



**FAIR OAKS**  
RECREATION & PARK DISTRICT  
www.fairoakspark.org  
916-966-1036

# The Roost

Activity Guide for January-April 2017

Celebrate Spring in the Park!



# RECreate

Parks  
Make  
Life  
Better!

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## Board of Directors

Brandon Rose, John O'Farrell, Ralph Carhart, Rand Jacobs, Geoffrey Simcoe

## District Office

4150 Temescal St. Fair Oaks, CA 95628  
(916) 966-1036  
[www.fairoakspark.org](http://www.fairoakspark.org)

## Administration

Maureen Zamarripa,  
District Administrator  
[mzamarripa@fairoakspark.org](mailto:mzamarripa@fairoakspark.org)

## Parks

Park Office (916) 240-3651

For field closure and updates visit  
[www.fairoakspark.org](http://www.fairoakspark.org).

To view a list of FORPD Staff, please visit  
[www.fairoakspark.org/about/contact-us/](http://www.fairoakspark.org/about/contact-us/)

Graphic Design by Appletree Advertising



*Our Vision is to be the primary recreation provider of choice for the Fair Oaks community*

## Emergency Reporting Dial 911

### For emergencies in your parks, dial 9-1-1.

For non-emergencies regarding park security, vandalism, suspicious persons, or suspicious activities in your parks, call the District office at 966-1036 Monday through Friday during business hours. After business hours or on weekends, call 240-3651. If you need immediate law enforcement assistance or to report illegal activity, please call the Sheriff's Department at 874-5115.

## District Board Meetings

The Fair Oaks Recreation and Park District Board of Directors meets on the third Wednesday of each month. Meetings are held at Village Hall, 7997 California Ave in Fair Oaks, CA 95628, beginning at 6:00pm. Please contact the District Office prior to attending to confirm, as Board meeting dates and times are subject to change.

## Americans with Disabilities

In accordance with the Americans with Disabilities Act of 1990, the Fair Oaks Recreation and Park District will not discriminate against any qualified individual with a disability as far as employment with the District or the use of our services, programs, and activities. If you are interested in taking part in one of our programs and need special arrangements (i.e. vision, hearing), please telephone the District Office at 966-1036 one week prior to the start of the class.

## Sacramento Public Library - Fair Oaks Branch

For upcoming events and programs visit us online at [www.saclibrary.org/Locations/Fair-Oaks/](http://www.saclibrary.org/Locations/Fair-Oaks/) or give us a call 916-264-2920.

## Photo Disclaimer

The Fair Oaks Recreation & Park District (FORPD) reserves the right to photograph facilities, activities, events, and program participants for potential future use. All photos remain the property of FORPD and may be used for publicity and promotional purposes. If you do not want your picture taken, please tell the photographer. If the picture has already been taken, please call 916-966-1036 and the photo will be removed from our files.

## Holiday Closures

The Fair Oaks Recreation and Park District office, facilities, classes, and programs will be closed on the holidays listed below.

Christmas, December 23 & 26      Martin Luther King Day, January 16  
New Years Day, January 2 (observed)      Presidents' Day, February 20

## Register Online

Register online 24 hours a day 7 days a week! For the most up-to-date information on classes, visit our online registration page. Click the red "Register Now" button on the top right of our homepage to sign up. All courses require a minimum number of registrations to run. Don't wait until the last minute! Register early to avoid classes being canceled due to low enrollment.

Payments at class cannot be made in cash; you must register in the District Office.



# New Registration Software

## Create Your New Account Today

The Fair Oaks Recreation & Park District is excited to announce the launch of a new registration software, MaxGalaxy in 2017. To register for classes, attend events and check facility availability you will need to create a new account. Create your account today and be ready to start registering January 2017.



## It's quick, free and easy as 1-2-3

### 1 Visit Us Online

Go To...  
<https://FORPD.MaxGalaxy.net/CreateAccount.aspx>

Or Visit...  
[www.fairoakspark.org](http://www.fairoakspark.org)  
 and click the REGISTER NOW button

### 2 Create Account

Create your new account today!

- \*Instant Account Creation
- \*Register For Classes
- \*Purchase Event Tickets
- \*View Available Facilities

### 3 Register!

Winter/Spring Registration Begins...

January 2017

#### Not Online?

Accounts may be setup in our office:  
 4150 Temescal St., Fair Oaks, CA 95628

**(916) 966-1036**

## Volunteer Social and Recruitment Night

**Location:** Community Clubhouse  
**Date:** Friday, January 13  
**Time:** 6:30pm - 8:30pm

Join the Fair Oaks Recreation and Park District as we thank and recognize the 2016 volunteers who made an impact on your community and learn about upcoming 2017 volunteer opportunities. Past and future volunteers are encouraged to attend! Festivities and presentations will include: Presentation of volunteer of the year, pre-registration for 2017 volunteer opportunities, appetizers, and door prizes.

The event is free to attend but we ask each attendee bring a non-perishable food item to be donated to Fair Oaks/Orangevale Food Bank.

## Senior Luau

**Location:** Community Clubhouse  
**Date:** Wednesday, January 18  
**Time:** 11:30am - 1:30pm  
**Tickets:** \$12 per person; 2 for \$20; or Table for \$55 (seats 6)



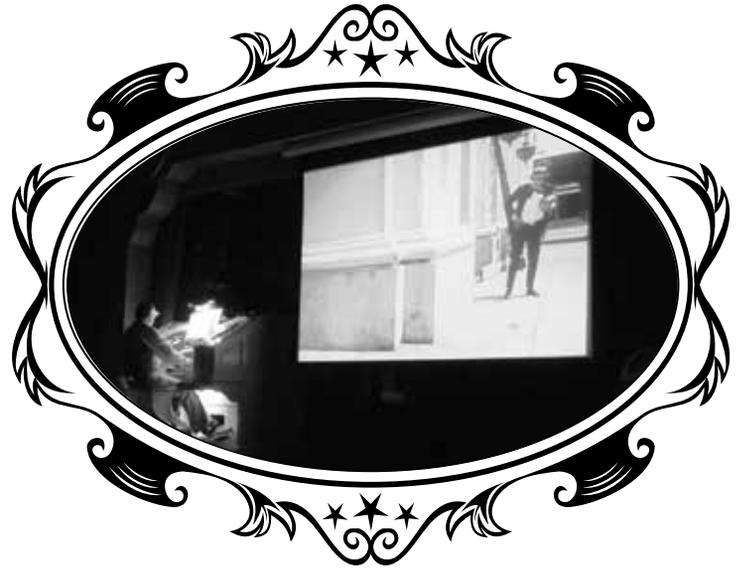
Aloha! The annual Senior Luau is an event produced by the Fair Oaks Recreation and Park District and the Fair Oaks Rotary Club. This event allows seniors in the Fair Oaks community to come together and socialize in a friendly, enjoyable environment and experience a Hawaiian Luau. Live music and dancing provided by Lure of the South Pacific. Lunch provided by

Hannibal's catering. Seating is limited, purchase tickets in advance, no tickets will be sold at the door.

## PASA Social & Open House

**Location:** McMillan Center  
**Date:** Thursday, January 19  
**Time:** 11:00am - 1:00pm  
**Ages:** 50 years and older

Find out what Program for Active Senior Adults (PASA) is all about! Past, present and prospective PASA members encouraged to attend.



## Silent Movie Night

**Location:** Community Clubhouse  
**Date:** Friday, January 27  
**Time:** Doors open at 6:00pm, show starts at 7:00pm  
**Tickets:** \$6 per person pre-sale, \$8 at the door (cash only, if space allows)

Join the Fair Oaks Recreation & Park District & the Sierra Chapter American Theatre Organ society for a trip back in time. The night will feature two silent films starring Buster Keaton, "Go West" (1925) & "Cops" (1922), along with LIVE theatre organ accompaniment featuring Dave Moreno at the mighty Wurlitzer. Popcorn, hot dogs, drinks will be available for purchase, cash only.

## Father Daughter Dances

**Location:** Community Clubhouse  
**Date:** Friday, February 3 6:30pm - 8:30pm  
 Saturday, February 4 3:30pm - 5:30pm  
 Saturday, February 4 6:30pm - 8:30pm  
**Tickets:** \$25 per couple, \$5 extra daughter

Bonjour! Enchante! Come dance the night away under the City Of Lights at the annual Father Daughter Dance put on by the Fair Oaks Youth Advisory Board.

Light refreshments, music, and more! Professional photos will be available for an additional fee. Event sells out, so purchase your tickets early!

**New Event**

## Breakfast with the Bunny

Location: Community Clubhouse  
 Date: Wednesday, April 12  
 Time: 9:00am - 11:00am  
 Pre-sale Tickets (purchased prior to April 1st):  
 \$8 per child 11 years and under, \$10 per adult  
 Tickets: \$10 per child 11 years and under, \$12 per adult

Hop on over and enjoy a continental breakfast, craft and pictures with the bunny! Please, bring your own camera. Seating is LIMITED and tickets must be purchased in advance.

**Free Event**

## Kid's Art Festival

Community Focus on Creativity



Location: Village Park  
 Date: Saturday, April 29  
 Time: 10:00am - 3:00pm



Youth and teens of all ages are invited to join the Fair Oaks Recreation and Park District and San Juan Unified School District for a community focus on creativity. Event will feature hands on workshops, take away

stations, music and dance performances, art show, food trucks, and much more!



## Rockin' with Rocky

### Winter/ Spring Appearance Schedule

Volunteer Social	January 18
Father Daughter Dance	February 3 & 4
Teddy Bear Tea	February 11
Breakfast with the Bunny	April 12
Kid's Art Festival	April 29

## Save the Date

5/13 It's My Park Day  
 Sign up to Volunteer today!

6/3 Community Garage Sale  
 Registration is now open, \$35 per space

## W.O.W. Bus

The W.O.W. (Wonderful Outdoor World) Bus is getting kids back outdoors!

Sun, March 12	Fair Oaks Park 10:30am - 12:30pm
Sat, April 15	Fair Oaks Park (Easter) 9:00am - 1:00pm
Sat, April 29	Village Park (Kids Art) 10:00am - 3:00pm

## Now Accepting Vendors

Fair Oaks Recreation and Park District is now accepting food and non-profit vendors for the 2017 12th annual Fair Oaks Chicken Festival (9/16/17).

Vendor applications can be found online at <http://fairoakspark.org/working-with-the-district/vendors/>.



# Spaghetti Dinner

Fundraiser for the  
*Rachel Anne Gray Memorial Scholarship*

*February 24<sup>th</sup>*

\$25 per person

\$225 per table

*Tickets go on sale 12/1*



St. Mel  
 Parish Center

4745 Pennsylvania Ave., Fair Oaks

*6-9pm*

Presented by:

Fair Oaks Recreation & Park District  
 and the Fair Oaks Youth Advisory Board  
 916-966-1036 • [www.fairoakspark.org](http://www.fairoakspark.org)



# EASTER EGGSTRAVAGANZA 2017

SATURDAY, APRIL 15 • 9AM-1PM

RAIN OR SHINE

## \$10 WRISTBAND

Includes unlimited carnival games & inflatables, (1) Choo-Choo Train ride & (1) face painting.

## \$.50 TICKETS

Face Painting - (6) Tickets  
Choo-Choo Train Ride - (6) Tickets  
Inflatables - (1) Ticket each  
Carnival Games - (1) Ticket each

## EURO BUNGEE | AIR BRUSH TATTOOS

No tickets or wristbands,  
Pay vendor directly.

## SCHEDULE OF EVENTS

**8am – 11am** Pancake Breakfast  
\$6 Adults & \$3 Children

**9am – 12pm** Wristband Sales & Face Painting

**9am – 1pm** Carnival Games, Choo-Choo Train,  
Vendors, Petting Zoo & Pictures with the Bunny  
0 – 3 yrs. Egg Hunt (while eggs last)

**9:30am** 4 – 5yrs Egg Hunt (Upper & Lower Fields)

**10:30am** 6 – 7yrs Egg Hunt (Upper & Lower Fields)

**11:30am** 8 – 9yrs Egg Hunt (Upper Field)  
10 – 15yrs Egg Hunt (Lower Field)

**11:30am – 1pm** Hot Dog Lunch - \$5 each

**12:30pm** \$3 Adult Gift Card Egg Hunt  
Ages 16yrs & Up Only

## EASTER BAGS

\$2 at the green and yellow info booth.

## GOLDEN EGG

Find the golden egg in each hunt (excluding the Adult Egg Hunt) & win a prize!

## PETTING ZOO

Presented by Casa Roble F.F.A.  
Donations welcome

## \$3 ADULT EGG HUNT

Try your luck at the adult egg hunt!  
Win gift cards and more! Ages 16yrs and Up.  
Fair Oaks Youth Advisory Board fundraiser.

FAIR OAKS PARK

11549 FAIR OAKS BLVD.

(916) 966-1036

PLEASE NOTE THIS IS A  
CASH ONLY EVENT

## FREE ACTIVITIES

Children's Egg Hunts | Pictures with the Bunny  
Craft Table | Petting Zoo | Sponsor Booths | WOW Bus

## NEW — PRE EVENT PICTURES WITH THE BUNNY

We know the day of the event is busy! Come Fri. April 14 from 4p-6p at the McMillan Center to take your free picture with the Bunny. Bring your own camera.

# FAIR OAKS YOUTH ADVISORY BOARD

The Fair Oaks Youth Advisory Board (FOYAB) is a youth oriented program designed to foster leadership skills while providing programs and events that benefit the residents in the community.



Follow us on Instagram:  
@insatfoayab

## 2016-2017 FOYAB TERM

Alayne Voss  
Amanda Andriessen  
Andi Ruttan  
Anna Gross  
Ashley Howard  
Chan Lee  
Ethan Spotts  
Eugene Kim  
Hadley Gross  
Hannah Thompson  
Hasan Alsamman  
Hayden Low  
Helen Burch  
Jaime Mabbutt  
Justin Lack  
Kevin Watson  
Kevin Williams  
Leopold Dippon  
Marie Gearhart  
Megan Gutherz  
Michael Reckers  
Portia Tafoya  
Rafael Polanco  
Roman Acosta  
Samantha Tripp  
Samneet Grewal  
Seth Bell  
Sophia Wang  
Sunil Shenoy  
Veronica Reckers

## JR. FAIR OAKS YOUTH ADVISORY BOARD

The Jr. Fair Oaks Youth Advisory Board will allow middle school aged youth the opportunity to be mentored by high school aged youth while obtaining knowledge and experience on youth programming, outreach, and community involvement.

YOUTH DEVELOPMENT  
COORDINATOR:  
Chelsey Adams at [cadams@fairoakspark.org](mailto:cadams@fairoakspark.org)

## 2016-2017 JR. FOYAB TERM

Aiden Andriessen  
Caroline Gross  
Eric Reckers  
Jayson Gutherz  
Jimmy Larkin  
Jimmy Peng



## RACHEL ANNE GRAY MEMORIAL SCHOLARSHIP

The scholarship was established in honor of Rachel Anne Gray who passed away September 2, 2012 at the age of 21. Rachel was a resident of Fair Oaks, a Bella Vista graduate and a member of the Fair Oaks Youth Advisory Board (FOYAB) from 2006-2008.

Three scholarship awards, in the amounts of \$1,500, \$1,000, & \$500 are awarded annually. For more information or to donate to the scholarship program please contact [kcoss@fairoakspark.org](mailto:kcoss@fairoakspark.org).

**Deadline to apply: January 27, 2017 by 5:00pm.**

## DON RALLS SCHOLARSHIP PROGRAM

The Fair Oaks Recreation and Park District would like to provide the opportunity for all residents to participate in safe, quality recreational programs. In an effort to provide affordable activities, the Fair Oaks Recreation and Park District Scholarship program has been established to assist fixed and/or lower income families with program registration fees.

Eligible participants may receive a onetime 50% discount up to \$75 in matching funds per child per fiscal year for one (1) individual class upon completion and approval of the Don Ralls Memorial Scholarship Application Form. Contact the front desk for more information (916) 966-1036.

## Community Volunteers

Fair Oaks Recreation and Park District has moved towards an online volunteer database. In order to volunteer at a Fair Oaks Recreation and Park District event or program you must complete an online volunteer application.

To submit an online volunteer application visit us online at [fairoakspark.org/working-with-the-district/volunteers/](http://fairoakspark.org/working-with-the-district/volunteers/)

### Upcoming Volunteer Opportunities

Breakfast with the Bunny	4/12
Easter Eggstravaganza	4/15
Kids Art Festival	4/29

## Visit your Dog Park in Phoenix Park

Just under 2 acres, with 3 separate areas, the Phoenix Park Dog Park is a great place to let your dog run off leash.

For more information visit [www.fordog.org](http://www.fordog.org).

To receive unscheduled open and closure notifications follow @phoenixdogpark on Twitter. Dog Park has scheduled maintenance closures Thursdays until 5:00pm.

## Fair Oaks Horticulture Center in Fair Oaks Park

Presented by the UC Cooperative Extension Master Gardeners and Fair Oaks Recreation and Park District.

**Workshop** Saturday, January 14 9:00am - 12:00pm

Hear presentations on pruning deciduous fruit trees, blueberries, caneberries and grape vines. Learn tips for the proper care of edible crops and water-efficient ornamental plants.

### Open Garden Days

Saturday, February 18 9:00am - 12:00pm

Saturday, March 11 9:00am - 12:00pm

Wednesday, April 12 9:00am - 12:00pm

Open gardens are informal events and are your opportunity to roam the gardens, watch what we're doing, find out about what we're growing, and ask questions about your garden and landscape. At 10:00am informal mini-demonstrations will take place.

**No reservations necessary. These are free events.**

**All events are outside. Some shade, rain cover and chairs are provided.**

## Fair Oaks Community Partner Groups

Fair Oaks /Orangevale Little League	fovll.com
Fair Oaks Soccer Club	fairoakssoccer.com
American River Girls Softball	argsa.org
Fair Oaks Youth Lacrosse	fairoakslacrosse.org
Fair Oaks Theatre Festival	fairoakstheatrefestival.com
Fair Oaks Foundation for Leisure & Arts	(916) 961-9012
Fair Oaks Historical Society	Fairoakshistory.org
Fair Oaks Responsible Dog Owners	fordog.org
Weather for Dog Park - Twitter	@fairoakspark
Fair Oaks Chamber of Commerce	fairoakschamber.com (916) 967-2903
Rotary Club of Fair Oaks	Rotaryfairoaks.org
Fair Oaks Horticulture Center	ucanr.edu/sites/sacmg/Fair_Oaks_Horticulture_Center
Fair Oaks Master Gardeners	canr.edu/sites/sacmg
Sierra Chapter American Theatre Organ Society	sierrachapteratos.org
Fair Oaks Racquet Club	forctennis.com
Fair Oaks Host Lions Club	fairoakshostlionsclub.com
Fair Oaks Moms Club	www.facebook.com/FairOaksMoms
Fair Oaks Community Gardens	focgcc@yahoo.com
Phoenix Community Gardens	myphoenixgarden@gmail.com

Registration begins April 13

## Recreation Based Parent Participation Preschool

**M/W/F** class parent works in classroom,  
3 times per session

**T/TH** class parent works in classroom,  
2 times per session



## Fair Oaks Preschool

Location: 8090 Grande Ave, Fair Oaks

2017-2018 School Year, Aug 21 - June 1

\*For children ages 3-5 years old  
(children must be potty trained)

Fair Oaks Preschool's focus is on the social development of children ages three through five years old. Children will benefit by developing their social skills through play, art, projects, stories, songs, games, and outside play. Children will also have the opportunity to develop their independence, self-help and sharing skills and learn to follow directions. Our free-flow structure and developmentally-appropriate curriculum provide an environment where each unique child can learn and grow, and where parents can learn more about their children. Teachers are experienced instructors committed to offering your preschooler a positive experience and providing support for your child's first school years.

### Program Options

**Days:** Mon, Wed & Fri

**Time:** 9:00am - 12:00pm

**Fee:** \$190 (\$185 res) per 4 week session

**Days:** Mon, Wed & Fri

**Time:** 12:45 - 3:30pm

**Fee:** \$190 (\$185 res) per 4 week session

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year.

**Days:** Tue/Thu

**Time:** 9:00am - 12:00pm

**Fee:** \$140 (\$135 res) per 4 week session

The three year old class is based upon a nine-month recreation-oriented program and is a good introduction to group activities. Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play.

Yearly, nonrefundable, registration fee of \$80 due at time of registration. Children currently enrolled in the program have priority to re-enroll. For more information and session dates visit [www.fairoakspark.org](http://www.fairoakspark.org).



## Mommy/Daddy & Me Soccer

Instructor: Kidz Love Soccer Coach  
 Location: Fair Oaks Park Open Space  
 Ages: 2-3.5  
 Fee: \$108 (\$103 res)

Introduce yourself and your toddler to the "World's Most Popular Game"!

As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week.

The fun happens on the field, and in Mommy /Daddy & Me Soccer, you won't have to watch from the sidelines. In case of rain-outs, please call the KLS field hotline at 1-888-372-5803.

F	1/20 - 3/10	9:30am - 10:00am
F	4/7 - 5/26	9:30am - 10:00am
F	4/7 - 5/26	6:00pm - 6:30pm



## Kidz Love Soccer (KLS)

Instructor: Kidz Love Soccer Coach  
 Location: Fair Oaks Park Open Space  
 Ages: 3.5-10  
 Fee: \$108 (\$103 res)

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities, skill demonstrations, fun games and instructional scrimmages. Each participant will receive a KLS jersey. Kidz Love Soccer: "Where the score is always fun to fun."™

Shin guards are required after the first meeting. In case of rain-outs, please call the KLS field hotline at 1-888-372-5803.

Fri	1/20-3/10	8 Classes
3.5-5 yrs	Tot/Pre Soccer	10:10am - 10:45am
3.5-5 yrs	Tot/Pre Soccer	3:10pm - 3:45pm
5-6 yrs	Soccer 1: Techniques & Teamwork	3:45pm - 4:30pm
7-10 yrs	Soccer 2: Skillz & Scrimmage	4:30pm - 5:15pm

Fri	4/7-5/26	8 Classes
3.5-5 yrs	Tot/Pre Soccer	10:10am - 10:45am
3.5-5 yrs	Tot/Pre Soccer	5:15pm - 5:50pm
5-6 yrs	Soccer 1: Techniques & Teamwork	3:45pm - 4:30pm
7-10 yrs	Soccer 2: Skillz & Scrimmage	4:30pm - 5:15pm



## Preschool Karate

Instructor: Sensei Adriaan Van Vuuren  
 Location: Orangevale Youth Center, 6745 Hazel Ave  
 Ages: 4-6  
 Fee: \$143 (\$138 res) for 3 months  
 New students \$71 (\$66 res) for the first 3 months  
 Discounted rates not available online.

This SA Shotokan Karate class allows young students to gain ability, learn how to listen, follow instructions and focus.

Children will develop their motor skills and learn fundamental karate movements in a fun, yet disciplined way. AAU sanctioned. Each new student is supplied a Gi to wear in class.

T/Th	4:30pm - 5:00pm	1/3 - 3/30
T/Th	4:30pm - 5:00pm	2/2 - 4/27
T/Th	4:30pm - 5:00pm	3/2 - 5/30
T/Th	4:30pm - 5:00pm	4/7 - 6/29



## Tiny Tot Sports Classes

Instructor: Recreation Staff  
 Location: Fair Oaks Park  
 Ages: 3-5  
 Fee: \$38 (\$33 res)

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. Parent participation is required.

### Tiny Tot T-Ball

Sa	9:00am - 9:45am	4/1 - 4/22
Sa	9:00am - 9:45am	5/6 - 5/27

### Team Sports Camp: A different sport each week

Sa	10:00am - 10:45am	4/1 - 4/22
Sa	10:00am - 10:45am	5/6 - 5/27

## SA Shotokan Karate

Instructor: Sensei Adriaan Van Vuuren  
 Ages: 6+  
 Fee: \$158 (\$153 res) for 3 months  
 Family Special: First person full price, each additional family member \$128 (\$123 res) for 3 months.

This Japanese style of karate provides students a healthy balance between physical exercise and mental discipline. The results are improved coordination, focus and self-confidence. This class accommodates all student levels from beginner to black belt. Each new student will be supplied a Gi to wear in class. Below are two different location options for this class, Orangevale Youth Center or Orangevale Grange Hall. Discounted rates not available online.

## Youth Center Karate

Location: Orangevale Youth Center, 6745 Hazel Ave

This class accommodates all student levels from beginner to black belt.

<b>Beginner</b>	M/W	4:15pm - 5:00pm	1/2 - 3/29
<b>Advanced Beginner</b>	M/W	5:00pm - 5:45pm	2/2 - 4/26
<b>Novice</b>	M/W	5:45pm - 6:30pm	3/1 - 5/29
<b>Advanced</b>	Tu/Th	5:00pm - 6:00pm	4/6 - 2/28

\*No class 1/2, 1/16, 2/20

## Grange Hall Karate- Beginner Level

Location: Orangevale Grange Hall, 5807 Walnut Ave.

This class accommodates student levels from beginner to yellow belt.

### Beginner/Yellow

<b>Tu/Th</b>	<b>6:15pm - 7:00pm</b>
	1/3 - 3/30
	2/2 - 4/27
	3/2 - 5/30
	4/7 - 6/29



## Tennis With Cole

Instructor: Cole Shelton  
Location: Miller Park



Coach Cole is a certified teaching professional through the USPTA and PTR. Additionally he holds a BS in Physical Education and a Master's degree in Education. He also holds a K-12 teaching license with Oregon and California. Coach Cole has played tennis professionally and collegiately and looks forward to teaching you the game of tennis with his 16 years of knowledge and experience.

Sessions are once a week for 90 minutes Mon-Fri, 8:00am-8:00pm and based on instructor's availability. Contact Coach Cole for current availability. 503-330-5638 or [tenniswithcole@gmail.com](mailto:tenniswithcole@gmail.com)

*Special Instructions for the participant: Wear sun protection, clothing with pockets, bring water and snacks. Loaner rackets can be provided if necessary.*

### Create your own Group Lessons (1 Coach/3-6 students) only

Fee: \$245 (\$240 res) per session

Create your own group lesson! Simply get some friends together that are around the same skill level and enjoy learning the game of tennis. Each group lesson will include a dynamic warm-up, challenging drills, cooperative and competitive games, static stretching, a review, take-home tennis activities and much more! Contact Coach Cole directly to schedule.

### Private Lessons (1 Coach/1 Student)

Fee: \$420 for 4 90 minute lessons or  
\$720 for 8 90 minute lessons

Choose this option if you are new to the game and want to learn the fundamentals of footwork, fitness, strokes and strategy. Private lessons will also improve the intermediate and advanced player. Improve your fitness, footwork, technique and tactical play. Each personalized lesson is designed specifically to meet the needs and goals of the student.

### Semi-Private Lessons (1 Coach/2 Students) split the fee

Fee: \$480 for 4 90 minute lessons or  
\$840 for 8 90 minute lessons.

Note: The fee is split, meaning "Bob" would pay \$240 and "Mike" would pay \$240.

Choose this option if you are new to the game and want to learn the fundamentals of footwork, fitness, strokes and strategy. Private lessons will also improve the intermediate and advanced player. Improve your fitness, footwork, technique and tactical play. Each personalized lesson is designed specifically to meet the needs and goals of the student.



## Gym Tumbling

Instructor: Kori Scott, Twirlsport International

Location: Arts & Crafts Building

Ages: 5-11

This is the perfect class for gymnasts of all ages to train in a fun group setting. Your child will learn everything from basic splits and cartwheels to walkovers and front aerials! Please wear clothing/shoes that allow movement.

F	1/6 - 1/27	6:15pm - 7:00pm	\$46 (\$41 res)
F	2/3 - 2/24	6:15pm - 7:00pm	\$58 (\$53 res)
F	3/3 - 4/7	6:15pm - 7:00pm	\$71 (\$66 res)

\*No Class 1/20

## Preschool Ballet

Instructor: Kori Scott, Twirlsport International

Location: Arts & Crafts Building

Ages: 3-5

Ballet is a great way for your child to improve their flexibility, agility, and focus in a fun group setting. Your ballerina will learn everything from the basic five positions, chassets, to jetes! Please wear clothing/shoes that allow movement.

Sa	1/7 - 1/28	9:00am - 9:45am	\$46 (\$41 res)
Sa	2/4 - 2/25	9:00am - 9:45am	\$58 (\$53 res)
Sa	3/4 - 3/25	9:00am - 9:45am	\$58 (\$53 res)
Sa	4/1 - 4/15	9:00am - 9:45am	\$46 (\$41 res)

\*No Class 1/21

## Children's Dance and Tumbling

Instructor: Kori Scott, Twirlsport International

Location: Arts & Crafts Building

Ages: 5-11

This class includes two sports in one, gymnastics and ballet! During this class we will focus on flexibility and body control while learning splits, leaps, and aerials! Please wear clothing/shoes that allow movement.

Sa	1/7 - 1/28	9:45am - 10:30am	\$46 (\$41 res)
Sa	2/4 - 2/25	9:45am - 10:30am	\$58 (\$53 res)
Sa	3/4 - 3/25	9:45am - 10:30am	\$58 (\$53 res)
Sa	4/1 - 4/15	9:45am - 10:30am	\$46 (\$41 res)

\*No Class 1/21



## Baton Twirling

Instructor: Kori Scott, Twirlsport International

Location: Arts & Crafts Building

Ages: 5-11

Material Fee: \$30 (one-time fee paid to instructor)

Baton is a fusion of twirling, dance, and gymnastics tumbling. It's like three sports in one! This sport improves your child's flexibility, agility, and balance. These are important skills that carry over into all other competitive sports.

Su	1/8 - 1/29	11:00am - 11:45am	\$33 (\$28 res)
Su	2/5 - 2/26	11:00am - 11:45am	\$58 (\$53 res)
Su	3/5 - 3/26	11:00am - 11:45am	\$58 (\$53 res)
Su	4/1 - 4/16	11:00am - 11:45am	\$46 (\$41 res)

\*No Class 1/15 & 1/22

## Baton Twirling - 12+

Instructor: Kori Scott, Twirlsport International

Location: Arts & Crafts Building

Ages: 12 & up

Material Fee: \$30 (one-time fee paid to instructor)

Baton is a fusion of twirling, dance, and gymnastics tumbling. It's like three sports in one! This sport improves your child's flexibility, agility, and balance. These are important skills that carry over into all other competitive sports.

Su	1/8 - 1/29	11:45am - 12:30pm	\$33 (\$28 res)
Su	2/5 - 2/26	11:45am - 12:30pm	\$58 (\$53 res)
Su	3/5 - 3/26	11:45am - 12:30pm	\$58 (\$53 res)
Su	4/1 - 4/16	11:45am - 12:30pm	\$46 (\$41 res)

\*No Class 1/15 & 1/22

## Byers Gymnastics

Instructor: Byers Gymnastics  
 Location: Byers Gym  
 7700 Sunrise Blvd Ste 2200  
 Citrus Heights, CA 95610

## Parent Participation Gymnastics

Ages: Walking - 2.9

This Parent Participation class is designed for children from the time they walk until age 3. Parents help children with gross motor skills and help with circuits, tumbltrak, incline mats, small bars and more. Join us as we bounce, climb, roll, swing and have a great time learning gymnastics.

### Monday

M	1/2 - 2/6	9:30am - 10:15am	\$89 (\$84 res)
M	2/13 - 3/27	9:30am - 10:15am	\$103 (\$98 res)
M	4/3 - 5/22	9:30am - 10:15am	\$103 (\$98 res)

### Thursday

Th	1/5 - 2/9	9:30am - 10:15am	\$89 (\$84 res)
Th	2/16 - 3/30	9:30am - 10:15am	\$103 (\$98 res)
Th	4/16 - 5/18	9:30am - 10:15am	\$103 (\$98 res)

## Tot Gymnastics

Ages: 3

In this first class away from mom and dad, children learn to listen to the teacher as they work on jumping, practice rolls, walk on low beams. Small bars are used to teach hanging skills, kickovers, and straddle-up. The Tot class also works on rhythms, pinwheels, donkey kicks, gymnastics tables and crab walks.

### Monday

M	1/2 - 2/6	10:15am - 11:00am	\$89 (\$84 res)
M	2/13 - 3/27	10:15am - 11:00am	\$103 (\$98 res)
M	4/3 - 5/22	10:15am - 11:00am	\$103 (\$98 res)

### Thursday

Th	1/5 - 2/9	10:15am - 11:00am	\$89 (\$84 res)
Th	2/16 - 3/30	10:15am - 11:00am	\$103 (\$98 res)
Th	4/16 - 5/18	10:15am - 11:00am	\$103 (\$98 res)

## Kindergym

Ages: 4-5

Children aged four and five will learn basic gymnastics skills including proper stretching and conditioning. This class continues to develop body and awareness, basic gymnastic skills and introduces Olympic events.

### Monday

M	1/2 - 2/6	11:00am - 12:00pm	\$94 (\$89 res)
M	2/13 - 3/27	11:00am - 12:00pm	\$108 (\$103 res)
M	4/3 - 5/22	11:00am - 12:00pm	\$108 (\$103 res)

### Thursday

Th	1/5 - 2/9	11:00am - 12:00pm	\$94 (\$89 res)
Th	2/16 - 3/30	11:00am - 12:00pm	\$108 (\$103 res)
Th	4/16 - 5/18	11:00am - 12:00pm	\$108 (\$103 res)

## Two Rivers Music Together

Instructor: Georgia Wade

Location: Village Hall

Ages: 0-4

Fee: \$148 (\$143 res)

Material Fee: \$20 (paid to instructor)

Music Together is an award-winning, research-based early childhood music and movement program for children and their caregivers. Each class consists of 45 minutes of songs, chants, dances and instrument play-alongs. This program requires that adult model and participate in class.

F	1/27 - 4/7	10:00am - 10:45am
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## An Under the Sea Drawing Experience

Instructor: Susan Frank

Location: Old Fair Oaks Library

Ages: 5-12

Fee: \$58 (\$53 res)

Learn to draw the creatures of the sea one line at a time. Enjoy drawing a variety of fish, dolphins, sea turtles, and more while learning drawing, composition, and coloring techniques. Children will color their creations with a variety of materials from crayons and markers to tissue paper and watercolor. Each child will take home their masterpiece to enjoy.

Th	2/9 - 3/16	4:00pm - 5:30pm
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## Video Game Coding and Design

Instructor: Freshi Learning Online

Location: Online

Ages: 7-12

Fee: \$107 (\$102 res)

Learn to create a video game from home or on the go! Using Freshi Learning Online, students will use web based video lessons to learn the basic principles of conditional coding and will work on creating a basic video game. Working with Multimedia Fusion 2 Software, you'll learn the conditional coding necessary to make your video game creations work.

Contact Tyler Shoemaker for more information - tyler.shoemaker@freshimedia.com

**\*Registration dates below for this three (3) month course\***

1/9 - 4/28

ONLINE

## Kid Chefs

Instructor: Terry Masten

Location: McMillan Center

Ages: 8 & up

Fee: \$28 (\$25 res)

All classes emphasize food/kitchen safety while working on recipes developed by Chef Terry Masten. Hands-on and fast paced, all classes promise to challenge young chef's kitchen skills.



## Chocolate Alert!

Dreamy, decadent and do-able: Chocolate Ganache Bread Pudding, Chocolate Mousse and Chocolate Truffles

Sa

1/14

10:00am - 1:00pm

## Company's Coming

No need to panic anymore: Wild Mushroom & Prosciutto Lasagna, Pumpkin Chile and Baby Greens with Roasted Garlic Buttermilk Dressing

Sa

2/11

10:00am - 1:00pm

## Sauces: Basic to Extravagant

Sauces are indispensable to you: Low Fat Tomato Sauce, Chipolte Orange Sauce and Mascarpone Fruit Sauce will become your everyday tools

Sa

3/11

10:00am - 1:00pm



## Web Creators!

Instructor: Freshi Learning Online

Location: Online

Ages: 10-16

Fee: \$77 (\$72 res)

Learn the fundamentals of web design at home or on the go! Using Freshi Learning Online, students will use web based video lessons to learn basic principles of web design. This course gives users the basics of the Wordpress CMS, creating and updating a website and sharing their content with the world. This quick-start course is great for even the most novice user to the web and web site development.

Contact Tyler Shoemaker for more information - tyler.shoemaker@freshimedia.com

**\*Registration dates below for this three (3) month course\***

1/9 - 4/28

ONLINE

## Filmmaking Creators: I Made a Movie!

Instructor: Freshi Learning Online

Location: Online

Ages: 8-18

Fee: \$85 (\$80 res)

Learn to create a film at home or on the go! Using Freshi Learning Online, students will use web based video lessons to learn the creative process behind filmmaking. Students will learn camera angles and other filmmaking tools and secrets, which will lead them to completing and editing their own short movie!

Software compatible with MAC or PC

Contact Tyler Shoemaker for more information - tyler.shoemaker@freshimedia.com

**\*Registration dates below for this three (3) month course\***

1/9 - 4/28

ONLINE

## Basic Horsemanship

Instructor: Shadow Glen Staff  
 Location: Shadow Glen Riding Stables,  
 4845 Main Avenue, Fair Oaks  
 Ages: 7-12  
 Fee: \$128 (\$123 res)

This is a four week introductory class that teaches the history, major breeds of horses, diseases, horse care, grooming, saddling and bridling and western riding instruction. Our motto is: Be Safe, Be in Control, and HAVE FUN! Closed toed shoes and long pants are mandatory.

W	1/4 - 1/25	3:30pm - 5:00pm
W	2/1 - 2/22	3:30pm - 5:00pm
W	3/1 - 3/22	3:30pm - 5:00pm
W	4/5 - 4/26	3:30pm - 5:00pm

## Family Pottery

Instructor: Michelle Lueth  
 Location: Arts & Crafts Building  
 Ages: 5-17 with parent  
 Fee: \$79 (\$74 res) (includes parent and child)  
 Additional Family Members: \$24 each  
 Materials Fee: \$15 per person (paid to instructor)

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Bring your imagination-emphasis is on fun!

W	3/8 - 4/5	4:15pm - 5:30pm
Tu	3/7 - 4/4	4:15pm - 5:30pm
Tu	3/7 - 4/4	6:15pm - 7:30pm
Tu	4/18 - 5/16	4:15pm - 5:30pm
Tu	4/18 - 5/16	6:15pm - 7:30pm
W	4/19 - 5/17	4:15pm - 5:30pm

## New Star Children's Theatre

Instructor: Dana Hendry  
 Location: Mondays: Arts & Crafts Building  
 Tuesdays: Community Clubhouse Auditorium  
 Ages: 5-19  
 Fee: \$303 (\$298 res)  
 Materials Fee: \$50 (paid to instructor)  
 \$45 (paid to costume coordinator)

Journey "under the sea" with Ariel and her aquatic friends in Disney's The Little Mermaid Jr., adapted from Disney's Broadway production and the motion picture. Based on one of Hans Christian Andersen's most beloved stories, Disney's The Little Mermaid Jr. is an enchanting look at the sacrifices we all make for love and acceptance. Performances in April 2017! Cast members must wear black dance shoes, clothing appropriate for dancing (no dresses/skirts), bring a water bottle with names clearly marked, binder for script, and pencil.

**Auditions will be held on Jan 31 from 5:30 - 8:30pm.**

M/Tu	1/31 - 4/24	5:30pm - 8:30pm
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## New Star Junior Musical Theatre

Instructor: Dana Hendry  
 Location: Community Clubhouse Auditorium  
 Ages: 4-7  
 Fee: \$203 (\$198 res)  
 Materials Fee: \$50 (paid to instructor)  
 \$45 (paid to costume coordinator)

Junior Theatre cast members will perform a junior version of "Disney's The Little Mermaid Jr." in which they will be cast in the main roles. Performances in April 2017! Cast members must wear black dance shoes, clothing appropriate for dancing (no dresses/skirts), bring a water bottle with names clearly marked, binder for script.



Tu	1/31 - 4/24	4:30pm - 5:30pm
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## Child and Babysitting Safety

Instructor: Rescue Training Institute, Inc.

Location: 13405 Folsom Blvd, Ste. 150, Folsom, Ca

Ages: 11-15

Fee: \$63 (\$58 res)

Material Fee: \$5 (paid to instructor)

A course for building a safe and successful babysitting business. Covers getting started, leadership, caregiving, safety and prevention, playtime, and first aid tips. No CPR training in this class, see Babysitting CPR Companion class. Participation card received. No certification card for this class.



Tu/W	1/10 - 1/11	5:30pm - 8:30pm
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Tu/W	2/7- 2/8	5:30pm - 8:30pm
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Tu/W	3/7 - 3/8	5:30pm - 8:30pm
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Tu/W	4/11 - 4/12	5:30pm - 8:30pm
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## Babysitting CPR

Instructor: Rescue Training Institute, Inc.

Location: 13405 Folsom Blvd, Ste. 150, Folsom, Ca

Ages: 11-15

Fee: \$43 (\$38 res)

Material Fee: \$5 (paid to instructor)

Teaches child and infant CPR. Participation card received. No certification card for this class.

F	1/13	5:00pm - 7:00pm
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F	2/10	5:00pm - 7:00pm
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F	3/10	5:00pm - 7:00pm
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F	4/7	5:00pm - 7:00pm
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## CPR/AED/FIRST AID Training for Infant, Child, and Adult

Instructor: Breath of Life

Location: Old Fair Oaks Library

Ages: 12 & up

Fee: \$75 (\$70 res)

This Medic First Aid Course covers infant, child and adult CPR and First Aid and AED certification. Save time and money by receiving this two-year, EMSA approved, certification. This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life-saving skills. Come join us for coffee, cookies and life-saving education! A \$10 material fee due to instructor at first class meeting.

Sat	1/14	8:30am - 4:00pm
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Sat	3/18	8:30am - 4:00pm
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Sat	4/29	8:30am - 4:00pm
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# FAIR OAKS BUBBLE SOCCER

Come play the hilarious and exhilarating game of Bubble Soccer!  
Get your friends, family, or co-workers together for a fun and memorable experience that will guarantee to make you laugh & smile.  
The Bubble Soccer Rental Package is great for teen/adult birthday parties, company picnics, family reunions, and friends that just want to have a whole lot of fun!



## Rental Package

\$275 for a minimum of 2 hours  
\$50 for each additional hour

- 10 Bubble Suits
- 2 Soccer Balls & 2 Goals
- Pop Up Shade Tents w/ Tables & Chairs, Music, Water And 1 Staff Member Conducting the Games

## Extras

- BBQ Picnic Area - \$30/hr (@ Fair Oaks Park Only)
- Commemorative Bubble Soccer T-Shirt - \$7
- Lighted Field - \$25/hr Extra (For Evening Play)
- Pizza Package - \$70 (Feeds 12-16) Includes: Four Large Pizzas (2 Cheese/2 Pepperoni), Two 2 Liter Sodas

## Other Games



**Sharks & Minnows**



**Sumo**



**Tag**

## Additional Information

- Reservation dates are dependent on staffing and field availability.
- Minimum age requirement is 15 yrs. of age. If under 18 years of age, players playing must be within 3 years of each other for safety reasons.
- Please Note - NO CLEATS or eye glasses are allowed!

### Contact:

Nick Davison - Office: (916) 966-1036 / Fax: (916) 966-9863  
ndavison@fairoakspark.org



## Adult Sports Leagues

Fair Oaks Recreation & Park District offers year-round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Schedules and league information can be found online at [www.teamsideline.com/fairoaks](http://www.teamsideline.com/fairoaks). All Team Managers are required to obtain a Team Managers Guide Book and the District Waiver/Roster form from the District office or online prior to participating in any Adult Sports League.

For further league information, please contact Nick Davison at 966-1036, or visit [www.fairoakspark.org](http://www.fairoakspark.org).



### Softball

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and Co-ed C & D. Games are held Sunday through Friday, from 6:20 -9:20pm.



### Basketball

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer and Fall seasons. Divisions offered are Men's D and woman's D. Games are held on Sunday's from 1:00-8:00pm at Bella Vista High School.

To be added to the Free Agent list, e-mail [ndavison@fairoakspark.org](mailto:ndavison@fairoakspark.org).



### Hatha Yoga

Instructor: Judith Aubin

Location: Community Clubhouse

Ages: 18+

Punch Card: \$68 (\$63 res) good for 6 classes

In addition to relaxing and stretching, Yoga postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, an increased sense of well-being and deeper more restful sleep. Each student is encourage to work at his or her own ability. Students may choose to use punch card for both "Stretching, Relaxing and Stress Relieving Yoga" and/ or "Strengthening Yoga." For detailed description of each class please call or check online. Please bring a mat, blanket and pillow to class.

#### Stretching, Relaxing and Stress Relieving Yoga

Tu

8:00am - 9:15am

#### Strengthening Yoga

F

8:30am - 10:00am



## Beginning Salsa

Instructor: Elliott Genovia

Location: Genovia Dance @ Anti-Gravity School of Dance,  
201 C Harding Blvd., Roseville

Fee: \$45 (\$40)

If you've never danced before or are just getting started, this class is for you! Learn basic steps, timing, partnering and turns in one of the most popular Latin club dances danced worldwide. Learn Cuban motion and how to lead and follow.

W & F	1/4 - 1/27	8:00pm - 9:00pm
W & F	2/1 - 2/24	8:00pm - 9:00pm
W & F	3/1 - 3/24	8:00pm - 9:00pm
W & F	4/5 - 4/28	8:00pm - 9:00pm

## Intermediate Salsa

Instructor: Elliott Genovia

Location: Genovia Dance @ Anti-Gravity School of Dance,  
201 C Harding Blvd., Roseville

Fee: \$30 (\$25 res)

Dancers that know the basics will learn complicated patterns, multiple turns and simple dips. Class moves at a faster pace, but will perfect leading and following techniques needed to smoothly execute these advanced patterns.

W	1/4 - 1/25	9:00pm - 10:00pm
W	2/1 - 2/22	9:00pm - 10:00pm
W	3/1 - 3/22	9:00pm - 10:00pm
W	4/5 - 4/26	9:00pm - 10:00pm

## Line Dancing

Instructors: Norm & Phyllis Gifford

Location: Community Clubhouse

Ages: 18 & up

Punch Card: \$45 (\$40 res) good for 5 classes

Line dancing is a great way to exercise the mind and body, as well as to meet new friends! This class is graduated into 5 levels starting at "Absolute Beginner" (level 1) and graduating to the highest and most difficult level "Experienced Improver" (level 5). Students may choose two adjacent levels (1 hour of instruction) per class. For detailed description of each level please call or check online. Please wear appropriate shoes, no flip flops, heels, tennis shoes or backless shoes. On-going class, join any time.

### Afternoon Classes

Level 3	Advanced Beginners	Th	3:00pm - 3:30pm
Level 4	Improver	Th	3:30pm - 4:00pm
Level 5	Experienced Improver	Th	4:00pm - 4:30pm

### Evening Classes

Level 1	Absolute Beginners	Th	5:15pm - 5:45pm
Level 2	Beginners	Th	5:50pm - 6:20pm
Level 3	Advanced Beginners	Th	6:25pm - 6:55pm
Level 4	Improver	Th	7:00pm - 7:30pm
Level 5	Experienced Improver	Th	7:35pm - 8:05pm

\*No Class 1/5

## "Wild Horses"- Line Dances

Location: Community Clubhouse

Ages: 14 & up

Fee: \$8

Join old and new friends in some good ol' line dancing! One new line dance will be taught each date.

Su	1/29	2:00pm - 4:30pm
Su	3/5	2:00pm - 4:30pm
Su	4/2	2:00pm - 4:30pm

## Round Dance

Instructor: Marie Hathaway

Location: Community Clubhouse

Fee: \$44 (\$39 res)

Punch Card: \$30 (\$25 res) good for 4 classes

Drop in Fee: \$8 per class

Round dance is social ballroom dancing that is cued for easy leading and following. Simple ballroom routines are applied to popular tunes as well as golden oldies. Round dance has 6 levels called "phases"; we teach phases 1 thru 4. Each phase is a prerequisite to the next level. Prerequisite to the "Easy Intermediate" class are "Beginner Waltz and Two-step." Prerequisite to the "Intermediate Multiple Rhythms" class is "Easy Intermediate." For detailed description of each phase please call or check online. Please wear casual attire with dance-able shoes. Visitors welcome to observe.

### Phases 3: Rumba & Cha (beginners welcome)

Tu	1/3 - 2/21	11:15am - 12:30pm
W	1/4 - 2/22	5:45pm - 7:15pm
Tu	3/7 - 4/25	11:15am - 12:30pm
W	3/8 - 4/26	5:45pm - 7:15pm

### Phase 3 & 4: Multiple Rhythms

Tu	1/3 - 2/21	12:30pm - 3:00pm
W	1/4 - 2/22	7:15pm - 9:30pm
Tu	3/7 - 4/25	12:30pm - 3:00pm
W	3/8 - 4/26	7:15pm - 9:30pm



**NEW!**

## Tribal Fusion Belly Dance Introduction

Instructor: Lindsey Stewart Soto

Location: Old Library

Fee: \$60 (\$55 res)

Drop In: \$23 (\$18 res)

Tribal Fusion dance combines the beautiful movements of belly dance with jazz, ballet and hip hop creating a beautiful fluid movement vocabulary. Both fast and slow movements will be taught. You do not have to show your belly. Wear comfortable attire and bring water and a yoga mat.

T	1/3 - 1/24	5:30pm - 6:30pm
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## Mosaic Design

Instructor: Michelle Lueth

Location: Arts & Crafts Building

Fee: \$79 (\$74 res)

Materials Fee: \$35 (paid to instructor)

Have you ever seen a wonderful hand-made glass or tile mosaic and wanted to try your hand at making one yourself? In this class you will learn the basics to create your own Mosaic masterpiece. Have fun and bring home a one of a kind mosaic design.

F	3/10 - 3/31	1:00pm - 4:00pm
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## Adult Pottery

Instructor: Michelle Lueth

Location: Arts & Crafts Building

Fee: \$79 (\$74 res)

Materials Fee: \$25 (paid to instructor)

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun- while exploring your creative side. Although this is a beginning class, all levels are welcome.

Tu	1/31 - 2/21	1:30pm - 3:30pm
W	2/1 - 2/22	1:30pm - 3:30pm
Tu	3/14 - 4/4	1:30pm - 3:30pm
W	3/15 - 4/5	1:30pm - 3:30pm
Tu	4/25 - 5/16	1:30pm - 3:30pm
W	4/26 - 5/17	1:30pm - 3:30pm

## Adult Pottery Studio

Instructor: Michelle Lueth

Location: Arts & Crafts Building

Punch Card: \$70 (\$65 res)

Materials Fee: \$25 (paid to instructor)

This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration and participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes. One class equals 2 hours of studio time.

January	Tu/W	12:30pm - 6:00pm
February	Tu/W	12:30pm - 6:00pm
March	Tu/W	12:30pm - 6:00pm
April	Tu/W	12:30pm - 6:00pm



## Beginning/ Intermediate Guitar

Instructor: Mike Jackson

Location: Old Library

Fee: \$108 (\$103 res)

Material Fee: \$15 (paid to instructor)

A fun, informative and effective introduction to playing guitar. Of all the instruments the guitar has captured the hearts and minds of people from all walks of life all over the world. You'll need an acoustic guitar (6 strings) and make a commitment to play for at least 30 minutes a day. The class ends on the 10th week with a small concert for family and friends.

W	1/12 - 3/22	7:00pm - 9:00pm
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## Financial Planning Basics

Instructor: Tina Florence,

Location: Village Hall

Fee: \$10

Join us to learn about basic financial planning concepts and how to create a more secure financial future for you and your family! This is an educational event designed to help you make educated money choices. The two hour session covers the basics of saving, investing, risk management and estate planning, presented by Tina Florence, a Certified Financial Planner (CFP) and partner with financial firm Lane Florence LLC. No financial products will be sold and this is not a sales event.

Th	1/12	10:00am - 12:00pm
W	2/8	6:30pm - 8:30pm
Th	3/16	6:30pm - 8:30pm

## Meditation for Stress Relief

Instructor: Vina Parmar  
 Location: Village Hall  
 Fee: \$17 (\$12 res)

Come and learn an easy twenty minute meditation practice that will help you reduce stress and anxiety and give you clarity and peace of mind. Dress comfortably for gentle yoga exercises and bring a yoga mat or large towel.

S	2/4	2:00pm - 5:00pm
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**NEW!**

## Healthy Relationships

Instructor: Vina Parmar  
 Location: Village Hall  
 Fee: \$17 (\$12 res)

In this interactive workshop you will uncover the hidden dynamics that may be holding you back. Whether it is your relationship with your spouse, children, parents, coworkers or others, you will learn timeless principles so you can enjoy healthy relationships. This class is based on Family Constellation Healing which helps to re-establish peace, love and harmony.

S	3/4	10:00am - 12:30pm
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## Mandalas for Meditation

Instructor: Michelle Lueth  
 Location: Arts & Crafts Building  
 Fee: \$29 (\$24 res)  
 Materials Fee: \$10 (paid to instructor)

Discover the meditative process of making your own mandala! Creating mandalas can help relieve stress by calming the mind, inspiring a sense of mental and spiritual well-being. Step-by-step instruction will guide you through the process of creating your own meaningful design. Tap into your creative self and bring some inner peace to your life.

F	3/3	1:00pm - 4:00pm
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F	4/7	1:00pm - 4:00pm
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## Basic Horsemanship

Instructor: Shadow Glen Staff  
 Location: Shadow Glen Riding Stables,  
 4845 Main Avenue, Fair Oaks

Ages: 13 & up  
 Fee: \$128 (\$123 res)

This is a four week introductory class that teaches the history, major breeds of horses, diseases, horse care, grooming, saddling and bridling and western riding instruction. Our motto is: Be Safe, Be in Control, and HAVE FUN! Closed toed shoes and long pants are mandatory.

W	1/4 - 1/25	6:00pm - 7:30pm
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W	2/1 - 2/22	6:00pm - 7:30pm
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W	3/1 - 3/22	6:00pm - 7:30pm
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W	4/5 - 4/26	6:00pm - 7:30pm
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## #UnityDay2016



"Together Against Bulling. United for Kindness, Acceptance and Inclusion"



**NEW!****Barriers to Smart Parenting and How to Overcome Them**

Instructor: Dr. Sharon Grossman  
 Location: Village Hall  
 Fee: \$35 (\$30 res)

Are you overwhelmed in your parenting role? Do you wish you were calmer and less reactive no matter what your child does? Uncover the missing ingredients and learn the essential steps to being a smart parent so you can increase your sense of control, confidence and joy as a parent.

M	3/6	7:30pm - 9:00pm
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**NEW!****Create Time for Yourself without the Guilt**

Instructor: Dr. Sharon Grossman  
 Location: Village Hall  
 Fee: \$35 (\$30 res)

Are feeling overwhelmed in all you have to do? Is it impossible to find time for yourself? Get tasks done in a timely fashion, carve out some personal time and juggle what is on your plate gracefully and without guilt.

M	2/13	7:30pm - 9:00pm
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**NEW!****Pet Loss Support Group**

Instructor: Vina Parmar & Leona McLean  
 Location: Old Library  
 Fee: \$38 (\$33 res)  
 Drop In: \$17 (\$12 res)

Everyone who has ever loved an animal companion will find wisdom and solace in this group. Pets are part of our family and losing them cause's grief and loss that often lacks understanding or support. When we lose a pet, we lose a relationship like any other. In this group, we will use tools including journaling, group discussion and healing art as well as sharing resources available to support our healing.

Th	2/9, 3/9 & 4/13	7:00pm - 9:00pm
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**Zumba Gold**

Instructor: Ramona Temple  
 Location: Community Clubhouse  
 Drop-in Fee: \$8 per class

Material Fee (optional): \$20 for 1lb. Toning Shaker weights

Fun dance and fitness class inspired by Latin and international rhythms. Designed for beginners, active adults and participants new to fitness. This class features many rhythms such as tango, merengue, cha-cha, salsa, belly dancing and more. Dance your way to fitness! A seated option is also available for those with limitations.

M	1/9 - 1/30	11:15-12:05pm	\$20.75 (\$15.75 res)
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M	2/06 - 2/27	11:15-12:05pm	\$20.75 (\$15.75 res)
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M	3/06 - 3/27	11:15-12:05pm	\$25 (\$20 res)
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M	4/03 - 4/24	11:15-12:05pm	\$25 (\$20 res)
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\*No class 1/2, 1/18 & 2/20

**Senior Stretch**

Instructor: Sharon Shute  
 Location: Community Clubhouse  
 Punch Card: \$9 for 4 classes

A low-impact exercise class is specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel vibrant and healthy. Program is on-going, join any time. Please bring a towel to class.

M/Tu/W/Th	9:35am - 10:35am
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\*No class 1/2, 1/16, 1/18, 2/20 & 4/12



## Extended Trips and Tours

Want to travel to far away destinations and visit historical landmarks but don't want the hassle of planning? We are excited to partner with Premier World Discovery to now offer extended tours to a variety of wonderful international and domestic destinations. For more information visit the FORPD District office to pick up a brochure on current trip offerings. Other destinations available upon request.

### Informational Presentation

Village Hall	W	2/8	10:00am
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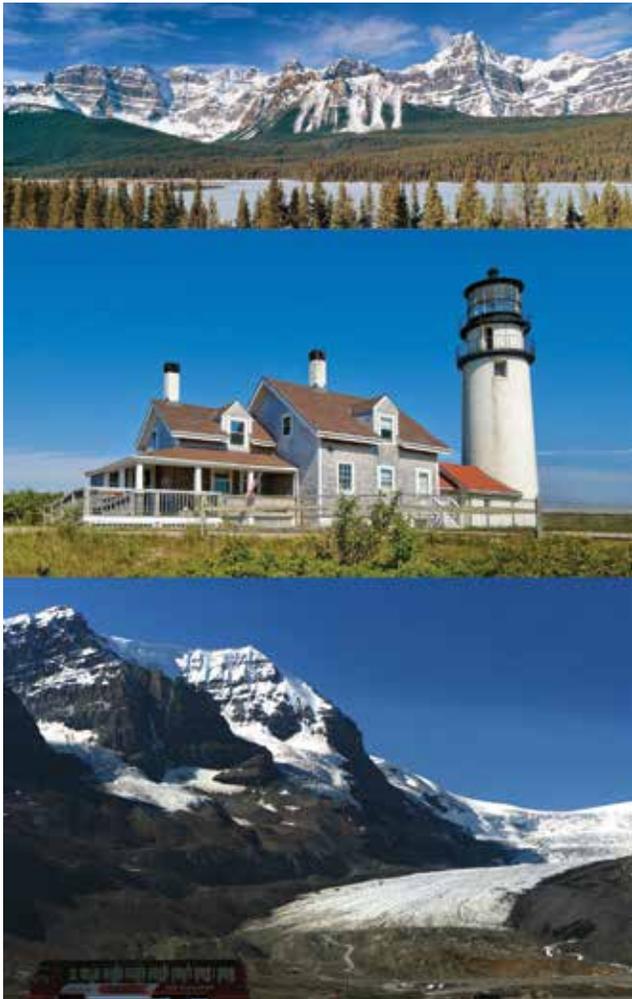
### Upcoming Trips

Spring Training Getaway	Departs March 19, 2017
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Canadian Rockies & Glacier National Park	Departs July 22, 2017
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Cape Cod & the Islands	Departs Sep 24, 2017
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Country Roads & Tuscany	Departs Nov 7, 2017
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## Social Security: How to Play Less or Nothing in Taxes

Instructor: Bill Corley, CFP

Location: Village Hall

Ages: 55+

Fee: \$10

Whether you are 55 or 75, there are ways you can minimize or eliminate income taxes on your social security benefits. Come to this informative workshop to learn effective ways to keep more of your hard-earned money. A question/answer period is also included. Class is for educational purposes only and is not a sales seminar.

Th	2/9	6:30pm - 8:00pm
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## Smart Social Security Planning

Instructor: Bill Corley, CFP

Location: Village Hall

Ages: 55+

Fee: \$10

Whether you are 60 or 69, there are ways you can increase your social security benefits by up to 76%. This informative workshop will teach you effective ways to maximize your retirement income. A question/answer period is included. Class is for educational purposes only and is not a sales seminar.

Th	1/19	6:30pm - 8:00pm
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## Estate Planning: Wills, Trust and Probate

Instructor: Julia Himovitz, Downey Brand LLP

Location: Village Hall

Ages: 55+

Fee: \$10

What is the difference between a will and a trust? What documents should be maintained as part of a basic estate plan? What documents do you need to transfer wealth from one generation to the next? Learn how you can minimize attorneys' fees and taxes upon death. This class is appropriate for people from all walks of life. Class is for educational purposes only and is not a sales seminar.

Th	2/16	10:00am - 11:00am
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# P.A.S.A.

## Program for Active Senior Adults

Location:	McMillan Center, unless otherwise noted
Date:	Wednesdays
Time:	11:00am - 1:00pm
Fee:	\$10 yearly dues paid to the group. First three meetings are free!

PASA is a social organization for adults 50 and up. Meet new friends, stay active and enrich your life. Choose to come as often as you would like. Sign up to be part of PASA today! Bi-monthly newsletters with additional information on PASA programs and activities are distributed to PASA members or available at the District office.



### Monthly PASA Schedule

1st Wednesday of the Month:	Red Hawk Trip, must sign up in advance to attend
2nd Wednesday of the Month:	Bingo
3rd Wednesday of the Month:	Enrichment Activity
4th Wednesday of the Month:	Bingo
5th Wednesday of the Month:	Enrichment Activity

### Enrichment Activity Schedule

Jan 18	 Senior Luau Purchasing an event ticket in advance is required, see page 4 for more details.
Feb 15	 Easy Living Options for Seniors
March 15 (3rd Wed)	 St. Patty's Day Celebration
March 29 (5th Wed)	 Quick & Easy Meals & Recipe Exchange
April 19	 Vernal Pools Walk & Tour, Phoenix Park Meet at Phoenix Park

## PASA SOCIAL & OPEN HOUSE

DATE: THURSDAY, JANUARY 19

TIME: 11:00AM - 1:00PM

LOCATION: MCMILLAN CENTER

Find out what PASA is all about! Past, present  
and prospective PASA members encouraged to  
attend! Questions? Call the office at 966-1036 or  
PASA member Ellen at 967-5924.

# RENTAL OPPORTUNITIES

## COMMUNITY CLUBHOUSE

2,898 sq.ft. of Dining Space  
 25 - 5' Round Tables  
 6 - Rectangle Tables  
 Stage, Chairs, Kitchen, Bar,  
 Sound System & More!



## VILLAGE HALL

1,118 sq.ft. of Meeting Space  
 10 - 5' Round Tables  
 12 - Rectangle Tables  
 Chairs, Kitchen, TV, Sound  
 System & More!



## OUTDOOR EVENTS

Fair Oaks Park BBQ Area  
 Miller Park BBQ Area  
 Village Park Bandshell  
 Softball Field Rentals (2)  
 Multipurpose Field Rentals  
 Tennis Court Rentals



## MCMILLAN CENTER

773 sq.ft. of Dining Space  
 13 - Rectangle Tables  
 Chairs, Kitchen, Patio, BBQ  
 Grills & More!

# CELEBRATE WITH US TODAY!

Ian Roberts / Yesenia Adams  
 Facility Coordinator's

(916) 966-1036  
[www.fairoakspark.org](http://www.fairoakspark.org)

[iroberts@fairoakspark.org](mailto:iroberts@fairoakspark.org)  
[yadams@fairoakspark.org](mailto:yadams@fairoakspark.org)

# Five Ways To Register



## Online Registration:

Visit [www.fairoakspark.org](http://www.fairoakspark.org) to register online with Visa, MC or American Express.



## Walk-In Registration:

Fill out registration form at the District Office, 4150 Temescal St, Fair Oaks.

Monday-Friday 8:00am-5:00pm. Cash, Check or Credit cards (listed above) accepted. Checks should be made out to: FORPD



## Mail-In Registration:

Accepted with a complete registration form and correct fees.

Please do not mail cash. Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



## Drop-Box Registration:

Accepted with a complete registration form and correct fees.

Please do not mail cash. Drop-Box is located at District office to left of front door for after hours drop-off.



## Fax-In Registration:

Fax your completed form with credit card # to 966-9863.

## Phone-In Registration:

Register over the phone for select events/programs/class.

Must be in our system as a previous customer. Call today for more information.

## General Information

1. The District reserves the right to cancel or modify any class and/or program. Classes may be canceled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All others pay the non-resident fee (indicated by non res).
3. If paying at class, you may only pay with check made out to FORPD or with credit card.



*It's My Park Day Volunteers*

## Refund Policy

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. Online convenience fee is non-refundable.
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation. All refunds are required to submit a refund/transfer request form to be approved by District Staff.
6. Policy does not apply to events and vendors. Email [events@fairoakspark.org](mailto:events@fairoakspark.org) for clarification.

## FAIR OAKS RECREATION & PARK DISTRICT

### PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting. If waiver is not signed, participant will not be registered, and form will be returned.

#### PAYEE INFORMATION

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

PHONE/HOME: \_\_\_\_\_ WORK: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

**PLEASE CHECK ONE:**                      **FAIR OAKS RESIDENT**     **NON-RESIDENT**

**Method of Payment: Payment at class cannot be made in cash. To pay with cash, you must register at District Office.**

Check #: \_\_\_\_\_ Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ CVC: \_\_\_\_\_ Visa  MasterCard

Cardholder's Name (Print): \_\_\_\_\_ Cardholder's Signature: \_\_\_\_\_

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

Please remember to sign the waiver on the bottom of this form, Thank You!

Please check if you would like a receipt sent.

#### Agreement, Waiver & Release Fair Oaks Recreation & Park District 2017

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

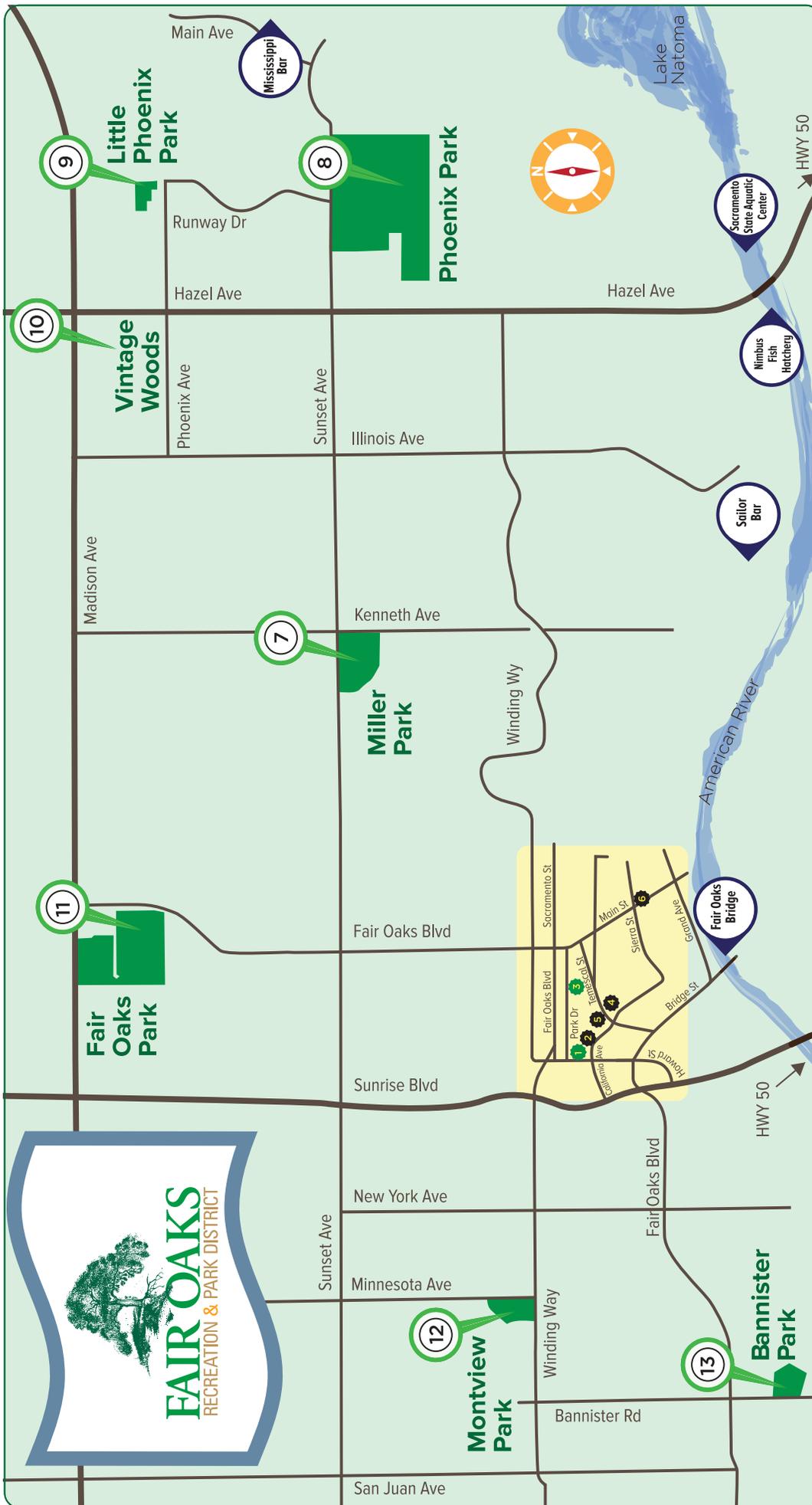
**Parental Consent:** (To be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my son/daughter, \_\_\_\_\_ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events. \_\_\_\_\_ initial



## Map Legend

- Plaza Park – 7003 Park Dr.**  
Open space surrounded by the Veterans Memorial Amphitheatre and the shops in the Village of Fair Oaks. The main stage for the Annual Fair Oaks Chicken Festival event. Restrooms located behind the Arts & Crafts Building.
- Multiple Facilities – 7997 California Ave.**
  - Community Clubhouse – Rental facility and home to multiple District classes and events.
  - Village Hall – Rental facility and location of the monthly District Board meetings.
  - Veterans Memorial Amphitheatre – Outdoor Amphitheatre operated by the Fair Oaks Theatre Festival Group and also the location of the District's Comedy Under the Stars event.
  - Arts & Crafts Building – Classroom setting for ceramics and other classes.
- Village Park – 4238 Main St.**
  - Open space, playground, picnic tables, and a bandshell. Restrooms located behind the Arts & Crafts Building.
  - The Park is the main venue for the Concerts in the Park summer series, the Chicken Festival Kids Park, and the Kids Art Festival event.
- Administration Office – 4150 Temescal St.**
  - District offices for the Recreation and Administration staff.
  - Come by to register for a class, purchase tickets to an event, or just to grab a copy of "The Roost" activity guide.
- Old Fair Oaks Library Building – 4200 Temescal St.**
  - Rental facility
- Fair Oaks Preschool – 8090 Grand Ave.**
  - Home to the Fair Oaks Preschool Program for ages 3-5. The program runs from August through May.

- Miller Park – 8480 Sunset Ave.**
  - 1 basketball court, playground, horseshoe pits, picnic rental area, and restrooms.
  - Lighted Tennis court facility with 8 courts and 2 practice walls.
- Phoenix Park – 9050 Sunset Ave.**
  - 6 baseball fields, 7 multipurpose fields, concession stand, 2 playgrounds and restrooms.
  - The Kathy Jones Memorial Walk Path
  - The Phoenix Park Vernal Pools
  - The VFW Hall is also located in the center of the park
- Little Phoenix Park – 9041 Phoenix Ave.**
  - Playground and picnic area
  - Open space
- Vintage Woods – 8822 Madison Ave.**
  - Open space with sidewalk.

- Fair Oaks Park – 11549 Fair Oaks Blvd.**  
The park is located between the Fair Oaks Presbyterian Church and the Fair Oaks Public Library. The maintenance office for the park's department is located at the west end of the park.
  - McMillan Center – Rental facility and the main location for the Camp Fair Oaks program.
  - Picnic rental area, 1 full basketball court, 1 half basketball court, Skate Park, horseshoe pits, playground, 1 multipurpose field, 2 softball fields, and restrooms.
  - Horticulture Center and Community Gardens
- Montview Park – 4401 Minnesota Ave.**
  - Playground, picnic area, and restrooms.
  - Open space
- Bannister Park – 3820 Bannister Rd.**
  - Multipurpose fields, exercise equipment, small BBO area, and restrooms.
  - Parking restrictions. **Please review entry sign before parking.**

# Spring Events



@forpd



@fairoakspark



facebook.com/FORPD

## January

- Volunteer Social ..... Jan 13
- Senior Luau ..... Jan 18
- PASA Social & Open House ..... Jan 19
- Silent Movie Night ..... Jan 27

## February

- Father Daughter Dance ..... Feb 3-4
- Teddy Bear Tea ..... Feb 11
- Rachel Anne Gray Spaghetti  
Dinner Fundraiser ..... Feb 24

## April

- Breakfast with the Bunny ..... April 12
- Easter Eggstravaganza..... April 15
- Kid's Art Festival ..... April 29

**For more information on these  
Special Events, see pages 4-7 or visit  
our website at [fairoakspark.org](http://fairoakspark.org).**

