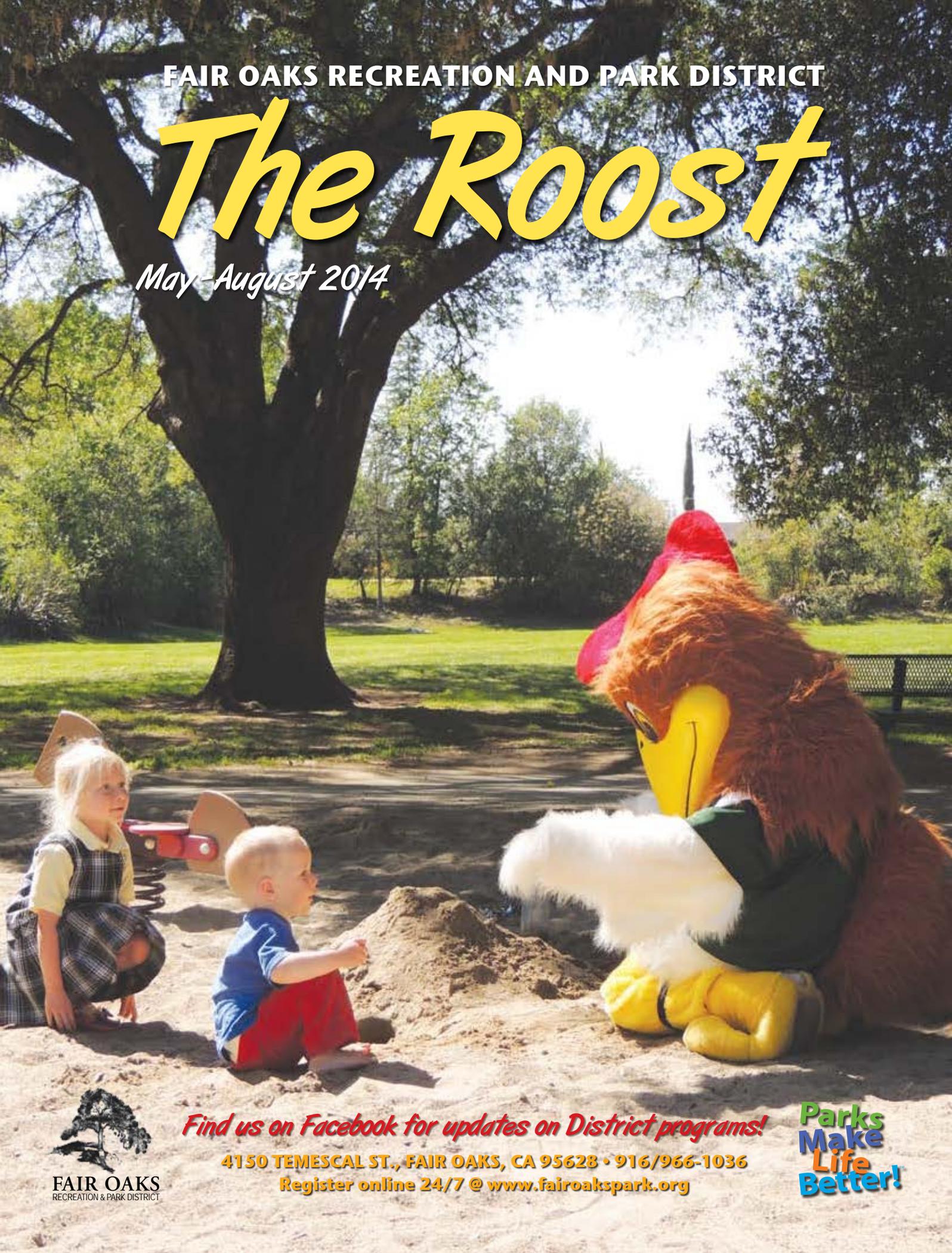


FAIR OAKS RECREATION AND PARK DISTRICT

The Roost

May-August 2014



FAIR OAKS
RECREATION & PARK DISTRICT

Find us on Facebook for updates on District programs!

4150 TEMESCAL ST., FAIR OAKS, CA 95628 • 916/966-1036

Register online 24/7 @ www.fairoakspark.org

**Parks
Make
Life
Better!**

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BOARD OF DIRECTORS

Brandon Rose, John O'Farrell, Ralph Carhart, Rand Jacobs, Geoffrey Simcoe

DISTRICT OFFICE

4150 Temescal St., Fair Oaks, CA 95628
966-1036 • Fax 966-9863
www.fairoakspark.org

ADMINISTRATION

Maureen Zamarripa, District Administrator
mzamarripa@fairoakspark.org

PARKS

Park Office 240-3651 • Fax 961-3466
For field closure and updates visit
www.fairoakspark.org

To View a list of FORPD Staff, please visit
www.fairoakspark.org/about/contact-us/

Look for these class icons below to see what is in store for you.



Fitness-Knowledge-Strength-Creativity-Community

graphic design by Lenore Wellings • 916-933-3328

FAIR OAKS RECREATION & PARK DISTRICT

Our Vision

"To be the primary recreation provider of choice for the Fair Oaks community"



COMMUNITY INFORMATION

EMERGENCY REPORTING DIAL 911

For emergencies in our parks, dial 9-1-1.

For non-emergencies regarding park security, vandalism, suspicious persons, or suspicious activities in your parks, call the District office at 966-1036 Monday through Friday during business hours. After business hours or on weekends, you may call 240-3651 and we will attend to your concerns as quickly as possible. If you need immediate law enforcement assistance or to report illegal activity at any of your parks, please call the Sacramento County Sheriff's Department at 874-5115.

DISTRICT BOARD MEETINGS

The Board of Directors of the Fair Oaks Recreation and Park District meets on the third Wednesday of each month. Meetings are held at the Old Fair Oaks Library Building, 4200 Temescal St., beginning at 6:00 pm. The public is welcome to attend. Please contact the District office prior to attending a meeting to confirm the date and time, as Board meeting dates and times are subject to change.

AMERICANS WITH DISABILITIES

In accordance with the Americans With Disabilities Act of 1990, the Fair Oaks Recreation and Park District will not discriminate against any qualified individual with a disability as far as employment with the District or the use of our services, programs, and activities. If you are interested in taking part in one of our programs and will need special arrangements (i.e. vision, hearing) please telephone the District Office at 966-1036 one week prior to the start of the class.

HOLIDAY CLOSURES

The Fair Oaks Recreation and Park District office and all other District facilities will be closed on the holidays listed below. District sponsored classes and programs will not meet during holiday closures.

Memorial Day, Monday, May 26th and **Independence Day**, Friday, July 4

SACRAMENTO PUBLIC LIBRARY - FAIR OAKS BRANCH

For upcoming events and programs visit us online at <http://www.saclibrary.org/Locations/Fair-Oaks/> or give us a call 916-264-2920. We are located at 11601 Fair Oaks Blvd, Fair Oaks, CA 95628.

PHOTO DISCLAIMER: The Fair Oaks Recreation & Park District (FORPD) reserves the right to photograph facilities, activities, events, and program participants for potential future use. All photos remain the property of FORPD and may be used for publicity and promotional purposes.

REGISTER ONLINE: Register online 24 hours a day 7 days a week! For the most up-to-date information on classes visit our online registration page. Click the orange "Register Now" button on the top right of our homepage to view special new programs and our always popular returning programs. If classes do not meet the minimum number of participants cancellation may be considered within 5 business days prior to the start of the class.

Payments at class cannot be made in cash. To pay in cash, you must register in the District Office.

Kids Art Festival

Saturday, April 26, 10am-3pm

The Fair Oaks Recreation and Park District is partnering with the San Juan Unified School District and the Fair Oaks Presbyterian Church to present the 10th Annual **KIDS ART: COMMUNITY FOCUS ON THE ARTS**. This event will feature hands on workshops, performing art exhibits, music and dance performances, an art show, and food vendors.

Location: Fair Oaks Presbyterian Church
(11427 Fair Oaks Blvd., Fair Oaks)

The 64th Annual Fiesta Days

May 3 & 4, 10am - 4pm daily

The two-day event will be held in Village and Plaza Parks. Entertainment is scheduled throughout the weekend including a parade, toilet bowl races, children's games, car show, food & craft vendors and more. For more information call the Fair Oaks Chamber of Commerce at 967-2903. Interested in becoming a vendor? Call the FORPD Special Events Coordinator at 966-1036.

Comedy Under the Stars

Fridays, June 13, August 1 and October 3, 8-10pm
Doors open at 7pm, show starts at 8pm

Recommended for an Adult Audience

Join the Fair Oaks Recreation and Park District and Sacramento's "Laughs Unlimited" for a night full of laughs! Food and spirits are available for purchase in the Theatre. Please contact us at (916) 966-1036 for additional information.

Location: Veterans Memorial Amphitheatre

Tickets: \$42 per person for all three shows/ \$15 per person per show presale/ \$20 per person per show (cash only) at the door. At the door ticket sales from 7-8pm only. Online ticket sales end @ 6:30pm.

Comedy under the Stars may contain explicit language and/or offensive materials and is intended for an adult audience. Views or opinions presented are solely those of the comedian and do not necessarily represent those of the Fair Oaks Recreation and Park District. No refunds, no exceptions.

Community Garage Sale

Saturday, June 7, 8am-1pm

Time to start cleaning. Now taking registration for the Fair Oaks Community garage sale. Registration is limited to 69 booth spaces, so register early! (Garage Sale items only).

Booth spaces are approximately 15' x 14' (two parking spaces).

Location: Fair Oaks Park, 11549 Fair Oaks Blvd., (upper parking lot)

Fee: \$35 per space • 7410.17



Easter Eggstravaganza

Saturday, April 19
8am-1pm

The Fair Oaks Recreation and Park District presents an "Eggciting" Easter adventure for the entire family. Please join us for a FREE egg hunt for children 0-12 years old, or hop on over and purchase admission to the morning breakfast and a *\$10 wristband for unlimited carnival games and inflatables, one (1) choo-choo ride, and one (1) face painting. Attention Adults! Don't get left out on the fun, purchase your \$3 admission ticket for Fair Oaks Youth Advisory Board's "Adult Egg Hunt" for a chance to hunt for gift cards and prizes! *Carnival tickets are also available for purchase for 50¢ each. Cash only. No refunds, no exceptions! All ticket sales will end @ 12pm, one hour before the event ends.

Location: Fair Oaks Park;
11549 Fair Oaks Blvd.

SCHEDULE OF EVENTS:

- 8am-11am** Pancake Breakfast
- 9am-12pm** Wristband Sales and Face Painting
- 9am-1pm** Carnival games and Choo Choo Train
- Ages 0-3yrs Egg Hunt (or until eggs are gone)**
- 9:30am** Ages 4-5yrs Egg Hunt (fields 1&2)
- 10:30am** Ages 6-7yrs Egg Hunt (fields 1&2)
- 11:30am** Ages 8-10yrs (field #1)
Ages 11-12yrs (field #2)
- 12:30pm** \$3 Adult Egg Hunt (field #1)



ROCKY'S APPEARANCES



SUMMER 2014 APPEARANCES

Easter Eggstravaganza	4/19
Kids Art Festival	4/26
Movies in the Park	6/20
Concerts in the Park	7/10

Rocky's Health & Safety Fair

Thursday, May 8th
10am – 3pm

Fair Oaks Recreation and Park District's mascot "Rocky the Rooster" has taken over this year's Health & Safety Fair! He has transformed the Fair into a youth focused event that will showcase community based health and safety businesses, classes, programs, and events through demonstrations, vendors, and a "Touch a Truck" area. Join Rocky for this fun interactive day of health and safety!

Location: Village Park 4238 Main Street

Save the date!

4th Annual
MOTHER SON KICKBALL
Sat, Sept 27th

Concerts in the Park

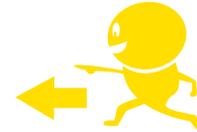
June 12 - August 28 • every Thursday • Begins @ 7pm

Concerts in the Park is a free series of concerts for the Fair Oaks Community. Concerts in the Park is a co-sponsored event of the Fair Oaks Chamber of Commerce, the Fair Oaks Recreation and Park District and the Fair Oaks Foundation for Leisure & Arts. For more information call the Fair Oaks Chamber of Commerce at 967-2903, or visit www.fairoakschamber.com.
July 10 is Parks & Rec Night.

FREE Event!

Movies in the Park

Movies begin shortly after Sunset



Fair Oaks Recreation and Park District is excited to announce our FREE summer Movies in the Park series. Come out early to get a good seat and let your kids experience the Wonderful Outdoor World (W.O.W.) bus before the movie begins. Concessions will be available for purchase from the Fair Oaks Youth Advisory Board (FOYAB). *Check our website one month prior for our Feature Presentation.*

Location: Village Park in Old Fair Oaks

June 20 • Frozen
July 18 • Despicable Me 2
August 15 • Cloudy With a Chance of Meatballs 2

Fair Oaks Theatre Festival



SUMMER 2014 SHOW SCHEDULE

For more information on these, other upcoming events or to purchase tickets visit www.fairoakstheatrefestival.com

"THE BRAIN FROM PLANET X" The Musical

June 20 - July 20

Showtimes: Fri/Sat/Sun: 8:30pm

"THE NEW CHRISTY MINSTRELS"

July 26 - 27

Showtime: 7:30pm

"THE DROWSY CHAPERONE"

August 8 - September 7

Showtimes: Fri/Sat/Sun: 8:00pm

CHILDREN'S SHOWS

Sat, July 5, 12, 19, 26

Showtimes: 10am & 12pm • Held in Community Clubhouse

Save the date!

9th Annual Fair Oaks Chicken Festival

Sat, Sept 20, 10am-6pm

Come and join the fun! Become a fan of the festival on facebook for the insiders scoop on the event!

Volunteers Needed! Contact the special events coordinator at 966-1036 for more details.





Volunteer Information

“Parks Make Life Better” and that’s due largely to the outstanding volunteers that assist with District events and programs each year. Volunteer with us today and get a “behind the scenes” view of our events and programs.

UPCOMING VOLUNTEER OPPORTUNITIES:

- 4/19 • Easter Eggstravaganza
- 4/26 • Kids Art Festival
- 5/8 • Rocky’s Health & Safety Fair
- 6/7 • Community Garage Sale

Volunteer assistance is also needed in the parks and administration departments at the District. Examples of volunteer opportunities include park cleanup, general office assistance, handing out flyers and promotional items, and much more!

If you are interested in volunteering please contact Nick Davison at ndavison@fair oakspark.org or 916-966-1036.

Volunteer Help Makes a Difference!

The W.O.W. Bus Headed your way this spring!



The W.O.W. (Wonderful Outdoor World) Bus is getting kids back outdoors!

Fair Oaks Recreation & Park District is proud to announce the W.O.W. Bus coming to a park near you! The W.O.W. Bus is now in its third year and to celebrate, we will be coming out to your parks more frequently. This FREE program brings children and families of the community together through a variety of activities. Group games like parachute games and dodge ball are offered. Artistic skills are encouraged through activities such as drawing with sidewalk chalk, coloring, painting, and craft techniques of making a beaded necklace. There are plenty of fun activities to go around, and there are Recreation Leaders on hand to provide direction to the children and get them engaged and interested in something they may not have tried before!

**The W.O.W. bus will not be held on days the temperature exceeds 100 degrees, rain days, or on Spare The Air days. If cancelled, dates will be rescheduled and posted on the District website: www.fairoakspark.org*

SUMMER 2014 W.O.W. BUS SCHEDULE

DATE	LOCATION	FROM	TO
5/10	Bannister Park	10:30am	12:30pm
5/24	Miller Park	10:30am	12:30pm
6/14	Fair Oaks Park	10:30am	12:30pm
6/20	Village Park (Movies in the Park)	7:00pm	8:30pm
6/28	Village Park	10:30am	12:30pm
7/12	Little Phoenix	10:30am	12:30pm
7/18	Village Park (Movies in the Park)	7:00pm	8:30pm
7/26	Montview Park	10:30am	12:30pm
8/9	Miller Park	10:30am	12:30pm
8/15	Village Park (Movies in the Park)	7:00pm	8:30pm
8/23	Phoenix Park	10:30am	12:30pm

**Check out park map on page 27*

SPONSOR

The Fair Oaks Recreation & Park District encourages the involvement of local businesses and organizations through event sponsorships. Sponsoring events is a great way to advertise, an outstanding public image tool, and an interactive way to show support for the community. For more information on becoming a sponsor for any of our events or groups please contact the Special Events Coordinator at (916) 966-1036 ex. 15.



FAIR OAKS COMMUNITY PARTNER GROUPS

Fair Oaks /Orangevale Little League
fovll.com

Fair Oaks Soccer Club
fairoakssoccer.com

American River Girls Softball
argsa.org

Fair Oaks Youth Lacrosse
fairoakslacrosse.org

Fair Oaks Theatre Festival
fairoakstheatrefestival.com

Fair Oaks Foundation for Leisure & Arts
(916) 961-9012

Fair Oaks Historical Society
fairoakshistory.org

Fair Oaks Responsible Dog Owners
fordog.org

Weather Hotline for Dog Park
966-1011 ext.22

Fair Oaks Chamber of Commerce
fairoakschamber.com

Fair Oaks Rotary Club
rotaryfairoaks.org

Fair Oaks Horticulture Center
ucanr.edu/sites/sacmg/Fair_Oaks_Horticulture_Center

Fair Oaks Master Gardeners
canr.edu/sites/sacmg

Starlight Shufflers Square Dancers
anneluree.hypermart.net/squaredance

Sierra Chapter American Theatre Organ Society
sierrachapteratos.org

Fair Oaks Racquet Club
fortennis.com

Fair Oaks Host Lions Club
fairoakshostlionsclub.com

Fair Oaks Mom's Club
fairoaksmomsclub.webs.com

Fair Oaks Community Gardens
focgcc@yahoo.com

Phoenix Community Gardens
phoenixgarden@comcast.net

FAIR OAKS HORTICULTURE CENTER IN FAIR OAKS PARK



2014 WORKSHOPS AND OPEN GARDEN DAYS - FREE!

Presented by the UC Cooperative Extension Master Gardeners and Fair Oaks Recreation & Park District.

Additional information available at 916-875-6913,
<http://ucanr.org/sacmg>, www.facebook.com/sacmg

SATURDAY, MAY 17 – WORKSHOP – 8:30am-11:30am

Sponsored by E.B. Stone & Son. Hear about water saving ideas for the garden and landscape. Get tips on irrigation systems and selecting a controller. Take a water efficient landscape tour.

SATURDAY, JUNE 14 – OPEN GARDEN – 8:30am-11:30am

Sponsored by E.B. Stone & Son. Talk with Master Gardeners. See demonstrations on container gardening and succulents. Learn about espalier fruit trees, blueberries and cane berries. Watch a bud grafting demonstration.

SATURDAY, AUGUST 2 – HARVEST DAY 2014 – 8:00am-2pm

Speakers, demonstrations, educational booths. Taste produce, ask questions at the plant clinic, tour the garden and more. Bring your friends to the area's premier one-day educational gardening event.



CERT is a positive and realistic approach to disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger.

Personal protective equipment will be given to each participant who completes the training.

Classes held at Metro Station 21 (7641 Greenback Lane).

CLASS SCHEDULE:

Thu	6/12	6-10pm	Disaster Awareness & Fire Safety
Sat	6/14	8am-5pm	Disaster Medical, Search & Rescue
Thu	6/19	6-10pm	CERT Organization & Psychology
Sat	6/21	8am-5pm	Terrorism & Course Review

For more information, please visit our website at:

www.smfd.ca.gov/cert.htm or contact Metro Fire CERT at (916) 566-4381; cert@smfd.ca.gov

Thank you It's My Park Day Volunteers

The Fair Oaks Recreation & Park District and the community of Fair Oaks would like to take the opportunity to thank each and every person that came out to Fair Oaks Park on Saturday, March 22 to clean up your parks and make them THE place to be.

We were fortunate to have over 300 volunteers working alongside District staff for three hours, raking, painting, trimming trees, installing benches, and so much more. We could not have such beautiful parks without the dedication and commitment of those who volunteer.

A special THANK YOU to our valued community partner groups and event sponsors...

Community Partners:

Fair Oaks Racquet Club
Fair Oaks Host Lions Club
Fair Oaks Theatre Festival
Rotary Club of Fair Oaks
Starlight Shufflers
Fair Oaks Soccer Club
Fair Oaks Historical Society

Fair Oaks Chamber of Commerce

Sierra Chapter American Theatre Organ Society

Team Rachel Anne Gray

Fair Oaks Community Gardeners

Event Sponsors:

SMUD

Sotelo's Tree Care Inc.



Fair Oaks Preschool

2014-2015 School Year: Aug 18 - May 29

*For children ages 3-5 years old

(children must be potty trained)

Registration
Opens
April 15th

"Parent Participation Preschool"

M/W/F class parent works in classroom 3 times per session

T/TH class parent works in classroom 2 times per session

Can't make the volunteer days but still want to enroll your child?

Buy out of your volunteer time for an extra \$50 per 4 week session..

Limited number of Buy-Outs per class available

Children enrolled in the Fair Oaks Preschool Program will become exposed to numbers, letters, and shapes and more importantly they will learn how to socialize, get along with other children, share and contribute to circle time.

The children will learn how to raise their hands, share the teacher's attention and separate from Mommy or Daddy.

Children who attend preschool typically make an easier transition into kindergarten.

PROGRAM OPTIONS/SESSIONS/FEEES

Mon. Wed & Fri • 9am - 12pm • \$185 (\$180 res) per 4wk session

Mon. Wed & Fri • 12:45 - 3:30pm • \$185 (\$180 res) per 4wk session

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year

Tue/Thu • 9am -12pm • \$135 (\$130 res) per 4wk session

This recreation-oriented program is a good introduction to group activities.

Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play.

Yearly, nonrefundable, registration fee of \$75 due at time of registration. Children currently enrolled in the program have priority to re-enroll.

For more information and session dates visit www.fairoakspark.org





MOMMY & ME

Location: Arts & Crafts Bldg.

LITTLE HANDS POTTERY

Ages: All ages (under 10 w/parent participation)

Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint and a personalized design. Then your artwork will be clear coated & kiln fired to be picked up at a pre-arranged date. *Please bring a \$10 materials fee payable to instructor on day of class.*

Fee: \$23 (\$20 res)
 Instructor: Michelle Lueth
 1611.21 • F • 8/8 • 11:15am-12pm
 1611.22 • Sa • 8/9 • 11:15am-12pm

PRESCHOOL DANCE DISCOVERY



Ages: 3-5 yrs

Location: McMillan Center

Tap! Ballet! Gymnastics! Put on those dancing shoes and explore the world of dance and creative movement. Tots learn the fundamentals of dance using a variety of techniques and styles. This class is an introduction to ballet, tap and tumbling.

Fee: \$49 (\$46 res)
 Instructor: Miss Bethany
 1511.21 • Sa • 5/3-5/24 • 9-9:45am
 1511.22 • Sa • 6/7-6/28 • 9-9:45am
 1511.23 • Sa • 7/12-8/2 • 9-9:45am
 1511.24 • Sa • 8/9-8/30 • 9-9:45am

PRESCHOOL DANCE DISCOVERY II



AGE: 3-5 years

Location: McMillan Center

Continuing dance students will learn basic combinations, dance terminology and more complex steps. Tap shoes are required. *Please obtain instructor approval prior to registration.*

Instructor: Miss Bethany
 Fee: \$49 (\$46 res)
 1512.21 • Sa • 5/3-5/24 • 10-10:45am
 1512.22 • Sa • 6/7-6/28 • 10-10:45am
 1512.23 • Sa • 7/12-8/2 • 10-10:45am
 1512.14 • Sa • 8/9-8/30 • 10-10:45am

ART DISCOVERIES

Ages: 3-6yrs w/parent

Have some creative fun with your little artist in this class with small hands in mind! New & imaginative art projects will be discovered each week. Come dressed for mess & ready to have fun. *Please bring a \$10 materials fee payable to instructor on first day of class.*

Fee: \$41 (\$38 res)
 Instructor: Michelle Lueth
 1612.21 • Th • 6/26-7/10 • 11:15am-12:15pm

MOMMY / DADDY & ME SOCCER



Ages: 2-3.5yrs

Location: Fair Oaks Park

Introduce yourself and your toddler to the "Worlds Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy / Daddy & Me Soccer, you won't have to watch from the sidelines. All participants will receive a KLS jersey! *In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$92 (\$89 res) / Session: 7 wks
 Instructor: Jared Rains, Kidz Love Soccer Coach
 5555.36 • F • 6/20-8/8* • 9:30-10am
 *No class 7/4

LITTLE HANDS DRAWING ADVENTURE



Ages 4-6

Location: Old Fair Oaks Library

Children will have fun learning the drawing steps to create beautiful birds and butterflies and fabulous fish, frogs, flowers and more. They will see how lines can create textures and patterns for abstract designs. Children will be able to enhance their drawing masterpieces, with color using a variety of art mediums from crayons to watercolors, to take home and enjoy.

Fee: \$46 (\$43 res)
 Instructor: Susan Frank
 7172.21 • M-F • 6/23-6/27 • 2-3:30pm

A SUMMER DRAWING ADVENTURE



Ages: 6-12 yrs

Location: Old Fair Oaks Library

Enjoy discovering how to use lines to create drawings of birds, fish, animals and more and how to use lines to create designs, optical illusions, and perspective. Children will be introduced to quick sketching, shading and composition tips. A variety of color mediums will be explored enhancing their drawing masterpieces for them to take home and enjoy.

Fee: \$56 (\$53 res)
 Instructor: Susan Frank
 7172.22 • M-F • 7/7-7/11 • 1:30-3:30pm

PAINTING MADNESS



Location: Old Fair Oaks Library

It's time for painting madness to begin! Children will have a week of painting fun mixing colors and applying paints in a variety of styles from van Gogh's impasto technique to Seurat's pointillism and more creating realistic and abstract masterpieces. They will explore color value and the color wheel and experience what happens when certain colors mix together.

Instructor: Susan Frank
AGE: 4-6
 Fee: \$46 (\$43 res)
 7172.23 • M-F • 7/14-7/18 • 2-3:30pm
AGES: 6-12
 Fee: \$56 (\$53 res)
 7172.24 • M-F • 7/21-7/25 • 1:30-3:30pm

BYERS GYMNASTICS

Instructor: Byers Gym
Classes are held at Byers in Citrus Heights

PARENT PARTICIPATION GYMNASTICS

Ages: Walking – 2.9 yrs

This Parent Participation class is designed for children from the time they walk until age 3. Parents help children with gross motor skills and help with circuits, tumbl-trak, incline mats, small bars and more. Join us as we bounce, climb, roll, swing and have a great time learning gymnastics.

- 1315.21 • Th • 4/3-5/22 • 9:30am-10:15am • Fee: \$97 (\$94 res)
- 1315.22 • Th • 6/5-6/26 • 9:30am-10:15am • Fee: \$57 (\$54 res)
- 1315.23 • Th • 7/3-7/31 • 9:30am-10:15am • Fee: \$67 (\$64 res)
- 1315.24 • Th • 8/7-8/28 • 9:30am-10:15am • Fee: \$57 (\$54 res)

TOT GYMNASTICS

Ages: 3 years

In this first class away from mom and dad, children learn to listen to the teacher as they work on jumping, practice rolls, walk on low beams. Small bars are used to teach hanging skills, kickovers, and straddleup. The Tot class also works on rhythms, pinwheels, donkey kicks, gymnastics tables and crab walks.

- 1318.21 • Th • 4/3-5/22 • 10:15am-11am • Fee: \$97 (\$94 res)
- 1318.22 • Th • 6/5-6/26 • 10:15am-11am • Fee: \$57 (\$54 res)
- 1318.23 • Th • 7/3-7/31 • 10:15am-11am • Fee: \$67 (\$64 res)
- 1318.24 • Th • 8/7-8/28 • 10:15am-11am • Fee: \$57 (\$54 res)

KINDERGYM

Ages: 4-5 yrs

Four and five year olds will learn basic gymnastics skills such as rolls, handstands, and cartwheels. This class works on vault, bars, beam, floor, tumbl trak and trampoline.

- 1319.21 • Th • 4/3-5/22 • 11am-11:45am • Fee: \$97 (\$94 res)
- 1319.22 • Th • 6/5-6/26 • 11am-11:45am • Fee: \$57 (\$54 res)
- 1319.23 • Th • 7/3-7/31 • 11am-11:45am • Fee: \$67 (\$64 res)
- 1319.24 • Th • 8/7-8/28 • 11am-11:45am • Fee: \$57 (\$54 res)
- 1320.21 • Th • 4/3-5/22 • 5:30pm-6:20pm • Fee: \$97 (\$94 res)
- 1320.22 • Th • 6/5-6/26 • 5:30pm-6:20pm • Fee: \$57 (\$54 res)
- 1320.23 • Th • 7/3-7/31 • 5:30pm-6:20pm • Fee: \$67 (\$64 res)
- 1320.24 • Th • 8/7-8/28 • 5:30pm-6:20pm • Fee: \$57 (\$54 res)

BEGINNER YOUTH ICE SKATING

Ages: 6-12 yrs

Location: Skatetown Ice Arena

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes.

Instructor: Skatetown Instructor

Fee: \$56 (\$53 res)

- 2321.21 • W • 4/30-5/21 • 5:45-6:15pm
- 2321.22 • W • 5/28-6/18 • 5:45-6:15pm
- 2321.23 • W • 6/25-7/16 • 5:45-6:15pm
- 2321.24 • W • 7/30-8/20 • 5:45-6:15pm



BEGINNER YOUTH ICE HOCKEY

Ages: 6-12 yrs

Location: Skatetown Ice Arena

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes a free hockey jersey, use of skates, helmet & stick and one 75 minute class each week.

Instructor: Skatetown Instructor

Fee: \$64 (\$61 res)

- 2421.21 • Su • 5/4-6/1 • 5:15-6:30pm*
- 2421.22 • Su • 6/8-6/29 • 5:15-6:30pm
- 2421.23 • Su • 7/6-7/27 • 5:15-6:30pm
- 2421.24 • Su • 8/3-8/24 • 5:15-6:30pm

*No class 5/25





Summer Fun

at Camp Fair Oaks
When Summer's hot, we
make camp COOL!
For Ages 5-12 Years



JUNE 9 - AUGUST 8

FULL DAY • 9:00am-4:00pm • \$135 wk

FULL DAY & Extended Care • 7:30am-5:30pm • \$155 wk

2nd child discount: \$10 per week off price

Camp will be held at the McMillan Center

A fully inclusive camp that offers a wide variety of activities, programming, special events, field trips, arts & crafts, t-shirt and snack at no extra cost. Our Summer Camp provides children with the opportunity to make new friends, experience different activities, and discover new interests. Campers will enjoy activities such as fun and fitness, indoor and outdoor games, team sports, nature, story telling, talent shows and supervised free play sessions. Each week includes a trip to the pool, field trip and camper supplied potluck. Let us make this a summer they will remember!

Have questions? Email camp director at campdirector@fairoakspark.org

WEEK/DATES

- 1) 6/9 - 6/13
- 2) 6/16 - 6/20
- 3) 6/23 - 6/27
- 4) 6/30 - 7/3
- 5) 7/7 - 7/11
- 6) 7/14 - 7/18
- 7) 7/21 - 7/26
- 8) 7/28 - 8/1
- 9) 8/4 - 8/8

THEME

- Aloha Summer
- It's a Jungle Out There
- Club Hollywood Movies
- Wet-N-Wild Water Days
- 365 Days of Summer
- Wild, Wild West
- Wonderfully Wacky Week
- Road Trip
- Barbeque Bash

TRIP

- Sunrise Rollerland
- Sacramento Zoo
- How to Train Your Dragon 2
- Raging Waters
- John's Incredible Pizza
- Gibson Ranch
- Wacky Tacky
- Six Flags Discovery Kingdom**
- Party in the Park

**Optional trip - extra \$30 charge • All trips subject to change*

1st DAY OF REGISTRATION: APRIL 21st
at 9am in District Office



KIDZ LOVE Z SOCCER



KIDZ LOVE SOCCER (KLS)

Ages: 3.5-6yrs

Location: Fair Oaks Park

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is *always fun to fun*"™ Log onto www.kidzlovesoccer.com for more information. All participants will receive a KLS jersey! (*Shin guards required after first meeting*). In case of rainouts, please call the KLS field hotline at 1-888-372-5803.

Fee: \$92 (\$89 res)

Instructor: Jared Rains, Kidz Love Soccer Coach

Fri • 6/20-8/8* • Session: 7 wks

5555.31 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.32 Soccer 1 (5-6 yrs) 10:45-11:30am

5555.33 Tot/Pre Soccer (3.5-5 yrs) 4:30-5:15pm

5555.34 Pre Soccer (4-5 yrs) 5:15-6pm

5555.35 Tot Soccer (3.5-4 yrs) 6-6:35pm

*No class 7/4

SOCCER SKILLZ & SCRIMMAGES



Ages: 7-10yrs

Location: Fair Oaks Park

Kids enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! **Each participant will receive a KLS jersey.** *Shin guards are required.* In case of rainouts, please call the KLS field hot line at 1-888-372-5803.

Fee: \$92 (\$89 res) • Session: 7 wks

Instructor: Jared Rains, KLS Coach

5535.37 • F • 6/20-8/8* • 4:30-5:15pm

*No class 7/4

"ALL SORTS OF SPORTS" CAMP



Ages 6-9 & 10-13

Location: Bannister Park

A great way to introduce your youngsters to the world of sports, teamwork and athletics! This camp will help to build your child's motor control, hand-eye coordination, agility and many other sports related skills. Your child will have a blast playing games with the other children including: T-ball, basketball, soccer, flag football, capture the flag, relay & obstacle races and a whole lot more. This camp will feature different activities so that by the end of the week your child will be familiar with a variety of athletic activities!

Fee: \$169 Full Day

4132.51 • M-F • 7/7-7/11 • 9am-3pm

Fee: \$129 Half Day

4132.52 • M-F • 7/7-7/11 • 9am-12pm

INTRODUCTION TO KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo is a karate program committed to the mental and physical development of our students. Our goal is to develop the skills needed for self-defense, and to build qualities of confidence, respect, and self-discipline — a youth's first line of defense against the pressures of today. Students will learn the basic bows, blocks, punches, and kicks of Kenpo karate and will be prepared to enter our continuing kenpo karate program. **A \$25 testing fee is required for those who wish to be evaluated for rank certification (belt testing) at the last class of the course. A \$35 uniform is required for students wishing to continue beyond first introductory class.**

Fee: \$82 (\$79 res)

Instructor: Casey Benedick

1202.21 • T/Th • 5/1-6/26 • 6-6:30pm

1202.22 • T/Th • 7/1-8/28 • 6-6:30pm

SKYHAWKS DODGEBALL & KICKBALL LEAGUES



Ages: 6-8 & 9-14

Location: Orangevale Comm. Ctr. Gym

Now your young athlete can play their favorite playground games in an organized league format! Skyhawks Dodgeball and Kickball Leagues allow kids of all ages and abilities to participate in friendly competition, while gaining the skills, passion and confidence necessary to live a healthy and active lifestyle. Leagues are managed and officiated by Skyhawks trained and enthusiastic staff to ensure an exciting, positive and safe atmosphere for everyone. Our recreational CO-ED league emphasizes individual skill development, game strategy, teamwork, character building and most importantly . . . Fun!

Leagues consist of 8, 1-hr sessions that run twice per week for 4 weeks. The first 2 sessions consist of exhibition games and evaluations, followed by 6 sessions of league play. Small roster sizes ensure maximum playing time for all players. Participants are divided into teams based on age and ability. Teammate requests can be submitted during the first session. All participants receive a reversible Skyhawks Jersey.

Fee: \$62 (\$65res)

Instructor: Skyhawks Staff

DODGEBALL

4135.11 • 6-8yr • T/Th • 6/10-7/3 • 6-7pm

4135.21 • 9-14yr • T/Th • 6/17-7/3 • 7-8pm

KICKBALL

4135.31 • 6-8yr • T/Th • 7/15-8/7 • 6-7pm

4135.41 • 9-14yr • T/Th • 7/15-8/7 • 7-8pm

**CHECK OUT
Adult Sports
on page 18**

National Academy of Athletics Youth Camps

"AIR ATTACK" FLAG FOOTBALL CAMP

Ages: 7-9 & 10-13

Location: Bannister Park



RUN-PASS-CATCH (non contact)

Ready to play some football? Whether you are a beginner or advanced player, the drills taught at this camp will help you improve your game. Our non-contact camps are the perfect introduction to football. Emphasis will be on proper conditioning and warm-ups, footwork drills, agility, passing, receiving, and game strategies. Feel good sending your kids to a football camp that's in a fun and safe environment with a motivating and positive coaching staff. Each day the campers are challenged to do their best during instruction, competitions and games.

Fee: \$169 Full Day

4132.11 • M-F • 7/28-8/1 • 9am-3pm

Fee: \$129 Half Day

4132.21 • M-F • 7/28-8/1 • 9am-12pm

BASKETBALL CAMP

Ages: 6-8 & 9-10

Location: Earl LeGette Elementary Sch



If you like basketball then you will love our HOOP IT UP Camps! Whether you are a beginner or advanced player, the drills taught at this camp will help you improve your game. Come work on all the fundamentals of your game: footwork, passing, ball-handling and defense. Fun challenges, games and daily competitions in a positive and energetic environment. *The National Academy of Athletics Basketball camps offer small group and individual instruction in order to help the players learn to be more confident with their skills both on and off the court. Sign-up early, because every year this camp is a slam dunk!*

Fee: \$169 Full Day

4132.41 • M-F • 7-14-7/18 • 9am-3pm

Fee: \$129 Half Day

4132.42 • M-F • 7-14-7/18 • 9am-12pm

"HIT & RUN" BASEBALL/ SOFTBALL CAMP

Ages: 7-9 & 10-13

Location: Fair Oaks Park



The HIT & RUN baseball/softball camps offered by the National Academy of Athletics offer beginner to intermediate players the opportunity to build a solid foundation. Players love these camps because each day is filled with fundamental skill progression drills, easy to understand instruction, as well as games and competition. Boys and girls receive positive reinforcement throughout the day, to help build their confidence. This is a great place to develop their individual skills in a fun and positive environment.

Fee: \$169 Full Day

4132.31 • M-F • 7/21-7/25 • 9am-3pm

Fee: \$129 Half Day

4132.32 • M-F • 7/21-7/25 • 9am-12pm

"IN THE NET" SOCCER CAMP

Ages: 6-9 & 10-13

Location: Bannister Park



The National Academy of Athletics soccer camps offer beginner to intermediate players the opportunity to build a solid soccer foundation. On the field each day players will improve their individual skills and tactical awareness. Each day is filled with fundamental skill progression drills, easy to understand instruction, as well as games and competition. Not only are group drills stressed, but also much time is spent on individual work. Our soccer camps feature hand selected coaching staffs made up of experienced coaches and players. Campers receive positive reinforcement throughout the day, to help build their confidence. This is a great place to develop their individual soccer skills in a fun and positive environment.

Fee: \$169 Full Day

4132.61 • M-F • 6/23-6/27 • 9am-3pm

Fee: \$129 Half Day

4132.62 • M-F • 6/23-6/27 • 9am-12pm

TINY TOT SPORTS CLASSES



Ages: 3-5 yrs / Location: Fair Oaks Park

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. *Parent participation is required.*

Fee: \$34 (\$31 res) / Session: 4 wks

Instructor: Recreation Staff

TINY TOT T-BALL

1129.21 • Sa • 5/10-5/31 • 9-9:45am

1129.22 • Sa • 6/7-6/28 • 9-9:45am

1129.23 • Sa • 7/12-8/2 • 9-9:45am

1129.24 • Sa • 8/9-8/30 • 9-9:45am

TEAM SPORTS CAMP

(a different sport each week)

2122.21 • Sa • 5/10-5/31 • 10-10:45pm

2122.22 • Sa • 6/7-6/28 • 10-10:45pm

2122.23 • Sa • 7/12-8/2 • 10-10:45pm

2122.24 • Sa • 8/9-8/30 • 10-10:45pm

TINY TOT BASKETBALL

1160.21 • Sa • 5/10-5/31 • 11-11:45am

1160.22 • Sa • 6/7-6/28 • 11-11:45am

1160.23 • Sa • 7/12-8/2 • 11-11:45am

1160.24 • Sa • 8/9-8/30 • 11-11:45am

BELLA VISTA BASKETBALL CAMP

Grades: 3rd-8th Grade

**Location: Bella Vista High School
Basketball Gym**



The Broncos invite you to "Explore the World of Bronco Basketball". This is a summer program for your children that's ENGAGING and FUN – a wonderful opportunity for children to learn the fundamentals of Basketball. Camp will focus on Team Concepts including defense and offense, zone vs man on man, and individual skills like warm up/stretching, free throws, rebounding/box-out, pick and roll, dribbling and passing. Fee includes morning snack, lunch and afternoon snack. Each player must bring: court/gym shoes, gym clothes and a water bottle.

Fee-Full Session: \$150 • Half Session: \$75

6/16-6/20 • M-Th 9am-3pm / Fri 9am-1pm

5153.21 • Full Session • 9am-3pm

5153.22 • AM Session • 9am-12pm

5153.23 • PM Session • 12pm-3pm

NEW STAR CHILDREN'S THEATRE

We welcome all children regardless of experience! Children are taught acting, singing, dancing and will present the musical at the end of the session. We emphasize that every child is talented, and deserves a chance in the spotlight. We feel that every child is a star, and treat each child with respect, and kindness. Children will gain self-confidence, self-esteem, public speaking ability, working in a supportive team environment, and wonderful friends that will last a life-time! *All children will be auditioned on the first night of rehearsal. All children must be registered to audition. Every child will be given a role with lines. Children will need black dance shoes- jazz or ballet are acceptable. **\$30 materials fee to be given to instructor and \$40 costume fee to be given to costume coordinator.**

MUSICAL THEATRE WORKSHOP

Ages: 4-17yrs

Location: Clubhouse Auditorium

"The Totally Tangled Tale of Rapunzel's Hair Raising Adventure", a twisted tale of Rapunzel and some unexpected friends. Of course no fairy tale story is complete without a villain and this original musical is no exception as the evil queen Urselina offers Rapunzel her freedom but with just one catch, the Prince must fall in love with Rapunzel in three days time. The Prince however has eyes or should we say "ears" only for the beautiful voice of the Mermaid Ariellah as each day he rides his majestic steed past Rapunzel's tower down to the harbor in search of the beautiful voice that beckons him. Rapunzel imagines the Prince has been searching for her and eagerly agrees to Urselina's offer. Meanwhile the Prince's travels have caught more than Rapunzel's eye, as hiding in the shadows is the outlaw Robin Hood who would love to get his hands on the Prince's crown but first he must evade the evil clutches of the Sheriff of Nottingham who himself has a "deal" with the evil queen Urselina. What will become of these fairy tale characters and their friends from the sea and land . . . ?

Audition date: Monday May 5th 7-9pm Clubhouse Auditorium

All children will be accepted but need to audition so we can give them a role. No need to prepare an audition as we will teach everyone a song and hand out a scene to do with a partner.

Fee: \$296 (\$293 res)

Monday Location: Clubhouse 7-9pm

Thursday Location: McMillan Center 6-8pm

1724.21 • M & Th • 5/5-8/25

SUPERNOVA PERFORMING TROUPE

Ages: 4-18 (split in different groups)

Location: Community Clubhouse

Come be part of the Ultimate "Glee" club- a singing and dancing program for kids. Children are taught singing and dancing numbers to perform. We teach the kids to feel self-confident, working in a group, to be able to sign or dance the "lead" or "back up", problem solve and make friendships that last a lifetime.

SUPERNOVA: AGES 7-18 YRS

Fee: \$256 (\$253 res) • Sign up for both Supernova & Musical Theater and receive discount for Supernova \$156 (\$153 res)
1724.22 • M • 5/5-8/25 • 5-7pm

SUPERNOVA JUNIORS: AGES 4-7 YRS

First step for those who love to sing and dance and want to be in Supernova.

Fee: \$156 (\$153 res)

1724.23 • M • 5/5-8/25 • 4-5pm

SUPERNOVA ALLSTARS: AGES 7-18 YRS

Fee: \$206 (\$203 res) for those who have previous Super Nova experience
1724.24 • M • 5/5-8/25 • 5-7pm

FUN WITH HORSES

Ages: 6-8 yrs

Location: Hillside Training Stables

Have some fun learning how to take care of and ride a horse during this week long camp. Participants will learn how to groom, saddle, feed and take care of a horse. Students will ride daily and learn different skills during snack break. Safety is a primary focus and crafts and photos go home at week's end. For more information on camp, email kphorses@aol.com. Sturdy, hard sole hoes and long pants required. NO SLEEVELESS SHIRTS! Water bottles recommended. Helmets and snacks are provided. **EACH WEEK REQUIRES minimum of 2 students maximum of 4 students.**

Location: 9065 Oak Ave. Orangevale

Fee: \$281 (\$278 res)

1717.21 • M-F • 6/9-6/13 • 9am-12pm

1717.22 • M-F • 6/23-6/27 • 9am-12pm

1717.23 • M-F • 7/14-7/18 • 9am-12pm

1717.24 • M-F • 7/28-8/1 • 9am-12pm



YOUTH KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo continuing class offers students the opportunity to further develop skills taught in the "Intro to Kenpo Karate" program. Students will learn traditional Kata, self-defense techniques and how to freestyle spar. Students will be exposed to the "Five Animal Styles" of Kenpo: Dragon, Snake, Tiger, Leopard and Crane. Emphasis continues to be placed on fostering the students' confidence, discipline and respect. *A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment for \$50.*

Fee: \$67 (\$64 res) PER MONTH or \$134 (\$128 res) for 2 MONTHS
Classes taught in a 2 month curriculum
Instructor: Casey Benedick

CONTINUING KENPO KARATE #1

1203.21 • T/Th • 5/1-5/29 • 6:30-7:15pm
1203.22 • T/Th • 6/3-6/26 • 6:30-7:15pm
1203.23 • T/Th • 7/1-7/31 • 6:30-7:15pm
1203.24 • T/Th • 8/5-8/28 • 6:30-7:15pm

CONTINUING KENPO KARATE #2

1205.21 • T/Th • 5/1-5/29 • 7:15-8pm
1205.22 • T/Th • 6/3-6/26 • 7:15-8pm
1205.23 • T/Th • 7/1-7/31 • 7:15-8pm
1205.24 • T/Th • 8/5-8/28 • 7:15-8pm

CHECK OUT
Kenpo Karate
on page 20

FAMILY POTTERY



Ages: 5-17yrs with parent

Location: Arts & Crafts Building

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Class fee includes parent and child. *Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 5 weeks;
Additional family members, \$24 each
Instructor: Michelle Lueth

1610.21 • Tu • 6/24-7/22 • 4:15-5:30pm
1610.22 • Tu • 6/24-7/22 • 6:15-7:30pm

FAMILY CLAY CAMP



Ages: 4-17yrs with parent

Location: Arts & Crafts Building

Spend your holiday break playing in the mud! We will create some wonderful works of art with clay and then paint them with underglazes before they are fired in the kiln. Bring your imagination- emphasis is on fun! *Class fee includes parent & child. Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$63(\$60 res)/ \$24 additional family members
Instructor: Michelle Lueth
1615.21 • Tu-F • 6/10-6/13 • 11:15am-12:30pm
1615.22 • M-Th • 8/4-8/7 • 11:15am-12:30pm

CPR/AED/FIRST AID TRAINING FOR INFANT, CHILD & ADULT



This course is EMSA Certified

Ages: 12yrs & up

Location: Old Fair Oaks Library

Save time and money by receiving this **two-year, EMSA approved, certification.** This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life saving skills. Come join us for coffee, cookies and life saving education! *A \$10 material fee due to instructor at first class meeting.*

Fee: \$73 (\$70 res) / Session: 1 day
Instructors: Breath Of Life
4444.21 • Sa • 5/17 • 8am-4:30pm
4444.22 • Sa • 6/21 • 8am-4:30pm
4444.23 • Sa • 7/12 • 8am-4:30pm
4444.24 • Sa • 8/16 • 8am-4:30pm



FAMILY ART CAMP



Age: 4-17 with parent

Location: Arts & Crafts Building

Spend some family time being creative. In this class we will try our hand at several different art projects. Be prepared to have fun and use your imagination! Class fee includes parent & child. *Please bring a \$15 materials fee per person payable to instructor at first class.*

Instructor: Michelle Lueth
Fee: \$63 (\$60 res) parent & child, \$24 each additional family member
1613.21 • M-Th • 7/28-7/31 • 11:15am-12:30pm

CHECK OUT!
Facilities Rentals on Page 26

CERTIFIED BABYSITTING

Ages: 11-13 yrs

Location: Orangevale 

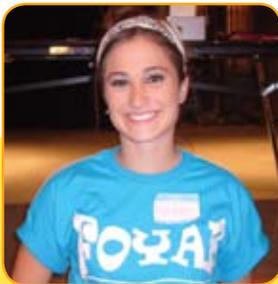
Develop lifelong skills and job responsibilities while earning money when you become a trained babysitter. You will learn how to provide safe and responsible care for children. Develop skills in caring for medical emergencies as well as accident prevention. Gain knowledge about interviewing and professionalism. *Please bring a snack to class.*

Fee: \$56 (\$53 res)/ Session: 2 days

Instructor: Cathy Statham

Location: Orangevale RPD

4443.21 • M/T • 8/4 & 8/5 • 4-7pm



11/7/1990-9/2/2012

Rachel Anne Gray Memorial Scholarship

The Scholarship was established in honor of Rachel Anne Gray who passed away September 2nd, 2012 at the age of 21. Rachel was a resident of Fair Oaks, a Bella Vista Graduate and a member of the Fair Oaks Youth Advisory Board (FOYAB) from 2006 through 2008.

Three awards, in the amounts of \$1,500, \$1,000 and \$500 are given annually to deserving high school Juniors or Seniors. Application deadline is April 11th. For more information or to donate to the program please contact: events@fairoakspark.org.

BEGINNING JEWELRY



Ages: 13yrs + over

Location: Arts & Crafts Building

Have you ever seen a piece of hand-made jewelry and wanted to find out how to make it yourself? In these classes you will learn the skills to create your own unique designs. Leave class with a finished piece of jewelry you will be proud to wear. *Please bring a \$15 materials fee payable to instructors on day of class.*

Instructor: Michelle Lueth

Fee: \$28 (\$25 res)

Beginning wirework linked beads

5112.21 • Sa • 5/17 • 1-3:30pm

5112.22 • F • 6/27 • 1-3:30pm

COLLEGE BOUND 101

Ages: 10th & 11th Grade students

Parent Required

Location: McMillan Center 

Navigating the application process to four-year colleges and universities today can be daunting! Please join instructor, Marilyn Fleming, as she shares insights and step-by-step instruction and plenty of resources on how to manage this journey of expectations and deadlines. We will examine the essential tenets to choosing the right college. Key ingredients for less stress and success are knowing what to do and when to do it!

Instructor: Marilyn Fleming

Fee: \$66 (\$63 res)

2324.21 • W • 6/18-7/2 • 6-7:30pm

Fair Oaks Youth Advisory Board



Fair Oaks Recreation and Park District is pleased to announce the 2013-2014 Fair Oaks Youth Advisory Board (FOYAB). FOYAB members:

Ethan Albers, Sana Alsamman, Abbey Anderson, Lauren Bensch, Bayan Boulad, Claire Burch, Mary Cattolica, Ryan Cohen, Darynne Cross, Victor de Cos, Jane Diamond, Alana Easterbrook, Ryan Fuchs, Christina Gnedash, Ellen Hoppe, Kim Huynh, Alexandra Iavorovschi, Madison Judd, Colin Kearney, Matthew Messer, Devin Miller, Emily Monroe, Connor Nishio, Jazmine Nunez, Teresa Ortega, Jennalyn Reed, Abby Reimche, Courtney Reimche, Leigh Ann Simin, Emily Smith, Elliott Stanton, Alana Sungar, Trevor Wafer, Jared Watson, Claire Williams, Haleigh Yang, Hannah Yi, Kwanhee Yu, Kyungwon Yu

YOUTH DEVELOPMENT COORDINATOR:

Sabrina Bernardo

sbernardo@fairoakspark.org



"You must be the change you wish to see in the world"





Day Trips & Overnights

Friends in Travel trips will pick up from the Fair Oaks Park parking lot if at least 10 people sign up. Friends in Travel will notify of pick up location one week before trip.

No refunds after Registration deadlines! • ALL trips include Roundtrip Motorcoach transportation, Driver & Escort Gratuities and Refreshments.

STANFORD SHOPPING CENTER

Join us for a delightful trip to the Stanford Shopping Center in Palo Alto. **Register by April 4 to ensure your space.**

Tour Inclusions: Free time at the Stanford Shopping Center.

Saturday, May 3, 8am-6pm
Fee: \$49 per Person

FILOLI GARDENS

Enjoy a docent guided tour through their 36,000 square foot Georgian country house and the spectacular 16-acre English Renaissance garden. **Register by April 7, to ensure your space.**

Tour Inclusions: Admission to Filoli Gardens, Docent-led tour of the Filoli House and Gardens, Hosted lunch.

Wednesday, May 14, 8am-5:30pm
Fee: \$99 per person

FEATHER FALLS CASINO

With 1,100 of Northern California's loosest slots, 12 tables and a poker room open every day of the week! **Register by April 30th to ensure your space.**

Tour Inclusions: 4 Hours Free Time at the Feather Falls Casino, Casino Bonus of \$12 Cash & \$3 Food.

Friday, May 30, 8am-5pm
Fee: \$20 per Person

CHURCH BASEMENT LADIES- A SECOND HELPING

Join us again for the heartwarming humor and antics of our favorite flock of Lutheran ladies from rural Minnesota. A second helping picks up the story in 1969 with the world changing. **Register by May 2nd to ensure your space.**

Tour Inclusions: Ticket to the Performance of A Second Helping, Hosted Lunch before the show.

Wednesday, June 4, 8am-8pm
Fee: \$109 per Person

CELEBRATE THE BEST OF THE WEST

The pages of Sunset magazine come to life during their annual Celebration Weekend. Take this opportunity to see the grounds of Sunset Magazine. **Register by May 5 to ensure your space.**

Tour Inclusions: Ticket to Sunset Celebration Weekend in Menlo Park.
Saturday, June 7, 8am-6:30pm
Fee: \$85 per person

ALCATRAZ ISLAND

Depart for a leisurely ride to San Francisco where you'll have free time at Pier 39 for lunch on your own then board a ferry for a cruise to Alcatraz Island. **Register by May 23rd to ensure your space.**

Tour Inclusions: Ferry ride to Alcatraz Island, "Doing Time: The Alcatraz Cell-house" Audio Tour.
Saturday, June 21, 8am-6pm
Fee: \$90 per person

RENO CASINO BUS

Join us for a daytrip through the Sierra Mountains to the World's Biggest Little City and spend your day at the Silver Legacy Casino. **Register by June 20 to ensure your space.**

Tour Inclusions: 6 hours free time at Silver Legacy with \$10 Slot Play and \$5 Food voucher.
Saturday, July 19, 8am-8pm
Fee: \$39 per person

ELK GROVE STRAUSS FESTIVAL

This highly anticipated dance production, held at the Elk Grove Regional Park, attracts more than 30,000 people annually. **Register by June 23 to ensure your space.**

Tour Inclusions: Reserved Seat for the Elk Grove Strauss Festival.
Sunday, July 27, 5-11pm
Fee: \$60 per person

SUNDAY BRUNCH AT GRAND ISLAND MANSION

Don't miss this chance to tour the Mansion and enjoy their fabulous buffet champagne brunch. **Register by July 7 to ensure your space.**

Tour Inclusions: Hosted Sunday Brunch at the Grand Island Mansion, Free Time at the Old Sugar Mills.
Sunday, August 10, 9am-4pm
Fee: \$90 per person

THE SOUND OF MUSIC

Rejoice in The Sound of Music, very possibly the most glorious musical ever created, and enjoy a hosted lunch before the show. **Register by July 6 to ensure your space.**

Tour Inclusions: Ticket to the performance at Fallon House Theatre, Hosted Lunch before the show.
Wednesday, August 20, 8am-8pm
Fee: \$109 per person



Adult Sports Leagues



Fair Oaks Recreation & Park District offers year round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Below you will find registration & league start dates for Adult Sport leagues. For further league information, please contact Nick Davison at 966-1036, or visit www.fairoakspark.org.

SOFTBALL

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and COED C & D. Games are held Sunday through Friday, from 6:20pm-9:20pm.

Early Summer Softball

League Dates: May 12-July 18
Registration Deadline:
 May 2 @ 5:00pm
Number of Games: Min of (8)
Game Times: 6:20-9:20pm
Location: Fair Oaks Park
Cost: \$420 per team

Late Summer Softball

League Dates: July 21-Sept 19
Registration Deadline:
 July 11 @ 5:00pm
Number of Games: Min of (8)
Game Times: 6:20-9:20pm
Location: Fair Oaks Park
Cost: \$420 per team

BASKETBALL

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer and Fall seasons. Divisions offered are Men's D and woman's D. Games are held on Sundays from 1:00pm-7:00pm at Bella Vista High School.

Summer Basketball

League Dates: April 13-June 29
Registration Deadline:
 April 4 @ 5:00pm
Number of Games: Min of (8)
Game Times: 1-7pm
Location: Bella Vista High School
Cost: \$430 per team

Fall Basketball

League Dates: Aug 17-Oct 26
Registration Deadline:
 Aug 8 @ 5:00pm
Number of Games: Min of (8)
Game Times: 1-7pm
Location: Bella Vista High School
 Small Gym
Cost: \$430 per team

Schedules can be found online at www.teamsideline.com/fairoaks

To be added to the Free Agent list, e-mail ndavison@fairoakspark.org

If inclement weather should arise, the INCLEMENT WEATHER HOTLINE will be updated by 3:00 pm with program information. Inclement Weather Hotline (916) 966-1011 Ext. 22

ADULT SPORTS COORDINATOR: Nick Davison - ndavison@fairoakspark.org



Visit your Dog Park in Phoenix Park. Just under 2 acres, with 3 separated areas. For more info visit www.fordog.org

INSTRUCTORS Wanted!

Passion for macaroni art? Flair for Salsa Dance? Do you have a special talent or hobby that you would feel confident teaching? Share your creative talent for teaching with your community. FORPD continues to strive to offer a greater variety and number of classes at all of our recreation centers, and we are looking for innovative, talented and proficient instructors for a multitude of classes. Share your unique talent with others. Contact the Lesiure Classes coordinator at jdavis@fairoakspark.org for more information on how to become an instructor with the District.



ADULT POTTERY

Ages: 18yrs & up
Location: Arts & Crafts Building

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun - while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 4 weeks
 Instructor: Michelle Lueth
 5110.21 • Tu • 5/27-6/17 • 1:30-3:30pm
 5110.22 • W • 7/2-7/23 • 1:30-3:30pm
 5110.23 • Tu • 7/22-8/12 • 1:30-3:30pm

ADULT POTTERY STUDIO

Ages: 18yrs & up
Location: Arts & Crafts Bldg.

This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration & participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes & expires 60 days from date of purchase. One class equals 2 hours studio time. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$63 per punch card
 Instructor: Michelle Lueth
 1616.21 • May • T/W • 12:30-6pm
 1616.22 • June • T/W • 12:30-6pm
 1616.23 • July • T/W • 12:30-6pm
 1616.24 • Aug • T/W • 12:30-6pm

MOSAIC DESIGN

Ages: 18 & up
Location: Arts & Craft Building

Have you ever seen a wonderful hand-made glass or tile mosaic and wanted to try your hand at making one yourself? In this class you will learn the basics to create your own mosaic masterpiece. Have fun and bring home a one of a kind mosaic design. *Please bring a \$35 materials fee payable to instructor on first day of class.*

Fee: \$74 (\$71 res)
 Instructor: Michelle Lueth
 5053.21 • F • 7/11-8/1 • 1-3:30pm
 5053.22 • Sa • 7/12-8/2 • 1-3:30pm

Thai Cooking

Ages: 13 + over
Location: McMillan Center

GREEN CURRY WITH CHICKEN & GREEN PAPAYA SALAD

Menu includes: Thai Green Curry- made from scratch- with chicken (Gang kiaw wan gai), Green Papaya Salad (Som tom) and Black Bean in Coconut Milk (Tau dum) for dessert.

1114.21 • Sa • 8/16 • 12-4pm

PRIVATE THAI COOKING CLASS

Join Phonglada Foletta as she teaches your group to prepare Thai food in your own private class. Great fun for all occasions! Have a small group for lots of hands on personal attention or a larger group for a memorable experience with your friends and family. You may choose one of Phonglada's menus or design your own menu of favorite dishes from Phonglada's cookbook. Come hungry as we will be able to enjoy the meal we have prepared in class. Call to arrange a convenient time and location. Materials fee of \$10 pp (may be higher for classes that include more than one seafood dish) is due to instructor at class.

Your 4 hour class for up to 6 is \$240 plus \$35 for each additional participant (\$3 additional for nonresidents)

ONLINE COURSES



If you want to continue to learn but want flexibility, here is your chance! Enjoy the freedom to take classes on your own time. Visit our website, www.fairoakspark.org, and click on the ed2go link to view a variety of classes you can take from your own home. You should have a computer and a connection to the Internet. Some classes require you to have the software being taught installed on your computer.

HATHA YOGA CLASSES

Location: Community Clubhouse



In addition to relaxing and stretching, Yoga Postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, increased sense of well-being and deeper more restful sleep. Each student is encouraged to work at his or her own ability level. *Please bring a mat, blanket and pillow to class.*

Sessions: Ongoing (begin any time)

Instructor: Judith Aubin

Punch Card Fee \$63: Each Card is good for 6 classes • Drop in fee \$18 per class

3710.21 • May* 3710.23 • July

3710.22 • June 3710.24 • Aug

*No class 5/28

STRETCHING, RELAXING AND STRESS RELIEVING YOGA

This class, over time, develops the ability to release our muscle tension and be relaxed in every posture of life.

M • 5/5-8/25 • 6-7:15pm • Location: Old Fair Oaks Library

Tu • 5/6-8/26 • 8-9:15am

STRENGTHENING YOGA

This class is primarily intended to rebuild strength and restore flexibility. Come and feel your mood improve as your strength slowly returns and grows.

F • 5/2-8/29 • 8:30-10am



ZUMBA FITNESS

Location: Orangevale Activities Bldg.



Join the Party and Dance your way to a fitter and happier you! Get lost in the latin and international rhythms while learning some salsa, cha-cha, merengue, cumbia, bollywood and reggaeton moves. Increase your muscular conditioning and cardiovascular fitness, all while having fun! *Please bring water, towel and clothes you can move in.*

Instructor: Tracy Hince

Fee: \$26 (\$23 res)

Drop in Fee: \$8

3810.21 • T • 5/6-5/27 • 5:30-6:30pm

3810.22 • T • 6/3-6/24 • 5:30-6:30pm

3810.23 • T • 7/8-7/29 • 5:30-6:30pm

3810.24 • T • 8/5-8/26 • 5:30-6:30pm

ADULT

KENPO KARATE



Ages: 13yrs & up

Location: Clubhouse Lower Level

Improve strength, flexibility, cardiovascular fitness, and agility as you learn the exciting art of Five Animal Kenpo. While learning an effective skill of self-defense you will benefit from mental focus, stress relief, and physical fitness that results from martial arts training. A \$25 testing fee is required for those who wish to be evaluated for rank certification. *Those wishing to participate in sparring will need to purchase protective equipment (\$50).*

Fee: \$67 (\$64 res) PER MONTH or

\$134 (\$128 res) for 2 MONTHS

Class taught in 2 month curriculum

Instructor: Casey Benedick

Class taught with 2 month curriculum

1204.21 • T/Th • 5/1-5/29 • 8-8:45pm

1204.22 • T/Th • 6/3-6/26 • 8-8:45pm

1204.23 • T/Th • 7/1-7/31 • 8-8:45pm

1204.24 • T/Th • 8/5-8/28 • 8-8:45pm

HAPPY BODIES WORKOUT



Ages 18 & over

The Happy Bodies Workout is an all-over-body fitness workout that incorporates core exercises, strength training, cardio intervals, resistance training and stretching into every class. This amazing workout will tone your body, burn calories & fat, and get you motivated to live a healthy & happy lifestyle! All levels of fitness are encouraged to join. Bring a fitness mat.

Instructor: Holly Holcombe

Whole Summer: \$200 (\$197 res) or 10 class

punch card for \$80 (\$77 res)

Monthly Fee: \$75 (\$72 res)

Location: McMillan Center

9910.21 • M/W/F • 5/2-5/30 • 9-10:15am

Location: Old Fair Oaks Library

9910.22 • M/Th/F • 6/2-6/30 • 9-10:15am

9910.23 • M/Th/F • 7/1-7/25 • 9-10:15am

9910.24 • M/Th/F • 8/4-8/29 • 9-10:15am

IMPROVER LINE DANCE



Location: Community Clubhouse

Enjoy dancing with your friends and become more confident in your dancing. Improver level dances will be taught to increase the dancer's ability and confidence as they progress. Afternoon Line Dance Class teaches the basics of all forms of Line dance rhythms, such as Cha-Cha, Rumba, Tango, Waltz, etc. This class is graduated in three sections, starting the first half hour (section 1) with Introduction to Line Dance. The second half hour (section 2) is Beginner, and the third half hour (section 3) Advanced Beginner/Improver. Students have the option of taking either sections 1 & 2, or 2 & 3 depending on their dance experience.

Instructor: Phyllis Gifford

Fee: \$33 (\$30 res) 4 weeks or punch card good for 5 classes \$43 (\$40 res)

4211.21 • Th • 5/1-5/22 • 3-4:30pm

4211.22 • Th • 7/10-7/31 • 3-4:30pm

4211.23 • Th • 8/7-8/28 • 3-4:30pm

LINE DANCING



Ages: 18yrs+ • Under 18 allowed with a paying adult

Location: Community Clubhouse

Come learn the basics needed to become a successful line dancer. It's a great way to meet and be with others while staying fit. No partner needed. Learn traditional line dances while developing the skills needed to progress into higher level classes. Routines and teaching are also tailored for the active senior.

Instructor: Norm Gifford

A one hour long class graduated into two sections:
5:15-6:15p for new/first time beginners
5:45-6:45p for returning beginners who are ready to progress beyond the basics. The first half hour is very basic and the last half hour is more challenging.

Fee: \$29 (\$26 res) per person • 4 weeks

4201.21 • Th • 5/1-5/22 • 5:15-6:45pm

4201.22 • Th • 7/10-7/31 • 5:15-6:45pm

4201.23 • Th • 8/7-8/28 • 5:15-6:45pm

INTERMEDIATE

Fee: \$33 (\$30 res) per person • 4 weeks

4210.21 • Th • 5/1-5/22 • 7-8:30pm

4210.22 • Th • 7/10-7/31 • 7-8:30pm

4210.23 • Th • 8/7-8/28 • 7-8:30pm



INTERMEDIATE ROUND DANCE



Ages: 18yrs+

Location: Community Clubhouse

Round dance is social ballroom dancing that is cued for easy leading and following. We learn simple ballroom routines and apply them to popular tunes as well as golden oldies. May classes cover intermediate footwork. July classes cover intermediate dances. Beginner classes will return in the fall. Visitors welcome to observe.

Purchase a punch card good for 4 classes \$27 or see fee below

Instructor: Marie Hathaway

Fee: \$26 (\$23 res)

4220.21 • T • 5/6-5/27 • 11am-2:30pm

4220.22 • W • 5/7-5/28 • 6-9:30pm

4220.33 • W • 7/2-7/30 • 6-9:30pm



TRIBAL STYLE BELLY DANCE



Ages: 13 & over

Location: Community Clubhouse

This class features "Tribal Style" Belly dance. Students will learn basic belly dance isolations and beautiful stylization of many different folk dances from diverse cultures. Class focuses on dancing with awareness of body, mind and soul connection while strengthening core muscles and getting a full body workout.

Instructor: Sawako Ama

Fee: \$63 (\$60 res) \$15 drop-in

2222.13 • T • 4/15-5/20 • 5:45-6:45pm

2222.21 • T • 5/27-7/1 • 5:45-6:45pm

2222.22 • T • 7/8-8/12 • 5:45-6:45pm

LIVING WITH ARTHRITIS

Ages: 50+

Location: Clubhouse Lower Level



"Living with Arthritis" is a six week course for the arthritic patient to better manage their condition. Topics to be discussed include differentiating the types of arthritis, signs & symptoms, latest research, nutrition and fitness recommendations, prescription medicine vs. nutritional supplements and types of treatments/prevention tips. Our last class will bring in a certified massage therapist to demonstrate the many benefits of massage therapy for the arthritic patient.

Instructor: Anthony Baratta, D.C

Fee: \$26 (\$23 res)

8381.21 • T • 6/10-7/15 • 1-2pm

SENIOR STRETCH WITH SHARON SHUTE



Location: Community Clubhouse

A low impact exercise class specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel more vibrant and healthy.

Please bring a towel to class.

Fee: \$9 for 4 class punchcard

M/T/W/Th • On-going

Drop-in • 9:35-10:30am

No class 5/26



INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING

Location: Arts & Crafts Building, Rm A

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of florals. No artistic talent is needed. You will be able to paint animals, roses, sunflowers, daisies and much more.

Fee: 10 classes for \$33
 Instructor: Linda Chandler
 Th • 5/1-8/29 • 1:30-4pm
 5113.21 • May
 5113.22 • June
 5113.23 • July
 5113.24 • Aug



FREE! ESTATE PLANNING: WILLS, TRUST & PROBATE

Julia Himovitz is a representative of Generations, an estate planning and trust law firm.

What is the difference between a will and a trust? What documents should be maintained as part of a basic estate plan? What are the benefits of estate planning? Julia will discuss the documents that everyone should have to transfer wealth from one generation to the next. Learn how you can minimize attorneys' fees and taxes upon death. This class is appropriate for people from all walks of life. *Classes are FREE but you must pre-register.*

Location: Old Fair Oaks Library
 Instructor: Julia Himovitz, Generations Law
 8909.31 • Th • 10/9 • 10-11am

SENIOR DROP-IN PINOCHLE



Location: Clubhouse Lower Level

This FREE, fun social gathering is an informal program. Individuals may "drop-in" for a game of pinochle, or other card games. Refreshments and cards are available.

Th • On-going/Drop-in • 9am-1pm
 (No program on District Holidays)

P.A.S.A. - PROGRAM FOR ACTIVE SENIOR ADULTS



ALWAYS ACCEPTING NEW MEMBERS!

Location: Clubhouse Lower Level, Building is accessible for those with disabilities

PASA is a fun and social organization designed to promote wonderful recreation activities for senior adults and seniors-in-training. PASA is held 2nd-4th Wednesday of each month. Bingo and a raffle are some activities held at meetings, guest speakers or other entertainment may also be at meetings. Dues are \$10 per year, interested members may attend 3 meetings before paying dues. *Must have own ride to and from meetings.*

If you have questions please feel free to contact Jennifer at 966-1036 ex 17 or e-mail: jdavis@fairoakspark.org.

MONTHLY SCHEDULE:

TIME: 11am-1pm
 2nd Wednesday • Meeting
 3rd Wednesday • Bingo
 4th Wednesday • Meeting



ZUMBA GOLD



Location: Community Clubhouse

Zumba Gold is a dynamic dance fitness work out inspired by Latin and International rhythms. It is designed specifically for beginners, active adults and participants new to fitness. Safe and easy to follow, this one hour class will feature rhythms like merengue, cha-cha, salsa, tango, belly dance and more!

Instructor: Ruthie Oggins
 Fee: \$26 (\$23 res) • Sign up for both days \$40 (\$37 res) • Drop in \$8 per class

Mondays

3812.21 • 5/5-5/19 • 11am-12pm*
 3812.22 • 6/2-6/30 • 11am-12pm
 3812.23 • 7/7-7/28 • 11am-12pm
 3812.24 • 8/4-8/25 • 11am-12pm

Wednesdays

3812.25 • 5/7-5/28 • 11am-12pm
 3812.26 • 6/4-6/25 • 11am-12pm
 3812.27 • 7/2-7/30 • 11am-12pm
 3812.28 • 8/6-8/27 • 11am-12pm
 *No class 5/26



FREE! MOVIE MONDAY

Location: Clubhouse Lower Level

Are you an active senior adult looking for a great morning activity and escape from the summer heat? Join us for a free indoor movie shown on an 80"x48" screen. Popcorn, tea and coffee will be provided or bring a snack of your own to enjoy. Every month the movie will change.

Doors Open at 11:15am
Movie Begins at 11:30am

MOVIE DATES:

May 12 • Secret Life of Walter Mitty
 June 11, Wednesday* • Jack Ryan: Shadow Recruit
 July 14 • TBA
 Aug 11 • TBA

Scholarship Opportunity



The District's goal is to provide a quality recreation experience to every child, and that no potential participant would ever be turned away because of a financial hardship. The Board of Directors established an annual "Don Ralls Memorial Scholarship Fund" for Fair Oaks youth and seniors.

This program is available on a case-by-case basis. Eligible participants will receive up to a 50% discount on one District program upon the approved completion of an application and meeting all appropriate criteria. Please note that funds are limited. The District reserves the right to limit the eligibility of programs. For more information contact Fair Oaks Recreation and Park District at 966-1036 or visit the website at www.fairoakspark.org.

5 WAYS TO REGISTER

IF PAYING WITH CHECK MAKE OUT TO FORPD



Online Registration

Visit www.fairoakspark.org to register online with Visa, MasterCard or American Express.



Walk-In Registration

Fill out registration form at our District Office, 4150 Temescal St, Fair Oaks. Monday-Friday 8:00am-5:00pm
Cash, Check or Credit cards (listed above) accepted



Mail-In Registration

Mail-In Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



Drop-Box Registration

Drop-Box Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Drop-Box is located at District office to left of front door for after hours registration.



Fax-In Registration

Fax your completed form with credit card # to 966-9863.

GENERAL INFORMATION

1. The District reserves the right to cancel or modify any class and/or program. Classes may be cancelled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All others pay the non-resident fee (indicated by non res).
3. Don Ralls Scholarship program: Scholarships are available for District residents who are on a fixed income or lower income families with special needs. Please contact the District for more information.
4. **If paying at class, you may only pay with check made out to FORPD or with credit card.**

REFUND POLICY

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. **On line convenience fee is non refundable.**
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation.

All refunds are required to submit a refund/transfer request form to be approved by District Staff.

**FAIR OAKS RECREATION & PARK DISTRICT
PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT**

**Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting.
If waiver is not signed, participant will not be registered, and form will be returned.**

PAYEE INFORMATION

LAST NAME _____ FIRST NAME: _____

PHONE/HOME: _____ WORK: _____

ADDRESS: _____ CITY: _____ ZIP: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT NAME: _____ PHONE: _____

PLEASE CHECK ONE: FAIR OAKS RESIDENT: _____ NON-RESIDENT: _____

METHOD OF PAYMENT: Payment at class cannot be made in cash. To pay with cash, you must register in District Office

Check #: _____ Card #: _____ Expiration Date _____ CVC _____ Visa ___ MasterCard ___

Cardholder's Name (Print) _____ Cardholder's Signature _____

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

Please remember to sign the waiver on the bottom of this form, Thank You! *Please check here if you would like a receipt sent.*

Agreement, Waiver & Release Fair Oaks Recreation & Park District 2014

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

Parental Consent:

(To be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my son/daughter, _____ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): _____ Date: _____

I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events. _____ initial

Community Clubhouse – Upstairs Kitchen Renovation

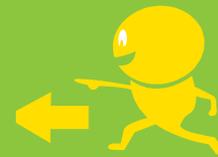
The District recently completed the renovation of the Community Clubhouse Auditorium (Upstairs) kitchen in February 2014. The project included the addition of new equipment including a six burner range, two convection ovens, a mobile heated cabinet (warmer), an ice maker, a large double-door refrigerator, a three compartment sink, a new exhaust hood and fire suppression system, new counters, and new shelving. The project also included replacing the ceiling panels, wall surfaces, and the installation of new tile flooring. The ultimate design was based on community input working with facility's heaviest users.

The kitchen renovations are a priority of the Fair Oaks Recreation and Park District Board of Directors and were identified as a capital project in September 2012. The plan is to renovate the Clubhouse kitchens (upstairs and downstairs) into up-to-date kitchen facilities. This marks the completion of the first renovation. The newly improved kitchen has much to offer both large and small scale events and programs and will serve the Fair Oaks Community well into the future. We hope Fair Oaks will be as excited as we are about the new improvements.

For more information on the facility, please contact the District office at 916-966-1036.



Fair Oaks Park - Softball Field Scoreboards



The District is proud to announce the addition of two new scoreboards at the Fair Oaks Park Softball Fields. The scoreboards are a great addition to the District's Adult Softball Program, which will further enhance the player and spectator experience. A big thank you to the Greater Sacramento Softball Association, Hastie's Capitol Sand & Gravel, Mountain Mikes Pizza at Sunrise & Madison Ave., and real estate agent Ron DeRenzo for the assistance in making this project happen.

Facility & Picnic Rentals

The Fair Oaks Recreation & Park District offers several indoor and outdoor facilities to rent for your business meetings, family celebrations, small & large special events, and much more! Detailed rental information including rates and requirements, as well as amenities and equipment included, can be found at www.fairoakspark.org.

Clubhouse Lower Level



Clubhouse Auditorium



McMillan Center



LARGE EVENT SITES

- The Community Clubhouse is separated into three different spaces. The largest of the spaces is the Clubhouse Auditorium with a capacity of 182 seated and 390 standing. The facility offers a main stage with curtains and lighting, a small mirrored wall, large windows with curtains, a foyer and a rear entrance for the renters and caterers. The kitchen has a commercial range, double sinks, microwave, refrigerator, freezer, and center island for prep. The Village Park sits adjacent to the facility and is the perfect site for an outdoor wedding ceremony.
- For larger events such as weddings, fundraisers and memorials, you can also rent the Lower Level of the Community Clubhouse. The lower level has a capacity of 70 seated and 120 standing.
- Looking to host a larger special event in one of our facilities or parks? We have multiple options to fit your needs and have hosted many small to large sized events such as a Renaissance Fayre, Blues in the Park, Fundraisers, and much more. Contact events@fairoakspark.org for information on special event rentals.

SMALL EVENT SITES

- As you enter the lovely Fair Oaks Park, you will find the McMillan Center which has a capacity of 72 seated and 154 standing. This facility is perfect for family BBQ's, small weddings in the park, reunions, memorials, and meetings. The kitchen has a stove/oven, refrigerator/freezer, three sinks, and a microwave. In addition, there are two large BBQ grills and picnic tables located on the front patio.
- Looking to host a softball, baseball, or kickball tournament or athletic function? Then we have the perfect location for you! The two softball fields located in Fair Oaks Park are rentable on the weekends from March through November. Contact ndavison@fairoakspark.org for additional information.



Miller Park BBQ



FAIR OAKS
RECREATION & PARK DISTRICT



Fireside Room

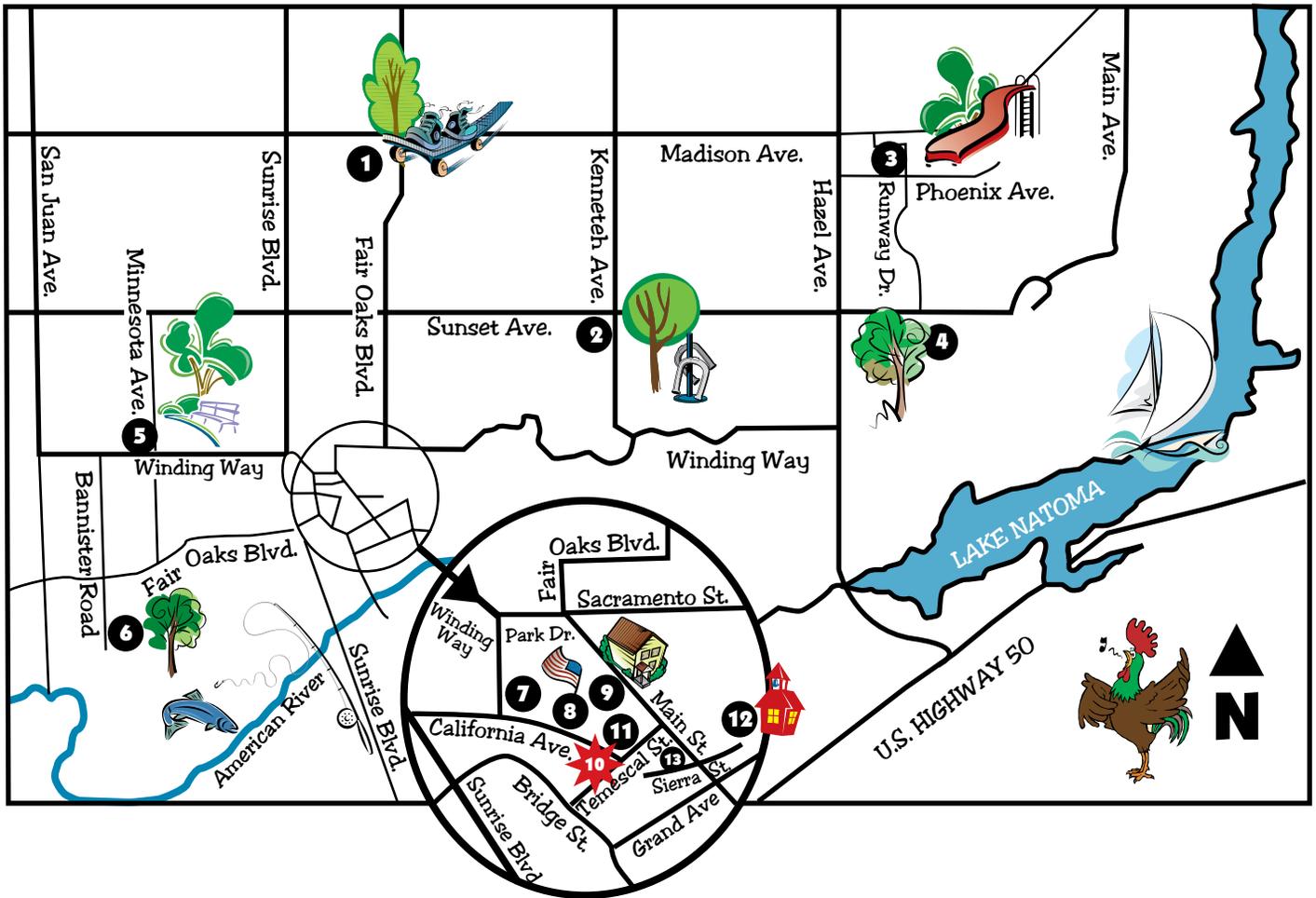
PICNIC/OUTDOOR AREAS

- Fair Oaks Park BBQ Area – 200 total seating/300 standing capacity; Playground, horseshoe pits, & basketball court
- Miller Park BBQ Area – 24 total seating/60-75 standing capacity; Playground, horseshoe pits, & basketball court
- Village Park Bandshell – 40 seated on stage (chairs not included); Playground

MEETING ROOMS

- Community Clubhouse Fireside Rm - 15 seated/25 standing
- Community Clubhouse Lower Level - 70 seated/120 standing
- Old Library Building – 40 seated/59 standing

For descriptions, reservations, rental fees, or to schedule a walkthrough, visit www.fairoakspark.org or contact the District at (916) 966-1036.



1. **Fair Oaks Park/McMillan Center** (11549 Fair Oaks Blvd.); summer camp, basketball, softball, soccer, play ground, horseshoes, skateboard park, family picnics - BBQ rental area, multipurpose field, community garden, horticulture center, maintenance yard
2. **Miller Park** (8480 Sunset Ave.); basketball, tennis, playground, horseshoes, BBQ rental area, family picnics
3. **Little Phoenix Park** (9041 Phoenix Ave.); playground, family picnics
4. **Phoenix Park** (9050 Sunset Ave.); softball, soccer, playground, family picnics, Little League, multipurpose field, vernal pools, community garden, walking path, lacrosse, dog park
5. **Montview Park** (4401 Minnesota Ave.); playground, family picnics
6. **Bannister Park** (3820 Bannister Rd.); multipurpose field, exercise equipment
7. **Plaza Park** (7003 Park Dr.); family picnics, amphitheatre
8. **Veterans Memorial Amphitheatre** (7991 California Ave.); Comedy Under the Stars, Fair Oaks Theatre Festival performances
9. **Community Clubhouse / Lower Level / Arts & Crafts Building** (7997 California Ave.); rental facility, events, classes
10. **Fair Oaks District Office** (4150 Temescal St.); Recreation and Administrative Offices
11. **Village Park** (4238 Main St.); playground, bandshell, family picnics, summer concert series
12. **Fair Oaks Preschool** (8090 Grand Ave.); Preschool program
13. **Old Fair Oaks Library** (4200 Temescal St.); rental facility, Board meetings, classes



FAIR OAKS
RECREATION & PARK DISTRICT

To Our Valued Customer
Postal Customer - Local
Fair Oaks, CA 95628
Carrier Route

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Fair Oaks,
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Look What's Coming to Town!



April / May

Easter Eggstravaganza
April 19

Kids Art Festival
April 26

Fair Oaks Fiesta Days
May 3 & 4

Rocky's Health & Safety Fair
May 8

Catch the action and excitement of these special events coming to Fair Oaks for the Spring/Summer season!

June

Community Garage Sale
June 7

Concerts in the Park (Every Thu) beginning
June 12

Comedy Under the Stars
June 13

Movies in the Park
June 20



July

Concerts in the Park
Parks & Rec Night
July 10

Movies in the Park
July 18



August

Comedy Under the Stars

August 1

Harvest Day

August 2

Movies in the Park

August 15

Concerts in the Park (Last Show)

August 28

For more information on these Special Events see pages 3-4. For more information on how you can be involved as a sponsor or volunteer for our events please contact Fair Oaks Recreation and Park District at 916-966-1036 or visit our website at www.fairoakspark.org.