

FAIR OAKS RECREATION AND PARK DISTRICT

# The Roost

**Parks  
Make  
Life  
Better!**  
.....

*January - April 2013*

*Find us on Facebook for updates on District programs!*

4150 TEMESCAL ST., FAIR OAKS, CA 95628 • 916/966-1036  
Register online 24/7 @ [www.fairoakspark.org](http://www.fairoakspark.org)

# Contents

Special Events .....3  
Volunteer Info .....4  
Community Partners .....5  
W.O.W Bus .....6  
Rocky the Rooster .....6  
Preschool/Youth Programs .....7  
Youth Programs .....9  
Youth Sports .....10  
Youth/Teen Programs.....12  
Adult Sports & Special Interest ....13  
Adult Fitness/Dance.....15  
55+ Classes.....17  
Registration Information .....18  
Registration Waiver .....19  
District Projects & Planning .....20  
Recreation Prescription .....21  
Facility Rental Info.....22  
Parks & Facilities Map .....23

## BOARD OF DIRECTORS

Brandon Rose, John O'Farrell, Ralph Carhart,  
Rand Jacobs, Geoffrey Simcoe

## DISTRICT OFFICE

4150 Temescal St., Fair Oaks, CA 95628  
966-1036 • Fax 966-9863  
[www.fairoakspark.org](http://www.fairoakspark.org)

## ADMINISTRATION

Maureen Zamarripa, District Administrator  
[mzamarripa@fairoakspark.org](mailto:mzamarripa@fairoakspark.org)

## PARKS

Park Office 240-3651 • Fax 961-3466

For field closure and updates visit  
[www.fairoakspark.org](http://www.fairoakspark.org)

To View a list of FORPD Staff, please visit  
[www.fairoakspark.org/about/contact-us/](http://www.fairoakspark.org/about/contact-us/)

Look for these class icons below to see  
what is in store for you.



*Fitness-Strength-Knowledge-Creativity-Community*

graphic design by Lenore Wellings • 916-933-3328

## FAIR OAKS RECREATION & PARK DISTRICT

### Our Vision

*“To be the primary recreation provider of  
choice for the Fair Oaks community”*



## COMMUNITY INFORMATION

### EMERGENCY REPORTING DIAL 911

For emergencies in our parks, dial 9-1-1.

For non-emergencies regarding park security, vandalism, suspicious persons, or suspicious activities in your parks, call the District office at 966-1036 Monday through Friday during business hours. After business hours or on weekends, you may call 240-3651 and we will attend to your concerns as quickly as possible. If you need immediate law enforcement assistance or to report illegal activity at any of your parks, please call the Sacramento County Sheriff's Department at 874-5115.

### DISTRICT BOARD MEETINGS

The Board of Directors of the Fair Oaks Recreation and Park District meets on the third Wednesday of each month. Meetings are held at the Old Fair Oaks Library Building, 4200 Temescal St., beginning at 6:00 pm. The public is welcome to attend. Please contact the District office prior to attending a meeting to confirm the date and time, as Board meeting dates and times are subject to change.

### AMERICANS WITH DISABILITIES

In accordance with the Americans With Disabilities Act of 1990, the Fair Oaks Recreation and Park District will not discriminate against any qualified individual with a disability as far as employment with the District or the use of our services, programs, and activities. If you are interested in taking part in one of our programs and will need special arrangements (i.e. vision, hearing) please telephone the District Office at 966-1036 one week prior to the start of the class.

### HOLIDAY CLOSURES

The Fair Oaks Recreation and Park District office and all other District facilities will be closed on the holidays listed below. District sponsored classes and programs will not meet during holiday closures.

**Christmas**, Monday & Tuesday, December 24th & 25th; **New Year's**, Monday & Tuesday, December 31st & January 1st (2013); **Martin Luther King Day**, Monday, January 21st (2013); **Presidents' Day**, Monday, February 18th (2013); **Memorial Day**, Monday, May 27th (2013).

If classes do not meet the minimum number of participants cancellation may be considered within 5 business days prior to the start of the class.

Payments at class cannot be made in cash. To pay in cash, you must register in the District Office.



## Easter Eggstravaganza

**Saturday, March 30<sup>th</sup>,  
8am-1pm**

The Fair Oaks Recreation and Park District presents an "Eggciting" Easter adventure for the entire family. Please join us for a FREE egg hunt for children 0-12 years old, or hop on over and purchase admission to the morning breakfast and a \*\$10 wristband for unlimited carnival games and inflatables, one (1) choo-choo ride, and one (1) face painting. Attention Adults! Don't get left out on the fun, purchase your \$3 admission ticket for Fair Oaks Youth Advisory Board's "Adult Egg Hunt" for a chance to hunt for gift cards and prizes! \*Carnival tickets are also available for purchase for 50¢ each. Cash only. No refunds, no exceptions! All ticket sales will end @ 12:00pm, one hour before the event ends.

**Location: Fair Oaks Park;  
11549 Fair Oaks Blvd.**

### SCHEDULE OF EVENTS:

- 8am-11am** Pancake Breakfast
- 9am-12pm** Wristband Sales and Face Painting
- 9am-1pm** Carnival games and Choo Choo Train  
Ages 0-3yrs Egg Hunt (or until eggs last)
- 10am** Ages 4-5yrs Egg Hunt (fields 1&2)
- 10:45am** Ages 6-7yrs Egg Hunt (fields 1&2)
- 11:30am** Ages 8-10yrs (field #1)  
Ages 11-12yrs (field #2)
- 12:15pm** \$3 Adult Egg Hunt (field #1)

## Silent Movie Night

**Friday, January 25<sup>th</sup>, 7:00-9:30pm**

**Doors open at 6:00pm- Show begins at 7:00pm**

Join the Fair Oaks Recreation and Park District and the Sierra Chapter American Theatre Organ Society for a trip back in time and bring the whole family out for a special evening of silent movies. This night will feature a special showing of multiple short films along with LIVE theatre organ accompaniment by Dave Moreno. Popcorn, snacks and drinks will be available for purchase.

**Fee: \$5 per person presale/\$7 at the door (cash only).**

**Location: Fair Oaks Community Clubhouse, 7997 California Avenue  
7610.23**



## Father Daughter Dance

**Friday, Feb 8<sup>th</sup> &**

**Saturday, Feb 9<sup>th</sup>, • 6:30-8:30pm**

**Theme: Hawaiian**

Aloha! The Fair Oaks Youth Advisory Board invites every father to take his little girl out on a date they will never forget! Refreshments, great music, pictures and more! Get your tickets in advance at the District office.

**Location: Fair Oaks Comm. Clubhouse**

**Fee: \$20 per couple \$5 per additional daughter.**

**No "at the door" ticket sales.**

**Purchase tickets online or in our office.**

**7610.13 • F • 2/8/13**

**7610.14 • Sa • 2/9/13**

## Farmers Market

**Every Wednesday 3:30-7pm through March**

Fair Oaks Recreation and Park District is co-hosting a local Farmers Market operated by *Be Money Smart USA*, a local non-profit training organization specializing in financial and business education for YOUTH in our community. This market features certified Farmers locally grown seasonal fruits and vegetables, specialty gourmet foods, spices, sauces, nuts, dried fruits, honey, entertainment and more! For more information or to become a vendor call the Market Managers at (916) 484-7000.

**Location: Plaza Park - Old Fair Oaks**

## Kids Art Festival

**Saturday, April 27<sup>th</sup>, 10am-3pm**

The Fair Oaks Recreation and Park District is partnering with the San Juan Unified School District and the Fair Oaks Presbyterian Church to present the 9<sup>th</sup> Annual KIDS ART: COMMUNITY FOCUS ON THE ARTS. This event will feature hands on workshops, performing art exhibits, music and dance performances, an art show, and food vendors. This is a wonderful opportunity for businesses and organizations to join in as part of this community event as a sponsor. For more information on becoming a sponsor please contact the Special Events Coordinator at 966-1036.

**Location: Fair Oaks Presbyterian Church  
(11427 Fair Oaks Blvd., Fair Oaks)**



## Village Singers Concert

Sunday, December 9<sup>th</sup>, 6pm

The Fair Oaks Village Singers are a non-audition community choir whose members pay a small fee for the purchase of music and to support operations. There are currently about 60 members. The group performs for various senior communities in the region during the Christmas and spring seasons.

**Location:** Orangevale Community Center, 6826 Hazel Avenue

**Fee:** FREE



## The 64<sup>th</sup> Annual Fiesta Days

May 4<sup>th</sup> & 5<sup>th</sup>,  
10am - 4pm daily

The two-day event will be held in Village and Plaza Parks. Entertainment is scheduled throughout the weekend including a parade, toilet bowl races, children's games, car show, food & craft vendors and more.

For more information call the Fair Oaks

Chamber of Commerce at 967-2903.

Interested in becoming a vendor? Call the FORPD Special Events Coordinator at 966-1036 or find the vendor application online beginning in February.

## Comedy Under the Stars

Friday, May 10<sup>th</sup>, 8-10pm

Doors open at 7pm, show starts at 8pm

*Recommended for an Adult Audience*

Join the Fair Oaks Recreation and Park District and Sacramento's "Laughs Unlimited" for a night full of laughs. Food and spirits are available for purchase in the Theatre. Please contact us at (916) 966-1036 for additional information.

**Location:** Veterans Memorial Amphitheatre

**Tickets:** \$15 per person per show presale - \$20 per person at the door. (cash only)

**At the door ticket sales from 7-8pm. Online ticket sales end @ 6:30pm.**

*Comedy under the stars may contain explicit language and/or offensive materials and is intended for an adult audience. Views or opinions presented are solely those of the comedian and do not necessarily represent those of the Fair Oaks Recreation and Park District. No refunds. No exceptions.*

## Community Garage Sale

Saturday, June 1<sup>st</sup>, 8am-1pm

It's time to clean! Registration begins for the Fair Oaks community garage sale at 8 am on February 11<sup>th</sup>. Registration is limited to 69 booth spaces, so register early! (Garage Sale items only).

**Booth spaces are approximately 15' x 14' (two parking spaces).**

**Location:** Fair Oaks Park, 11549 Fair Oaks Blvd.

**Fee:** \$35 per space • 7410.17



## Volunteer Information

*"Parks & Recreation Make Life Better"* and that's due largely to the outstanding volunteers that assist with District events and programs each year. Volunteer with us today and get a "behind the scenes" view of our events and programs.

### UPCOMING VOLUNTEER OPPORTUNITIES:

- 1/25 *Silent Movie Night*
- 3/30 *Easter Eggstravaganza*
- 4/27 *Kids Art Festival*
- 5/10 *Comedy Under the Stars*
- 6/1 *Community Garage Sale*
- 6/15 *Health & Wellness Fair*

Volunteer assistance is also needed in the parks and administration departments at the District. Examples of volunteer opportunities include park cleanup, general office assistance, handing out flyers and promotional items, and much more!

If you are interested in volunteering please contact Nick Davison at [ndavison@fairoakspark.org](mailto:ndavison@fairoakspark.org) or 916-966-1036.

**Volunteer Help Makes a Difference!**

## Now Accepting Applications for Summer Camp Staff

The Fair Oaks Recreation and Park District is looking for energetic Camp Staff who are interested in providing exceptional recreation experiences for children ages 5-12 years old in a safe and fun environment. Camp Counselors will be required to supervise participants and lead activities for a summer day camp program that will meet June 10th through August 9th. Camp Staff will participate in physical activities such as hiking, sports, and other related camp activities on a daily basis. Camp Counselors are expected to establish positive and professional relationships with parents, children, and co-workers. This is a great job for students who are thinking about going into child development, recreation, or teaching.

**APPLICANTS:** *Must Be willing to obtain current CPR and First Aid Training Certificate and pass a pre-employment background check. For more information on how to apply please call 966-1036.*

## Fair Oaks Horticulture Center in Fair Oaks Park

### 2013 WORKSHOPS AND OPEN GARDEN DAYS

*Presented by the UC Cooperative Extension Master Gardeners and Fair Oaks Recreation & Park District*

Additional information available at 916-875-6913, <http://ucanr.org/sacmg>, [www.facebook.com/sacmg](http://www.facebook.com/sacmg)

#### **SATURDAY, JANUARY 19 - WORKSHOP - 9:00am – Noon**

Learn pruning techniques for blueberries, cane berries, fruit trees, grapes and ornamental grasses. See tool displays and learn tool maintenance tips. Sponsored by Fair Oaks Boulevard Nursery.

#### **SATURDAY, FEBRUARY 23 - OPEN GARDEN - 10:00am-1:00pm**

Talk with Master Gardeners as they complete the winter pruning of ornamental grasses and fruit trees. Learn the basics for starting summer vegetable seeds.

#### **SATURDAY, MARCH 16 - WORKSHOP - 9:00am – Noon**

Learn how soil amendments can benefit the garden and how to set up and maintain a worm composting bin. Citrus: selection, planting and care.

#### **WEDNESDAY, APRIL 17 - OPEN GARDEN - 10:00am – 1:00pm**

Goof proof gardening ideas. Grape thinning, preparing the summer vegetable garden and propagation tips.

#### **SATURDAY, MAY 18 - WORKSHOP - 8:30 – 11:30am**

Learn pest management techniques for invasive weeds and insects. Easy tips on how to attract beneficial insects.

## FAIR OAKS COMMUNITY PARTNER GROUPS

**Fair Oaks /Orangevale Little League**  
president@fovll.com

**Fair Oaks Soccer Club**  
(916) 241-FOSC (3672)

**American River Girls Softball**  
(916) 206-0236

**Fair Oaks Youth Lacrosse**  
(916) 806-1874

**Fair Oaks Theatre Festival**  
(916) 966-3683

**Fair Oaks Foundation for Leisure & Arts**  
(916) 961-9012

**Fair Oaks Historical Society**  
(916) 961-6301

**Fair Oaks Responsible Dog Owners**  
fordog95628@gmail.com

**Weather Hotline for Dog Park**  
966-1011 ext.23

**Fair Oaks Chamber of Commerce**  
(916) 967-2903

**Fair Oaks Rotary Club**  
(916) 967-5802

**Fair Oaks Horticulture Center**  
(916) 875-6913

**Fair Oaks Master Gardeners**  
(916) 875-6913

**Starlight Shufflers Square Dancers**  
(916) 363-5733

**Sierra Chapter American Theatre Organ Society**  
(916) 624-9182

**Fair Oaks Racquet Club**  
info@forctennis.com

**Fair Oaks Host Lions Club**  
(916) 967-1085  
fairoakshostlionsclub.weebly.com

**Fair Oaks Mom's Club**  
fomcmembership@yahoo.com

**Fair Oaks Community Gardens**  
focgcc@yahoo.com

**Phoenix Community Gardens**  
phoenixgarden@comcast.net

## Sponsorship

*The Fair Oaks Recreation and Park District encourages the involvement of local businesses and organizations through event sponsorships. Sponsoring events is a great way to advertise, an outstanding public image tool, and an interactive way to show support for the community. For more information on becoming a sponsor for any of our events or groups please contact the Special Events Coordinator at (916) 966-1036 ex. 15.*

# The W.O.W. Bus & Rocky the Rooster

6



## The W.O.W. Bus is headed your way this winter and spring!



The W.O.W. (Wonderful Outdoor World) Bus is getting kids back outdoors!

Fair Oaks Recreation & Park District is proud to announce the W.O.W. Bus coming to a park near you! The W.O.W. Bus is now in its third year and to celebrate,

we will be coming out to your parks more frequently. This FREE program brings children and families of the community together through a variety of activities. Group games like parachute games and dodge ball are offered. Artistic skills are encouraged through activities such as drawing with sidewalk chalk, coloring, painting, and craft techniques of making a beaded necklace. There are plenty of fun activities to go around, and there are Recreation Leaders on hand to provide direction to the children and get them engaged and interested in something they may not have tried before! *\*The W.O.W. bus will not be held on days the temperature exceeds 100 degrees, rain days, or on Spare The Air days. If cancelled, dates will be rescheduled and posted on the District website: [www.fairoakspark.org](http://www.fairoakspark.org)*

### SPRING 2013 W.O.W. BUS SCHEDULE

DATE	LOCATION	FROM	TO
3/2	Bannister Park	10:30am	12:30pm
3/16	Miller Park	10:30am	12:30pm
3/30	Fair Oaks Park (Easter)	9:00am	1:00pm
4/6	Phoenix Park	10:30am	12:30pm
4/20	Village Park	10:30am	12:30pm

\*Check out park map on page 23

## Our Mascot - Rocky the Rooster



We are so excited to have Rocky the Rooster as our new mascot! Rocky lives at the Fair Oaks Recreation and Park District and spends his time with our award winning District staff. Whether he is playing with kids at camp, enjoying the vernal pools in Phoenix Park, or taking pictures at one of our events, he is always having a good time! Listed below are events you can look forward to seeing him at.

### WINTER/SPRING 2013 APPEARANCES

Silent Movie Night	1/25
Father Daughter Dance	2/8 & 2/9
Easter Eggstravaganza	3/30
WOW Bus Village Park	4/20



CERT is a positive and realistic approach to disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger.

TEENS welcome with a parent/guardian in attendance or those that will be driving themselves to class welcome with parent/guardian permission.

Personal protective equipment will be given to each participant who completes the training.

\*Classes held at Metro Station 21 (7641 Greenback Lane).

#### CLASS SCHEDULE:

Thursday 1/3: 6-10pm

Saturday 1/5: 8am-5pm

Thursday 1/10: 6-10pm

Saturday 1/12: 8am-5pm

For more information or to register for an upcoming class, please visit our website at: [www.smfd.ca.gov/cert.htm](http://www.smfd.ca.gov/cert.htm) or contact Metro Fire CERT program at: (916) 566-4381; [cert@smfd.ca.gov](mailto:cert@smfd.ca.gov)

## Fair Oaks Preschool

2012-2013 School Year: Aug 20 - May 31

\*For children ages 3-5 years old

(children must be potty trained)

### "Parent Participation Preschool"

M/W/F class parent works in classroom 3 times per session

T/TH class parent works in classroom 2 times per session

**Can't make the volunteer days but still want to enroll your child?**

**Buy out of your volunteer time for an extra \$30 per 4 week session.**

Spots may still be available for 2012-2013 school year. Call Now!!

Children enrolled in the Fair Oaks Preschool Program will become exposed to numbers, letters, and shapes and more importantly they will learn how to socialize, get along with other children, share and contribute to circle time. The children will learn how to raise their hands, share the teacher's attention and separate from Mommy or Daddy. Children who attend preschool typically make an easier transition into kindergarten.

### PROGRAM OPTIONS/SESSIONS/FEEES

Mon. Wed & Fri • 9am - 12pm • \$180 (\$175 res) per 4wk session

Mon. Wed & Fri • 12:45 - 3:30pm • \$180 (\$175 res) per 4wk session

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year

Tue/Thu • 9am -12pm • \$130 (\$125 res) per 4wk session

This recreation-oriented program is a good introduction to group activities. Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play.

*Yearly, nonrefundable, registration fee of \$75 due at time of registration*

*For more information and session dates visit [www.fairoakspark.org](http://www.fairoakspark.org)*





## MOMMY & ME



Location: Arts & Crafts Bldg.

### LITTLE HANDS POTTERY

Ages: 2-6yrs w/parent

Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint and a personalized design. Then your artwork will be clear coated & kiln fired to be picked up at a pre-arranged date. *Please bring a \$10 materials fee payable to instructor on day of class.*

Fee: \$23 (\$20 res)

Instructor: Michelle Lueth

1611.11 • F • 3/1 • 10:45-11:30am

1611.12 • Sa • 4/20 • 10:45-11:30am

### ART DISCOVERIES

Ages: 3-6yrs w/parent

Have some creative fun with your little artist in this class with small hands in mind! New & imaginative art projects will be discovered each week. Come dressed for mess & ready to have fun. *Please bring a \$10 materials fee payable to instructor on first day of class.*

Fee: \$41 (\$38 res)

Instructor: Michelle Lueth

1612.11 • F • 3/8-3/22 • 10:30-11:30am

## New LITTLE HANDS DRAWING



Ages: 4-7yrs

Location: Old Fair Oaks Library

Little Hands will enjoy an Art Adventure learning drawing, line and color concepts through a multimedia approach. Children will experience the use of oil pastels, crayons, watercolors, and more to create masterpieces from realism to abstraction to take home and enjoy.

Instructor: Susan Frank

Fee: \$42 (\$39 res)

7172.11 • Th • 1/31-2/21 • 4-5:15pm

## New ADVENTURES INTO DRAWING



Ages: 7-12 yrs

Location: Old Fair Oaks Library

Join the fun in an art adventure. Learn art concepts through the use of drawing, watercolor and mixed media. Children will experiment with color, line and texture to create abstract and realistic masterpieces to take home and enjoy.

Instructor: Susan Frank

Fee: \$51 (\$48 res)

7172.12 • Th • 2/28-3/21 • 4-5:30pm

## New!



## PRESCHOOL DANCE DISCOVERY

Ages: 3-5 yrs

Location: McMillan Center

Tap! Ballet! Gymnastics! Put on those dancing shoes and explore the world of dance and creative movement. Tots learn the fundamentals of dance using a variety of techniques and styles. This class is an introduction to ballet, tap and tumbling.

Fee: \$49 (\$46 res)

Instructor: Miss Bethany

1511.11 • Sa • 1/5-1/26 • 9-9:45am

1511.12 • Sa • 2/2-2/23 • 9-9:45am

1511.13 • Sa • 3/2-3/23 • 9-9:45am

1511.14 • Sa • 4/6-5/4\* • 9-9:45am

\*No class 4/13

## PRE-SCHOOL DANCE DISCOVERY II



AGE: 3-5 years

Location: McMillan Center

Continuing dance students will learn basic combinations, dance terminology and more complex steps. Tap shoes are required. *Please obtain instructor approval prior to registration.*

Instructor: Miss Bethany

Fee: \$49 (\$46 res)

1512.11 • Sa • 1/5-1/26 • 10-10:45am

1512.12 • Sa • 2/2-2/23 • 10-10:45am

1512.13 • Sa • 3/2-3/23 • 10-10:45am

1512.14 • Sa • 4/6-5/4\* • 10-10:45am

\*No class 4/13

## FAMILY CLAY CAMP



Ages: 4-17yrs with parent

Location: Arts & Crafts Building

Spend your holiday break playing in the mud! We will create some wonderful works of art with clay and then paint them with underglazes before they are fired in the kiln. Bring your imagination-emphasis is on fun! *Class fee includes parent & child. Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$63(\$60 res)/ \$23 additional family members

Instructor: Michelle Lueth

1615.11 • Tu-F • 2/19-2/22 • 11:30am-1pm

1615.12 • M-Th • 3/25-3/28 • 11:30am-1pm





## New Star Children's Theatre: Musical Theatre Workshop

We welcome all children regardless of experience! Children are taught acting, singing, dancing and will present the musical at the end of the session. We emphasize that every child is talented, and deserves a chance in the spotlight. We feel that every child is a star, and treat each child with respect, and kindness. Children will gain self-confidence, self-esteem, public speaking ability, working in a supportive team environment, and wonderful friends that will last a life-time! \*All children will be auditioned on the first night of rehearsal. All children must be registered to audition. Every child will be given a role with lines. Children will need black dance shoes- jazz or ballet are acceptable. \$30 materials fee to be given to instructor and \$35 costume fee to be given to costume coordinator.

### "DEFYING GRAVITY"

The mixed up story of Alice (from Wonderland) finding herself in "Oz" with such characters as Galinda, Jack (and the beanstalk), Peter Pan and Tinkerbelle, and many more favorite characters! How does she find her way home?

Fee: \$296 (\$293 res)  
1724.12 • M/Th • 1/14-4/29\* • 5-7pm  
No class 1/21 & 2/18



### "IF YOU REALLY KNEW ME" - An Adventure In Clarity

Master Class for teens ages 13-19

An original musical written by Creative and Unique Teens.

If someone was to follow you around with a camera all day, what would they see? Would they get to see the "REAL" you? Who, in your life, knows who you REALLY are? Do your friends? Does your family? Do you? This original musical will challenge the teen cast to write about issues they care about, things they face as a teenager in today's world, funny and serious...the musical will feature the teen performers own words, in scenes, poems, and songs...looking for courageous teens ready to be creative and courageous! Is that you?

Location: McMillan Center  
Fee: \$296 (\$293 res)  
1724.13 • Th • 1/17-4/25 • 7-9pm



## SUPERNOVA PERFORMING TROUPE

Ages: 7-19yrs

Location: Clubhouse Auditorium

Come be a part of the ultimate "Glee" club – A singing and dancing program for kids! Children are taught singing and dancing numbers to perform at events in the public, from festivals to retirement homes. We teach the kids to feel self-confident, working a group, be able to sing or dance the "lead" or "back up", problem solve and make friendships that last a life-time.

All Supernova participants must have a song ready to sing for the first rehearsal, either with a karaoke track on a cd or ipod or it can be a capella.

All participants must have black dance shoes (ballet slippers or jazz shoes) and dress in comfortable clothes that are easy to dance in. *Every participant will need to hand in a \$30 materials fee to New Star, and a \$35 costume fee to the costume coordinator at the first class.*

Fee: \$256 (\$253 res) • Sign up for both Supernova & Musical Theater: \$156 (\$153 res)  
Instructor: New Star Children's Theater  
1724.11 • M • 1/14-4/29\* • 7-9pm  
\*No class 1/21 & 2/18



## MOMMY / DADDY & ME SOCCER



**Ages:** 2-3.5yrs

**Location:** Fair Oaks Park

Introduce yourself and your toddler to the "Worlds Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities will be played each week. The fun happens on the field, and in Mommy / Daddy & Me Soccer, you won't have to watch from the sidelines. *In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$91 (\$88 res) / Session: 8 wks

Instructor: Jared Rains, Kidz Love Soccer Coach  
5555.15 • F • 1/25-3/15 • 9:30-10am  
5555.25 • F • 4/12-5/31 • 9:30-10am



## TINY TOT SPORTS CLASSES



**Ages:** 3-5 / **Location:** Fair Oaks Park

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. *Parent participation is required.*

Fee: \$34 (\$31 res) / Session: 4 wks

Instructor: Recreation Staff

### TINY TOT T-BALL

1129.11 • Sa • 3/2-3/23 • 9-9:45am

1129.12 • Sa • 4/6-4/27 • 9-9:45am

### TEAM SPORTS CAMP

*(a different sport each week)*

2122.11 • Sa • 3/2-3/23 • 10-10:45am

2122.12 • Sa • 4/6-4/27 • 10-10:45am

### TINY TOT BASKETBALL

1160.11 • Sa • 3/2-3/23 • 11-11:45am

1160.12 • Sa • 4/6-4/27 • 11-11:45am

## KIDZ LOVE SOCCER



### KIDZ LOVE SOCCER (KLS)

**Ages:** 3.5-6yrs

**Location:** Fair Oaks Park

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is *always fun to fun*"™ Log onto [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com) for more information. *(Shin guards required after 1st meeting). In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$91 (\$88 res)

Instructor: Jared Rains, Kidz Love Soccer Coach

**Fri • 1/25-3/15 • Session: 8 wks**

5555.11 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.12 Tot/Pre Soccer (3.5-5 yrs) 3:05-3:40pm

5555.13 Soccer 1 (5-6 yrs) 3:40-4:25pm

**Fri • 4/12-5/31 • Session: 8 wks**

5555.21 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.22 Soccer 1 (5-6 yrs) 3:45-4:30pm

5555.23 Tot/Pre Soccer (3.5-5 yrs) 5:15-5:50pm

## SOCCER SKILLZ & SCRIMMAGES



**Ages:** 7-10yrs

**Location:** Fair Oaks Park

Kids enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! **Each participant will receive a soccer jersey.** *Shin guards are required. In case of rainouts, please call the KLS field hot line at 1-888-372-5803.*

Fee: \$99 (\$96 res) • Session: 8 wks

Instructor: Jared Rains, KLS Coach

5555.14 • F • 1/25-3/15 • 4:25-5:10pm

5555.24 • F • 4/12-5/31 • 4:30-5:15pm

## BRONCO BASKETBALL CAMP



**Age:** 3rd – 8th grade boys & girls

**Location:** Bella Vista High School

Join Bella Vista's varsity basketball coach and staff this winter break for a 3 day basketball camp that will focus on team and individual concepts for defense and offense including: warm up, stretching, free throws, rebounding, pick & roll, dribbling, passing, and zone vs. man to man defense.

Fee: \$63 (\$60 res) \*includes t-shirt

5153.30 • W-F • 1/2-1/4 • 9am-12pm

## TENNIS CAMP



**Ages:** 6-17 yrs

**Location:** Miller Park Tennis Courts

Learn how to play tennis in a fun action packed tennis camp. All skill levels welcome and no experience necessary. Children are divided into groups based on skill level, age and gender. Coach Dave has been the director of tennis camps for over twenty years and has started thousands of new tennis talent. So please come out and enjoy our fun fast paced tennis camps and learn a sport of a lifetime.

Instructor: Dave Whetstone

Fee: \$125 (\$122 res) or \$35 (\$32 res) per day

1256.11 • M-F • 2/18-2/22 • 9am-12pm

1256.12 • M-F • 3/25-3/29 • 9am-12pm

## CERTIFIED BABYSITTING



**Ages:** 11-13 yrs

**Location:** Folsom

Develop lifelong skills and job responsibilities while earning money when you become a trained babysitter. You will learn how to provide safe and responsible care for children. Develop skills in caring for medical emergencies as well as accident prevention. Gain knowledge about interviewing and professionalism. *Please bring a snack to class.*

Fee: \$56 (\$53 res) / Session: 2 days

Instructor: Cathy Statham

Location: Folsom Sports Complex

4443.11 • T/Th • 2/19 & 21 • 4-7pm

4443.12 • M/W • 4/22 & 24 • 4-7pm

Location: Orangevale RPD

4443.13 • M/W • 5/6 & 8 • 4-7pm



## INTRODUCTION TO KENPO KARATE



**Ages: 5-12yrs**

**Location: Clubhouse Lower Level**

Five Animal Kenpo is a karate program committed to the mental and physical development of our students. Our goal is to develop the skills needed for self-defense, and to build qualities of confidence, respect, and self-discipline — a youth's first line of defense against the pressures of today. Students will learn the basic bows, blocks, punches, and kicks of Kenpo karate and will be prepared to enter our continuing kenpo karate program. A \$25 testing fee is required for those who wish to be evaluated for rank certification (belt testing) at the last class of the course.

**A \$35 uniform is required for students wishing to continue beyond first introductory class.**

Fee: \$76 (\$73 res)

Instructor: Casey Benedick

T/Th • 6-6:30 pm

1202.11 • 1/8-2/28 • 16 classes

1202.12 • 3/5-4/30 • 17 classes

## YOUTH KENPO KARATE



**Ages: 5-12yrs**

**Location: Clubhouse Lower Level**

Five Animal Kenpo continuing class offers students the opportunity to further develop skills taught in the "Intro to Kenpo Karate" program. Students will learn traditional Kata, self-defense techniques and how to freestyle spar. Students will be exposed to the "Five Animal Styles" of Kenpo: Dragon, Snake, Tiger, Leopard and Crane. Emphasis continues to be placed on fostering the students confidence, discipline and respect. A \$25 testing fee is required for those who wish to be evaluated for rank certification.

*Those wishing to participate in sparring will need to purchase protective equipment for \$50.*

Fee: \$61 (\$58 res) payments due monthly

Instructor: Casey Benedick

Classes taught with two month curriculum

### CONTINUING KENPO KARATE #1

T/Th • 6:30-7:15pm

1203.11 • 1/8-2/28

1203.13 • 3/5-4/30

### CONTINUING KENPO KARATE #2

T/Th • 7:15-8pm

1205.11 • 1/8-2/28

1205.13 • 3/5-4/30

## LOVE & LOGIC PARENTING



**Location: Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd**

Love and Logic is a parenting philosophy devoted to helping parents raise responsible kids. This entertaining 6 week video series provides easy-to-use practical techniques designed to put parents and teachers back in control of their homes and classrooms in a loving way. It will help you find specific actions to handle almost any childrearing frustration from the toddler to teenage years. See [www.loveandlogic.com](http://www.loveandlogic.com) for more information. **\$15 materials fee due to instructor at class.**

Fee: \$41 (\$38 res) individual

Instructor: Dawn Brenner

1418.11 • W • 6:30-8:40pm

Call 967-4784 ext 811 for more information and dates.

## New! GUITAR FOR BEGINNERS



**Ages: 15 + over**

Free food. Experienced instructors. Comfortable, caring environment. Free books and DVDs. Complimentary play-along tracks. Inspiring videos and websites. Jam with a live band. Start this 4-week workshop not even knowing how to hold your guitar and leave playing some of your favorite songs, as BestMusicWorkshops.com provides their entertaining, state-of-the art music mentoring in Fair Oaks!

Fee: \$55 (\$52 res)

Instructor: Jamin Collier and BestMusicWorkshops.com staff

Location: Classes will be held at

4753 Papaya Dr., Fair Oaks

4641.11 • Tu • 1/7-1/28 • 5-6pm

4641.12 • W • 1/30-2/20 • 4:30-5:30pm

4641.13 • Su • 2/24-3/17 • 3-4pm

## CPR/AED/FIRST AID TRAINING FOR INFANT, CHILD & ADULT



**This course is EMSA Certified**

**Ages: 12yrs & up**

**Location: Old Fair Oaks Library**

Save time and money by receiving this **two-year, EMSA approved, certification.** This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life saving skills. Come join us for coffee, cookies and life saving education! **A \$10 material fee due to instructor at first class meeting.**

Fee: \$73 (\$70 res) / Session: 1 day

Instructors: Breath Of Life

4444.11 • Sa • 1/12 • 8am-4:30pm

4444.12 • Sa • 2/9 • 8am-4:30pm

4444.13 • Sa • 3/9 • 8am-4:30pm

4444.14 • Sa • 4/13 • 8am-4:30pm

## BEGINNERS FENCING

**Ages:** 7-15yrs

**Location:** Hristov Fencing Club

Fencing, the art of swordsmanship, has been practiced for centuries. The sport develops your flexibility, strength, and speed. It is the fastest martial sport of them all and its FUN!! Fencing is great for all ages and levels of athletic ability. Learn sportsmanship and self-discipline. *Please bring bottle of water, sweat pants and clean tennis shoes to class.*

Fee: \$45 (\$42 res) / Session: 4 wks

Instructor: Kristiyan Hristov

Location: Hristov Fencing Club,  
6442 Fair Oaks Blvd., Carmichael 95608  
3831.11 • W • 1/2-1/23 • 4-5pm  
3831.12 • W • 2/6-2/27 • 4-5pm  
3831.13 • W • 3/6-3/27 • 4-5pm  
3831.14 • W • 4/3-4/24 • 4-5pm

## FAMILY POTTERY

**Ages:** 5-17yrs with parent

**Location:** Arts & Crafts Building

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Bring your imagination-Emphasis is on FUN! Class fee includes parent and child. *Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 5 weeks;

*Additional family members, \$24 each*

Instructor: Michelle Lueth

1610.11 • W • 1/16-2/13 • 4:15-5:30pm  
1610.12 • W • 1/16-2/13 • 6:15-7:30pm  
1610.13 • Tu • 2/26-3/26 • 4:15-5:30pm  
1610.14 • Tu • 2/26-3/26 • 6:15-7:30pm  
1610.15 • Tu • 4/16-5/14 • 4:15-5:30pm  
1610.16 • Tu • 4/16-5/14 • 6:15-7:30pm



## BEGINNING JEWELRY

**Ages:** 13yrs + over

**Location:** Arts & Crafts Building

Have you ever seen a piece of hand-made jewelry and wanted to find out how to make it yourself? In these classes you will learn the skills to create your own unique designs. Leave class with a finished piece of jewelry you will be proud to wear. *Please bring a \$15 materials fee payable to instructors on day of class.* Sign up for both classes and get a \$5 discount on your second class fee!

Instructor: Michelle Lueth

Fee: \$28 (\$25 res)

### Beginning wirework linked beads

5112.11 • Sa • 2/9 • 11:30am-1:30pm

5112.13 • F • 4/19 • 11:30am-1:30pm

### Basic macramé with hemp cord and beads

5112.12 • Sa • 2/9 • 2-4pm

5112.14 • F • 4/19 • 2-4pm

## TEEN CLAY CAMP

**Ages:** 13yrs & over

**Location:** Arts & Crafts Building

Spend your holiday break playing in the mud! We will create some wonderful works of art with clay and then paint them with underglazes before they are fired in the kiln. Bring your imagination-emphasis is on fun! *Please bring a \$15 materials fee payable to instructor on first day of class.*

Instructor: Michelle Lueth

Fee: \$63 (\$60 res)

1614.11 • Tu-F • 2/19-2/22 • 11:30am-1pm

1614.12 • M-Th • 3/25-3/28 • 11:30am-1pm

## Fair Oaks Youth Advisory Board

Fair Oaks Recreation and Park District is pleased to announce the 2012-2013 Fair Oaks Youth Advisory Board (FOYAB). FOYAB Members:

Sarah Alsamman, Chair  
Alana Sungar, Vice Chair  
Jane Diamond, Secretary  
Claire Williams, Public Relations  
Jared Watson, Programming  
Ethan Albers, Sana Alsamman,  
Courtney Bloom, Claire Burch  
Mary Cattolica, Ryan Cohen  
Alana Easterbrook, Raegan Jobe  
Christina Gnedash, Keith Judd  
Teresa Ortega, Jennaly Reed  
Lilian Schmidt, Gurik Sidhu, Victor Decos, Val Gocan-Paval



Free scanning app at <http://uscn.me/app>

## Adult Sports Leagues

Fair Oaks Recreation & Park District offers year round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Below you will find registration & league start dates for Adult Sport leagues. For further league information, please contact Nick Davison at 966-1036, or visit [www.fairoakspark.org](http://www.fairoakspark.org).

### SOFTBALL

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and COED C & D. Games are held Sunday through Friday, from 6:20pm-9:20pm.

#### Spring League

**League Dates:** 3/4-5/3  
**Registration Deadline:**  
 Oct 22nd @ 5:00pm  
**Number of Games:** Min of (8)  
**Game Times:** 6:20-9:20pm  
**Location:** Fair Oaks Park  
**Cost:** \$410 per team

### BASKETBALL

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer and Fall seasons. Divisions offered are Men's D and woman's D. Games are held on Sundays from 1:00pm-8:00pm at Bella Vista High School.

#### Winter League

**League Dates:** 1/13-3/31  
**Registration Deadline:**  
 Jan 8th @ 5:00pm  
**Number of Games:** Min of (8)  
**Game Times:** 1-7pm  
**Location:** Bella Vista High School  
**Cost:** \$420 per team

**All Team Managers are required to obtain a Team Managers Guide Book and the District Waiver/Roster form from the District office or online prior to participating in any Adult Sports League. To be added to the Free Agent list, e-mail [ndavison@fairoakspark.org](mailto:ndavison@fairoakspark.org).**

**Schedules can be found online at [www.teamsideline.com/fairoaks](http://www.teamsideline.com/fairoaks)  
 To be added to the Free Agent list, e-mail [ndavison@fairoakspark.org](mailto:ndavison@fairoakspark.org)**

If inclement weather should arise, the INCLEMENT WEATHER HOTLINE will be updated by 3:00 pm with program information. Inclement Weather Hotline (916) 966-1011 Ext. 22

ADULT SPORTS COORDINATOR: Nick Davison - [ndavison@fairoakspark.org](mailto:ndavison@fairoakspark.org)

## ADULT POTTERY

**Ages:** 18yrs & up

**Location:** Arts & Crafts Building

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun - while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 4 wks  
 Instructor: Michelle Lueth  
 5110.11 • Tu • 1/22-2/12 • 11:30-1:30pm  
 5110.12 • Tu • 1/22-2/12 • 3-5pm  
 5110.13 • W • 1/23-2/13 • 1:30-3:30pm  
 5110.14 • Tu • 3/5-3/26 • 1:30-3:30pm  
 5110.15 • W • 3/6-3/27 • 4-6pm  
 5110.16 • W • 4/24-5/15 • 1:30-3:30pm

## ADULT POTTERY STUDIO

**Age:** 18yrs & up

**Location:** Arts & Crafts Bldg.

This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration & participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes & expires 60 days from date of purchase. One class equals 2 hours studio time. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$63 per punch card  
 Instructor: Michelle Lueth  
 1616.11 • Jan • T/W • 12:30-6pm  
 1616.12 • Feb • T/W • 12:30-6pm  
 1616.13 • Mar • T/W • 12:30-6pm  
 1616.14 • Apr • T/W • 12:30-6pm

**CHECK OUT!  
 Facility Rental Info  
 on page 22**



**Visit your Dog Park  
in Phoenix Park.  
Just under 2 acres,  
with 3 separated areas.  
For more info visit  
[www.fordog.org](http://www.fordog.org)**

**Free!**

## ESTATE PLANNING: WILLS, TRUST & PROBATE



*Mike Bennett, Esq. is a representative of Generations, an estate planning and trust law firm. Classes are FREE but you must pre-register.*

What is the difference between a will and a trust? What documents should be maintained as part of a basic estate plan? What are the benefits of estate planning? Mike will discuss the documents that everyone should have to transfer wealth from one generation to the next. Learn how you can minimize attorneys' fees and taxes upon death. This class is appropriate for people from all walks of life.

Location: McMillan Center  
Instructor: Mike Bennett, Generations Law  
8909.11 • W • 2/13 • 10-11am  
8909.12 • W • 4/17 • 10-11am

## **New!** Thai Cooking -

*Ages: 18 + over • Instructor: Phonglada Foletta • Location: McMillan Center Fee: \$46 (\$43 res)*

### TRADITIONAL COURSE A

Join Phonglada Foletta, as she teaches you how to prepare a traditional Thai dinner. Learn about common ingredients and how to combine them to develop the desired flavors. Our menu includes: Thai chicken soup in coconut milk (Tom Kha Gai), Thai seafood salad (Yum Talay), stir fried chicken with basil (Pad holapa Gai), and sticky rice with mango (kownaew ma mugg). Come hungry as we will be able to enjoy the meal we have prepared during the final hour of class. *Materials fee of \$10 due to instructor at class. **Class must have min of 4 students to run.***

1114.11 • Sa • 4/13 • 12-4pm

### LETTUCE WRAPS & SPRING ROLLS

Join Phonglada Foletta, as she teaches you how to prepare and cook some of her specialty Thai recipes. You do not have to have a taste for spicy foods, just a desire to try something new. We will be making Lettuce Wraps with a spicy sauce that each diner can make as spicy as they wish. You will not find this recipe in any restaurant, even in Thailand. We will also be making fresh Spring Rolls that will be served with a peanut sauce. Be prepared to come hungry as we will be able to enjoy both these amazing recipes in class. *Materials fee of \$10 due to instructor at class. **Class must have min of 4 students to run.***

1114.12 • Sa • 4/27 • 12-4pm

## **New!** PRIVATE THAI COOKING CLASS

Join Phonglada Foletta as she teaches your group to prepare Thai food in your own private class. Great fun for all occasions! Have a small group for lots of hands on personal attention or a larger group for a memorable experience with your friends and family. You may choose one of Phonglada's menus or design your own menu of favorite dishes from Phonglada's cookbook. Come hungry as we will be able to enjoy the meal we have prepared in class. Call to arrange a convenient time and location. *Materials fee of \$10 pp (may be higher for classes that include more than one seafood dish) is due to instructor at class.*

Your 4 hour class for up to 6 is \$240 plus \$35 for each additional participant (\$3 additional for nonresidents)



## DOG OBEDIENCE



Is your dog walking you instead of you walking your dog? This class will cover the basic American Kennel Club exercises for the Companion Dog title: heel, sit when you stop, come when called, sit stay and down stay. *Dogs should be at least 5-6 months old and have all vaccinations current. Please bring a training collar or head halter and a six-foot nylon or leather training lead (No chain leads).*

Fee: \$61 (\$58 res) / Session: 6 wks  
 Instructor: Rose Behlendorf  
 Location: Orangevale  
 8110.11 • Tu • 4/2-5/6 • 6:30-7:30pm  
 Location: Fair Oaks Park  
 8110.12 • Th • 4/4-5/9 • 6:30-7:30pm

## HAND CRAFTED GREETING CARDS



**Ages: 18 & over**  
**Location: Arts and Craft Building**

Do you dislike the trend to send and receive "electronic greeting cards?" Come to this two-session workshop and learn how to create greeting cards to wow your friends and family. Choose from several themes to create up to four different cards, all while learning basic card design. These cards with a memory will be treasured not tossed. *A \$20 materials fee is due to instructor at first class.*

Instructor: Beth Gerbutavicius  
 Fee: \$16 (\$13 res)  
 5052.11 • T/Th • 1/8 & 1/10 • 9-11am  
 5052.12 • T/Th • 1/22 & 1/24 • 7-9pm  
 5052.13 • T/Th • 2/5 & 2/7 • 9-11am  
 5052.14 • T/Th • 2/26 & 2/28 • 7-9pm  
 5052.15 • T/Th • 3/12 & 3/14 • 9-11am  
 5052.16 • T/Th • 3/26 & 3/28 • 7-9pm  
 5052.17 • T/Th • 4/9 & 4/11 • 9-11am  
 5052.18 • T/Th • 4/23 & 4/25 • 7-9pm

## ADULT KENPO KARATE



**Ages: 13yrs & up**  
**Location: Clubhouse Lower Level**

Improve strength, flexibility, cardiovascular fitness, and agility as you learn the exciting art of Five Animal Kenpo. While learning an effective skill of self-defense you will benefit from mental focus, stress relief, and physical fitness that results from martial arts training. *A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment (\$50).*

Fee: \$61 (\$58 res) payments due monthly  
 Instructor: Casey Benedick  
 Class taught with 2 month curriculum  
 T/Th • 8-8:45pm  
 1204.11 • 1/8-2/28  
 1204.13 • 3/5-4/30

## New!

## EVENING YOGA



**Location: Old Fair Oaks Library**

Open to all levels of practice and abilities, come and have fun on your mat with us! We will be practicing various yoga poses such as standing poses, seated, balancing, backbends, inversions, twists and stretching. We will also focus on relaxation techniques such as meditation and breathing as well as incorporating music and yoga philosophy - all great for stress relief. The focus will be for students to have the opportunity to strengthen both their mind and body.

Session ongoing (begin anytime)  
 Instructor: Nichole St. Germain  
 Punch card fee: \$63 for 6 classes. Drop in fee \$18 per class  
 M • 1/7-4/29 • 6-7:15pm  
 3710.15 • Jan  
 3710.16 • Feb  
 3710.17 • Mar  
 3710.18 • Apr

## HATHA YOGA CLASSES



**Location: Clubhouse Auditorium**

In addition to relaxing and stretching, Yoga Postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, increased sense of well-being and deeper more restful sleep. Each student is encouraged to work at his or her own ability level. *Please bring a mat, blanket and pillow to class.*

Sessions: Ongoing (begin any time)  
 Instructor: Sharon Howes  
**Punch Card Fee \$63: Each Card is good for 6 classes • Drop in fee \$18 per class**  
 3710.11 • Jan 3710.13 • Mar  
 3710.12 • Feb 3710.14 • Apr

## STRETCHING, RELAXING AND STRESS RELIEVING YOGA

This class, over time, develops the ability to release our muscle tension and be relaxed in every posture of life.  
 Tu • 1/8-4/30 • 8-9:15am

## STRENGTHENING YOGA

This class is primarily intended to rebuild strength and restore flexibility. Come and feel your mood improve as your strength slowly returns and grows.  
 F • 1/4-4/26 • 8:30-10am

## Instructors Wanted!

Have special training or experience in a skill others may be interested in learning about? FORPD is looking for enthusiastic and energetic instructors to teach a variety of recreational classes. Share your interests and talent with others in the community. We are interested in hearing about what you would like to offer. Teach children or adults, its up to you. FORPD is always accepting new class proposals. Check online at [www.fairoakspark.org](http://www.fairoakspark.org) under Employment Opportunities to view the Independent Contractor Handbook for more information on how to become an instructor with FORPD.  
 Instructor Coordinator: Jennifer Davis - [jdavis@fairoakspark.org](mailto:jdavis@fairoakspark.org)

## ROUND DANCE

**Ages: 18yrs+**  
**Location: Clubhouse Auditorium**

Round dance is social ballroom dancing that is cued for easy leading and following. We learn simple ballroom routines and apply them to popular tunes as well as golden oldies. Beginning class will cover Cha Cha rhythm and no experience is required. *Casual attire with danceable shoes. Visitors welcome to observe.*

*Purchase a punch card good for 4 classes \$27 or see fee below*

**Tuesdays** 1/8-4/30 \$76 (\$73 res)  
 Beginner • 4220.11 • 11am-12:30pm  
 Intermediate • 4220.13 • 12:30-2pm

**Wednesdays** 1/9-4/24 \$61 (\$58 res)  
 Beginner • 4220.12 • 6:30-8pm  
 Intermediate • 4220.14 • 8-9:30pm

## LINE DANCING

**Location: Clubhouse Auditorium**  
**Ages: 18yrs+ • Under 18 allowed with a paying adult**

Come learn the basics needed to become a successful line dancer. It's a great way to meet and be with others while staying fit. No partner needed. Learn traditional line dances while developing the skills needed to progress into higher level classes. Routines and teaching are also tailored for the active senior.

Instructor: Norm Gifford

### BEGINNING

Fee: \$29 (\$26 res) per person

Session: 4 wks

4201.11 • Th • 1/10-1/31 • 6-7pm  
 4201.12 • Th • 2/7-2/28 • 6-7pm  
 4201.13 • Th • 3/7-3/28 • 6-7pm  
 4201.14 • Th • 4/4-4/25 • 6-7pm

### INTERMEDIATE

Fee: \$33 (\$30 res) per person

Session: 4 wks

4210.11 • Th • 1/10-1/31 • 7:30-9pm  
 4210.12 • Th • 2/7-2/28 • 7:30-9pm  
 4210.13 • Th • 3/7-3/28 • 7:30-9pm  
 4210.14 • Th • 4/4-4/25 • 7:30-9pm

## BALLROOM DANCE I

**Location: Orangevale Activity Room**

Ever felt uncomfortable dancing at weddings, office parties or out socializing? Why not begin dancing in a fun and friendly environment? Ballroom dancing for beginners starts with learning the basics of dances such as Waltz, Fox Trot, Rumba, and Cha Cha.

Location: class held @ 6826 Hazel Ave.

Fee: \$56 (\$53 res) per couple

Session: 4 wks

Instructor: Meghan Kerins

4110.11 • M • 1/7-2/4\* • 7:45-8:45pm  
 4110.12 • M • 2/11-3/11\* • 7:45-8:45pm  
 4110.13 • M • 3/18-4/8 • 7:45-8:45pm  
 4110.14 • M • 4/15-5/6 • 7:45-8:45pm  
 \*No class 1/21 & 2/18



## EAST COAST SWING DANCE

**Location: Orangevale Activity Room**

Have you ever gone out dancing and watched other people spin around the dance floor and wonder how they do it? This class will teach you footwork, turns and how to lead or follow any partner.

Location: class held @ 6826 Hazel Ave.

Fee: \$56 (\$53 res) per couple

Session: 4 wks / Instructor: Meghan Kerins

### BEGINNING

4112.11 • M • 1/7-2/4\* • 6:30-7:30pm  
 4112.12 • M • 2/11-3/11\* • 6:30-7:30pm  
 4112.13 • M • 3/18-4/8 • 6:30-7:30pm

### INTERMEDIATE

4112.14 • M • 4/15-5/6 • 6:30-7:30pm  
 \*No class 1/21 & 2/18



## BELLY DANCING

**Ages: 13 yrs & up**  
**Location: Clubhouse Auditorium**

Learn the beautiful art of belly dancing in a fun and supportive environment. These classes offer a full-body workout that tones muscle and provides one of the best low impact aerobic workouts around. Intermediate class will focus on a different theme each week, from finger cymbals to shimmes and floor work. For more information visit [www.adrianedance.com](http://www.adrianedance.com). Please bring a yoga mat & come ready to work out, with bare feet. *Must have 4 students registered for class to run.*

Fee: \$60 (\$57 res) Drop In fee: \$15

Instructor: Polly Mazza

2222.11 • Tu • 1/8-2/12 • 5:45-6:45pm  
 2222.12 • Tu • 2/19-3/12 • 5:45-6:45pm

*We know that people like to look for mistakes, so we include just a few to keep you entertained. Please let us know which ones you find.*

## INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING



Location: Arts & Crafts Building, Rm A

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of florals. No artistic talent is needed. You will be able to paint animals, roses, sunflowers, daisies and much more.

Fee: 10 classes for \$33  
 Instructor: Linda Chandler  
 Th • 1/3-4/25 • 1:30pm-4:30pm  
 5113.11 • Jan 5113.13 • Mar  
 5113.12 • Feb 5113.14 • Apr



## New! MOVIE MONDAY



Location: Lower Level

Movies are a chance to live a different life for a minute. Join us the 2nd Monday of every month for a FREE early morning movie, popcorn, coffee or tea and a good time. Every month the movie will change, but the fun will remain the same.

Starting January 14, 2013

Doors Open at 10:15am  
 Movie Begins at 10:30am

MOVIE SCHEDULE:

Jan 14, 2013- Age of Champions  
 Feb 11, 2013- Bucket List  
 Mar 11, 2013- Driving Miss Daisy  
 April 8, 2013- Grumpy Old Men

## New! FALL PREVENTION FOR SENIORS



Location: Clubhouse Lower Level

This class will help seniors or their caregivers list predictive factors of fall risks and understand the consequences of falls. Most importantly, it will show the concrete steps they can take to minimize their risks in any setting without compromising their quality of life.

Instructor: Tara Williamson  
 Fee: \$11 (\$8 res)  
 8182.11 • Sat • 2/9 • 10:15-11:15am  
 8182.12 • Sat • 4/13 • 10:15-11:15am

## P.A.S.A. - PROGRAM FOR ACTIVE SENIOR ADULTS



ALWAYS ACCEPTING NEW MEMBERS!

Location: Clubhouse Lower Level, Building is accessible for those with disabilities

PASA is a fun and social organization designed to promote wonderful recreation activities for senior adults and seniors-in-training. PASA is held 2nd-4th Wednesday of each month. Doors open at 10am. Bingo and a raffle are some activities held at meetings, guest speakers or other entertainment may also be at meetings. Dues are \$10 per year, interested members may attend 3 meetings before paying dues. Must have own ride to and from meetings.

If you have questions please feel free to contact Jennifer at 966-1036 ex 17 or e-mail: [jdavis@fairoakspark.org](mailto:jdavis@fairoakspark.org).

MONTHLY SCHEDULE:

TIME: 11am-1pm  
 1<sup>st</sup> Wednesday • Trip to Red Hawk Casino\*  
 2<sup>nd</sup> Wednesday • Meeting  
 3<sup>rd</sup> Wednesday • Bingo  
 4<sup>th</sup> Wednesday • Meeting  
 \*Requires minimum of 15 participants to run and leaves from Fair Oaks Park @ 9:15am

## New! NUTRITION & WELLNESS FOR OLDER ADULTS



Location: Clubhouse Lower Level

Join instructor Tara Williamson for this lively class and learn about healthy eating and appropriate forms of physical activity. Designed for older adults, class will focus on issues of particular interest such as greater longevity, improved quality of life, the value of exercise and laughter, and more. Tara uses an interactive approach, full of discussions and demonstrations. Each week will focus on different topics and you will leave every class armed with information that can be immediately incorporated into daily life.

Instructor: Tara Williamson  
 Fee: \$26 (\$23 res)  
 8181.11 • Sat • 1/26-2/9 • 9:15-10:15am  
 8181.12 • Sat • 3/3-4/13 • 9:15-10:15am

## SENIOR STRETCH WITH SHARON SHUTE



Location: Clubhouse Auditorium

A low impact exercise class specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel more vibrant and healthy.

Please bring a towel to class.

Fee: \$9 for 4 class punchcard  
 M/T/W/TH • On-going/Drop-in\* • classes resume 1/7, 9:35-10:30am  
 \*No class 12/7-1/7 (class resumes 1/7) and No class 1/21 & 2/18

## SENIOR DROP-IN . . . PINOCHE ANYONE?



Location: Clubhouse Lower Level

This FREE, fun social gathering is an informal program. Individuals may "drop-in" for a game of pinochle, or other card games. Although there is no formal program, refreshments and cards are available.

Drop by and bring a friend!  
 Th • On-going/Drop-in • 9:00am-1:00pm  
 (No program on District Holidays)

## Scholarship Opportunity

The District's goal is to provide a quality recreation experience to every child, and that no potential participant would ever be turned away because of a financial hardship. The Board of Directors established an annual "Don Ralls Memorial Scholarship Fund" for Fair Oaks youth and seniors. This program is available on a case-by-case basis. Eligible participants will receive up to a 50% discount on one District program upon the approved completion of an application and meeting all appropriate criteria. Please note that funds are limited. The District reserves the right to limit the eligibility of programs. For more information contact Fair Oaks Recreation and Park District at 966-1036 or visit the website at [www.fairoakspark.org](http://www.fairoakspark.org).

## Gifts of the Heart Catalog

The Fair Oaks Recreation and Park District offers an excellent opportunity for you to invest in your community. The Gifts of the Heart program was established to encourage individuals, businesses and community organizations to help provide financial assistance for needed programs. A donation to the Gifts of the Heart program could provide a variety of items that would enhance our parks, community events, facilities, and recreation programs. Your gift is an investment that will benefit the Fair Oaks Community.

All donors will receive public acknowledgment. Each contribution, regardless of size, is important and greatly appreciated. Give a gift that will last a lifetime, and help support our parks and recreation system. Become a Partner and support Gifts of the Heart! For more information visit our website at [www.fairoakspark.org](http://www.fairoakspark.org).

## 5 Ways to Register

### IF PAYING WITH CHECK MAKE OUT TO FORPD



#### Online Registration

Visit [www.fairoakspark.org](http://www.fairoakspark.org) to register online with Visa, MasterCard or American Express.



#### Walk-In Registration

Fill out registration form at our District Office, 4150 Temescal St, Fair Oaks. Monday-Friday 8:00am-5:00pm  
Cash, Check or Credit cards (listed above) accepted



#### Mail-In Registration

Mail-In Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



#### Drop-Box Registration

Drop-Box Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Drop-Box is located at District office to left of front door for after hours registration.



#### Fax-In Registration

Fax your completed form with credit card # to 966-9863.

### GENERAL INFORMATION

1. The District reserves the right to cancel or modify any class and/or program. Classes may be cancelled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All others pay the non-resident fee (indicated by non res).
3. Don Ralls Scholarship program: Scholarships are available for District residents who are on a fixed income or lower income families with special needs. Please contact the District for more information.
4. **If paying at class, you may only pay with check made out to FORPD or with credit card.**

### REFUND POLICY

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. **On line convenience fee is non refundable.**
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation.

*All refunds are required to submit a refund/transfer request form to be approved by District Staff.*

**FAIR OAKS RECREATION & PARK DISTRICT  
PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK  
AND INDEMNITY AGREEMENT**

**Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting.  
If waiver is not signed, participant will not be registered, and form will be returned.**

**PAYEE INFORMATION**

LAST NAME \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

PHONE/HOME: \_\_\_\_\_ WORK: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

PLEASE CHECK ONE: FAIR OAKS RESIDENT: \_\_\_\_\_ NON-RESIDENT: \_\_\_\_\_

**METHOD OF PAYMENT: Payment at class cannot be made in cash. To pay with cash, you must register in District Office**

Check #: \_\_\_ Card #: \_\_\_\_\_ Expiration Date \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_

Cardholder's Name (Print) \_\_\_\_\_ Cardholder's Signature \_\_\_\_\_

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

*Please remember to sign the waiver on the bottom of this form, Thank You!*  *Please check here if you would like a receipt sent.*

**Agreement, Waiver & Release Fair Oaks Recreation & Park District**

**2013**

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

**Parental Consent:**

*(To be completed and signed by parent/guardian if applicant is under 18 years of age)*

I hereby consent that my son/daughter, \_\_\_\_\_ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

**I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events. \_\_\_\_\_ initial**



Fair Oaks Park



Miller Park

## MONUMENT SIGNS

The 2010-2020 District Master Plan identified the need for improved monument signage and branding of District parks and facilities. Branding of District parks and facilities is designed to present a consistent look and feel that resonates with the Fair Oaks community and creates awareness and instant recognition. The signs were installed at Fair Oaks Park, Miller Park, Phoenix Park, Montview Park and the District Office. Bannister Park, Village Park, and Plaza Park signs were already in place.

Before



After



## FAIR OAKS PARK - BASKETBALL COURT

In May 2012, the District won a \$5,000 grant from the Sprite "Spark Parks" and Raley's "Get Courts Back in the Game" Promotion. The grant award helped fund a renovation of the Fair Oaks Park basketball court (near the Skate Park), which was identified as having the most need. The District focused the funding on court resurfacing, striping, additional fencing, new benches, nets, and freshly painted backboards. New signage was added to assist in the District's branding efforts.



Countywide Services  
Health and Human Services  
Public Health  
Division Manager  
Bernice Walton

County Executive  
Bradley J. Hudson  
Chief Deputy County Executive  
Ann Edwards  
Department Director  
Tracy Bennett, Acting  
Public Health Officer  
Olivia Kasirye, M.D., MS

## County of Sacramento

Dear Residents,

### Did you get your exercise today?

Along with a healthy diet, getting regular exercise is one of the most important things you can do for your health. It can help you:

- Control your weight
- Reduce your risk of heart disease
- Reduce your risk for type 2 diabetes
- Reduce your risk of some cancers
- Strengthen your bones and muscles
- Improve your mental health and mood
- Increase your chances of living longer

DEA# BEHEALTHY LIC.#4AHealthy Sacramento

OLIVIA KASIRYE, M.D.  
SACRAMENTO COUNTY PUBLIC HEALTH OFFICER  
SACRAMENTO COUNTY

NAME: Fair Oaks Area Resident AGE: all DATE: Today  
ADDRESS: Your FORPD Parks

**R<sub>x</sub>**

1. Walk 30 minutes once a day  
or  
2. Ride your bike 30 minutes once a day  
or  
3. Your choice of movement 30 minutes once a day

Label  
Refill On going  
Do Not Substitute  Olivia Kasirye M.D.

To ensure brand name dispensing, and to locate a nearby park, check  
[www.YourSacParks.com](http://www.YourSacParks.com)



Many of us struggle to fit exercise into our busy schedules, and some have gym membership cards that remain unused in their wallets. The good news is there are ways of getting the much needed exercise by getting in a brisk walk or biking in a neighborhood park for just 30 minutes each day. You can break up the 30 minutes into three 10-minute walks a day or whatever fits into your schedule, it does not matter. You don't have to do a lot of exercise to get great benefits. As your Public Health Officer, I am writing you a prescription that you can place on your refrigerator or place on your calendar to remind you to do your exercise.

So please, take this doctor's advice and make sure you get your exercise every day!

*Olivia Kasirye, M.D.*

Olivia Kasirye, M.D.

Sacramento County Public Health Officer

# Facility Rental Information

22

Are you looking for a special place to hold a party, bar mitzvah, bat mitzvah, play, dance, meeting, or a wedding? Our facilities provide space for large or small attendance. Buildings available include: the F.O. Community Clubhouse, (upper & lower levels), McMillan Center, and the Old Fair Oaks Library. Whatever your needs may be, the Fair Oaks Recreation & Park District has the place for you. To view dimensions and pictures go to our web site: [www.fairoakspark.org](http://www.fairoakspark.org).

## FACILITIES FOR RENT

### General Information:

- 1) Reservations may be made up to one (1) year in advance
- 2) Tables, chairs, and set up are included in your indoor facility rental fee
- 3) Private Caterers are allowed

### Steps to Renting a Facility:

- 1) Call the District Office at 966-1036 for further information, to check availability of date, or to schedule an appointment to view the facility.
- 2) If the date is available fill out a rental application.
- 3) For Outdoor Rentals: full rental fees must be paid to reserve the date.
- 4) For Indoor Rentals: A refundable \$350 deposit to reserve the date is required.
- 5) Payment in full and proof of insurance are required 120 days in advance. Table layout due 30 days prior to event.

## INDOOR

### Clubhouse Auditorium 7997 California Ave.

**Capacity:** 182 seated / 390 standing  
**Included in Rental:** 46' x 63' Meeting Room, 30' x 27' Stage, and 19' x 19' Commercial Kitchen

**Equipment Provided:** (24) 5' round tables, (1) 6' rectangular table, (5) 8' rectangular tables, (182) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.

**Additional Equipment:** (2) buffet tables for \$10 each

**Rental Fee:** \$95 per hr. or \$680 for 8 hrs  
*4 hr minimum rental*



### Clubhouse Lower Level 7997 California Ave.

**Capacity:** 70 seated / 120 standing  
**Included in Rental:** 27' x 44' Meeting Room, 15' x 19' Commercial Kitchen  
**Equipment Provided:** (1) 6' table, (7) 10' tables, (8) 6' round tables, (70) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.  
**Rental Fee:** \$65 per hr or \$440 for 8 hrs  
*4hr minimum rental*

### Old Fair Oaks Library 4200 Temescal St.

**Capacity:** 40 seated/ 59 standing  
**Included in Rental:** 690 sq ft Meeting Rm  
**Equipment Provided:** (3) 6' tables, (1) 8' table, (1) 10' table, (2) 12' tables, 40 folding chairs and one mounted writing board.  
**Rental Fee:** \$45 per hr or \$280 for 8 hrs  
*2hr minimum rental*



### McMillan Center 8020 Temple Park Rd.

**Capacity:** 72 seated / 154 standing  
**Included in Rental:** 773 sq. ft. Meeting Room, Kitchen with refrigerator & Range, fenced in outdoor park space with barbecues.

**Equipment Provided:** (10) 6' tables, (2) 8' tables, (3) 10' tables, (72) folding chairs, kitchen range & refrigerator, cleaning equipment.

**Rental Fee:** \$55 per hr or \$360 for 8 hrs  
*2hr minimum rental*

## OUTDOOR

*2hr minimum rental for all Outdoor Rentals*

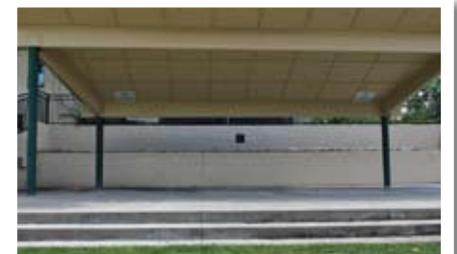


### Fair Oaks Park BBQ Area 11549 Fair Oaks Blvd.

**Capacity:** 200 Total seating (picnic tables)  
**Equipment Provided:** (5) BBQ Grills, (8) Large Tables, (1) Large Serving Table  
**Additional Equipment:** Water and Electricity available for \$10 each  
**Rental fee:** \$30 per hour

### Miller Park BBQ Area 8480 Sunset Ave.

**Capacity:** 24 total seating (picnic tables)  
**Equipment Provided:** (2) BBQ Grills, (5) picnic tables  
**Additional Equipment:** Water and Electricity available for \$10 each  
**Rental Fee:** \$20 per hour



### Village Park Bandshell 4238 Main St.

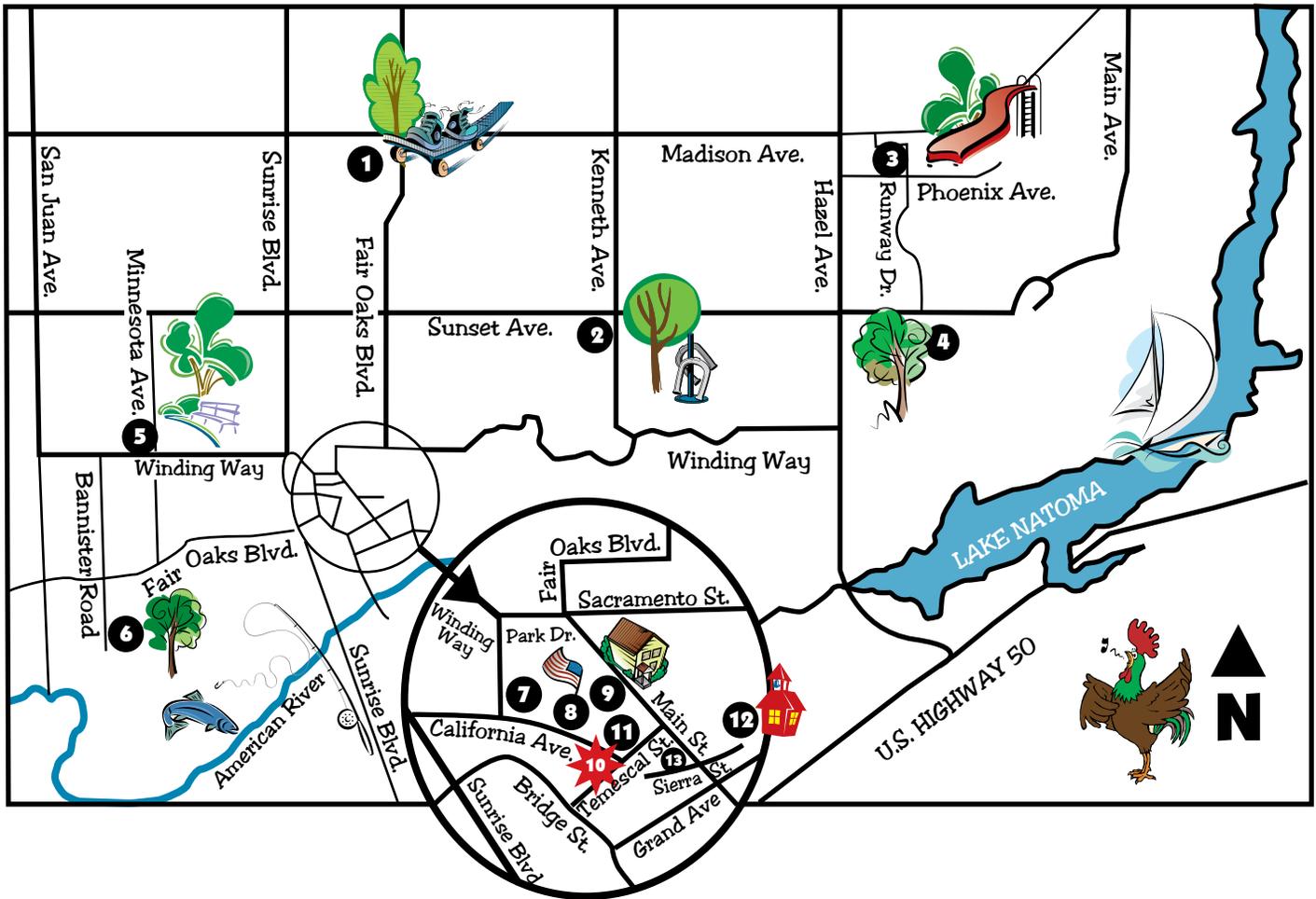
Great for outdoor weddings and family picnics. Equipment not included.

**Rental fee:** \$30 per hour

*\*Please note that Village Park cannot be closed with rental*

*\*\*Amplified sound restrictions apply*

# Parks & Facilities Map



1. **Fair Oaks Park/McMillan Center** (11549 Fair Oaks Blvd.); summer camp, basketball, softball, soccer, play ground, horseshoes, skateboard park, family picnics - BBQ rental area, multipurpose field, community garden, horticulture center, maintenance yard
2. **Miller Park** (8480 Sunset Ave.); basketball, tennis, playground, horseshoes, BBQ rental area, family picnics
3. **Little Phoenix Park** (9041 Phoenix Ave.); playground, family picnics
4. **Phoenix Park** (9050 Sunset Ave.); softball, soccer, playground, family picnics, Little League, multipurpose field, vernal pools, community garden, walking path, lacrosse, dog park
5. **Montview Park** (4401 Minnesota Ave.); playground, family picnics
6. **Bannister Park** (3820 Bannister Rd.); multipurpose field, exercise equipment
7. **Plaza Park** (7003 Park Dr.); family picnics, amphitheatre
8. **Veterans Memorial Amphitheatre** (7991 California Ave.); Comedy Under the Stars, Fair Oaks Theatre Festival performances
9. **Community Clubhouse / Lower Level / Arts & Crafts Building** (7997 California Ave.); rental facility, events, classes
10. **Fair Oaks District Office** (4150 Temescal St.); Recreation and Administrative Offices
11. **Village Park** (4238 Main St.); playground, bandshell, family picnics, summer concert series
12. **Fair Oaks Preschool** (8090 Grand Ave.); Preschool program
13. **Old Fair Oaks Library** (4200 Temescal St.); rental facility, Board meetings, classes

# Look What's Coming to Town!

**Catch the action and excitement of these special events coming to Fair Oaks for the Winter/Spring Season!**



<i>Silent Movie Night</i>	<b>1/25</b>
<i>Father Daughter Dance</i>	<b>2/8 &amp; 2/9</b>
<i>WOW Bus: Bannister Park</i>	<b>3/2</b>
<i>WOW Bus: Miller Park</i>	<b>3/16</b>
<i>Easter Eggstravaganza</i>	<b>3/30</b>
<i>WOW Bus: Fair Oaks Park</i>	<b>3/30</b>
<i>WOW Bus: Phoenix Park</i>	<b>4/6</b>
<i>WOW Bus: Village Park</i>	<b>4/20</b>
<i>Kids Art Festival</i>	<b>4/27</b>
<i>Fair Oaks Fiesta Days</i>	<b>5/4 &amp; 5/5</b>
<i>Comedy Under the Stars</i>	<b>5/10</b>
<i>Community Garage Sale</i>	<b>6/1</b>

**For more information on these Special Events see pages 3 & 4. For more information on how you can be involved as a sponsor or volunteer for our events please contact Fair Oaks Recreation and Park District at 916-966-1036 or visit our website at [www.fairoakspark.org](http://www.fairoakspark.org).**