandatory safety equipment designed for skateboarding: including helmet, knee and elbow pads. *Classes are subject to postponement and/or cancellation due to weather conditions.*



Rush Training Center is located at 11347A Folsom Blvd., Rancho Cordova

BEGINNER LEVEL I CLASSES (Sa-Su)

Fee: \$55 (\$52 res)

Location: RUSH TC

9191.21 • 5/22-5/23 • 8:30-10:00am

BEGINNER LEVEL I CAMP (M-Th)

Fee: \$105 (\$102 res)

9192.21 • 6/14-6/18 • 9:00-10:30am

9192.22 • 7/12-7/16 • 9:00-10:30am

Location: RUSH TC

9192.23 • 8/9-8/12 • 8:30-10:00am

Location: Fair Oaks Skate Park

INTRO TO SKATEBOARDING LEVEL II

Ages 6-13

For graduates of Level I, or skaters with some basic ability. Now that you've been introduced to the sport and have the basics down, this course is for you. Small class size will mean lots of instructor time to help you become a more proficient skateboarder. You must bring your own skateboard, and mandatory safety equipment designed for skateboarding: including helmet, knee and elbow pads. *Classes are subject to postponement and/or cancellation due to weather conditions.*



Rush Training Center is located at 11347A Folsom Blvd Rancho Cordova

CLASSES (Sa-Su) • Fee: \$55 (\$52 res)

Advanced Beginner L-II

9193.21 • 5/22-5/23 • 10:15-11:45am

Location: RUSH TC

Beginner L-II

9193.22 • 6/5-6/6 • 8:30-10:00am

Location: Fair Oaks Skate Park

CAMP (M-Th) • Fee: \$105 (\$102 res)

Advanced Beginner L-II

9194.21 • 6/21-6/25 • 9:00-10:30am



SKATE DECK CREATIONS

Instructors: Jonas Heppner & Nick Davison • Ages: 8-17

Location: Arts & Crafts Room

Have you ever wanted to build and design your own skateboard or longboard? Now you can because SDC has designed an innovative course that teaches you how to build and design a deck from scratch. All participants will receive a SDC designed t-shirt! Trucks, wheels, and bearings not included, but we do offer quality products at an extremely low price. *For more info go to www.skatedeckcreations.com*



SKATE DECK BUILDING AND DESIGN

All decks are built using 7 layers of rock hard maple veneer just like pro-model decks! After pressing and shaping your deck it is time to get creative and apply your own art and graphics; making the deck truly unique.

Fee: Skateboard \$56 (\$53 res)

Material Fee: \$40

5055.21 • M/W/F • 6/7-6/18 • 6:30-8:30pm

Fee: Longboard \$56 (\$53 res)

Material Fee: \$45

5055.22 • M/W/F • 6/7-6/18 • 6:30-8:30pm

SKATE DECK DESIGN CLASS

Just want to design your own deck? SDC has created a class just for that! Participants will receive a skateboard or longboard that is already pressed and ready for art application.

Fee: Skateboard \$46 (\$43 res)

Material Fee: \$35

5055.23 • M/W/F • 6/14-6/18 • 6:30-8:30pm

Fee: Longboard \$46 (\$43 res)

Material Fee: \$40

5055.24 • M/W/F • 6/14-6/18 • 6:30-8:30pm

ULTIMATE BOARDERS CAMP (UBC)

Ages: 8-15

Location: Rush Training Center

Designed for the beginner snowboarder, skateboarder or wakeboarder, this is the dream camp for the avid "boarder" ready to take their skills to the next level. UBC takes place at RUSH Training Center and will include indoor snowboard, skateboard and wakeboard lessons in the state-of-the-art facility. Dropping-in the half pipe on a skateboard, sliding your first box on a snowboard or even learning a wakeboard handle passes has never been so fun or easy. Participants of this class will learn the skills needed to have a lifetime of safe fun on any kind of action sport board. www.RushTrainingCenter.com.

Rush Training Center is located at 11347A Folsom Blvd., Rancho Cordova

Fee: \$131 (res \$128)

LEVEL II (days of the week)

Code • 7/19-7/23 • 8:00-10:30am



Youth Backcountry Camps!

Ages

Location:

High School Students-GET DIRTY with the Tahoe Rim Trail Association & Sierra Nevada Journeys! Featuring orienteering, backcountry living skills, outdoor leadership, trail building, leave no trace, self reflection & local ecology.

For more information contact:

Sean Hill at sean@sierranevadajourneys.org or call (916) 285-1917.

Registration: Mila Dunbar-Irwin, programs@tahoerimtrail.org or call (775) 298-0238

Fee: \$99 (assistance available) *all food and equipment provided

Session #1-July 11-13

Session #2-July 16-18

Session #3-July 21-23



CERTIFIED BABYSITTING

Ages: 11-13

Develop lifelong skills and job responsibilities while earning money when you become a trained babysitter. You will learn how to provide safe and responsible care for children. Develop skills in caring for medical emergencies as well as accident prevention. Gain knowledge about interviewing and professionalism. *Please bring a snack to class.*



Fee: \$56 (\$53 res)/ Session: 2 days

Instructor: Cathy Statham

Time: 4:00-7:00pm

Location: Folsom

4443.21 • M/W • 6/7 & 6/9

4443.22 • M/W • 7/26 & 7/28

Location: Orangevale

4443.23 • Tu/W • 6/15 & 6/16

BREAKDANCING

Ages: 8 & up

Location: Community Clubhouse

This class is designed to give you a background in what Breakdancing is, how to do it, and where it came from. Learn the basic fundamentals for the dance, top rocks, footwork, flow, freezes, battling and power moves.

Class will be taught by Vince "Vincanity" Horiuchi.

Vince has been around for over 10 years and won many international competitions in France, New York, Montreal and more. Vince regularly performs at Sacramento Kings games as well.



Fee: \$36 (\$33 res) / Session: 4 wks

\$10 Drop In fee

Instructor: Vince Horiuchi

1315.21 • W • 5/5-5/26 • 5:00-6:00pm

1315.22 • W • 6/2-6/23 • 5:00-6:00pm

1315.23 • W • 6/30-7/21 • 5:00-6:00pm

1315.24 • W • 8/4-8/25 • 5:00-6:00pm



CHEERLEADING - CHEER EDUCATION

Ages: 4-8

A Cheer Edu. program where cheerleaders will gain leadership and teamwork skills as they learn to perform choreographed cheers, dances, stunts, and basic tumbling. *An optional fee of \$25 for a camp uniform/pom pom is due to the instructor at the first class. Please bring water and wear tennis shoes.*



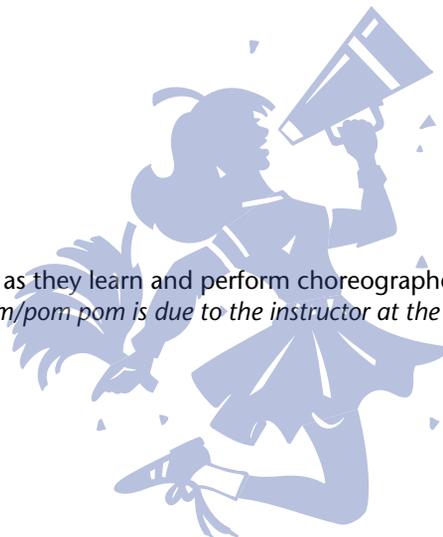
Fee: \$61 (\$58 res)

1618.11 • W • 6/23-7/14 • 9:00-10:00am

1618.12 • W • 7/21-8/11 • 9:00-10:00am

Fee: \$106 (\$103 res)

1618.13 • W • 6/23-8/11 • 9:00-10:00am



KIDS CAMP TENNIS LESSONS

Ages: 7-13

Location: Miller Park Tennis Courts

The one-week summer camps are designed for the beginner to intermediate player, age 7-13 years. The program will emphasize proper strokes and footwork techniques, point play and team matches. Students will be divided according to ability so that they may progress and enhance their own skill level. *There will be a maximum ratio of eight students per instructor.*



Fee: \$83 res (\$80 res) / Session: 5 days
 1255.21 • M-F • 6/14-6/18 • 8:30am-10am
 1255.22 • M-F • 6/21-6/25 • 8:30am-10am
 1255.23 • M-F • 7/5-7/9 • 8:30am-10am
 1255.24 • M-F • 7/12-7/16 • 8:30am-10am

KID CHEFS

Ages 8 & Up

Location: McMillan Center

Fee: \$16 (\$13 res) / Session: 1 day

Accolades Culinary Experiences, led by Chef Terry Masten, will challenge and educate budding chefs—fun is guaranteed!



Fee: \$16 (\$13 res)

Turkey Sloppy Joes

1111.21 • Sat • 7/17 • 11:00am-12:00pm

Open Faced Veggie Melts

1111.22 • Sat • 6/12 • 11:00am-12:00pm

Picnic Salad

1111.23 • Sat • 7/10 • 11:00am-12:00pm

1111.24 • Sat • 8/28 • 11:00am-12:00pm

Chicken Meatball Soup

1111.25 • Sat • 5/15 • 11:00am-12:00pm

1111.26 • Sat • 8/7 • 11:00am-12:00pm

BEGINNERS FENCING

Ages: 7-16

Location: Hristov-Csikany Fencers

Fencing, the art of swordsmanship, has been practiced for centuries. The sport develops your flexibility, strength, and speed. It is the fastest martial sport of them all and its FUN!! Fencing is great for all ages and levels of athletic ability. Learn sportsmanship and self-discipline. *Please bring bottle of water, sweat pants and clean tennis shoes to class.*



Fee: \$71 (\$68 res) / Session: 4 wks
 Instructor: Kristiyan Hristov
 Location: Hristov Fencing Club,
 6028 San Juan Ave, Citrus Heights, CA
 3831.21 • W • 5/12-5/26 • 5:00-6:00pm
 3831.22 • W • 6/2-6/23 • 5:00-6:00pm
 3831.23 • W • 7/7-7/28 • 5:00-6:00pm
 3831.24 • W • 8/4-8/26 • 5:00-6:00pm



FAMILY ART NIGHT

Ages: 5-17 with parent

Location: Arts & Crafts Bldg

Come have some family fun being creative! Each session will be a new & exciting project designed to bring out your inner artist. Smiles & lasting memories guaranteed. Class fee includes parent & child. *Please bring a \$5 materials fee per person payable to instructor.*



Fee: \$29 (\$26 res) for parent & child;
 Contact Michelle to register additional family members for \$10 each
 Instructor: Michelle Lueth
 1613.21 • Tu • 6/29 • 6:30-7:30pm
 1613.22 • Tu • 7/27 • 4:30-5:30pm

FAMILY POTTERY

Ages: 5-17 with parent

Location: Arts & Crafts Bldg., Rm A&B

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Bring your imagination—Emphasis is on FUN! Class fee includes parent and child. *Please bring a \$12 materials fee per person payable to instructor at first class. \$24 each additional family member.*



Fee: \$74 (\$71 res) / Session: 5 weeks
 Instructor: Michelle Lueth
 1610.21 • W • 5/5-6/2 • 6:15-7:30 pm
 1610.22 • Tu • 6/15-7/13 • 4:15-5:30 pm
 1610.23 • W • 6/16-7/14 • 6:15-7:30 pm
 1610.24 • Th • 7/8-8/5 • 4:30-5:45 pm
 1610.25 • Tu • 8/31-9/28 • 4:15-5:30 pm

PAINT-YOUR-OWN POTTERY

Ages: All ages (kids 5-17 must be accompanied by a registered adult)

Location: Arts & Crafts Bldg.

Come have some fun creating your own "artware". You will paint your bowl, mug or plate with your own personalized designs. Plenty of ideas & decorating tools will be available. Then each piece will be clear coated & kiln fired to be picked up at a pre-arranged date. These make great gifts for Mother's & Father's Day. *Please bring a \$10 materials fee per person payable to instructor on day of class.*



Fee: \$26 (\$23 res) *Please contact Michelle to add an additional family member for \$15*
 Instructor: Michelle Lueth
 1614.21 • M • 5/3 • 6:30-7:45pm
 1614.22 • Sat • 6/5 • 10:30-11:45am

MUSICAL THEATER, A Staging Fun & More Production

Ages: 7-16

Location: Clubhouse Auditorium

Splash into summer and join us under the spotlight on the Fair Oaks stage for a fun musical production. Sing, dance, act and make new friends! Emphasis is on the enjoyment of acting in a relaxed, fun environment while becoming more creative and self-confident on the stage. We will be doing a show of the directors choice. A \$10 production fee is payable to the instructor.



Performance: Friday, July 23rd
Show begins at 7:30pm

Fee: \$96 (\$93 res) / Session: 9 classes

Instructor: Carolyn Martin

1723.21 • Tu/Th • 6/24-7/22 • 3:30-5:00pm

TEEN YOGA

Ages: 13-17

Location: Old Library

Drawing on their experience through creative reflection, teens explore the physical and philosophical practice of traditional yoga. Teen yoga develops body and mind strength and flexibility through yoga poses, breathing exercises, and relaxation. Journaling group discussions and valuable activities create a positive environment that supports self-esteem, body appreciation and tools for stress management. *Material fee \$3. Please bring a yoga mat and wear loose clothing, journal or spiral notebook.*



Fee: \$69 (res \$66)

Instructor: Melissa Yount

3334.21 • M • 6/7-6/28 • 4:30-5:30pm

3334.22 • M • 7/12-8/2 • 4:30-5:30pm

3334.23 • M • 8/9-8/30 • 4:30-5:30pm



CPR/AED/FIRST AID TRAINING FOR INFANT, CHILD & ADULT

This course is EMSA Certified

Ages: 12 & up

Location: Old Library

Save time and money by receiving this *two-year, EMSA approved, certification.*

This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life saving skills. Come join us for coffee, cookies and life saving education! A \$10 material fee due to instructor at first class meeting.



Fee: \$73 (\$70 res) / Session: 1 day

Instructors: Breath Of Life

4444.21 • Sa • 5/22 • 8:00am-4:30 pm

4444.22 • Sa • 6/19 • 8:00am-4:30 pm

4444.23 • Sa • 7/24 • 8:00am-4:30 pm

4444.24 • Sa • 8/28 • 8:00am-4:30 pm

Fair Oaks Youth Advisory Board



Join the Fair Oaks Youth Advisory Board (FOYAB). Applications are being accepted for the 2010-2011 term and are due August 25th. See the FOYAB section under Recreation at: www.fairoakspark.org or search for us on Facebook!

2009/2010 OFFICERS

Chair: Elliot Marx

Vice Chair: Emily Marx

Secretary: Christina Stevens

Treasurer: Keith Lipp

YOUTH COMMISSIONERS:

Daniel Cattolica, Karah Kingsbury,

Lennie Yang, Brienna Andrews,

Seth Cohen, Alyssa Dunham, Madeline

Easterbrook, Kaitlynn Grenz, Rachel

Gross, Chelsea Harris, Abigail Hayes,

William Kidd-Gonzales, Layla Kouriri, Laura Lawson, Kelly Logue, Kevin Logue, Isabel

May, Kaitlin Riddle, Emily Rodgers, Aleksandra Smiljic, Elise Stevens, Steve Sucheski,

Jordan Vinciguerra, Clinton Wells, Megan Williams

YOUTH DEVELOPMENT COORDINATOR: Katy Albers -

kalbers@fairoakspark.org

"You must be the change you wish to see in the world"



CREATIVE JEWELRY DESIGN

Ages: 18 & up (14+ if enrolled w/adult)

Location: Arts & Crafts Building,
Classroom B

Learn the basics to make your own beautiful jewelry. We will explore different techniques with wire and beads to create your own designs. Bring home a one of a kind piece made by your own hands & the knowledge to successfully create many more. *Please bring a \$22 materials fee payable to instructor at first class.*



Fee: \$71 (\$68 res) \$50 for additional family

members / Session: 2 weeks

Instructor: Michelle Lueth

5112.21 • Th • 6/24-7/1 • 12:30-3:00pm

5112.22 • Tu • 7/20-7/27 • 10:00am-12:30pm



ZUMBA

Ditch the workout and join the party! Zumba is an aerobic dance class set to Latin-based rhythms and dance styles. With a combination of cardio and muscle-sculpting movements, you will forget you're working out and just have a blast! Join us Wednesdays for a basic Zumba class, or add Mondays for a more intense class! Please bring water, towel and clothes you can move in.



Fee:
 \$26 (\$23 res) Punch Card – good for 4 classes
 \$46 (\$43 res) Punch Card – good for 8 classes
 Punch cards expire 8/30/10
 Drop in Fee: \$7

BASIC: Wednesdays, 5/5-8/25, 7:00-8:00pm
 Location: Clubhouse lower level
 3810.21 • May 3810.22 • June
 3810.23 • July 3810.24 • Aug
INTENSE: Mondays 5/3-8/30, 7:00-8:00pm
 Location: McMillan Center
 3811.21 • May* 3811.22 • June
 3811.23 • July 3811.24 • Aug
 *No class 5/31, 7/5

STRESS MANAGEMENT

Location: McMillan Center

Come and learn a holistic approach to stress management. The techniques you will learn will help you lower the stress and keep your life in balance even through challenging and stressful times.



Instructor: Mungasulwa Kyumba, a certified Holistic Practitioner
 Time: 6:00-7:20pm
 3531.21 • W • 5/5-7/14* • \$101 (\$98 res)
 3531.22 • W • 7/21-8/25 • \$63 (\$60 res)
 *No class 6/2

T'AI CHI KUNG

Location: Old Fair Oaks Library

This class is a moving, meditation practice as taught by a TAO Master. Gain focus, concentration, self esteem and achieve inner power, emotional and physical well-being.



Instructor: Mungasulwa Kyumba, a certified Holistic Practitioner
 Fee: \$101 (\$98 res)
 3530.21 • M • 5/3-7/19 • 7:30-9:00pm
 Fee: \$63 (\$60 res)
 3530.22 • M • 7/26-8/30 • 7:30-9:00pm
 Drop-in Fee: \$15

HATHA YOGA CLASSES

Location: Clubhouse Auditorium

In addition to relaxing and stretching, Yoga Postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, increased sense of well-being and deeper more restful sleep. Each student is encouraged to work at his or her own ability level. *Please bring a mat, blanket and pillow to class.*



Sessions: Ongoing (begin any time)
 Instructor: Judith Aubin, MA
Punch Card Fee \$60: Each Card is good for 6 classes
 3710.21 • May 3710.23 • July
 3710.22 • June 3710.24 • Aug

STRETCHING, RELAXING AND STRESS RELIEVING YOGA

This class, over time, develops our ability to release our muscle tension and be relaxed in every posture of life.
 T • 5/4-8/31 • 8:00-9:15am

STRENGTHENING YOGA

This class is primarily intended to rebuild strength and restore our flexibility. Come and feel your mood improve as your strength slowly returns and grows.
 F • 5/7-8/27 • 8:30-10am

SHENG ZHEN QIGONG: The Qigong Of Unconditional Love

This Qigong helps you let go and allow the body to relax and the mind to be still. Then the HEALING POWER OF THE UNIVERSE will directly enter the blood and benefit the body. When you practice the SHENG ZHEN QIGONG, you will experience the opening of the heart, unconditional love for yourself and others, the dissolving of negative emotions and stress, and improvement in your health. No previous experience required.



Instructor: Mungasulwa Kyumba, a certified Holistic Practitioner
 Location: McMillan Center
SESSION 1 • 7:30pm-9:00pm
 3539.21 • W • 5/5-7/14* • \$101 (\$98 res)
 *No class 6/2
 3539.23 • W • 7/21-8/25 • \$63 (\$60 res)

Location: Old Fair Oaks Library
SESSION 2 • 9:30am-11:00am
 3539.22 • Th • 5/6-7/8 • \$101 (\$98 res)
 3539.24 • Th • 7/15-8/26 • \$72 (\$69 res)

Location: Old Fair Oaks Library
SESSION 3 • 9:30am-11:00am
 3539.25 • Tu • 5/4-7/13 • \$101 (\$98 res)
 No class 6/1
 3539.26 • Tu • 7/20-8/17 • \$72 (\$69 res)

ADULT KENPO KARATE

Location: Clubhouse Lower Level

Improve strength, flexibility, cardiovascular fitness, and agility as you learn the exciting art of Five Animal Kenpo. While learning an effective skill of self-defense you will benefit from mental focus, stress relief, and physical fitness that results from martial arts training.
A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment (\$50).



Fee: \$51 (\$48 res) monthly
 Instructor: Casey Benedick
 T/Th • 8:00-8:45pm
 1204.21 • 5/4-5/27 • 8 classes
 1204.22 • 6/1-6/29 • 9 classes
 1204.23 • 7/1-7/29 • 9 classes
 1204.24 • 8/3-8/31 • 9 classes

ADULT POTTERY

Ages: 18 & up

Location: Arts & Crafts Building

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun - while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring a \$22 materials fee payable to instructor at first class.*



Fee: \$74 (\$71 res) / Session: 4 wks

Instructor: Michelle Lueth

- 5110.21 • W • 5/12-6/2 • 12:30-2:30pm
- 5110.22 • W • 5/12-6/2 • 3:30-5:30pm
- 5110.23 • W • 6/16-7/7 • 12:30-2:30pm
- 5110.24 • W • 6/16-7/7 • 3:30-5:30pm
- 5110.25 • W • 7/14-8/4 • 12:30-2:30pm
- 5110.26 • W • 7/14-8/4 • 3:30-5:30pm
- 5110.27 • W • 8/25-9/15 • 12:30-2:30pm
- 5110.28 • W • 8/25-9/15 • 3:30-5:30pm

ADULT POTTERY STUDIO

Age: 18 & up

Location: Arts & Crafts Bldg.

This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration & participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes & expires 60 days from date of purchase. One class equals 2 hours studio time. *Please bring a \$22 materials fee payable to instructor at first class.*



Fee: \$60 per punch card

Instructor: Michelle Lueth

- 1616.21 • May • W • 12:30-7:30pm
- 1616.22 • June • Tu • 12:30-5:00pm
- 1616.23 • July • Tu • 12:30-7:30pm
- 1616.23 • July • Tu • 12:30-5:00pm
- 1616.24 • Aug • Tu • 12:30-7:30pm
- 1616.24 • Aug • Tu • 12:30-5:00pm
- 1616.24 • Aug • Tu • 12:30-7:30pm

*No class 6/9 & 8/10-8/18



BABY SIGNS® SIGN, SAY AND PLAY

Ages: 6-24 months

Location: Old Fair Oaks Library

Parents and their babies will enjoy

6 weeks of fun-filled play classes with lots of singing, signing, and dancing activities that highlight important developmental skills. With the Baby Signs® Program, infants and toddlers can use simple signs to let you know what they see, what they need, and even how they feel. Research has shown that using the Baby Signs® program reduces frustration and helps babies learn to talk sooner. Classes include fun activities and parent education topics to stimulate growth in your baby's motor, cognitive, language, literacy, social and emotional development. *\$55 materials fee payable to instructor at first class*

Fee: \$66 (\$63 res) per parent/child

Session: 6 wks

Instructor: Sandy Seddon-Rice BSN, IBCLC

1414.21 • T • 5/25-6/29 • 4:15-5:15pm

1414.22 • T • 8/24-9/28 • 4:15-5:15pm

BABY SIGNS® PARENT WORKSHOP

Ages: Parents only

Why wait to communicate? Babies have a lot to say, even before they can actually speak. With the Baby Signs® program, infants and toddlers can use simple sign to let you know what they see, what they need, and even how they feel. Research has shown that using the Baby Signs® program decreases frustration and helps babies learn to talk sooner. Learn everything you need to know to get started with the Baby Signs® program, including effective ways to begin teaching signs at home, easy ways to use signs in daily routines and what to expect as your baby transitions from signs to speech. Expectant parents, early childhood educators and professionals are also welcome. *\$30 materials fee per couple payable to instructor at first class.*

Fee: \$26 (\$23 res) per couple

Session: 1 day • 5:30-7:30pm

Instructor: Sandy Seddon-Rice BSN, IBCLC

1415.21 • Th • 5/6 • McMillan Center

1415.22 • Th • 6/3 • Old Library

1415.23 • Th • 7/29 • Old Library

1415.24 • Th • 8/26 • McMillan Center

EAST COAST SWING DANCE

Location: Clubhouse Auditorium

Have you ever gone out dancing and watched other people spin around the dance floor and wonder how they do it? This class will teach you footwork, turns and how to lead or follow any partner.



Fee: \$56 (\$53 res) per couple

Session: 4 wks / Instructor: Meghan Kerins

BEGINNING

4112.21 • M • 5/3-5/24 • 6:45-7:45pm

4112.22 • M • 6/7-7/12* • 6:45-7:45pm

*No class 6/28 & 7/5

BALLROOM DANCE I

Location: Clubhouse Auditorium

Ever felt uncomfortable dancing at weddings, office parties or out socializing? Why not begin dancing in a fun and friendly environment? Ballroom dancing for beginners starts with learning the basics of dances such as Waltz, Fox Trot, Rumba, and Cha Cha.



Fee: \$56 (\$53 res) per couple

Session: 4 wks

Instructor: Meghan Kerins

4110.21 • M • 5/3-5/24* • 8-9:00pm

4110.22 • M • 6/7-7/12* • 8-9:00pm

*No class 6/28 & 7/5

ROUND DANCE

Location: Clubhouse Auditorium

Instructors: Marie Hathaway & Gordon Sill

Round Dancing is a social ballroom dance taught in small units, then adapted to many popular songs. Summer classes will progress through waltz and foxtrot, then cover some Latin (cha and rumba). Students should have completed the beginner class. Beginner class will be offered again in the fall. *Visitors are welcome to observe. Casual attire.*



Fee: \$26 (\$23 res) / \$6 Drop-in

INTERMEDIATE

4220.21 • W • 5/5-5/26 • 6:30-9:30pm

4220.22 • Tu • 5/4-5/25 • 11:00-2:00pm

4220.23 • W • 7/7-7/28 • 6:30-9:30pm

4220.24 • Tu • 7/6-7/27 • 11:00-2:00pm

COUNTRY LINE DANCING

Location: Clubhouse Auditorium

Under 18 allowed with a paying adult

Come learn the basics needed to become a successful line dancer. It's a great way to meet and be with others while staying fit. No partner needed. Learn traditional line dances while developing the skills needed to progress into higher level classes. Routines and teaching are also tailored for the active senior.



Instructor: Norm Gifford

BEGINNING

Fee: \$29 (\$26 res) per person

Session: 4 wks

4201.21 • Th • 5/6-5/27 • 6-7:00pm

4201.22 • Th • 6/10-7/1 • 6-7:00pm

4201.23 • Th • 7/8-7/29 • 6-7:00pm

4201.24 • Th • 8/5-8/26 • 6-7:00pm

INTERMEDIATE

Fee: \$33 (\$30 res) per person

Session: 4 wks

4210.21 • Th • 5/6-5/27 • 7:30-9pm

4210.22 • Th • 6/10-7/1 • 7:30-9pm

4210.23 • Th • 7/8-7/29 • 7:30-9pm

4210.24 • Th • 8/5-8/26 • 7:30-9pm

BELLY DANCING

Ages: 13 & up

Location: Clubhouse Auditorium

Learn the beautiful art of belly dancing in a fun and supportive environment.

These classes offer a full-body workout that tones muscle and provides one of the best low impact aerobic workouts around. Intermediate class will focus on a different theme each week, from finger cymbals to shimmes and floor work. For more information visit www.adriane-dance.com. *Please bring a yoga mat & come ready to work out, with bare feet.*



Fee: \$60 Punch card - good for 6 classes, expires 8 weeks from date of purchase

Drop In fee :\$15

Instructor: Adriane Dellorco

INTERMEDIATE: Tuesdays 5/4-8/31*

5:45-6:45pm

2222.21 • May

2222.22 • June

2222.24 • Aug

*No class in July

Visit our Dog Park in Phoenix Park. Just under 2 acres, with 3 separated areas with shade. For more info visit www.fordog.org



DOG OBEDIENCE

Location: Fair Oaks Park

Is your dog walking you instead of you walking your dog? This class will cover the basic American Kennel Club exercises for the Companion Dog title: heel, sit when you stop, come when called, sit stay and down stay. *Dogs should be at least 5-6 months old and have all vaccinations current. Please bring a training collar or head halter and a six-foot nylon or leather training lead (No chain leads).*



Fee: \$61 (\$58 res) / Session: 6 wks

Instructor: Rose Behlendorf

8110.21 • Th • 7/8-8/12 • 6:30-7:30pm

8110.22 • Th • 8/26-9/30 • 6:30-7:30pm



New!

GET HOOKED ON HAPPINESS

Ages: 18 & up

Location: Old Library

Take charge of your life! Learn to be happy – no matter what! You can create deep, inner happiness. Learn to be calm despite stormy conditions around you.



Fee: \$31 (res \$28)

Instructor: Jo Anna Philips, CLC, CBT, CCHT
1892.21 • Tu • 5/4 • 6:30pm-9:00pm

New!

HOW TO CREATE THE PERFECT RELATIONSHIP

Ages: 18 & up

Location: Old Library

You can create the perfect relationship FOR YOU – Whether you are single, married or somewhere in between. In this fun and informative class, you will learn to identify your REAL relationship needs and create harmony with the needs of those close to you. Improve your outcome and get the relationship that you want!



Fee: \$31 (res \$28)

Instructor: Jo Anna Philips, CLC, CBT, CCHT
1892.22 • Tu • 5/11 • 6:30pm-9:00pm

New!

WHAT DID YOU SAY?

How to Listen and Be Heard

Ages: 18 & up

Location: Old Library

Think you're a good listener? Join us and find out. In this fun, interactive class you will develop and improve your ability to communicate with friends, family and co-workers. You'll never again have to ask, "What did you say?"



Fee: \$31 (res \$28)

Instructor: Jo Anna Philips, CLC, CBT, CCHT
1892.23 • Tu • 5/18 • 6:30pm-9:00pm

New!

DIGITAL SCRAPBOOKING

Location: Old Fair Oaks Library

Cyberspace has become the new shoe-box for memories. Let Creative Memories help you convert those pixels to products. Our digital artwork is so beautiful and our StoryBook Creator Software is so easy, you'll have a stunning book to share in no time. This Digital Scrapbooking Class will show you how to use StoryBook Creator Plus 3.0 Software as an innovative tool with unlimited creative potential. Use it to create anything from StoryBook photo books to desktop wallpapers for your computer, cards, page prints to custom photo gifts. StoryBook Creator Plus 3.0 puts all these resources right at your fingertips 24/7! Print online at the Creative Memories Photo Center or print projects at home.



Fee: \$51 (\$48 res)

Instructor: Lynsey Blake
3131.21 • Th • 5/6-5/27 • 5:00-6:30pm
3131.22 • Tu • 6/1-6/22 • 2:00-3:30pm
3131.23 • Tu • 7/6-7/27 • 2:00-3:30pm
3131.24 • Th • 8/5-8/26 • 5:00-6:30pm

New! TRADITIONAL SCRAPBOOKING CLASS

Location: Old Fair Oaks Library

"Showing off a decorative style has always meant spending the time to create it. But what if you could get the look you want – stitching, layers, and enhancements – without the work? That's the inspiration behind Creative Memories Quick Kits. Join this class and you could complete an entire album in 4 class sessions. A Quick Kit includes everything you need to create a great-looking album, fast. The album, tape runner, pen, pre-decorated pages and lively accents are included in one coordinated kit or the album and contents can be purchased separately.



Fee: \$46 (\$43 res)

Instructor: Lynsey Blake
3132.21 • Th • 6/10-7/1 • 2:30-3:30pm
3132.22 • Tu • 7/6-7/27 • 1:00-2:00pm
3132.23 • Tu • 8/3-8/24 • 5:30-6:30pm

Fun in the Park Photo Contest

As you and your family enjoy Fair Oaks Recreation and Park District activities, events and parks, bring along your camera and take pictures! Submit your best recreation or park photos for the 2nd Annual 2010 Fun in the Parks Photo Contest. Your pictures can capture youth at play, sports and action, nature and wildlife, or just a picnic under a shade tree. Take your best shot and enter them for fun and prizes. Visit www.fairoakspark.org for more rules and information on how to send in pictures. It's easy, it's free.. so enter today!



Fair Oaks Recreation & Park District offers year round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Below you will find registration & league start dates for Adult Sport leagues. For further league information, please contact Nick Davison at 966-1036, or visit www.fairoakspark.org.

Softball

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and COED C & D. Games are held Sunday through Friday, from 6:20 pm-9:20 pm.

EARLY SUMMER SOFTBALL

League Dates: May 23-July 23

Registration Deadline:

May 14 @ 5:00 pm

Schedule Available:

May 19 @ 3:00 pm (Online)

League Starts: Week of May 23

Number of Games: Min of (8)

Game Times: 6:20-9:20 pm

Location: Fair Oaks Park

Cost: \$400 per team

LATE SUMMER SOFTBALL

League Dates: Aug 8-Oct 1

Registration Deadline:

July 30 @ 5:00 pm

Schedule Available:

Aug 4 @ 3:00 pm (Online)

League Starts: Week of Aug 8

Number of Games: Min of (8)

Game Times: 6:20-9:20 pm

Location: Fair Oaks Park

Cost: \$400 per team

Basketball

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer, and Fall seasons. Divisions offered are Men's D and Women's D. Games are held on Sunday's from 1:00 pm - 9:00 pm at Bella Vista High School.

SUMMER BASKETBALL

League Dates: June 13-Aug 29

Registration Deadline:

May 28 @ 5:00 pm

Schedule Available:

June 2 @ 3:00 pm (Online)

League Starts: June 13

Number of Games: Min of (8)

Game Times: 1:00-9:00 pm

Location: Bella Vista High School Gym

Cost: \$405 per team

FALL BASKETBALL

League Dates: Sept 12-Nov 14

Registration Deadline:

Sept 3 @ 5:00 pm

Schedule Available:

Sept 8 @ 3:00 pm (Online)

League Starts: Sept 12

Number of Games: Min of (8)

Game Times: 1:00-9:00 pm

Location: Bella Vista High School Small Gym

Cost: \$405 per team

**Stay tuned for information on new leagues. All Team Managers are required to retain a Team Managers Guide Book and the District Waiver/Roster form from the District office or online prior to participating in any Adult Sports League. To be added to the Free Agent list, e-mail ndavison@fairoakspark.org.*

If inclement weather should arise, the **INCLEMENT WEATHER HOTLINE** will be updated by 3:00 pm with program information. **Inclement Weather Hotline (916) 966-1011 Ext. 22**

P.A.S.A. - PROGRAM FOR ACTIVE SENIOR ADULTS

*Winner of CARPD
Outstanding Group 2007*

ALWAYS ACCEPTING NEW MEMBERS!

Location: Clubhouse Lower Level, Building is accessible for those with disabilities

PASA is a fun and social organization designed to promote wonderful recreation activities for senior adults and seniors-in-training. PASA is held 2nd-4th Wednesday of each month. Doors open at 10:00am for those wishing to play cards. Bingo and a raffle are some activities held at meetings, guest speakers or other entertainment may also be at meetings. Dues are \$10 per year, interested members may attend 3 meetings before paying dues. *Must have own ride to and from meetings.*
If you have questions please feel free to contact Jennifer at 966-1036 ex 17 or e-mail: jdavis@fair oakspark.org.

MONTHLY SCHEDULE:

TIME: 11:00am- 1:00pm
2nd Wednesday Meeting
3rd Wednesday Bingo
4th Wednesday Meeting

SENIOR STRETCH WITH SHARON SHUTE

Location: Clubhouse Auditorium

A low impact exercise class specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel more vibrant and healthy.

Please bring a mat or towel to class.



Fee: \$1.50 per class paid at class location
M/T/W/TH • On-going/Drop-in
9:35-10:30am
(No program on District Holidays)



SENIOR DROP-IN . . . PINOCHE ANYONE?

Location: Clubhouse Lower Level

This FREE, fun social gathering is an informal program. Individuals may "drop-in" for a game of pinochle, or other card games. Although there is no formal program, refreshments and cards are available.



Drop by and bring a friend!
Th • On-going/Drop-in • 9:00am-1:00pm
(No program on District Holidays)

New! INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING

Location: Arts & Craft Building, Rm A

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of florals. No artistic talent is needed. You will be able to paint animals, roses, sunflowers, daisies and much more.



Fee: 10 classes for \$30
Instructor: Linda Chandler
Thursdays • 1:30pm-4:00pm
5113.21 • May
5113.22 • June
5113.23 • July
5113.24 • Aug

Instructors WANTED!

Have special training or experience in a skill others may be interested in learning about? FORPD is looking for energetic instructors to teach a variety of recreational classes. Share your interests and talent with others in the community. We are interested in hearing about what you would like to offer. Teach children or adults, its up to you. FORPD is always accepting new class proposals. Check online at www.fairoakspark.org under Employment Opportunities for the Independent Contactor Handbook for more information on how to become an instructor with FORPD.

Volunteer with us today!

The Fair Oaks Recreation Park District is looking for individuals or local organizations/groups that want to make a difference in the community by volunteering at Park District events, programs, facilities, and parks. To register for the Fair Oaks Recreation and Park District Volunteer Program go online or come into the district office to fill out the Volunteer Application. For additional information contact Nick Davison at ndavison@fair oakspark.org.

Scholarship Opportunity

The District's goal is to provide a quality recreation experience to every child, and that no potential participant would ever be turned away because of a financial hardship. The Board of Directors established an annual "Don Ralls Memorial Scholarship Fund" for Fair Oaks youth and seniors. This program is available on a case-by-case basis. Eligible participants will receive up to a 50% discount on one District program upon the approved completion of an application and meeting all appropriate criteria. Please note that funds are limited. The District reserves the right to limit the eligibility of programs. For more information contact Fair Oaks Recreation and Park District at 966-1036 or visit the website at www.fairoakspark.org.

Gifts of the Heart Catalog

The Fair Oaks Recreation and Park District offers an excellent opportunity for you to invest in your community. The Gifts of the Heart program was established to encourage individuals, businesses and community organizations to help provide financial assistance for needed programs. A donation to the Gifts of the Heart program could provide a variety of items that would enhance our parks, community events, facilities, and recreation programs. Your gift is an investment that will benefit the Fair Oaks Community. All donors will receive public acknowledgment. Each contribution, regardless of size, is important and greatly appreciated. Give a gift that will last a lifetime, and help support our parks and recreation system. Become a Partner and support Gifts of the Heart! For more information visit our website at www.fairoakspark.org.

5 Ways to Register

IF PAYING WITH CHECK MAKE OUT TO FORPD



Online Registration

Visit www.fairoakspark.org to register online with Visa, MasterCard or American Express.



Walk-In Registration

Fill out registration form at our District Office, 4150 Temescal St, Fair Oaks. Monday-Friday 8:00am-5:00pm
Cash, Check or Credit cards (listed above) accepted



Mail-In Registration

Mail-In Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



Drop-Box Registration

Drop-Box Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Drop-Box is located at District office to left of front door for after hours registration.



Fax-In Registration

Fax your completed form with credit card # to 966-9863.

GENERAL INFORMATION

1. The District reserves the right to cancel or modify any class and/or program. Classes may be cancelled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All other pay the non-resident fee (indicated by non res).
3. Don Ralls Scholarship program: Scholarships are available for District residents who are on a fixed income or lower income families with special needs. Please contact the District for more information.

REFUND POLICY

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. **On line convenience fee is non refundable.**
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation.

All refunds are required to submit a refund/transfer request form to be approved by District Staff.

**FAIR OAKS RECREATION & PARK DISTRICT
PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT**

**Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting.
If waiver is not signed, participant will not be registered, and form will be returned.**

PAYEE INFORMATION

LAST NAME _____ FIRST NAME: _____

PHONE/HOME: _____ WORK: _____

ADDRESS: _____ CITY: _____ ZIP: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT NAME: _____ PHONE: _____

PLEASE CHECK ONE: FAIR OAKS RESIDENT: _____ NON-RESIDENT: _____

Method of Payment:

Cash _____ Check #: _____ Card #: _____ Expiration Date _____ Visa _____ MasterCard _____

 Cardholder's Name (Print)

 Cardholder's Signature

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

Please remember to sign the waiver on the bottom of this form, Thank You! *Please check here if you would like a receipt sent.*

Agreement, Waiver & Release Fair Oaks Recreation & Park District

2010

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

Parental Consent:

(To be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my son/daughter, _____ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): _____ Date: _____

I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events.

Signature of Participant (if under 18, Parent or Guardian): _____ Date: _____

Are you looking for a special place to hold a party, bar mitzvah, plays, dances, meetings, or a wedding! Our facilities provide space for a large or small attendance. Buildings we have to offer are the F.O. Community Clubhouse, (upper & lower levels), McMillan Center, and the Old Fair Oaks Library. Whatever your needs may be, the Fair Oaks Recreation & Park District has the place for you. To view dimensions and pictures go to our web site: www.fairoakspark.org.

FACILITIES FOR RENT

General Information:

- 1) Reservations may be made up to one (1) year in advance
- 2) Tables, chairs, and set up are included in your indoor facility rental fee
- 3) Private Caterers are allowed in all facilities

Steps to Renting a Facility:

- 1) Call the District Office at 966-1036 for further information, to check availability of date, or to schedule an appointment to view the facility.
- 2) If the date is available fill out a rental application.
- 3) For Outdoor Rentals: full rental fees must be paid to reserve the date.
- 4) For Indoor Rentals: A refundable \$350 deposit to reserve the date is required.
- 5) Payment in full and proof of insurance are required 120 days in advance. Table layout due 30 days prior to event.

INDOOR

Clubhouse Auditorium 7997 California Ave.

Capacity: 182 seated / 390 standing
Included in Rental: 46' x 63' Meeting Room, 30' x 27' Stage, and 19' x 19' Commercial Kitchen

Equipment Provided: (23) 5' round tables, (1) 6' rectangular table, (5) 8' rectangular tables, (182) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.

Rental Fee: \$85 per hr. or \$590 for 8 hrs
4 hr minimum rental



Clubhouse Lower Level 7997 California Ave.

Capacity: 70 seated / 120 standing
Included in Rental: 27' x 44' Meeting Room, 15' x 19' Commercial Kitchen
Equipment Provided: (1) 6' table, (7) 10' tables, (70) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.

Rental Fee: \$55 per hr or \$290 for 8 hrs
4hr minimum rental

Old Fair Oaks Library 4200 Temescal St.

Capacity: 40 seated/ 59 standing
Included in Rental: 690 sq ft Meeting Rm
Equipment Provided: (3) 6' tables, (1) 8' table, (1) 10' table, (2) 12' tables, 40 folding chairs and one mounted writing board.

Rental Fee: \$35 per hr or \$200 for 8 hrs
2hr minimum rental



McMillan Center 8020 Temple Park Rd.

Capacity: 70 seated / 154 standing
Included in Rental: 773 sq. ft. Meeting Room, Kitchen with refrigerator & Range, fenced in outdoor park space with barbecues.

Equipment Provided: (10) 6' tables, (2) 8' tables, (3) 10' tables, (70) folding chairs, kitchen range & refrigerator, cleaning equipment.

Rental Fee: \$45 per hour or \$270 for 8 hours - 2hr minimum rental



OUTDOOR

2hr minimum rental for all BBQ Areas

Fair Oaks Park BBQ Area 11549 Fair Oaks Blvd.

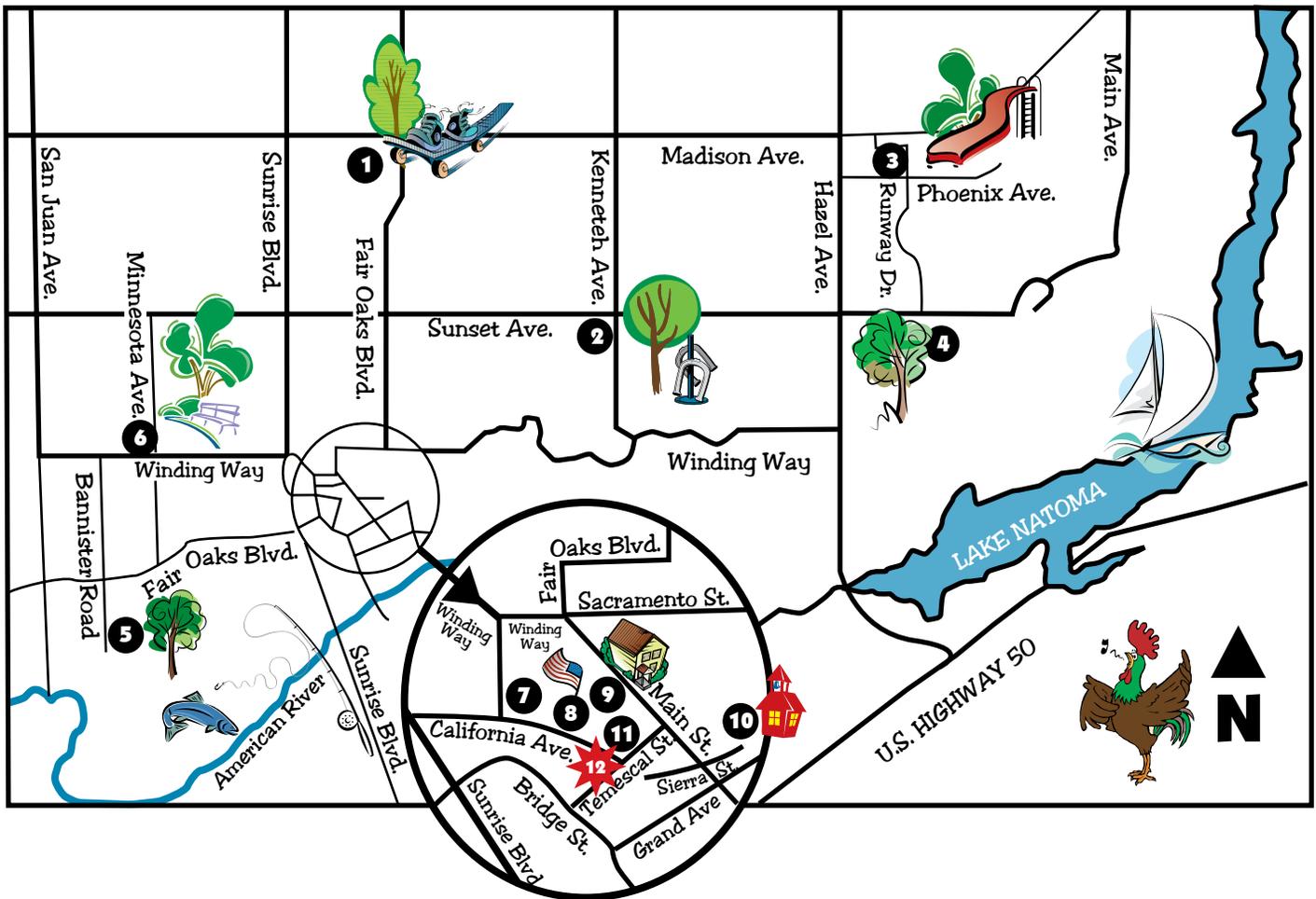
Capacity: 200 Total seating (picnic tables)
Equipment Provided: (5) BBQ Grills, (1) Large Center Table

Additional Equipment: Water and Electricity available for \$5 each
Rental fee: \$30 per hour

Miller Park BBQ Area 8480 Sunset Ave.

Capacity: 24 total seating (picnic tables)
Equipment Provided: (2) BBQ Grills
Additional Equipment: Water and Electricity available for \$5 each
Rental Fee: \$20 per hour

We know that people like to look for mistakes, so we include just a few to keep you entertained. Please let us know which ones you find.



1. **Fair Oaks Park** (11549 Fair Oaks Blvd.); basketball, softball, tennis, soccer, playground, horseshoes, skateboard park, family picnics - BBQ area, multipurpose field, community garden, McMillan Center
2. **Miller Park** (8480 Sunset Ave.); basketball, tennis, playground, horseshoes, family picnics
3. **Little Phoenix Park** (9041 Phoenix Ave.); playground, family picnics
4. **Phoenix Park** (9050 Sunset Ave.); softball, soccer, playground, family picnics, Little League, multipurpose field, Vernal Pools, Community Garden
5. **Bannister Park** (3820 Bannister Rd.); soccer, multipurpose field
6. **Montview Park** (4401 Minnesota Ave.); playground, family picnics
7. **Plaza Park** (7003 Park Dr.); family picnics, amphitheater
8. **Veterans Memorial Amphitheater** (7991 California Ave.)
9. **Community Clubhouse / Arts & Crafts Building** (7997 California Ave.)
10. **Grand Avenue Preschool** (8090 Grand Ave.)
11. **Village Park** (4238 Main St.); playground, family picnics, arts & crafts, Community Clubhouse
12. **Fair Oaks District Office** (4150 Temescal St. F.O.)
13. **Old Fair Oaks Library** (4200 Temescal St.)



Fair Oaks
Recreation and
Park District

4150 TEMESCAL ST.
FAIR OAKS, CA 95628

To Our Valued Customer
Postal Customer - Local
Fair Oaks, CA 95628
Carrier Route

Prst Std
US Postage
PAID
Permit No. 601
NON PROFIT
Fair Oaks,
CA 95628

Look What's Coming to Town!

Catch the action and excitement of these special events coming to Fair Oaks for the Spring/Summer season!



<i>Spring Fest</i>	<i>May 1 & 2</i>
<i>Mother Son Dance</i>	<i>May 7</i>
<i>It's My Park Day</i>	<i>May 8</i>
<i>Spring Garage Sale</i>	<i>May 15</i>
<i>Comedy Under the Stars</i>	<i>May 21 & Aug 6</i>
<i>Village Singers Concert</i>	<i>June 6</i>
<i>Renaissance Fayre</i>	<i>June 26 & 27</i>
<i>Harvest Day</i>	<i>August 7</i>
<i>5th Annual Chicken Festival</i>	<i>Sept 18</i>

For more information on these Special Events see pages 3 & 4. For more information on how you can be involved as a sponsor or volunteer for our events please contact Fair Oaks Recreation and Park District at 916-966-1036 or visit our website at www.fairoakspark.org.

