

FAIR OAKS RECREATION AND PARK DISTRICT

The Roost

January - April 2014

Parks
Make
Life
Better!



Find us on Facebook for updates on District programs!



FAIR OAKS
RECREATION & PARK DISTRICT

4150 TEMESCAL ST., FAIR OAKS, CA 95628 • 916/966-1036

Register online 24/7 @ www.fairoakspark.org

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BOARD OF DIRECTORS

Brandon Rose, John O'Farrell, Ralph Carhart,
Rand Jacobs, Geoffrey Simcoe

DISTRICT OFFICE

4150 Temescal St., Fair Oaks, CA 95628
966-1036 • Fax 966-9863
www.fairoakspark.org

ADMINISTRATION

Maureen Zamarripa, District Administrator
mzamarripa@fairoakspark.org

PARKS

Park Office 240-3651 • Fax 961-3466
For field closure and updates visit
www.fairoakspark.org

To View a list of FORPD Staff, please visit
www.fairoakspark.org/about/contact-us/

Look for these class icons below to see
what is in store for you.



Fitness-Knowledge-Strength-Creativity-Community

graphic design by Lenore Wellings • 916-933-3328

FAIR OAKS RECREATION & PARK DISTRICT

Our Vision

"To be the primary recreation provider of choice for the Fair Oaks community"



COMMUNITY INFORMATION

EMERGENCY REPORTING DIAL 911

For emergencies in our parks, dial 9-1-1.

For non-emergencies regarding park security, vandalism, suspicious persons, or suspicious activities in your parks, call the District office at 966-1036 Monday through Friday during business hours. After business hours or on weekends, you may call 240-3651 and we will attend to your concerns as quickly as possible. If you need immediate law enforcement assistance or to report illegal activity at any of your parks, please call the Sacramento County Sheriff's Department at 874-5115.

DISTRICT BOARD MEETINGS

The Board of Directors of the Fair Oaks Recreation and Park District meets on the third Wednesday of each month. Meetings are held at the Old Fair Oaks Library Building, 4200 Temescal St., beginning at 6:00 pm. The public is welcome to attend. Please contact the District office prior to attending a meeting to confirm the date and time, as Board meeting dates and times are subject to change.

AMERICANS WITH DISABILITIES

In accordance with the Americans With Disabilities Act of 1990, the Fair Oaks Recreation and Park District will not discriminate against any qualified individual with a disability as far as employment with the District or the use of our services, programs, and activities. If you are interested in taking part in one of our programs and will need special arrangements (i.e. vision, hearing) please telephone the District Office at 966-1036 one week prior to the start of the class.

HOLIDAY CLOSURES

The Fair Oaks Recreation and Park District office and all other District facilities will be closed on the holidays listed below. District sponsored classes and programs will not meet during holiday closures.

Christmas, Tuesday & Wednesday, December 24th & 25th; **New Year's**, Tuesday & Wednesday, December 31st & January 1st (2014); **Martin Luther King Day**, Monday, January 20th (2014); **Presidents' Day**, Monday, February 17th (2014); **Memorial Day**, Monday, May 26th (2014).

SACRAMENTO PUBLIC LIBRARY - FAIR OAKS BRANCH

For upcoming events and programs visit us online at <http://www.saclibrary.org/Locations/Fair-Oaks/> or give us a call 916-264-2920. We are located at 11601 Fair Oaks Blvd, Fair Oaks, CA 95628.

PHOTO DISCLAIMER: The Fair Oaks Recreation & Park District (FORPD) reserves the right to photograph facilities, activities, events, and program participants for potential future use. All photos remain the property of FORPD and may be used for publicity and promotional purposes.

If classes do not meet the minimum number of participants cancellation may be considered within 5 business days prior to the start of the class.

Payments at class cannot be made in cash. To pay in cash, you must register in the District Office.



Easter Eggstravaganza

**Saturday, April 19
8am-1pm**

The Fair Oaks Recreation and Park District presents an "Eggciting" Easter adventure for the entire family. Please join us for a FREE egg hunt for children 0-12 years old, or hop on over and purchase admission to the morning breakfast and a *\$10 wristband for unlimited carnival games and inflatable's, one (1) choo-choo ride, and one (1) face painting. Attention Adults! Don't get left out on the fun, purchase your \$3 admission ticket for Fair Oaks Youth Advisory Board's "Adult Egg Hunt" for a chance to hunt for gift cards and prizes! *Carnival tickets are also available for purchase for 50¢ each. Cash only. No refunds, no exceptions! All ticket sales will end @ 12pm, one hour before the event ends.

**Location: Fair Oaks Park;
11549 Fair Oaks Blvd.**

SCHEDULE OF EVENTS:

- 8am-11am** Pancake Breakfast
- 9am-12pm** Wristband Sales and Face Painting
- 9am-1pm** Carnival games and Choo Choo Train
Ages 0-3yrs Egg Hunt (or until eggs last)
- 9:30am** Ages 4-5yrs Egg Hunt (fields 1&2)
- 10:30am** Ages 6-7yrs Egg Hunt (fields 1&2)
- 11:30am** Ages 8-10yrs (field #1)
Ages 11-12yrs (field #2)
- 12:30pm** \$3 Adult Egg Hunt (field #1)

Silent Movie Night

**Friday, January 31, 7pm-9:30pm
Doors open at 6:00pm- Show begins at 7pm**

Join the Fair Oaks Recreation and Park District and the Sierra Chapter American Theatre Organ Society for a trip back in time and bring the whole family for a special evening of silent movies. This night will feature a special showing of multiple short films along with LIVE theatre organ accompaniment by Dave Moreno. Popcorn, snacks and drinks will be available for purchase.

**Location: Community Clubhouse,
Fee: \$5 per person presale/\$7 at the door (cash only).
7610.23**

Father Daughter Dance

**Friday, Feb 7 & Saturday, Feb 8, • 6:30pm-8:30pm
Theme: A Knight For a Princess**

Hear Ye! Hear Ye! The Fair Oaks Youth Advisory Board invites every king to take his little princess out on a date they will never forget! Refreshments, great music, and more! Professional pictures will be available for purchase at an additional fee. Get your tickets in advance at the District office.

**Location: Community Clubhouse
Fee: \$20 per couple \$5 per additional daughter.
No "at the door" ticket sales. • Purchase tickets online or in our office.
7610.18 • F • 2/7/14
7610.19 • Sa • 2/8/14**

Rachel Anne Gray Memorial Spaghetti Feed Fundraiser

Friday, February 28, 6pm-9pm

A benefit for the Rachel Anne Gray Memorial Scholarship fund presented by the Fair Oaks Youth Advisory Board and the Fair Oaks Recreation & Park District. Help raise money by joining us for a three course spaghetti dinner and silent auction. Dinner presented by the Fair Oaks/Orangevale Grange No. 354 includes appetizers, salad, spaghetti, and dessert. Spirits available for purchase from the Fair Oaks Host Lions Club. Together we are making a difference in the lives of those touched by Rachel.

**Location: Community Clubhouse
Fee: \$20 per person
For more information please email events@fairoakspark.org or check out page 15 of this guide.**

It's My Park Day

**Saturday, March 22, 8am-11am
Appreciation BBQ from 11am-12pm**

YOU CAN HELP! Fair Oaks Recreation and Park District invites you and your family to help care for and celebrate your parks! The day will consist of planting, cleaning-up, repairs and much more. Come work alongside District Employees to clean up your parks and make them THE place to be. At the end of the day the District presents an afternoon BBQ to show our appreciation. Become a volunteer today, email Nick Davison at ndavison@fairoakspark.org.

Walk With a Doc

Saturday March 29, Event begins at 8:15am

Come walk with a Doc at Phoenix Park and take a step toward better health! Registration starts at 8:15am. Walk event starts at 8:45am. Take this opportunity to do something good for your body and chat with a local physician. The loop we will be following in Phoenix Park is approximately .83 miles and we will be walking two loops (1.66 miles).

Location: Phoenix Park

Kids Art Festival

Saturday, April 26, 10am-3pm

The Fair Oaks Recreation and Park District is partnering with the San Juan Unified School District and the Fair Oaks Presbyterian Church to present the 10th Annual KIDS ART: COMMUNITY FOCUS ON THE ARTS. This event will feature hands on workshops, performing art exhibits, music and dance performances, an art show, and food vendors. This is a wonderful opportunity for businesses and organizations to be part of this community event as a sponsor. For more information on becoming a sponsor please contact the Special Events Coordinator at 966-1036.

*Location: Fair Oaks Presbyterian Church
(11427 Fair Oaks Blvd., Fair Oaks)*

Save the Date! Health & Safety Fair

Thursday, May 8, 11am-3pm in Village Park

Come out and join us for a fun filled family day focused on health & safety. We will have great vendors and big trucks, tractors, and emergency vehicles for the kiddos to play on and explore.

Save the Date! Community Garage Sale

Saturday, June 7th, 8am-1pm

Registration opens February 10 at 8am. Registration is limited to 69 booth spaces, so register early! (*Garage Sale items only*).

Fee: \$35

Now Accepting Applications for Summer Camp Staff



The Fair Oaks Recreation and Park District is looking for energetic Camp Staff who are interested in providing exceptional recreation experiences for children ages 5-12 years old in a safe and fun environment. Camp Counselors will be required to supervise participants and lead activities for a summer day camp program that will meet June through August. This is a great job for students who are thinking about going into child development, recreation, or teaching.

APPLICANTS: Must Be willing to obtain current CPR and First Aid Training Certificate and pass a pre-employment background check. For more information on how to apply please call 966-1036.



Volunteer Information

"Parks Make Life Better" and that's due largely to the outstanding volunteers that assist with District events and programs each year. Volunteer with us today and get a "behind the scenes" view of our events and programs.

UPCOMING VOLUNTEER OPPORTUNITIES:

- 3/29 • *It's My Park Day*
- 4/19 • *Easter Eggstravaganza*
- 4/26 • *Kids Art Festival*
- 5/8 • *Health & Safety Fair*
- 6/7 • *Community Garage Sale*

Volunteer assistance is also needed in the parks and administration departments at the District. Examples of volunteer opportunities include park cleanup, general office assistance, handing out flyers and promotional items, and much more!

If you are interested in volunteering please contact Nick Davison at ndavison@fairoakspark.org or 916-966-1036.

The W.O.W. Bus

is headed your way this winter and spring!



The W.O.W. (Wonderful Outdoor World) Bus is getting kids back outdoors!

Fair Oaks Recreation & Park District is proud to announce the W.O.W. Bus coming to a park near you! The W.O.W. Bus is now in its third year and to celebrate, we will be coming out to your parks more frequently. This FREE program brings children and families of the community together through a variety of activities. Group games like parachute games and dodge ball are offered. Artistic skills are encouraged through activities such as drawing with sidewalk chalk, coloring, painting, and craft techniques of making a beaded necklace. There are plenty of fun activities to go around, and there are Recreation Leaders on hand to provide direction to the children and get them engaged and interested in something they may not have tried before! **The W.O.W. bus will not be held on days the temperature exceeds 100 degrees, rain days, or on Spare The Air days. If cancelled, dates will be rescheduled and posted on the District website: www.fairoakspark.org*



SPRING 2014 W.O.W. BUS SCHEDULE

DATE	LOCATION	FROM	TO
3/15	Bannister Park	10:30am	12:30pm
3/29	Miller Park	10:30am	12:30pm
4/12	Phoenix Park	9:00am	1:00pm
4/19	Fair Oaks Park (Easter)	10:30am	12:30pm
4/26	Village Park	10:30am	12:30pm

Check out park map on page 23

ROCKY'S APPEARANCES



WINTER/SPRING APPEARANCES

Father Daughter Dance	2/7 & 2/8
Walk with a Doc	3/29
Easter Eggstravaganza	4/19
Kids Art Festival	4/26

SPONSOR

The Fair Oaks Recreation & Park District encourages the involvement of local businesses and organizations through event sponsorships. Sponsoring events is a great way to advertise, an outstanding public image tool, and an interactive way to show support for the community. For more information on becoming a sponsor for any of our events or groups please contact the Special Events Coordinator at (916) 966-1036 ex. 15.



FAIR OAKS COMMUNITY PARTNER GROUPS

Fair Oaks /Orangevale Little League
fovll.com

Fair Oaks Soccer Club
fairoakssoccer.com

American River Girls Softball
argsa.org

Fair Oaks Youth Lacrosse
fairoakslacrosse.org

Fair Oaks Theatre Festival
fairoakstheatrefestival.com

Fair Oaks Foundation for Leisure & Arts
(916) 961-9012

Fair Oaks Historical Society
Fairoakshistory.org

Fair Oaks Responsible Dog Owners
fordog.org

Weather Hotline for Dog Park
966-1011 ext.22

Fair Oaks Chamber of Commerce
fairoakschamber.com

Fair Oaks Rotary Club
Rotaryfairoaks.org

Fair Oaks Horticulture Center
ucanr.edu/sites/sacmg/Fair_Oaks_Horticulture_Center

Fair Oaks Master Gardeners
canr.edu/sites/sacmg

Starlight Shufflers Square Dancers
anneluree.hypermart.net/squaredance

Sierra Chapter American Theatre Organ Society
sierrachapteratos.org

Fair Oaks Racquet Club
fortennis.com

Fair Oaks Host Lions Club
fairoakshostlionsclub.com

Fair Oaks Mom's Club
fairoaksmomsclub.webs.com

Fair Oaks Community Gardens
focgcc@yahoo.com

Phoenix Community Gardens
phoenixgarden@comcast.net

Fair Oaks Horticulture Center in Fair Oaks Park



2014 WORKSHOPS AND OPEN GARDEN DAYS - FREE!

Presented by the UC Cooperative Extension Master Gardeners and Fair Oaks Recreation & Park District. See page 7 for additional information.

Additional information available at 916-875-6913,
<http://ucanr.org/sacmg>, www.facebook.com/sacmg

SATURDAY, JANUARY 18 - WORKSHOP - 9:00am-Noon

Workshop: Sponsored by Fair Oaks Boulevard Nursery
Learn pruning techniques for fruit trees, grapes, blueberries and caneberries.
Demonstrations on composting and creating a worm composting bin.

SATURDAY, FEBRUARY 22 - OPEN GARDEN - 9:00am-Noon

Open Garden: Roam the gardens and talk with Master Gardeners.
Demonstrations on grafting, pruning ornamental grasses, perennials, grapes, and berries. Visit the cool season vegetable garden. Demonstrations on composting and worm composting.

SATURDAY, MARCH 15 - WORKSHOP- 9:00am-Noon

Workshop: Learn how to grow fresh vegetables, and understand fruit tree pests. Get tips on improving your soil and making compost and worm castings.

WEDNESDAY, APRIL 19- OPEN GARDEN - 9:00am-Noon

Open Garden: Learn how to tackle your April tasks in the garden and landscape. Drop by to see the gardens and learn how to thin grapes, prepare vegetable beds and obtain landscape design tips. Ongoing compost and worm composting demonstrations.



CERT is a positive and realistic approach to disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in

need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger. Personal protective equipment will be given to each participant who completes the training.

Classes held at Metro Station 21 (7641 Greenback Lane).

CLASS SCHEDULE:

Thu	1/9	6-10pm	Disaster Awareness
Sat	1/11	8am-5pm	Fire Safety Tech.
Thu	1/16	6-10pm	Disaster Psychology
Sat	1/18	8am-5pm	Terrorism/Course Review



For more information, please visit our website at: www.smfed.ca.gov/cert.htm
or contact Metro Fire CERT at (916) 566-4381; cert@smfed.ca.gov

FAIR OAKS HORTICULTURE CENTER VISIT US TODAY!

The Fair Oaks Horticulture Center was established in 1998 as a Sacramento County University of California Cooperative Extension (UCCE) project with collaboration from the Fair Oaks Recreation and Parks District and the Regional Water Authority. The District continues to provide the land, water and electricity. UCCE Sacramento County Master Gardeners maintain the one-acre center and hold periodic workshops (see page 6). The Center includes a water-efficient landscape demonstration, an orchard, a table grape vineyard, berries, a vegetable demonstration garden, an herb garden, and a compost and vermiculture demonstration area.



The water efficient landscape gardens are open to the public every day throughout the year. The edible landscape areas are open only during workshops and open garden days. Come visit us during the week or stop in on a workshop day to learn more!

We are located in the back portion of Fair Oaks Park. Just look for the beautiful black iron fencing!



Fair Oaks Horticultural Center
11549 Fair Oaks Blvd.
Fair Oaks, CA 95628
ucanr.edu/sites/sacmg/Fair_Oaks_Horticulture_Center

Come visit us the 1st Saturday in August for our Annual Harvest Day event.

Fair Oaks Preschool

2014-2015 School Year: Aug 18 - May 29

*For children ages 3-5 years old

(children must be potty trained)

"Parent Participation Preschool"

M/W/F class parent works in classroom 3 times per session

T/TH class parent works in classroom 2 times per session

Can't make the volunteer days but still want to enroll your child?

Buy out of your volunteer time for an extra \$50 per 4 week session.*

***Limited number of Buy-Outs per class available**

Space still
available 2013-2014
in MWF Afternoon
Program

Children enrolled in the Fair Oaks Preschool Program will become exposed to numbers, letters, and shapes and more importantly they will learn how to socialize, get along with other children, share and contribute to circle time. The children will learn how to raise their hands, share the teacher's attention and separate from Mommy or Daddy. Children who attend preschool typically make an easier transition into kindergarten.

PROGRAM OPTIONS/SESSIONS/FEEES

Mon, Wed & Fri • 9am - 12pm • \$185 (\$180 res) per 4wk session

Mon, Wed & Fri • 12:45 - 3:30pm • \$185 (\$180 res) per 4wk session

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year

Tue/Thu • 9am - 12pm • \$135 (\$130 res) per 4wk session

This recreation-oriented program is a good introduction to group activities. Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play.

Yearly, nonrefundable, registration fee of \$75 due at time of registration. Children currently enrolled in the program have priority to re-enroll.

For more information and session dates visit www.fairoakspark.org





PRESCHOOL DANCE DISCOVERY



Ages: 3-5 yrs
Location: McMillan Center

Tap! Ballet! Gymnastics! Put on those dancing shoes and explore the world of dance and creative movement. Tots learn the fundamentals of dance using a variety of techniques and styles. This class is an introduction to ballet, tap and tumbling.

Fee: \$49 (\$46 res)
 Instructor: Miss Bethany
 1511.11 • Sa • 1/4-1/25 • 9-9:45am
 1511.12 • Sa • 2/1-2/22 • 9-9:45am
 1511.13 • Sa • 3/1-3/29 • 9-9:45am*
 1511.14 • Sa • 4/5-4/26 • 9-9:45am
 *No class 3/8

PRESCHOOL DANCE DISCOVERY II



AGE: 3-5 years
Location: McMillan Center

Continuing dance students will learn basic combinations, dance terminology and more complex steps. Tap shoes are required. *Please obtain instructor approval prior to registration.*

Instructor: Miss Bethany
 Fee: \$49 (\$46 res)
 1512.11 • Sa • 1/4-1/25 • 10-10:45am
 1512.12 • Sa • 2/1-2/22 • 10-10:45am
 1512.13 • Sa • 3/1-3/29 • 10-10:45am*
 1512.14 • Sa • 4/5-4/26 • 10-10:45am
 *No class 3/8

MOMMY & ME



Location: Arts & Crafts Bldg.

LITTLE HANDS POTTERY

Ages: All ages (under 10 w/parent participation)

Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint and a personalized design. Then your artwork will be clear coated & kiln fired to be picked up at a pre-arranged date. *Please bring a \$10 materials fee payable to instructor on day of class.*

Fee: \$23 (\$20 res)
 Instructor: Michelle Lueth
 1611.11 • F • 4/25 • 10:45-11:30am
 1611.12 • Sa • 4/26 • 10:45-11:30am

ART DISCOVERIES

Ages: 3-6yrs w/parent

Have some creative fun with your little artist in this class with small hands in mind! New & imaginative art projects will be discovered each week. Come dressed for mess & ready to have fun. *Please bring a \$10 materials fee payable to instructor on first day of class.*

Fee: \$41 (\$38 res)
 Instructor: Michelle Lueth
 1612.11 • F • 3/28-4/11 • 10:30-11:30am

MOMMY / DADDY & ME SOCCER



Ages: 2-3.5yrs
Location: Fair Oaks Park

Introduce yourself and your toddler to the "Worlds Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy / Daddy & Me Soccer, you won't have to watch from the sidelines. *In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$92 (\$89 res) / Session: 8 wks
 Instructor: Jared Rains, Kidz Love Soccer Coach
 5555.15 • F • 1/24-3/14 • 9:30-10am
 5555.25 • F • 4/11-5/30 • 9:30-10am

BASEBALL/SOFTBALL PARENT AND CHILD CLINIC

Coed Ages 6-10 with parent
Location: Fair Oaks Park Softball Fields

Most would agree that in youth sports the number one challenge is not the players, rather their parents. Our parent seminars have helped thousands of parents to look at things differently and become part of the solution rather than the problem. The ultimate goal is to get everyone on the same page or LIKE-MINDED!

Fee: \$48 (\$45 res)
 Instructor: National Academy of Athletics
 4132.33 • Su • 4/6 • 9am-11:30am

NEW! BYERS GYMNASTICS

Instructor: Byers Gym
Classes are held at Byers in Citrus Heights

PARENT PARTICIPATION GYMNASTICS



Ages: Walking – 2.9 yrs

This Parent Participation class is designed for children from the time they walk until age 3. Parents help children with gross motor skills and help with circuits, tumbl-trak, incline mats, small bars and more. Join us as we bounce, climb, roll, swing and have a great time learning gymnastics.

- 1315.11 • Th • 1/9-2/13 • 9:30am-10:15am • Fee: \$77 (\$74 res)
 1315.12 • Th • 2/20-3/27 • 9:30am-10:15am • Fee: \$77 (\$74 res)
 1315.13 • Th • 4/3-5/22 • 9:30am-10:15am • Fee: \$97 (\$94 res)
 1316.11 • Th • 1/9-2/13 • 5:30pm-6:20pm • Fee: \$77 (\$74 res)
 1316.12 • Th • 2/20-3/27 • 5:30pm-6:20pm • Fee: \$77 (\$74 res)
 1316.13 • Th • 4/3-5/22 • 5:30pm-6:20pm • Fee: \$97 (\$94 res)
 1317.11 • T • 1/7-2/11 • 6:30pm-7:20pm • Fee: \$77 (\$74 res)
 1317.12 • T • 2/18-3/25 • 6:30pm-7:20pm • Fee: \$77 (\$74 res)
 1317.13 • T • 4/1-5/20 • 6:30pm-7:20pm • Fee: \$97 (\$94 res)

TOT GYMNASTICS



Ages: 3 years

In this first class away from mom and dad, children learn to listen to the teacher as they work on jumping, practice rolls, walk on low beams. Small bars are used to teach hanging skills, kickovers, and straddleup. The Tot class also works on rhythms, pinwheels, donkey kicks, gymnastics tables and crab walks.

- 1318.11 • Th • 1/9-2/13 • 10:15am-11am • Fee: \$77 (\$74 res)
 1318.12 • Th • 2/20-3/27 • 10:15am-11am • Fee: \$77 (\$74 res)
 1318.13 • Th • 4/3-5/22 • 10:15am-11am • Fee: \$97 (\$94 res)

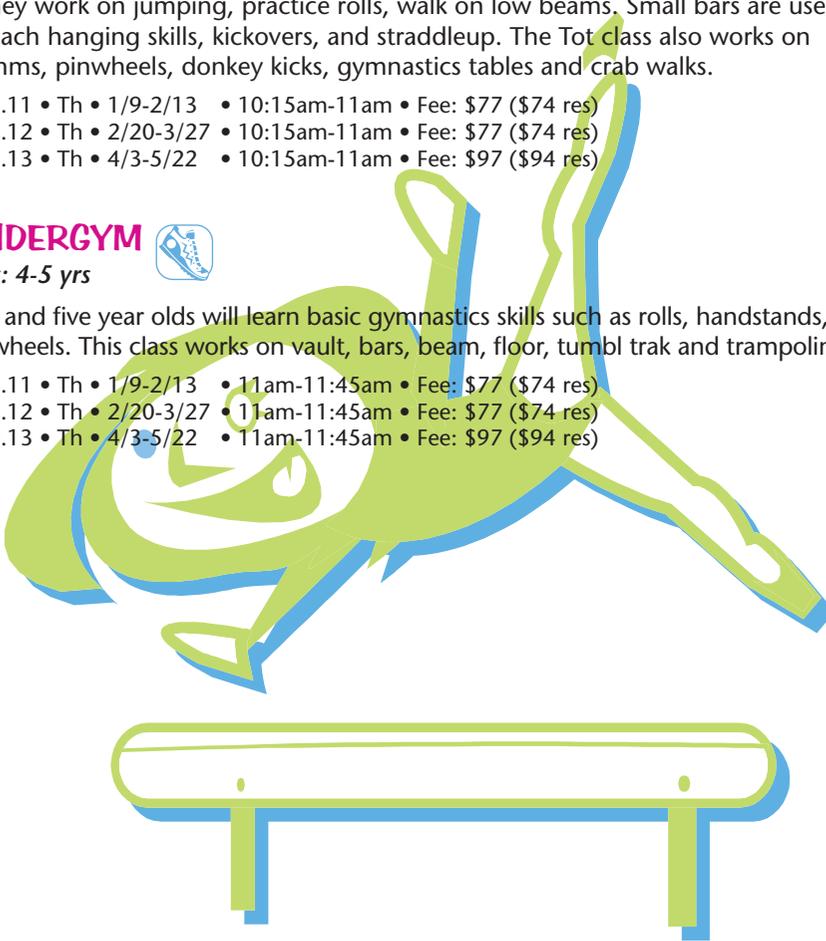
KINDERGYM



Ages: 4-5 yrs

Four and five year olds will learn basic gymnastics skills such as rolls, handstands, and cartwheels. This class works on vault, bars, beam, floor, tumbl trak and trampoline.

- 1319.11 • Th • 1/9-2/13 • 11am-11:45am • Fee: \$77 (\$74 res)
 1319.12 • Th • 2/20-3/27 • 11am-11:45am • Fee: \$77 (\$74 res)
 1319.13 • Th • 4/3-5/22 • 11am-11:45am • Fee: \$97 (\$94 res)



NEW! BEGINNER YOUTH ICE SKATING



Ages: 6-12 yrs

Location: Skatetown Ice Arena

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one foot glides, a two foot spin and more. Includes 4 free skate rental passes.

Instructor: Skatetown Instructor
Fee: \$56 (\$53 res)

- 2321.11 • W • 1/29-2/19 • 5:45-6:15pm
 2321.12 • W • 2/26-3/19 • 5:45-6:15pm
 2321.13 • W • 3/26-4/16 • 5:45-6:15pm
 2321.14 • W • 4/30-5/21 • 5:45-6:15pm

NEW! BEGINNER YOUTH ICE HOCKEY



Ages: 6-12 yrs

Location: Skatetown Ice Arena

Come learn the exciting and rapidly growing sport of Ice Hockey! This 4-week introductory class is designed to teach basic hockey skills and get kids hooked on hockey. Includes a free hockey jersey, use of skates, helmet & stick and one 75 minute class each week.

Instructor: Skatetown Instructor
Fee: \$64 (\$61 res)

- 2421.11 • Su • 1/5-1/26 • 5:15-6:30pm
 2421.12 • Su • 2/2-2/23 • 5:15-6:30pm
 2421.13 • Su • 3/2-3/23 • 5:15-6:30pm
 2421.14 • Su • 3/30-4/27 • 5:15-6:30pm*
 *No class 4/20

CHECK OUT!
Facility Info
on page 26



NATIONAL ACADEMY OF ATHLETICS



SPRING BREAK BASEBALL/ SOFTBALL CAMP

Coed Ages: 6-9 and 10-13

Location: Fair Oaks Park Softball Fields

Perfect for spring break, the HIT & RUN Baseball/Softball camps offered by the National Academy of Athletics offer beginner to intermediate players the opportunity to build a solid foundation in both Baseball and Softball. Individual instruction is given in both sports, by college level players. Campers love these programs because each day is filled with fundamental skill progression drills, easy to understand instruction, as well as games & competition. Boys & Girls receive positive reinforcement throughout the day, to help build their confidence. This is a great place to develop players' individual skills in a fun and positive environment. The staff uses positive reinforcement to help motivate the campers. If you like baseball or softball you will love these camps!

Fee: \$192 (\$189 res)

4132.34 • M-F • 4/14-4/18 • 9am-3pm

Fee: \$142 (\$139 res)

4132.35 • M-F • 4/14-4/18 • 9am-12pm



TINY TOT SPORTS CLASSES



Ages: 3-5 / Location: Fair Oaks Park

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. *Parent participation is required.*

Fee: \$34 (\$31 res) / Session: 4 wks

Instructor: Recreation Staff

TINY TOT T-BALL

1129.11 • Sa • 3/1-3/29 • 9-9:45am*

1129.12 • Sa • 4/5-5/3 • 9-9:45am*

TEAM SPORTS CAMP

(a different sport each week)

2122.11 • Sa • 3/1-3/29 • 10-10:45am*

2122.12 • Sa • 4/5-5/3 • 10-10:45am*

TINY TOT BASKETBALL

1160.11 • Sa • 3/1-3/29 • 11-11:45am*

1160.12 • Sa • 4/5-5/3 • 11-11:45am*

*No class 3/22 or 4/19



KIDZ LOVE SOCCER (KLS)

Ages: 3.5-6yrs

Location: Fair Oaks Park

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method. A session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is *always fun to fun.*"™ Log onto www.kidzlovesoccer.com for more information. *(Shin guards required after 1st meeting). In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$92 (\$89 res)

Instructor: Jared Rains, Kidz Love Soccer Coach

Fri • 1/24-3/14 • Session: 8 wks

5555.11 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.12 Tot/Pre Soccer (3.5-5 yrs) 3:10-3:45pm

5555.13 Soccer 1 (5-6 yrs) 3:45-4:30pm

Fri • 4/11-5/30 • Session: 8 wks

5555.21 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.22 Soccer 1 (5-6 yrs) 3:45-4:30pm

5555.23 Tot/Pre Soccer (3.5-5 yrs) 5:15-5:50pm

YOUTH KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo continuing class offers students the opportunity to further develop skills taught in the "Intro to Kenpo Karate" program. Students will learn traditional Kata, self-defense techniques and how to freestyle spar. Students will be exposed to the "Five Animal Styles" of Kenpo: Dragon, Snake, Tiger, Leopard and Crane. Emphasis continues to be placed on fostering the students' confidence, discipline and respect. *A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment for \$50.*

Fee: \$67 (\$64 res) PER MONTH or

\$134 (\$128 res) for 2 MONTHS

Classes taught in a 2 month curriculum

Instructor: Casey Benedick

CONTINUING KENPO KARATE #1

1203.11 • T/Th • 1/7-1/30 • 6:30-7:15pm

1203.12 • T/Th • 2/4-2/27 • 6:30-7:15pm

1203.13 • T/Th • 3/4-3/27 • 6:30-7:15pm

1203.14 • T/Th • 4/1-4/29 • 6:30-7:15pm

CONTINUING KENPO KARATE #2

1205.11 • T/Th • 1/7-1/30 • 7:15-8pm

1205.12 • T/Th • 2/4-2/27 • 7:15-8pm

1205.13 • T/Th • 3/4-3/27 • 7:15-8pm

1205.14 • T/Th • 4/1-4/29 • 7:15-8pm

SOCCER SKILLZ & SCRIMMAGES



Ages: 7-10yrs

Location: Fair Oaks Park

Kids enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! **Each participant will receive a soccer jersey.** *Shin guards are required. In case of rainouts, please call the KLS field hot line at 1-888-372-5803.*

Fee: \$101 (\$98 res) • Session: 8 wks

Instructor: Jared Rains, KLS Coach

5555.14 • F • 1/24-3/14 • 4:30-5:15pm

5555.24 • F • 4/11-5/30 • 4:30-5:15pm

SPRING BREAK CAMPS



NEW! RADICAL ROBOTS 2.0

Ages: 8-12 yrs

Location: McMillan Center



Robots are taking over! Learn all about robots and how they are used in our world. Perform experiments with cool robots including sound-sensing robots, line-tracking robots, light-sensing robots and even robots that can play soccer! Cool! Discover the science of circuits and how robots use sensors to explore things around them. Throughout this camp, you will make your own robot (it's a new sound-sensing robot this year) and take it home at the end of the week! *Additional materials fee of \$25 for the robot, which is due by the first day of camp.*

Instructor: Mad Science Sacramento

Fee: \$165 (\$162 res)

6610.11 • M-F • 4/14-4/18 • 9am-12pm

NEW! FLIGHT ACADEMY

Ages: 6-12 yrs

Location: McMillan Center



It's a bird! It's a plane! No, it's . . . everything from the earliest flying machines to the first rocket flights. This hands-on program will let you learn all about aerodynamics and the world above us. Explore the basic principles of flight, build airplanes, test them in wind tunnels, ride a hovercraft and construct balloon cop- ters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home a rocket that you have built yourself. We'll be moving at light speed throughout this high velocity week!

Instructor: Mad Science Sacramento

Fee: \$165 (\$162 res)

6610.12 • M-F • 4/14-4/18 • 1-4pm

NEW! WAKEBOARDING/WATERSKIING CLASS



Ages: 8 and up or instructors Approval

Location: Lake Natoma

This course is designed for students at all levels of wakeboarding and water skiing. The class is for the beginner, who has never skied or wakeboarded, to the advance who wishes to improve on technique or break bad habits. Trick skiing, kneeboard- ing and bare-footing can also be covered during this lesson. *Equipment will be provided but students may bring their own if they prefer.*

Instructor: CSUS Aquatic Center Staff

Fee: \$75

1916.11 • T • 3/25 • 3-6pm

1916.12 • Sa • 4/5 • 10am-1pm

1916.13 • Sa • 4/12 • 10am-1pm

NEW! STAND UP PADDLEBOARDING CLASS



Ages: 10 and up

Location: Lake Natoma

Sign up for one of our stand up paddleboard (SUP) clinics and see what all the excitement is about. Even if you have little experience paddling, our group SUP courses are designed using the ACA level one requirements, which introduce and expose beginning paddlers to the skills, equipment and knowledge that is needed to become a successful paddle boarder, while also challenging the advanced pad- dlers to improving and honing their techniques on the water. Come prepared! (Towel, water shoes, sunscreen, food, water bottle, swim suit, sunglasses, & hat)

Instructor: CSUS Aquatic Center Staff

Fee: \$50

1917.11 • Sa • 3/8 • 1-4pm

1917.12 • Th • 3/20 • 4-7pm

1917.13 • Su • 3/23 • 9:30am-12:30pm

NEW! BASIC KAYAKING



Ages: 12 and up

Location: Lake Natoma

This course is designed to introduce the beginning paddler to the three most wide- ly used recreational kayaks while correcting paddling and navigation techniques and educating on the safety skills of Lake Natoma. The first day of instruction will start with sit on top kayaks, and then move to a more technical boat known as the surf ski. The second day will incorporate all of the skills learned in the Viking tour- ing boat. Our ACA certified instructors create a friendly, welcoming environment for all participants, regardless of age, ability, or skill. Once you have completed this course, you are eligible to rent any equipment in which you have shown compe- tence through this course.

Instructor: CSUS Aquatic Center Staff

Fee: \$90

1918.11 • T/Th • 4/22&4/24 • 5-8pm

NEW STAR CHILDREN'S THEATRE:



Musical Theatre Workshop

We welcome all children regardless of experience! Children are taught acting, singing, dancing and will present the musical at the end of the session. We emphasize that every child is talented, and deserves a chance in the spotlight. We feel that every child is a star, and treat each child with respect, and kindness. Children will gain self-confidence, self-esteem, public speaking ability, working in a supportive team environment, and wonderful friends that will last a life-time! *All children will be auditioned on the first night of rehearsal. All children must be registered to audition. Every child will be given a role with lines. Children will need black dance shoes- jazz or ballet are acceptable. \$30 materials fee to be given to instructor and \$40 costume fee to be given to costume coordinator.

"THE WIZARD OF OZ"

The Wizard Of Oz" musical, with all of the beloved songs from the movie, and the fun characters! Come with Dorothy, "Somewhere Over the Rainbow" to the "Merry Old Land of Oz"! Take a journey with her, the Scarecrow, the Tin Man, and the Lion, and "Follow the Yellow Brick Road"! Lions, and Tigers and Bears, a Wicked Witch, Flying Monkeys, Glinda the Good Witch, the Munchkins, the Crows, and so much more in the wonderful classic!

Audition date: Monday Jan. 20th 7-9pm
Community Clubhouse

All children will be accepted but need to audition so we can give them a role. No need to prepare an audition as we will teach everyone a song and hand out a scene to do with a partner.

Fee: \$296 (\$293 res)
Monday Location: Clubhouse 7-9pm
Thursday Location: McMillan Center 5-7pm
1724.11 • M & Th • 1/20-5/4

SUPERNOVA SENIOR PERFORMING TROUPE



Ages: 12-17yrs

Location: Clubhouse Auditorium

Come be a part of the ultimate "Glee" club – A singing and dancing program for kids! Children are taught singing and dancing numbers to perform at events in the public, from festivals to retirement homes. We teach the kids to feel self-confident, working a group, be able to sing or dance the "lead" or "back up", problem solve and make friendships that last a life-time.

All Supernova participants must have a song ready to sing for the first rehearsal, either with a karaoke track on a cd or ipod or it can be a capella. All participants must have black dance shoes (ballet slippers or jazz shoes) and dress in comfortable clothes that are easy to dance in. *Every participant will need to hand in a \$30 materials fee to New Star, and a \$40 costume fee to the costume coordinator at the first class.*

Fee: \$256 (\$253 res) • Sign up for both Supernova & Musical Theater: and receive discount for Supernova \$156 (\$153 res)
Instructor: New Star Children's Theater
1724.12 • M • 1/20-4/28 • 5-7pm

SUPERNOVA "JUNIORS" PERFORMING TROUPE



Ages: 4-7 yrs

Location: Clubhouse Auditorium

This will be the first step for 4-7 year olds who love to sing and dance and want to be in SuperNova! Juniors will be taught song and dance numbers and will perform with SuperNova at all of their events. No audition required for this beginner troupe.

Fee: \$156 (\$150 res)
Instructor: New Star Children's Theater
1724.13 • M • 1/20-4/28 • 4-5pm

AN ART EXPERIENCE



Ages: 5-20 yrs

Location: Old Fair Oaks Library

Enjoy an adventure into the world of art. Learn new skills, refine your talents, or just have fun creating. Learn how to draw one line at a time and how to use colors with crayons, pencils, pastels, and paints. Draw birds, fish and more and paint landscapes and designs using different brush techniques.

Fee: \$54 (\$51 res)
Instructor: Susan Frank
7172.11 • Th • 2/6-3/13 • 4-5:30pm



FAMILY POTTERY



Ages: 5-17yrs with parent

Location: Arts & Crafts Building

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Class fee includes parent and child. *Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 5 weeks;
Additional family members, \$24 each
Instructor: Michelle Lueth

1610.11 • T • 1/14-2/11 • 4:15-5:30pm
1610.12 • T • 1/14-2/11 • 6:15-7:30pm
1610.13 • W • 2/26-3/26 • 4:15-5:30pm
1610.14 • W • 2/26-3/26 • 6:15-7:30pm
1610.15 • T • 4/22-5/20 • 4:15-5:30pm
1610.16 • T • 4/22-5/20 • 6:15-7:30pm

INTRODUCTION TO KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo is a karate program committed to the mental and physical development of our students. Our goal is to develop the skills needed for self-defense, and to build qualities of confidence, respect, and self-discipline — a youth's first line of defense against the pressures of today. Students will learn the basic bows, blocks, punches, and kicks of Kenpo karate and will be prepared to enter our continuing kenpo karate program. *A \$25 testing fee is required for those who wish to be evaluated for rank certification (belt testing) at the last class of the course. A \$35 uniform is required for students wishing to continue beyond first introductory class.*

Fee: \$82 (\$79 res)

Instructor: Casey Benedick

1202.11 • T/Th • 1/7-2/7 • 6-6:30pm

1202.12 • T/Th • 3/4-4/29 • 6-6:30pm



BEGINNERS FENCING



Ages: 7-15yrs

Location: Hristov Fencing Club

Fencing, the art of swordsmanship, has been practiced for centuries. The sport develops your flexibility, strength, and speed. It is the fastest martial sport of them all and it's FUN!! Fencing is great for all ages and levels of athletic ability. Learn sportsmanship and self-discipline. *Please bring bottle of water, gym clothes and clean tennis shoes to class.*

Fee: \$56 (\$53 res)

Instructor: Kristiyan Hristov

Location: Hristov Fencing Club,
6442 Fair Oaks Blvd., Carmichael
3831.11 • W • 1/8-1/29 • 4-5pm
3831.12 • W • 2/5-2/26 • 4-5pm
3831.13 • W • 3/5-3/26 • 4-5pm
3831.14 • W • 4/2-4/23 • 4-5pm

CPR/AED/FIRST AID TRAINING FOR INFANT, CHILD & ADULT



This course is EMSA Certified

Ages: 12yrs & up

Location: Old Fair Oaks Library

Save time and money by receiving this **two-year, EMSA approved, certification.** This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life saving skills. Come join us for coffee, cookies and life saving education! *A \$10 material fee due to instructor at first class meeting.*

Fee: \$73 (\$70 res) / Session: 1 day

Instructors: Breath Of Life

4444.11 • Sa • 1/11 • 8am-4:30pm

4444.12 • Sa • 2/22 • 8am-4:30pm

4444.13 • Sa • 3/22 • 8am-4:30pm

4444.14 • Sa • 4/12 • 8am-4:30pm

NEW! EASY WEBSY



Ages: 11-18yrs

Location: 100 Iron Point Cir. 95630

Learn how to build your own website (at least 5 pages). This is a free website and you can keep it private if you would like. You can use templates to create it or start your own design from scratch. You will learn to upload pictures, linking pictures and pages, making your website appealing and much more. The website will be about you so bring your own pictures on a CD or flash drive and start having fun.

Fee: \$236 (\$233 res)

Instructor: Tami Kacevas

8179.11 • Th • 1/23-3/13 • 4-5:30pm

CHECK OUT!
Thai Cooking
on page 19

3 ON 3 TOURNAMENT / BASKETBALL

Saturday, April 12

Grade Level: 3rd - 7th



Location: Fair Oaks Park Upper Basketball Court (near the Skatepark)

Get your best basketball buddies together for this one day 3 on 3 tournament! Teams of 4 or 5 battle it out with a minimum of 3 games plus playoffs. There are three different levels of play based on the grade level of the oldest player on the team. The levels are 2nd & 3rd grade, 4th & 5th grade and 6th & 7th grade. A champion will be crowned in each division with certificates of achievement for all playoff teams. Come out and spend the day competing with and against all your friends in a fun, safe and competitive environment.

Fee: \$12 per player - Teams of 4 or 5 players

Instructor: National Academy of Athletics

4133.31 • 2nd & 3rd Grade • 9am

4133.32 • 4th & 5th Grade • 10am

4133.33 • 6th & 7th Grade • 11am



NEW! POWERPOINT FOR YOUTH



Ages: 12-19 yrs

Location: 100 Iron Point Cir. 95630

PowerPoint is an amazing tool for school presentations. It's the number one program to use in professional presentations as well. Learn the basics to make outstanding visual presentations in a real Graphic Design Studio and friendly environment. You will also learn tips on design. Bring your own computer or use ours and be ready to amaze your friends and teachers.

Instructor: Tami Kacevas

Fee: \$236 (\$233 res)

8178.11 • T • 2/18-4/8 • 4-5:30pm



11/7/1990-9/2/2012

Rachel Anne Gray Memorial Scholarship

The Scholarship was established in honor of Rachel Anne Gray who passed away September 2nd, 2012 at the age of 21. Rachel was a resident of Fair Oaks, a Bella Vista Graduate and a member of the Fair Oaks Youth Advisory Board (FOYAB) from 2006 through 2008. The award, in the amount of \$500, is given annually to deserving high school Juniors or Seniors. Application deadline is April 11th. For more information or to donate to the program please contact: events@fair oakspark.org.

BEGINNING JEWELRY



Ages: 13yrs + over

Location: Arts & Crafts Building

Have you ever seen a piece of hand-made jewelry and wanted to find out how to make it yourself? In these classes you will learn the skills to create your own unique designs. Leave class with a finished piece of jewelry you will be proud to wear. *Please bring a \$15 materials fee payable to instructors on day of class.*

Instructor: Michelle Lueth

Fee: \$28 (\$25 res)

Beginning wirework linked beads

5112.11 • Sa • 3/1 • 1:30-3:30pm

5112.12 • F • 4/11 • 1:30-3:30pm

NEW! COLLEGE BOUND 101

Ages: 10th & 11th Grade students

Parent Required

Location: McMillan Center



Navigating the application process to four-year colleges and universities today can be daunting! Please join instructor, Marilyn Fleming, as she shares insights and step-by-step instruction and plenty of resources on how to manage this journey of expectations and deadlines. We will examine the essential tenets to choosing the right college. Key ingredients for less stress and success are knowing what to do and when to do it!

Instructor: Marilyn Fleming

Fee: \$66 (\$63 res)

2324.11 • W • 1/15-1/29 • 6-7:30pm

2324.12 • W • 3/12-3/26 • 6-7:30pm

Fair Oaks Youth Advisory Board



Fair Oaks Recreation and Park District is pleased to announce the 2013-2014 Fair Oaks Youth Advisory Board (FOYAB). FOYAB members:

Ethan Albers, Sana Alsamman, Abbey Anderson, Lauren Bensch, Bayan Boulad, Claire Burch, Mary Cattolica, Ryan Cohen, Darynne Cross, Victor de Cos, Jane Diamond, Alana Easterbrook, Ryan Fuchs, Christina Gnedash, Ellen Hoppe, Kim Huynh, Alexandra Iavorovschi, Madison Judd, Colin Kearney, Matthew Messer, Devin Miller, Emily Monroe, Connor Nishio, Jazmine Nunez, Teresa Ortega, Jennalyn Reed, Abby Reimche, Courtney Reimche, Leigh Ann Simin, Emily Smith, Elliott Stanton, Alana Sungar, Trevor Wafer, Jared Watson, Claire Williams, Haleigh Yang, Hannah Yi, Kwanhee Yu, Kyungwon Yu

YOUTH DEVELOPMENT COORDINATOR:

Sabrina Bernardo

sbernardo@fair oakspark.org



"You must be the change you wish to see in the world"





NEW! Day Trips & Overnights

Friends in Travel trips will pick up from the Fair Oaks Park parking lot if at least 10 people sign up. Friends in Travel will notify of pick up location one week before trip.

CHRISTMAS IN THE SIERRAS

No plans this holiday season? Spend it with us in the beautiful Sierras!

Tour Inclusions: 2 Nights at a downtown Reno Hotel & Casino, Holiday Buffet Feast, Wine & Cheese Welcome Reception with Gift Exchange, Casino Bonus, Ticket to Holiday Performance at the Eldorado Showroom, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Tuesday-Thursday, December 24-26

Fee: \$349 per person Double Occupancy / \$105 per person additional single supplement

FEATHER FALLS CASINO

Start the year off with a date with Lady Luck! *Register by January 6th to ensure your space. No refunds after this date.*

Tour Inclusions: 4 Hours Free Time at the Feather Falls Casino, Casino Bonus of \$12 Cash & \$3 Food, Driver & Escort Gratuities and Refreshments.

Thursday, January 23, 2014 • 9am-4pm

Fee: \$20 per Person

FILOLI GARDENS

Begin the morning with a docent led tour of the Filoli House and learn about the estate's fascinating history, including the families who founded and maintained the Filoli vision and the people who made it a reality. A delicious lunch is included at the Café in between tours. *Register by April 7, 2014. No refunds after this date.*

Tour includes: Admission to Filoli Gardens, Docent-led tour of the Filoli House and Gardens, Hosted lunch, Roundtrip Motorcoach transportation, Driver and escort gratuities and refreshments.

Wednesday, March 14, 2014 8am-6pm

Fee: \$99 per person

AMTRAK THROUGH THE SIERRAS

Treat yourself to a winter getaway! Take a short ride to the Sacramento Amtrak station to board the train. Sit back and enjoy the delicious Boudin's lunch that we've included for you as you relax and watch the spectacular winter scenery. Check into the luxurious Eldorado Casino & Resort for your overnight accommodations. Tonight, enjoy dinner at the Eldorado Buffet. *Optional show ticket to performance at the Eldorado Casino. *Register by January 4 to ensure your space. No refunds after this date.*

Tour Inclusions: Shuttle to Sacramento Amtrak Station with One-Way ticket to Reno, NV., Boudin's Boxed Lunch, Dinner & Breakfast Buffet Vouchers for the Eldorado Buffet, Motorcoach Transportation from Reno back to the Sacramento Area, Luggage Handling, Driver & Escort Gratuities and Refreshments.

Wednesday-Thursday, February 12-13, 2014

Fee: \$205 per Person Double Occupancy / \$45 per person additional single supplement \$20 Optional Show Ticket

A TANGLED WEB WE WEAVE

Wedding bells are ringing! Join us for an enchanting afternoon set in Ancient China. Enjoy humorous wit and bilingual prose and song, glittering costumes, a graceful imperial dance, and an elaborate Chinese wedding. Lunch included at the Cathay House in Chinatown. *Register by February 7, 2014. No refunds after this date.*

Tour Includes: Hosted Lunch before show, ticket to A Tangled Web We Weave at Buddha's Universal Church, Roundtrip Motorcoach transportation, Diver & Escort Gratuities and refreshments.

Saturday, March 15, 2014 8am-6pm

Fee: \$90 per person

GOLDEN GATE PARK

Choose your own adventure as we travel into Golden Gate Park. You can either visit the De Young Museum with an optional trip to the Legion of Honor or spend the day at the California Academy of Sciences. Explore the special exhibit Modern Nature: Georgia O'Keeffe and Lake George with an included audio guide at the De Young Museum or visit with the penguins and albino alligator at the California Academy of Sciences.

Tour Inclusions: Admission to either the DeYoung Museum or the CA Academy of Sciences, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments. Note that general admission to the Legion of Honor is included if choosing to go to the DeYoung Museum.

Wednesday, March 19, 2014 • 8am-6pm

Fee: \$93 per Person



(Musical at the East Sonora Theatre)

A musical event you will never forget, this class sweeps its audience through Victor Hugo's epic tale of passion and destruction in 19th century France. Enjoy a hosted lunch before the show. *Register by March 3, 2014. No refunds after this date.*

Tour Includes: Hosted Lunch before show, ticket to Les Misérables at the East Sonora Theatre in Sonora, Roundtrip Motorcoach transportation, Diver & Escort Gratuities and refreshments.

Wednesday, April 2, 2014 8am-7pm

Fee: \$109 per person

ADULT SPORTS LEAGUES

Fair Oaks Recreation & Park District offers year round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Below you will find registration & league start dates for Adult Sport leagues. For further league information, please contact Nick Davison at 966-1036, or visit www.fairoakspark.org.

SOFTBALL

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and COED C & D. Games are held Sunday through Friday, from 6:20pm-9:20pm.

Spring League

League Dates: 3/3-5/9
Registration Deadline: Feb 21st @ 5:00pm
Number of Games: Min of (8)
Game Times: 6:20-9:20pm
Location: Fair Oaks Park
Cost: \$420 per team

BASKETBALL

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer and Fall seasons. Divisions offered are Men's D and woman's D. Games are held on Sundays from 1:00pm-8:00pm at Bella Vista High School.

Winter League

League Dates: 1/12-3/23
Registration Deadline: Jan 6th @ 5:00pm
Number of Games: Min of (8)
Game Times: 1-7pm
Location: Bella Vista High School
Cost: \$430 per team

Schedules can be found online at www.teamsideline.com/fairoaks

All Team Managers are required to obtain a Team Managers Guide Book and the District Waiver/Roster form from the District office or online prior to participating in any Adult Sports League. To be added to the Free Agent list, e-mail: ndavison@fairoakspark.org.

If inclement weather should arise, the INCLEMENT WEATHER HOTLINE will be updated by 3:00 pm with program information.
 Inclement Weather Hotline (916) 966-1011 Ext. 22



Have a dog?
 Visit your Dog Park
 in Phoenix Park.
 Just under 2 acres,
 with 3 separated areas.
 For more info visit
www.fordog.org

LOVE & LOGIC PARENTING

Location: Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd



Love and Logic is a parenting philosophy devoted to helping parents raise responsible kids. This entertaining 6 week video series provides easy-to-use practical techniques designed to put parents and teachers back in control of their homes and classrooms in a loving way. It will help you find specific actions to handle almost any childrearing frustration from the toddler to teenage years. See www.loveandlogic.com for more information. \$15 materials fee due to instructor at class.

Fee: \$66 (\$63 res) per couple / \$41 (\$38 res) individual
 Instructor: Dawn Brenner
 1418.11 • W • 1/22-2/26 • 6:30-8:40pm
 Registration Deadline: 1/15
 Child care available if reserved in advance @ 967-4784 ext 811

FREE! ESTATE PLANNING: WILLS, TRUST & PROBATE 

Julia Himovitz is a representative of Generations, an estate planning and trust law firm.

What is the difference between a will and a trust? What documents should be maintained as part of a basic estate plan? What are the benefits of estate planning? Julia will discuss the documents that everyone should have to transfer wealth from one generation to the next. Learn how you can minimize attorneys' fees and taxes upon death. This class is appropriate for people from all walks of life. *Classes are FREE but you must pre-register.*

Location: Old Fair Oaks Library
Instructor: Julia Himovitz, Generations Law
8909.11 • Th • 4/17 • 10-11am

NEW! INTRO TO PHOTOSHOP 

Ages: 18+over

Location: 100 Iron Point Cir. 95630

Learn Photoshop Elements Program and how to use it to organize, edit and save your most precious pictures. Make cards for your loved ones or edit the pictures you have to make them unforgettable. Learning photo editing, you will be able to place yourself anywhere in the world with anyone you would like, and even make objects disappear.

Instructor: Tami Kacevas
Fee: \$236 (\$233 res)
8182.11 • F • 1/24-3/14 • 9:30-11am

LIVING WITH ARTHRITIS 

Ages: 50+

Location: Old Fair Oaks Library

"Living with Arthritis" is a six week course for the arthritic patient to better manage their condition. Topics to be discussed include differentiating the types of arthritis, signs & symptoms, latest research, nutrition and fitness recommendations, prescription medicine vs. nutritional supplements and types of treatments/prevention tips. Our last class will bring in a certified massage therapist to demonstrate the many benefits of massage therapy for the arthritic patient.

Instructor: Anthony Baratta, D.C
Fee: \$26 (\$23 res)
8381.11 • T • 2/4-3/11 • 10-11am

DOG OBEDIENCE 

Ages: 18 & over

Location: Fair Oaks Park

Is your dog walking you instead of you walking your dog? This class will cover the basic American Kennel Club exercises for the Companion Dog title: heel, sit when you stop, come when called, sit stay and down stay. *Dogs should be at least 5-6 months old and have all vaccinations current. Please bring a training collar or head halter and a six-foot nylon or leather training lead (No chain leads).*

Fee: \$61 (\$58 res) / Session: 6 wks
Instructor: Rose Behlendorf
8110.11 • Th • 4/24-5/29 • 6:30-7:30pm

**ONLINE COURSES**

If you want to continue to learn but want flexibility, here is your chance! Enjoy the freedom to take classes on your own time. Visit our website, www.fairoakspark.org, and click on the ed2go link to view a variety of classes you can take from your own home. You should have a computer and a connection to the Internet. Some classes require you to have the software being taught installed on your computer.

CHECK OUT!
District Highlights
on page 25



ADULT POTTERY

Ages: 18yrs & up

Location: Arts & Crafts Building

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun - while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 4 weeks

Instructor: Michelle Lueth

- 5110.11 • Sa • 1/8-2/8 • 1:30-3:30pm
- 5110.12 • T • 1/21-2/11 • 1:30-3:30pm
- 5110.13 • T • 3/4-3/25 • 1:30-3:30pm
- 5110.14 • T • 3/4-3/25 • 4-6pm
- 5110.15 • W • 3/5-3/26 • 1:30-3:30pm
- 5110.16 • W • 4/2-4/23 • 1:30-3:30pm
- 5110.17 • Sa • 4/5-4/26 • 1:30-3:30pm
- 5110.18 • T • 4/29-5/20 • 1:30-3:30pm

ADULT POTTERY STUDIO

Ages: 18yrs & up

Location: Arts & Crafts Bldg. 

This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration & participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes & expires 60 days from date of purchase. One class equals 2 hours studio time. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$63 per punch card

Instructor: Michelle Lueth

- 1616.11 • Jan • T/W • 12:30-6pm
- 1616.12 • Feb • T/W • 12:30-6pm
- 1616.13 • Mar • T/W • 12:30-6pm
- 1616.14 • Apr • T/W • 12:30-6pm

MOSAIC DESIGN

Ages: 18 & up

Location: Arts & Craft Building

Have you ever seen a wonderful hand-made glass or tile mosaic and wanted to try your hand at making one yourself? In this class you will learn the basics to create your own Mosaic masterpiece. Have fun and bring home a one of a kind mosaic design. *Please bring a \$35 materials fee payable to instructor on first day of class.*

Fee: \$74 (\$71 res)

Instructor: Michelle Lueth

5053.11 • F • 2/28-3/21 • 1:30-3:30pm

5053.12 • Sa • 3/8-3/29 • 1:30-3:30pm

Thai Cooking

Ages: 13 + over

Location: McMillan Center

COCONUT CHICKEN SOUP & CHICKEN BASIL STIR FRY

Join Phonglada Foletta, as she teaches you how to prepare a traditional Thai dinner. Learn about common ingredients and how to combine them to develop the desired flavors. Our menu includes: Thai chicken soup in coconut milk (Tom Kha Gai), Thai seafood salad (Yum Talay), stir fried chicken with basil (Pad holapa Gai), and sticky rice with mango (kownaew ma mugg). Come hungry as we will be able to enjoy the meal we have prepared during the final hour of class. *Materials fee of \$10 due to instructor at class. Class must have min of 5 students to run.*

Fee: \$46 (\$43 res) per class

Instructor: Phonglada Foletta

1114.11 • Sa • 4/26 • 12-4pm

PRIVATE THAI COOKING CLASS

Join Phonglada Foletta as she teaches your group to prepare Thai food in your own private class. Great fun for all occasions! Have a small group for lots of hands on personal attention or a larger group for a memorable experience with your friends and family. You may choose one of Phonglada's menus or design your own menu of favorite dishes from Phonglada's cookbook. Come hungry as we will be able to enjoy the meal we have prepared in class. Call to arrange a convenient time and location. Materials fee of \$10 pp (may be higher for classes that include more than one seafood dish) is due to instructor at class.

Your 4 hour class for up to 6 is \$240 plus \$35 for each additional participant (\$3 additional for nonresidents)

HATHA YOGA CLASSES



Location: Community Clubhouse

In addition to relaxing and stretching, Yoga Postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, increased sense of well-being and deeper more restful sleep. Each student is encouraged to work at his or her own ability level. *Please bring a mat, blanket and pillow to class.*

Sessions: Ongoing (begin any time)

Instructor: Judith Aubin

Punch Card Fee \$63: Each Card is good for 6 classes • Drop in fee \$18 per class

3710.11 • Jan 3710.13 • Mar

3710.12 • Feb 3710.14 • Apr

STRETCHING, RELAXING AND STRESS RELIEVING YOGA

This class, over time, develops the ability to release our muscle tension and be relaxed in every posture of life.

M • 1/6-4/28 • 6-7:15pm • Location: Old Fair Oaks Library

Tu • 1/7-4/29 • 8-9:15am

STRENGTHENING YOGA

This class is primarily intended to rebuild strength and restore flexibility. Come and feel your mood improve as your strength slowly returns and grows.

F • 1/3-4/25 • 8:30-10am



ZUMBA FITNESS



Location: Orangevale Activities Bldg.

Join the Party and Dance your way to a fitter and happier you! Get lost in the latin and international rhythms while learning some salsa, cha-cha, merengue, cumbia, bollywood and reggaeton moves. Increase your muscular conditioning and cardiovascular fitness, all while having fun! *Please bring water, towel and clothes you can move in.*

Instructor: Tracy Hince

Fee: \$26 (\$23 res)

Drop in Fee: \$8

3810.11 • T • 1/7-1/28 • 5:30-6:30pm

3810.12 • T • 2/4-2/25 • 5:30-6:30pm

3810.13 • T • 3/4-3/25 • 5:30-6:30pm

3810.14 • T • 4/1-4/29 • 5:30-6:30pm*



ADULT KENPO KARATE



Ages: 13yrs & up

Location: Clubhouse Lower Level

Improve strength, flexibility, cardiovascular fitness, and agility as you learn the exciting art of Five Animal Kenpo. While learning an effective skill of self-defense you will benefit from mental focus, stress relief, and physical fitness that results from martial arts training. A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment (\$50).

Fee: \$67 (\$64 res) PER MONTH or

\$134 (\$128 res) for 2 MONTHS

Class taught in 2 month curriculum

Instructor: Casey Benedick

Class taught with 2 month curriculum

1204.11 • T/Th • 1/7-1/30 • 8-8:45pm

1204.12 • T/Th • 2/4-2/27 • 8-8:45pm

1204.13 • T/Th • 3/4-3/27 • 8-8:45pm

1204.14 • T/Th • 4/1-4/29 • 8-8:45pm

We know that people like to look for mistakes, so we include just a few to keep you entertained. Please let us know which ones you find.



IMPROVER LINE DANCE

Location: Community Clubhouse

Enjoy dancing with your friends and become more confident in your dancing. Improver level dances will be taught to increase the dancer's ability and confidence as they progress. Afternoon Line Dance Class teaches the basics of all forms of Line dance rhythms, such as Cha-Cha, Rumba, Tango, Waltz, etc. This class is graduated in three sections, starting the first half hour (section 1) with Introduction to Line Dance. The second half hour (section 2) is Beginner, and the third half hour (section 3) Advanced Beginner/Improver. Students have the option of taking either sections 1 & 2, or 2 & 3 depending on their dance experience.

Instructor: Phyllis Gifford

Fee: \$33 (\$30 res) • 4 weeks

4211.11 • Th • 1/9-1/30 • 3-4:30pm

4211.12 • Th • 2/6-2/27 • 3-4:30pm

4211.13 • Th • 3/6-3/27 • 3-4:30pm

4211.14 • Th • 4/3-4/24 • 3-4:30pm



LINE DANCING

Ages: 18yrs+ • **Under 18 allowed with a paying adult**

Location: Community Clubhouse

Come learn the basics needed to become a successful line dancer. It's a great way to meet and be with others while staying fit. No partner needed. Learn traditional line dances while developing the skills needed to progress into higher level classes. Routines and teaching are also tailored for the active senior.

Instructor: Norm Gifford

BEGINNING

Fee: \$29 (\$26 res) per person • 4 weeks

4201.11 • Th • 1/9-1/30 • 6-7pm

4201.12 • Th • 2/6-2/27 • 6-7pm

4201.13 • Th • 3/6-3/27 • 6-7pm

4201.14 • Th • 4/3-4/24 • 6-7pm

INTERMEDIATE

Fee: \$33 (\$30 res) per person • 4 weeks

4210.11 • Th • 1/9-1/30 • 7:30-9pm

4210.12 • Th • 2/6-2/27 • 7:30-9pm

4210.13 • Th • 3/6-3/27 • 7:30-9pm

4201.14 • Th • 4/3-4/24 • 7:30-9pm

ROUND DANCE



Ages: 18yrs+

Location: Community Clubhouse

Round dance is social ballroom dancing that is cued for easy leading and following. We learn simple ballroom routines and apply them to popular tunes as well as golden oldies. Beginning class will cover Two-Step and Rumba rhythm and no experience is required. *Casual attire with danceable shoes. Visitors welcome to observe.*

Purchase a punch card good for 4 classes \$27 or see fee below

Instructor: Marie Hathaway

Fee: \$81 (\$78 res)

BEGINNER

4220.11 • T • 1/7-4/29 • 11am-12:30pm

4220.12 • W • 1/8-4/30 • 6-7:30pm

INTERMEDIATE

4220.13 • T • 1/7-4/29 • 12:30-2:30pm

4220.14 • W • 1/8-4/30 • 7:30-9:30pm

NEW! TRIBAL STYLE BELLY DANCE



Ages: 13 & over

Location: Community Clubhouse

This class features "Tribal Style" Belly dance. Students will learn basic belly dance isolations and beautiful stylization of many different folk dances from diverse cultures. Class focuses on dancing with awareness of body, mind and soul connection while strengthening core muscles and getting a full body workout.

Instructor: Sawako Ama

Fee: \$63 (\$60 res) \$15 drop-in

2222.11 • T • 1/21-2/25 • 5:45-6:45pm

2222.12 • T • 3/4-4/8 • 5:45-6:45pm

2222.13 • T • 4/15-5/20 • 5:45-6:45pm



INSTRUCTORS Wanted!

Passion for macaroni art? Flair for Salsa Dance? Do you have a special talent or hobby that you would feel confident teaching? Share your creative talent for teaching with your community. FORPD continues to strive to offer a greater variety and number of classes at all of our recreation centers, and we are looking for innovative, talented and proficient instructors for a multitude of classes. Share your unique talent with others. Contact the Lesiure Classes coordinator at jdavis@fairoakspark.org for more information on how to become an instructor with the District.



INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING

Location: Arts & Crafts Building, Rm A

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of florals. No artistic talent is needed. You will be able to paint animals, roses, sunflowers, daisies and much more.

Fee: 10 classes for \$33
 Instructor: Linda Chandler
 5113.11 • Th • 1/2-1/30 • 1:30-4pm
 5113.12 • Th • 2/6-2/27 • 1:30-4pm
 5113.13 • Th • 3/6-3/27 • 1:30-4pm
 5113.14 • Th • 4/3-4/24 • 1:30-4pm

SENIOR STRETCH WITH SHARON SHUTE



Location: Community Clubhouse

A low impact exercise class specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel more vibrant and healthy.

Please bring a towel to class.

Fee: \$9 for 4 class punchcard
 M/T/W/Th • On-going/Drop-in
 Classes resume 1/6 • 9:35-10:30am

SENIOR DROP-IN PINOCHLE



Location: Clubhouse Lower Level

This FREE, fun social gathering is an informal program. Individuals may "drop-in" for a game of pinochle, or other card games. Refreshments and cards are available.

Th • On-going/Drop-in • 9am-1pm
 (No program on District Holidays)

P.A.S.A. - PROGRAM FOR ACTIVE SENIOR ADULTS



ALWAYS ACCEPTING NEW MEMBERS!

Location: Clubhouse Lower Level, Building is accessible for those with disabilities

PASA is a fun and social organization designed to promote wonderful recreation activities for senior adults and seniors-in-training. PASA is held 2nd-4th Wednesday of each month. Bingo and a raffle are some activities held at meetings, guest speakers or other entertainment may also be at meetings. Dues are \$10 per year, interested members may attend 3 meetings before paying dues. *Must have own ride to and from meetings.*

If you have questions please feel free to contact Jennifer at 966-1036 ex 17 or e-mail: jdavis@fair oakspark.org.

MONTHLY SCHEDULE:

TIME: 11 am-1pm
 2nd Wednesday • Meeting
 3rd Wednesday • Bingo
 4th Wednesday • Meeting



ZUMBA GOLD



Location: Community Clubhouse

Zumba Gold is a dynamic dance fitness work out inspired by Latin and International rhythms. It is designed specifically for beginners, active adults and participants new to fitness. Safe and easy to follow, this one hour class will feature rhythms like merengue, cha-cha, salsa, tango, belly dance and more!

Instructor: Ruthie Oggins
 Fee: \$26 (\$23 res) • Sign up for both days \$40 (\$37 res) • Drop in \$8 per class

Mondays

3812.11 • 1/6-1/27 • 11am-12pm*
 3812.12 • 2/3-2/24 • 11am-12pm*
 3812.13 • 3/3-3/31 • 11am-12pm
 3812.14 • 4/7-4/28 • 11am-12pm

Wednesdays

3812.15 • 1/8-1/29 • 11am-12pm*
 3812.16 • 2/5-2/26 • 11am-12pm*
 3812.17 • 3/5-3/26 • 11am-12pm
 3812.18 • 4/2-4/30 • 11am-12pm

*No class 1/20, 2/17



FREE! MOVIE MONDAY

Location: Clubhouse Lower Level

Are you an active senior adult looking for a great morning activity? Join us for a free indoor movie shown on an 80"x48" screen. Popcorn, tea and coffee will be provided or bring a snack of your own to enjoy. Every month the movie will change.

Doors Open at 11:15am
Movie Begins at 11:30am

MOVIE DATES:

Jan 13 • Age of Champions
 Feb 10 • Lone Ranger
 Mar 10 • Underdogs
 Apr 14 • New Release TBA

Scholarship Opportunity



The District's goal is to provide a quality recreation experience to every child, and that no potential participant would ever be turned away because of a financial hardship. The Board of Directors established an annual "Don Ralls Memorial Scholarship Fund" for Fair Oaks youth and seniors.

This program is available on a case-by-case basis. Eligible participants will receive up to a 50% discount on one District program upon the approved completion of an application and meeting all appropriate criteria. Please note that funds are limited. The District reserves the right to limit the eligibility of programs. For more information contact Fair Oaks Recreation and Park District at 966-1036 or visit the website at www.fairoakspark.org.

5 WAYS TO REGISTER

IF PAYING WITH CHECK MAKE OUT TO FORPD



Online Registration

Visit www.fairoakspark.org to register online with Visa, MasterCard or American Express.



Walk-In Registration

Fill out registration form at our District Office, 4150 Temescal St, Fair Oaks. Monday-Friday 8:00am-5:00pm
Cash, Check or Credit cards (listed above) accepted



Mail-In Registration

Mail-In Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



Drop-Box Registration

Drop-Box Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Drop-Box is located at District office to left of front door for after hours registration.



Fax-In Registration

Fax your completed form with credit card # to 966-9863.

GENERAL INFORMATION

1. The District reserves the right to cancel or modify any class and/or program. Classes may be cancelled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All others pay the non-resident fee (indicated by non res).
3. Don Ralls Scholarship program: Scholarships are available for District residents who are on a fixed income or lower income families with special needs. Please contact the District for more information.
4. **If paying at class, you may only pay with check made out to FORPD or with credit card.**

REFUND POLICY

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. **On line convenience fee is non refundable.**
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation.

All refunds are required to submit a refund/transfer request form to be approved by District Staff.

**FAIR OAKS RECREATION & PARK DISTRICT
PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT**

**Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting.
If waiver is not signed, participant will not be registered, and form will be returned.**

PAYEE INFORMATION

LAST NAME _____ FIRST NAME: _____
 PHONE/HOME: _____ WORK: _____
 ADDRESS: _____ CITY: _____ ZIP: _____
 E-MAIL ADDRESS: _____
 EMERGENCY CONTACT NAME: _____ PHONE: _____
 PLEASE CHECK ONE: FAIR OAKS RESIDENT: _____ NON-RESIDENT: _____

METHOD OF PAYMENT: Payment at class cannot be made in cash. To pay with cash, you must register in District Office

Check #: _____ Card #: _____ Expiration Date _____ CVC _____ Visa ___ MasterCard ___
 Cardholder's Name (Print) _____ Cardholder's Signature _____

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

Please remember to sign the waiver on the bottom of this form, Thank You! Please check here if you would like a receipt sent.

Agreement, Waiver & Release Fair Oaks Recreation & Park District 2014

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

Parental Consent:

(To be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my son/daughter, _____ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): _____ Date: _____

I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events. _____ initial

New Parks & Facilities Superintendent Dan Williams



Dan Williams is originally from the Sacramento area having gone through elementary and high school in the Valley High area. Dan spent about seven years in commercial construction while completing a four year Carpenter Apprentice program. He has owned his own General Contracting business for over 20 years and has worked in residential and property management settings.

He has enjoyed volunteering for groups ranging from food banks and youth groups to Habitat for Humanity. Dan is the proud father of two kids and enjoys music, hiking, jogging, and almost any outdoor adventure. Dan is excited to be moving back to the Sacramento area and working at the FORPD Team and community of Fair Oaks.

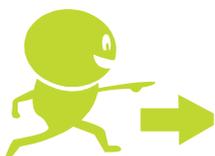
New Administrative Services Coordinator Jennifer Larkin



Jennifer comes to the Fair Oaks Recreation and Park District with over 15 years of experience providing administrative support to a variety of managers, directors, department heads and boards. Her background includes fundraising and development for a large nonprofit agency, recreation and human services program assistance for the City of Palo Alto, administrative support to the city manager's office in Palo Alto, and working as a mobile notary and loan signing agent in the Sacramento region.

Jennifer is thrilled to have the opportunity to serve the Fair Oaks community and work with the amazing FORPD team.

PHOENIX PARK WALK PATH PROJECT



Kathy Jones passed away on October 17, 2013. Kathy was a prominent member of the Fair Oaks community. Some of her accomplishments included Citizen of The Year (1999), President of the Chamber (2000), Business of the Year (2002), Business Person of the Year (2005) and Honorary Mayor of Fair Oaks (2012). Kathy was also on the Board of Directors for the Fair Oaks Chamber of Commerce. In addition, Kathy was the committee chair for the Concerts in the Park, which was a huge success thanks to her efforts and dedication. She displayed the same dedication in arranging and leading the charge for the Fair Oaks Fiesta and Christmas in the Village parades every year until this last year. Kathy walked Phoenix Park daily, had a garden at the Phoenix Park Gardens since they began, was recently a Garden Coordinator for the Phoenix Gardens and was Actively involved in many Fair Oaks Recreation & Park District events and projects throughout the years. Recently Kathy ran for the Fair Oaks Chamber's Honorary Mayor Race and won. Her campaign project was to raise money to extend the walk paths at Phoenix Park. A fund has been created in honor of Kathy to continue to finance this project. If you would like to make a donation, please make checks payable to: The Fair Oaks Recreation Foundation. Mail to: 4150 Temescal Street, Fair Oaks, CA 95628. Please reference the Phoenix Park Walk Path Project. Thank You, Katy Albers Recreation Superintendent

Facility & Picnic Rentals

The Fair Oaks Recreation & Park District offers several indoor and outdoor facilities to rent for your business meetings, family celebrations, small & large special events, and much more! Detailed rental information including rates and requirements, as well as amenities and equipment included, can be found at www.fairoakspark.org.

Clubhouse Lower Level



Clubhouse Auditorium



McMillan Center



LARGE EVENT SITES

- The Community Clubhouse is separated into three different spaces. The largest of the spaces is the Clubhouse Auditorium with a capacity of 182 seated and 390 standing. The facility offers a main stage with curtains and lighting, a small mirrored wall, large windows with curtains, a foyer and a rear entrance for the renters and caterers. The kitchen has a commercial range, double sinks, microwave, refrigerator, freezer, and center island for prep. The Village Park sits adjacent to the facility and is the perfect site for an outdoor wedding ceremony.
- For larger events such as weddings, fundraisers and memorials, you can also rent the Lower Level of the Community Clubhouse. The lower level has a capacity of 70 seated and 120 standing.
- Looking to host a larger special event in one of our facilities or parks? We have multiple options to fit your needs and have hosted many small to large sized events such as a Renaissance Fayre, Blues in the Park, Fundraisers, and much more. Contact events@fairoakspark.org for information on special event rentals.

SMALL EVENT SITES

- As you enter the lovely Fair Oaks Park, you will find the McMillan Center which has a capacity of 72 seated and 154 standing. This facility is perfect for family BBQ's, small weddings in the park, reunions, memorials, and meetings. The kitchen has a stove/oven, refrigerator/freezer, three sinks, and a microwave. In addition, there are two large BBQ grills and picnic tables located on the front patio.
- Looking to host a softball, baseball, or kickball tournament or athletic function? Then we have the perfect location for you! The two softball fields located in Fair Oaks Park are rentable on the weekends from March through November. Contact ndavison@fairoakspark.org for additional information.

Miller Park BBQ



Fireside Room



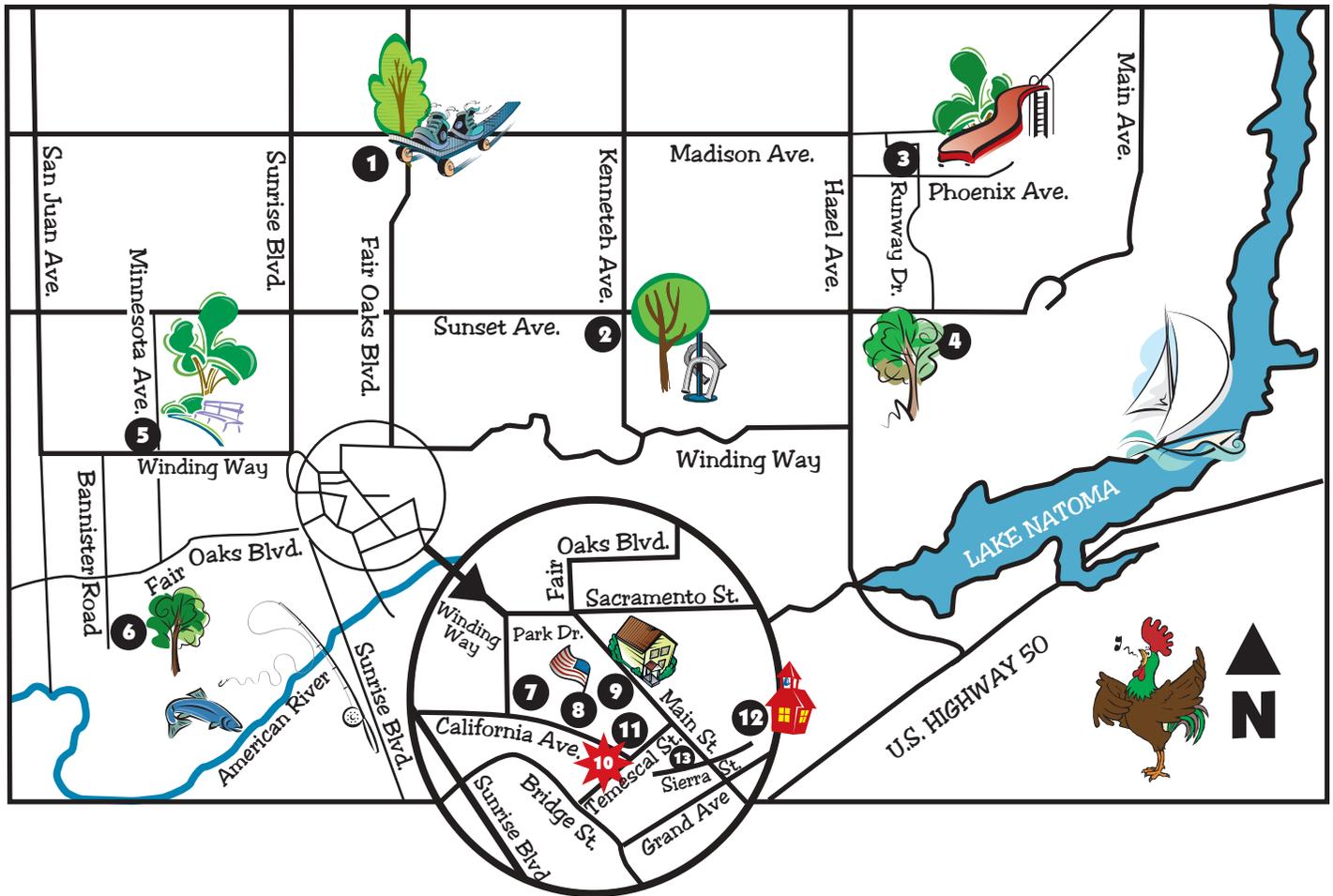
PICNIC/OUTDOOR AREAS

- Fair Oaks Park BBQ Area – 200 total seating/300 standing capacity; Playground, horseshoe pits, & basketball court
- Miller Park BBQ Area – 24 total seating/60-75 standing capacity; Playground, horseshoe pits, & basketball court
- Village Park Bandshell – 40 seated on stage (chairs not included); Playground

MEETING ROOMS

- Community Clubhouse Fireside Rm - 15 seated/25 standing
- Community Clubhouse Lower Level - 70 seated/120 standing
- Old Library Building – 40 seated/59 standing

For descriptions, reservations, rental fees, or to schedule a walkthrough, visit www.fairoakspark.org or contact the District at (916) 966-1036.



1. **Fair Oaks Park/McMillan Center** (11549 Fair Oaks Blvd.); summer camp, basketball, softball, soccer, play ground, horseshoes, skateboard park, family picnics - BBQ rental area, multipurpose field, community garden, horticulture center, maintenance yard
2. **Miller Park** (8480 Sunset Ave.); basketball, tennis, playground, horseshoes, BBQ rental area, family picnics
3. **Little Phoenix Park** (9041 Phoenix Ave.); playground, family picnics
4. **Phoenix Park** (9050 Sunset Ave.); softball, soccer, playground, family picnics, Little League, multipurpose field, vernal pools, community garden, walking path, lacrosse, dog park
5. **Montview Park** (4401 Minnesota Ave.); playground, family picnics
6. **Bannister Park** (3820 Bannister Rd.); multipurpose field, exercise equipment
7. **Plaza Park** (7003 Park Dr.); family picnics, amphitheatre
8. **Veterans Memorial Amphitheatre** (7991 California Ave.); Comedy Under the Stars, Fair Oaks Theatre Festival performances
9. **Community Clubhouse / Lower Level / Arts & Crafts Building** (7997 California Ave.); rental facility, events, classes
10. **Fair Oaks District Office** (4150 Temescal St.); Recreation and Administrative Offices
11. **Village Park** (4238 Main St.); playground, bandshell, family picnics, summer concert series
12. **Fair Oaks Preschool** (8090 Grand Ave.); Preschool program
13. **Old Fair Oaks Library** (4200 Temescal St.); rental facility, Board meetings, classes

Look What's Coming to Town!

Catch the action and excitement of these special events coming to Fair Oaks for the Winter/Spring Season!

Silent Movie Night	1/31	Walk With a Doc	3/29
Father Daughter Dance	2/7 & 2/8	WOW Bus: Miller Park	3/29
Garage Sale Registration Opens	2/10	WOW Bus: Phoenix Park	4/12
Rachel Anne Gray Memorial Spaghetti Feed Fundraiser	2/28	Easter Eggstravaganza	4/19
WOW Bus: Bannister Park	3/15	WOW Bus: Village Park	4/26
It's My Park Day	3/22	Kids Art Festival	4/26

For more information on these Special Events see pages 3-5 or visit our website at www.fairoakspark.org.

