

FAIR OAKS RECREATION AND PARK DISTRICT

The Roost

September - December 2013

*See you Sept 21
at the
Chicken Festival!*



**Parks
Make
Life
Better!**

Find us on Facebook for updates on District programs!

4150 TEMESCAL ST., FAIR OAKS, CA 95628 • 916/966-1036
Register online 24/7 @ www.fairoakspark.org

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BOARD OF DIRECTORS

Brandon Rose, John O'Farrell, Ralph Carhart,
Rand Jacobs, Geoffrey Simcoe

DISTRICT OFFICE

4150 Temescal St., Fair Oaks, CA 95628
966-1036 • Fax 966-9863
www.fairoakspark.org

ADMINISTRATION

Maureen Zamarripa, District Administrator
mzamarripa@fairoakspark.org

PARKS

Park Office 240-3651 • Fax 961-3466
For field closure and updates visit
www.fairoakspark.org

To View a list of FORPD Staff, please visit
www.fairoakspark.org/about/contact-us/

Look for these class icons below to see
what is in store for you.



Fitness-Strength-Knowledge-Creativity-Community

FAIR OAKS RECREATION & PARK DISTRICT

Our Vision

*"To be the primary recreation provider of
choice for the Fair Oaks community"*



COMMUNITY INFORMATION

EMERGENCY REPORTING DIAL 911

For emergencies in our parks, dial 9-1-1.

For non-emergencies regarding park security, vandalism, suspicious persons, or suspicious activities in your parks, call the District office at 966-1036 Monday through Friday during business hours. After business hours or on weekends, you may call 240-3651 and we will attend to your concerns as quickly as possible. If you need immediate law enforcement assistance or to report illegal activity at any of your parks, please call the Sacramento County Sheriff's Department at 874-5115.

DISTRICT BOARD MEETINGS

The Board of Directors of the Fair Oaks Recreation and Park District meets on the third Wednesday of each month. Meetings are held at the Old Fair Oaks Library Building, 4200 Temescal St., beginning at 6:00 pm. The public is welcome to attend. Please contact the District office prior to attending a meeting to confirm the date and time, as Board meeting dates and times are subject to change.

AMERICANS WITH DISABILITIES

In accordance with the Americans With Disabilities Act of 1990, the Fair Oaks Recreation and Park District will not discriminate against any qualified individual with a disability as far as employment with the District or the use of our services, programs, and activities. If you are interested in taking part in one of our programs and will need special arrangements (i.e. vision, hearing) please telephone the District Office at 966-1036 one week prior to the start of the class.

HOLIDAY CLOSURES

The Fair Oaks Recreation and Park District office and all other District facilities will be closed on the holidays listed below. District sponsored classes and programs will not meet during holiday closures.

Labor Day, Monday, September 2nd; **Veteran's Day**, Monday, November 11th; **Thanksgiving**, Thursday & Friday, November 28th & 29th; **Christmas**, Tuesday & Wednesday December 24 & 25; **New Year's**, Tuesday & Wednesday, December 31st & January 1st (2014).

SACRAMENTO PUBLIC LIBRARY - FAIR OAKS BRANCH

For upcoming events and programs visit us online at <http://www.saclibrary.org/Locations/Fair-Oaks/> or give us a call 916-264-2920. We are located at 11601 Fair Oaks Blvd, Fair Oaks, CA 95628.

PHOTO DISCLAIMER: The Fair Oaks Recreation & Park District (FORPD) reserves the right to photograph facilities, activities, events, and program participants for potential future use. All photos remain the property of FORPD and may be used for publicity and promotional purposes.

If classes do not meet the minimum number of participants cancellation may be considered within 5 business days prior to the start of the class.

Payments at class cannot be made in cash. To pay in cash, you must register in the District Office.



8th Annual Fair Oaks Chicken Festival

Saturday, September 21st, 10am-6pm
Village of Fair Oaks • **FREE!** General Admission

Saturday Schedule

8:00am - 11:00am Old Fashioned Country Breakfast in the Clubhouse - \$5

10:00am - 6:00pm Quality Craft, Food, Sponsor, & Community Booths
Rocky's Roost (Kid's Park) located in Village Park,
Kid Friendly Performances & Booths
\$5 unlimited wristband includes: Inflatables & carnival games.
Ticket sales end at 5pm, cash only.

11:30am - 5:30pm Microbrew Beer Tasting - American River Bank - \$2

Live Entertainment

10:00 - 11:30am Keep on Truckin': Rock, Blues and R&B

12:00 - 1:30pm Tin Man: Classic Rock

2:00 - 4:00pm Todd Morgan and The Emblems: Pop/Rock, Rock n' Roll

4:30 - 6:00pm Evan Thomas & Papas Garage: Funk, Soul & Blues

Volunteers Needed!

For more information on how you can get involved please contact
Nick Davison at ndavison@fairoakspark.org.
Fair Oaks Youth Advisory Board assisted event



Chicken Festival T-shirt

Get your Chicken Festival T-shirt early this year! Shirts on sale in
our District Office - \$12



Seasonal Farmers Market

Wednesdays (through Oct 30th), 3-7pm (weather permitting)

Fair Oaks Recreation and Park District is co-hosting a local Farmers Market operated by *Be Money Smart USA*, a local non-profit training organization specializing in financial and business education for YOUTH in our community. This market features certified Farmers locally grown seasonal fruits and vegetables, specialty gourmet foods, spices, sauces, nuts, dried fruits, honey, entertainment and more!

For more information or to become a vendor call the Market Managers at (916) 484-7000.

Location: Plaza Park, Old Fair Oaks

Rocky's Appearances



FALL 2013 APPEARANCES

- Senior Luau9/18
- Chicken Festival9/21
- Mother/Son Kickball9/28
- Comedy Show10/4
- Halloween Carnival10/31
- Teddy Bear Tea11/2
- Cookies With Santa12/7

FREE Event! Movies in the Park

August 16th • The Avengers
Movie begins shortly after sunset

Fair Oaks Recreation and Park District and Spanda Industrial General Contractors are excited to announce our FREE summer Movies in the Park series. Come out early to get a good seat and let your kids experience the Wonderful Outdoor World (W.O.W.) bus before the movie begins. Concessions will be available for purchase from the Fair Oaks Youth Advisory Board (FOYAB) and Fair Oaks Host Lions Club.

Location: Village Park in Old Fair Oaks

Concerts in the Park

Thursdays • August 29th • Begins @ 7pm

Concerts in the Park are a free series of concerts for the Fair Oaks Community. The Concerts in the Park series is a co-sponsored event of the Fair Oaks Chamber of Commerce, the Fair Oaks Recreation and Park District and the Fair Oaks Foundation for Leisure & Arts.

Location: Village Park - Old Fair Oaks

10th Annual Senior Luau

Wednesday • September 18th • 11:30am-1:30pm
Live entertainment

The 10th Annual Senior Luau is an event produced by the Fair Oaks Recreation & Park District and the Fair Oaks Rotary Club. This event allows Senior Citizens in the Fair Oaks community to come together and socialize in a friendly, enjoyable environment and experience a Hawaiian luau. Live music provided by Lure of the South Pacific. Special photo momento to celebrate ten years of fun! Seating is limited. Tickets available at the Fair Oaks Recreation & Park District office. For more information please call: (916) 966-1036

Location: Community Clubhouse

Tickets: \$10 per person / 2 tickets for \$18

3rd Annual Mother Son Kickball Tournament

Saturday • September 28th • 10am-12pm

Boys grab your moms, step-moms, or grandmas and get ready to play ball. Fair Oaks Youth Advisory Board is kickin' it old school this year with Mother Son Kickball. This fun event will include games of kickball, a bounce house, and a commemorative t-shirt. We'll also have game day concessions available for purchase.

Location: Fair Oaks Park Softball Field

Tickets: \$20 per couple, \$5 each additional child

*NO AT THE EVENT TICKET SALES AVAILABLE

Class Code: 7620.23

Fair Oaks Theatre Festival - 2013 SHOW SCHEDULE

For more information on these, other upcoming events or to purchase tickets visit www.fairoakstheatrefestival.com

"THE DROWSY CHAPERONE"

August 9 - September 8

Showtimes: Fri/Sat/Sun: 7:30pm

"THE BEST OF BROADWAY"

September 13 - 29

Showtimes: Fri/Sat/Sun: 7:30pm

"WINNIE THE POOH"

December 7

Showtimes: Sat 12 & 2pm



Comedy Under the Stars

Friday • October 4th • 8-10pm

Doors open at 7pm, show starts at 8pm

Recommended for an Adult Audience

Join the Fair Oaks Recreation and Park District and Sacramento's "Laughs Unlimited" for a night full of laughs! Food and spirits are available for purchase in the Theatre. Please contact us at (916) 966-1036 for additional information.

Location: Veterans Memorial Amphitheatre

Tickets: \$42 per person for all three shows/ \$15 per person per show presale/ \$20 per person per show (cash only) at the door. At the door ticket sales from 7-8pm only.

Online ticket sales end @ 6:30pm.

Comedy under the Stars may contain explicit language and/or offensive materials and is intended for an adult audience. Views or opinions presented are solely those of the comedian and do not necessarily represent those of the Fair Oaks Recreation and Park District. No refunds, no exceptions.

New! Silent Movie & Dinner Soiree

Halloween Themed- Adults Only

Friday • October 25th • 7-9:30pm

Doors open at 6:30pm/ Dinner and Show begins at 7pm

Please join the Fair Oaks Recreation and Park District and the Sierra Chapter American Theatre Organ Society for a frightful evening that will surely make your skin crawl! Costumes encouraged, sorry adults only. This evening will feature a special showing of the chilling silent classic, Dr. Jekyll & Mr. Hyde (1920) along with live pipe organ accompaniment by Paul Quarino. Appetizers, salad, bread, pasta, and dessert will be served. Spirits will be available for purchase during the show by the Fair Oaks Host Lions Club.

Fee: \$20 per person/ Sorry no at the door tickets will be sold

Location: Fair Oaks Community Clubhouse. 7997 California Ave.

Halloween Carnival

Thursday • October 31st • 10am-5pm

Presented by the Rotary Club of Fair Oaks and the Fair Oaks Theater Festival. Games, face painting and much more!

Location: Plaza Park - Old Fair Oaks



"Share The Spirit" Holiday Party

The Fair Oaks Youth Advisory Board is collecting toys and non-perishable food for disadvantaged children and their families. Each year families are selected from the Fair Oaks community to attend the "Share the Spirit" Holiday Party. This party includes presents and pictures with Santa Claus, a Christmas craft, dinner, and a box of food to take home. Members of the District's Youth Advisory Board enjoy making a difference in the community and look forward to "Sharing the Spirit" again this year.

If you'd like to help the Fair Oaks Youth Advisory Board in their mission by donating NEW toys and/or non-perishable food items, please bring items to the District (4150 Temescal St., Fair Oaks) office by Friday, Nov 29th at 5:00pm.

Monetary donations and gift cards are also accepted.

Contact Sabrina Bernardo at: events@fairoakspark.org



Fair Oaks Horticulture Center in Fair Oaks Park

2013 WORKSHOPS AND OPEN GARDEN DAYS

Presented by the UC Cooperative Extension Master Gardeners and Fair Oaks Recreation & Park District

Master Gardeners at the Fair Oaks Horticulture Center show home gardeners how to grow fruit, vegetables, herbs and water efficient plants in an environmentally friendly way. *For more information: 875-6913, www.ucanr.org/sacmg and www.facebook.com/sacmg.*

SATURDAY, SEPTEMBER 21, 8:30-11:30 AM

Workshop - Learn about incorporating edible trees, shrubs, perennials and annuals into your landscape. Understand worm composting (vermiculture). Hear about water-efficient lawn alternatives

WEDNESDAY, OCTOBER 16, 10 AM - 1 PM

Open Garden - Learn about growing cover crops. Get tips for protecting sensitive plants from frost damage. Discover UC and Master Gardener resources available to you to help prevent and treat garden pests.

Teddy Bear Tea Party

Saturday, November 2nd
10am-12pm

Bring your favorite teddy bear and join us at the Fair Oaks Library for "tea" and cookies, story time, and a "beary" special craft project. Space is limited, so reserve a space by calling the Fair Oaks Library at (916) 264-2920 or register online at: www.saclibrary.org/home/events beginning October 1st.

*A Fair Oaks Youth Advisory Board Event.

Location: Fair Oaks Library
11601 Fair Oaks Blvd.

Ages: 3-8 • **Must preregister!**

Fee: FREE



Volunteer Information

"Parks & Recreation Make Life Better" and that's due largely to the outstanding volunteers that assist with District events and programs each year. Volunteer with us today and get a "behind the scenes" view of our events and programs.

UPCOMING VOLUNTEER OPPORTUNITIES:

- 8/16 *Movies in the Park*
- 9/18 *Senior Luau*
- 9/21 *Chicken Festival*
- 10/4 *Comedy Under the Stars*
- 11/2 *Teddy Bear Tea Party*
- 12/7 *Cookies with Santa*



Volunteer assistance is also needed in the parks and administration departments at the District.

Examples of volunteer opportunities include park cleanup, general office assistance, handing out flyers and promotional items, and much more!

If you are interested in volunteering please contact Nick Davison at ndavison@fairoakspark.org or 916-966-1036.

Volunteer Help Makes a Difference!

Cookies with Santa

Saturday, December 7th
5:30-7:30pm

Have cookies and visit with Santa at the Fair Oaks Library. This event also includes story time and a Christmas craft project. Space is limited, so reserve a space by calling the Fair Oaks Library at (916) 264-2920 or register online at: www.saclibrary.org/home/events beginning November 1st.

*A Fair Oaks Youth Advisory Board Event.

Location: Fair Oaks Library -
11601 Fair Oaks Blvd.

Ages: 3-8 • **Must Preregister!**

Fee: FREE

FAIR OAKS COMMUNITY PARTNER GROUPS

- Fair Oaks /Orangevale Little League**
fovll.com
- Fair Oaks Soccer Club**
fairoakssoccer.com
- American River Girls Softball**
argsa.org
- Fair Oaks Youth Lacrosse**
fairoakslacrosse.org
- Fair Oaks Theatre Festival**
fairoakstheatrefestival.com
- Fair Oaks Foundation for Leisure & Arts**
(916) 961-9012
- Fair Oaks Historical Society**
Fairoakshistory.org
- Fair Oaks Responsible Dog Owners**
fordog.org
- Weather Hotline for Dog Park**
966-1011 ext.33
- Fair Oaks Chamber of Commerce**
fairoakschamber.com
- Fair Oaks Rotary Club**
Rotaryfairoaks.org
- Fair Oaks Horticulture Center**
ucanr.edu/sites/sacmg/Fair_Oaks_Horticulture_Center
- Fair Oaks Master Gardeners**
canr.edu/sites/sacmg
- Starlight Shufflers Square Dancers**
anneluree.hypermart.net/squaredance
- Sierra Chapter American Theatre Organ Society**
sierrachapteratos.org
- Fair Oaks Racquet Club**
fortennis.com
- Fair Oaks Host Lions Club**
fairoakshostlionsclub.com
- Fair Oaks Mom's Club**
fairoaksmomsclub.webs.com
- Fair Oaks Community Gardens**
focgcc@yahoo.com
- Phoenix Community Gardens**
phoenixgarden@comcast.net



Would your loved one like to receive a letter from Santa or Mrs. Claus? Let our Holiday Elves make their Christmas memories complete with a personalized letter. **The fee for this service is \$3 for each letter.** Please call the Letter Hotline at 966-1036 for more information. **Mail a check or money order (along with order form) to: Fair Oaks Recreation & Park District, 4150 Temescal Street, Fair Oaks, CA 95628.**

ORDER FORM: Send by December 6th for delivery by Christmas!

If ordering more than one letter, please use a separate form. PLEASE PRINT.

Ordered by: _____ Phone _____

Address: _____ City _____ State _____ Zip _____

Mail Santa Letter to:

Name: _____ Phone _____

Address: _____ City _____ State _____ Zip _____

Age: _____ Grade in school: _____

Something great child did _____

Christmas present wished for: _____

Halloween Costume _____

Would you like letter to be from (choose one)

Mrs. Claus Santa

Santa in response to a letter from a child

Fair Oaks Preschool

2013-2014 School Year: Aug 19 - May 30

*For children ages 3-5 years old

(children must be potty trained)

"Parent Participation Preschool"

M/W/F class parent works in classroom 3 times per session

T/TH class parent works in classroom 2 times per session

Can't make the volunteer days but still want to enroll your child?

Buy out of your volunteer time for an extra \$50 per 4 week session.

Space still
available in MWF
Afternoon Program

Children enrolled in the Fair Oaks Preschool Program will become exposed to numbers, letters, and shapes and more importantly they will learn how to socialize, get along with other children, share and contribute to circle time. The children will learn how to raise their hands, share the teacher's attention and separate from Mommy or Daddy. Children who attend preschool typically make an easier transition into kindergarten.

PROGRAM OPTIONS/SESSIONS/FEEES

Mon. Wed & Fri • 9am - 12pm • \$185 (\$180 res) per 4wk session

Mon. Wed & Fri • 12:45 - 3:30pm • \$185 (\$180 res) per 4wk session

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year

Tue/Thu • 9am -12pm • \$135 (\$130 res) per 4wk session

This recreation-oriented program is a good introduction to group activities. Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play.

Yearly, nonrefundable, registration fee of \$75 due at time of registration. Children currently enrolled in the program have priority to re-enroll.

For more information and session dates visit www.fairoakspark.org





The W.O.W. Bus is headed your way this fall!



The W.O.W. (Wonderful Outdoor World) Bus is getting kids back outdoors! Fair Oaks Recreation & Park District is proud to announce the W.O.W. Bus coming to a park near you! The W.O.W. Bus is now in its third year and to celebrate, we will be coming out to your parks more frequently. This FREE program brings children and families of the community together through a variety of activities. Group games like parachute games and dodge ball are offered. Artistic skills are encouraged through activities such as drawing with sidewalk chalk, coloring, painting, and craft techniques of making a beaded necklace. There are plenty of fun activities to go around, and there are Recreation Leaders on hand to provide direction to the children and get them engaged and interested in something they may not have tried before! ***The W.O.W. bus will not be held on days the temperature exceeds 100 degrees, rain days, or on Spare The Air days. If cancelled, dates will be rescheduled and posted on the District website: www.fairoakspark.org**

FALL W.O.W. BUS SCHEDULE

DATE	LOCATION	TIME
8/16	Village Park (Movies in the Park)	6:30-8:30pm
8/17	Phoenix Park	10:30am-12:30pm
8/31	Bannister Park	10:30am-12:30pm
9/14	Fair Oaks Park	10:30am-12:30pm
9/28	Montview Park	10:30am-12:30pm
10/12	Little Phoenix	10:30am-12:30pm
10/26	Miller Park	10:30am-12:30pm

*Check out park map on page 27

MOMMY & ME

Location: Arts & Crafts Bldg.



LITTLE HANDS POTTERY

Ages: 2+ w/parent

Have some fun & create a memory to treasure. Decorate a plate with your little one's handprint and a personalized design. Then your artwork will be clear coated & kiln fired to be picked up at a pre-arranged date. *Please bring a \$10 materials fee payable to instructor on day of class.*

Fee: \$23 (\$20 res)

Instructor: Michelle Lueth

1611.31 • F • 11/15 • 10:45-11:30am

1611.32 • Sa • 11/16 • 10:45-11:30am

ART DISCOVERIES

Ages: 3-6yrs w/parent

Have some creative fun with your little artist in this class with small hands in mind! New & imaginative art projects will be discovered each week. Come dressed for mess & ready to have fun. *Please bring a \$10 materials fee payable to instructor on first day of class.*

Fee: \$41 (\$38 res)

Instructor: Michelle Lueth

1612.31 • F • 9/6-9/20 • 10:30-11:30am

MOMMY / DADDY & ME SOCCER

Ages: 2-3.5yrs

Location: Fair Oaks Park



Introduce yourself and your toddler to the "Worlds Most Popular Game"!

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy / Daddy & Me Soccer, you won't have to watch from the sidelines. *In case of rainouts, please call the KLS field hotline at 1-888-372-5803.*

Fee: \$103 (\$99 res) / Session: 9 wks

Instructor: Jared Rains, Kidz Love Soccer Coach

5555.45 • F • 9/13-11/8 • 9:30-10am

New! AN ART EXPERIENCE

Ages: 5-12 yrs

Location: Old Fair Oaks Library



Enjoy an adventure into the world of art. Learn new skills, refine your talents, or just have fun creating. Learn how to draw one line at a time and how to use colors with crayons, pencils, pastels, and paints. Draw birds, fish and more and paint landscapers and designs using different brush techniques. Have an Art Experience!

Fee: \$54 (\$51 res)

Instructor: Susan Frank

7172.31 • Th • 10/3-11/14 • 4-5:15pm

FAMILY POTTERY**Ages: 5-17yrs with parent****Location: Arts & Crafts Building**

Enjoy a unique family experience in this one of a kind ceramics class. Create your own masterpieces in a relaxing and encouraging environment. We will learn the three different methods of hand building as well as have a chance to try the potter's wheel. Bring your imagination-Emphasis is on FUN! Class fee includes parent and child. *Please bring a \$15 materials fee per person payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 5 weeks;
Additional family members, \$24 each
Instructor: Michelle Lueth

1610.31 • T • 9/17-10/15 • 6:15-7:30pm
1610.32 • W • 10/9-11/6 • 4:15-5:30pm
1610.33 • W • 10/9-11/6 • 6:15-7:30pm
1610.34 • T • 10/22-11/19 • 4:15-5:30pm
1610.35 • T • 10/22-11/19 • 6:15-7:30pm

Sponsorship

The Fair Oaks Recreation and Park District encourages the involvement of local businesses and organizations through event sponsorships. Sponsoring events is a great way to advertise, an outstanding public image tool, and an interactive way to show support for the community. For more information on becoming a sponsor for any of our events or groups please contact the Special Events Coordinator at (916) 966-1036 ex. 15.

**National Academy of Athletics Youth Camps****New! HOLIDAY HOOP IT UP BASKETBALL CAMP****Ages: 7-13yrs****Location: Legette Elementary**

If you like basketball then you will love our HOOP IT UP Camps! Whether you are a beginner or advanced player, the drills taught at this camp will help you improve your game. Come work on all the fundamentals of your game; footwork, passing, ball-handling and defense. Fun challenges, games and daily competitions in a positive and energetic environment.

Fee: \$102 (\$99 res)
4132.81 • Th-F • 12/26-27 • 9am-3pm
4132.83 • Th-F • 1/2-1/3 • 9am-3pm
Fee: \$72 (\$69 res)
4132.82 • Th-F • 12/26-27 • 9am-12pm
4132.84 • Th-F • 1/2-1/3 • 9am-12pm

New! BASKETBALL GAME DAY**Ages: 7-13yrs****Location: Legette Elementary**

Games, Games and more Games! This fun, one day program features all the games including dribble knock-out, Around the World, Pepsi Hot Spot, one on one, three on three and more. Designed to let the participants have a day where play is the main focus, this program is a basketball players dream come true. Come and play with our experienced coaches as they offer quality instruction to all participants, but remember: this one is all about FUN!

Fee: \$72 (\$69 res)
4132.85 • M • 11/11 (Veterans Day) • 9am-3pm
4132.87 • F • 11/22 (Black Friday) • 9am-3pm
Fee: \$45 (\$42 res)
4132.86 • M • 11/11 (Veterans Day) • 9am-12pm
4132.88 • F • 11/22 (Black Friday) • 9am-12pm

New! FOOTBALL PRO DAY**Ages: 7-15yrs****Location: Fair Oaks Park Multi-Purpose Field**

Bring your football skills to this professional style combine event. Great for football players and other athletes ages 7 -15. Measure your skills in the Quarterback Challenge. Get your 40 yard dash time and speed instruction from our coaching staff. Compete and get your times in the pro style combine drills including the Shuttle Run, Cone Drill, Drop and Throw Drill and other professional drills, just like the college players entering the draft. Each participant receives a free t-shirt and an individual player profile card that records your times. The event is broken into three sessions for age groups of 7-9, 10 -12 and 13-15. Each age group will award a Future MVP with the best cumulative scores.

Fee: \$45 (\$42 res)
4132.31 • F • 9/27 • 5-8pm



KIDZ LOVE SOCCER (KLS)

Ages: 3.5-6yrs

Location: Fair Oaks Park

Kids learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is **always fun to fun**"™ Log onto www.kidzlovesoccer.com for more information. (*Shin guards required after 1st meeting*). In case of rainouts, please call the KLS field hotline at 1-888-372-5803.

Fee: \$102 (\$99 res)

Instructor: Jared Rains, Kidz Love Soccer Coach

Fri • 9/13-11/8 • Session: 9 wks

5555.41 Tot/Pre Soccer (3.5-5 yrs) 10:10-10:45am

5555.42 Tot/Pre Soccer (3.5-5 yrs) 3:05-3:40pm

5555.43 Soccer 1 (5-6 yrs) 3:40-4:25pm

SOCCER SKILLZ & SCRIMMAGES



Ages: 7-10yrs

Location: Fair Oaks Park

Kids enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels of play are encouraged to come out and enjoy the soccer fun! **Each participant will receive a soccer jersey.** *Shin guards are required. In case of rainouts, please call the KLS field hot line at 1-888-372-5803.*

Fee: \$111 (\$108 res) • Session: 9 wks

Instructor: Jared Rains, KLS Coach

5555.44 • F • 9/13-11/8 • 4:25-5:10pm

TINY TOT SPORTS CLASSES



Ages: 3-5 / **Location:** Fair Oaks Park

Classes teach basic skills for a variety of sports that focus on self-confidence, teamwork, and fun in a non-competitive environment. *Parent participation is required.*

Fee: \$34 (\$31 res) / Session: 4 wks

Instructor: Recreation Staff

TINY TOT T-BALL

1129.31 • Sa • 9/7-10/5* • 9-9:45am

TEAM SPORTS CAMP

(a different sport each week)

2122.31 • Sa • 9/7-10/5* • 10-10:45am

*No class 9/15

TINY TOT BASKETBALL

1160.31 • Sa • 9/7-10/5* • 11-11:45am

*No class 9/21



JR. NFL FLAG FOOTBALL



Ages: 5-14 yrs

Location: Fair Oaks Park

JR. NFL Flag Football teaches boys and girls, ages 5-14 the fundamentals of football, good sportsmanship and teamwork through practices and league games. League games will take place on Saturdays and team practices will be during the week scheduled by the team coaches at the convenience of players and parents. All players will receive a NFL Flag Football reversible jersey. **Volunteer coaches needed, please call 966-1036.**

Fee: Early Registration \$85 (prior to 8/1)

Regular Registration: \$90 (8/2-9/7)

Late Registration: \$95 (after 9/7)

Location: Fair Oaks Park

Mini Camp: 8/24 • 10am

Mini Camp/Evaluation: 9/7 • 10am

Jamboree: 9/28 • 10am

Games Start: 10/5



CERT is a positive and realistic approach to disaster situations where citizens may initially be on their own and their actions can make a difference. While people will respond to others in need without the training, one goal of the CERT program is to help them do so effectively and efficiently without placing themselves in unnecessary danger.

TEENS welcome with a parent/guardian in attendance or those that will be driving themselves to class welcome with parent/guardian permission.

Personal protective equipment will be given to each participant who completes the training.

*Classes held at Trellis Hall (7117 Greenback Lane)

CLASS SCHEDULE:

Thursday 10/3: 6-10pm

Saturday 10/5: 8am-5pm

Thursday 10/10: 6-10pm

Saturday 10/12: 8am-5pm

For more information or to register for an upcoming class, please visit our website at: www.metrofire.ca.gov/cert.htm or contact Metro Fire CERT program at: (916) 859-3776; cert@metrofire.ca.gov



YOUTH KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo continuing class offers students the opportunity to further develop skills taught in the "Intro to Kenpo Karate" program. Students will learn traditional Kata, self-defense techniques and how to freestyle spar. Students will be exposed to the "Five Animal Styles" of Kenpo: Dragon, Snake, Tiger, Leopard and Crane. Emphasis continues to be placed on fostering the students confidence, discipline and respect. A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment for \$50.

Fee: \$67 (\$64 res) PER MONTH or \$131 (\$128 res) for 2 MONTHS
Classes taught in a 2 month curriculum
Instructor: Casey Benedick

CONTINUING KENPO KARATE #1

T/Th • 6:30-7:15pm
1203.31 • 9/3-9/26
1203.32 • 10/1-10/29
1203.33 • 11/5-11/26
1203.34 • 12/3-12/19

CONTINUING KENPO KARATE #2

T/Th • 7:15-8pm
1205.31 • 9/3-9/26
1205.32 • 10/1-10/29
1205.33 • 11/5-11/26
1205.34 • 12/3-12/19

INTRODUCTION TO KENPO KARATE



Ages: 5-12yrs

Location: Clubhouse Lower Level

Five Animal Kenpo is a karate program committed to the mental and physical development of our students. Our goal is to develop the skills needed for self-defense, and to build qualities of confidence, respect, and self-discipline — a youth's first line of defense against the pressures of today. Students will learn the basic bows, blocks, punches, and kicks of Kenpo karate and will be prepared to enter our continuing kenpo karate program. A \$25 testing fee is required for those who wish to be evaluated for rank certification (belt testing) at the last class of the course. A \$35 uniform is required for students wishing to continue beyond first introductory class.

Fee: \$82 (\$79 res)
Instructor: Casey Benedick
T/Th • 6-6:30pm
1202.31 • 9/3-10/29 • 16 classes
1202.32 • 11/5-12/19 • 14 classes

BEGINNERS FENCING



Ages: 7-15yrs

Location: Hristov Fencing Club

Fencing, the art of swordsmanship, has been practiced for centuries. The sport develops your flexibility, strength, and speed. It is the fastest martial sport of them all and its FUN!! Fencing is great for all ages and levels of athletic ability. Learn sportsmanship and self-discipline. Please bring bottle of water, gym clothes and clean tennis shoes to class.

Fee: \$45 (\$42 res)
Instructor: Kristiyan Hristov
Location: Hristov Fencing Club,
6442 Fair Oaks Blvd., Carmichael
3831.31 • W • 9/4-9/25 • 4-5pm
3831.32 • W • 10/2-10/23 • 4-5pm
3831.33 • W • 11/6-11/27 • 4-5pm
3831.34 • W • 12/4-12/12 • 4-5pm

New! PICTURE FUN-PHOTO EDITING



Ages: 8-16 yrs

Location: 100 Iron Point Cir. 95630

Did you ever wonder how it would be to stand next to your favorite TV personality or character? Now you can! With Photo Editing you will be able to place yourself anywhere in the world, with anyone you would like, even make objects disappear.

Instructor: Tami Kacevas
Fee: \$136 (\$133 res)
8180.31 • Th • 9/5-10/24 • 4-5:30pm

New! EASY WEBSY



Ages: 8-16 yrs

Location: 100 Iron Point Cir. 95630

Learn how to build your own website (at least 5 pages). This is a free website and you can keep it private if you would like. You can use templates to create it or start your own design from scratch. You will learn to upload pictures, linking pictures and pages, making your website appealing and much more. The website will be about you so bring your own pictures on a CD or flash drive and start having fun.

Instructor: Tami Kacevas
Fee: \$136 (\$133 res)
8179.31 • T • 9/3-10/22 • 4-5:30pm





New Star Children's Theatre: Musical Theatre Workshop



Ages: 4-17yrs

We welcome all children regardless of experience! Children are taught acting, singing, dancing and will present the musical at the end of the session. We emphasize that every child is talented, and deserves a chance in the spotlight. We feel that every child is a star, and treat each child with respect, and kindness. Children will gain self-confidence, self-esteem, public speaking ability, working in a supportive team environment, and wonderful friends that will last a life-time! *\$30 materials fee to be given to instructor and \$40 costume fee to be given to costume coordinator.*

"CURTAIN UP!" written by Melanie Thompson. Songs written by the Hendry family

Who says kids can't be stars? In this new musical about a play-within-a-play, what happens behind the scenes is as much of an adventure as the final performance! When a young director rents out a theatre to stage her first show, the resident stage manager is less than thrilled to discover that the cast is ALL KIDS. With a motley crew of scared beginners, spoiled child stars, temperamental artists and wacky stage parents, it's a rocky – but hilarious – road from auditions to opening night. When the curtain finally rises on the play within-the-play (*an adaptation of the fairy tale "The Seven Dancing Princesses"*), will the show go on? It'll take friendship, courage and a lot of hard work – but in the process, the magic of theatre changes everyone's lives. Funny, heart-warming and full of great new songs that will have you tapping your feet and humming along, "Curtain Up" is guaranteed fun for children and adults of all ages.

All children will be accepted but need to audition so we can give them a role. No need to prepare an audition as we will teach everyone a song and hand out a scene to do with a partner.

AUDITION DATE: Thursday 9/12 at McMillan Center from 5-7pm

Fee: \$296 (\$293 res)

Monday Location: Clubhouse • 7-9pm

Thursday Location: McMillan Center • 5-7pm

1724.32 • M & Th • 9/12-1/9

SUPERNOVA PERFORMING TROUPE



Ages: 7-18yrs

Location: Clubhouse Auditorium

Come be a part of the ultimate "Glee" club – A singing and dancing program for kids! Children are taught singing and dancing numbers to perform at events in the public, from festivals to retirement homes. We teach the kids to feel self-confident, working a group, be able to sing or dance the "lead" or "back up", problem solve and make friendships that last a life-time.

All Supernova participants must have a song ready to sing for the first rehearsal, either with a karaoke track on a cd or ipod or it can be a capella.

All participants must have black dance shoes (ballet slippers or jazz shoes) and dress in comfortable clothes that are easy to dance in. *Every participant will need to hand in a \$30 materials fee to New Star, and a \$40 costume fee to the costume coordinator at the first class.*

Fee: \$256 (\$253 res) • Sign up for both Supernova & Musical Theater: and receive discount for Supernova \$156 (\$153 res)
Instructor: New Star Children's Theater
1724.31 • M • 9/16-12/30 • 5-7pm

New! SUPERNOVA "JUNIORS" PERFORMING TROUPE



Ages: 4-7 yrs

Location: Clubhouse Auditorium

This will be the first step for 4-7 year olds who love to sing and dance and want to be in SuperNova! Juniors will be taught song and dance numbers and will perform with SuperNova at all of their events. No audition required for this beginner troupe.

Fee: \$156 (\$150 res)

1724.33 • M • 9/16-12/30 • 4-5pm

New! POWERPOINT

Ages: 12-19 yrs

Location: 100 Iron Point Cir. 95630

PowerPoint is an amazing tool for school presentations. It's the number one program to use in professional presentations as well. Learn the basics to make outstanding visual presentations in a real Graphic Design Studio and friendly environment. You will also learn tips on design. Bring your own computer or use ours and be ready to amaze your friends and teachers.

Instructor: Tami Kacevas

Fee: \$136 (\$133 res)

8178.31 • W • 9/4-10/23 • 4-5:30pm



BEGINNING JEWELRY

Ages: 13yrs + over

Location: Arts & Crafts Building

Have you ever seen a piece of hand-made jewelry and wanted to find out how to make it yourself? In these classes you will learn the skills to create your own unique designs. Leave class with a finished piece of jewelry you will be proud to wear. *Please bring a \$15 materials fee payable to instructors on day of class.*

Instructor: Michelle Lueth

Fee: \$28 (\$25 res)

Beginning wirework linked beads

5112.31 • F • 9/27 • 11:30am-1:30pm

5112.32 • Sa • 12/7 • 1:30-3:30pm

CERTIFIED BABYSITTING

Ages: 11-13 yrs

Location: Folsom

Develop lifelong skills and job responsibilities while earning money when you become a trained babysitter. You will learn how to provide safe and responsible care for children. Develop skills in caring for medical emergencies as well as accident prevention. Gain knowledge about interviewing and professionalism. *Please bring a snack to class.*

Fee: \$56 (\$53 res)/ Session: 2 days

Instructor: Cathy Statham

4443.31 • M/W • 9/16 & 9/18 • 4-7pm

CPR/AED/FIRST AID TRAINING FOR INFANT, CHILD & ADULT

This course is EMSA Certified

Ages: 12yrs & up

Location: Old Fair Oaks Library

Save time and money by receiving this **two-year, EMSA approved, certification.** This course is required for licensed preschool teachers, daycare workers, educators and coaches. However, anyone can benefit from these life saving skills. Come join us for coffee, cookies and life saving education! *A \$10 material fee due to instructor at first class meeting.*

Fee: \$73 (\$70 res) / Session: 1 day

Instructors: Breath Of Life

4444.31 • Sa • 9/28 • 8am-4:30pm

4444.32 • Sa • 10/19 • 8am-4:30pm

4444.33 • Sa • 11/16 • 8am-4:30pm

4444.34 • Sa • 12/7 • 8am-4:30pm



Rachel Anne Gray Memorial Scholarship

The Scholarship was established in honor of Rachel Anne Gray who passed away September 2nd, 2012 at the age of 21. Rachel was a resident of Fair Oaks, Bella Vista Graduate and a member of the Fair Oaks Youth Advisory Board (FOYAB) from 2006 through 2008. The award, in the amount of \$250, is given annually to deserving high school Juniors or Seniors. For more information or to donate to the program please contact: events@fairoakspark.org.

Fair Oaks Youth Advisory Board

Join the Fair Oaks Youth Advisory Board (FOYAB). Applications are being accepted for the 2013-2014 term and are due August 23rd. See the FOYAB section under Recreation at: www.fairoakspark.org or search for us on Facebook!



YOUTH DEVELOPMENT COORDINATOR: Sabrina Bernardo
sbernardo@fairoakspark.org

"You must be the change you wish to see in the world"

Adult Sports Leagues

Fair Oaks Recreation & Park District offers year round Adult Sports leagues. Sports offered by the District include Softball and Basketball. Below you will find registration & league start dates for Adult Sport leagues. For further league information, please contact Nick Davison at 966-1036, or visit www.fairoakspark.org.

SOFTBALL

There are four (4) leagues offered during the year, which are the Spring, Early Summer, Late Summer, and Fall Double Header leagues. Divisions offered are Men's C & D and COED C & D. Games are held Sunday through Friday, from 6:20pm-9:20pm.

Fall Double Header Softball

League Dates: 10/7-11/15

Registration Deadline:

Sept 27th @ 5:00pm

Number of Games: Min of (8)

Game Times: 6:20-9:20pm

Location: Fair Oaks Park

Cost: \$410 per team

BASKETBALL

Basketball leagues are offered four (4) times a year during the Winter, Spring, Summer and Fall seasons. Divisions offered are Men's D and woman's D. Games are held on Sundays from 1:00pm-8:00pm at Bella Vista High School.

Fall Basketball

League Dates: 11/3-1/26

Registration Deadline:

Oct 18th @ 5:00pm

Number of Games: Min of (8)

Game Times: 1-7pm

Location: Bella Vista High School

Cost: \$420 per team

Schedules can be found online at www.teamsideline.com/fairoaks

All Team Managers are required to obtain a Team Managers Guide Book and the District Waiver/Roster form from the District office or online prior to participating in any Adult Sports League. To be added to the Free Agent list, e-mail: ndavison@fairoakspark.org.

If inclement weather should arise, the INCLEMENT WEATHER HOTLINE will be updated by 3:00 pm with program information.
Inclement Weather Hotline (916) 966-1011 Ext. 22



Visit your Dog Park in Phoenix Park. Just under 2 acres, with 3 separated areas. For more info visit www.fordog.org

LOVE & LOGIC PARENTING

Location: Fair Oaks Presbyterian Church, 11427 Fair Oaks Blvd 

Love and Logic is a parenting philosophy devoted to helping parents raise responsible kids. This entertaining 6 week video series provides easy-to-use practical techniques designed to put parents and teachers back in control of their homes and classrooms in a loving way. It will help you find specific actions to handle almost any childrearing frustration from the toddler to teenage years. See www.loveandlogic.com for more information. \$15 materials fee due to instructor at class.

Fee: \$66 (\$63 res) per couple / \$41 (\$38 res) individual

Instructor: Dawn Brenner
1418.31 • W • 9/11-10/16 • 6:30-8:40pm
Child care available if reserved in advance @ 967-4784 ext 811

New! Day Trips and Overnights



Friends in travel trips

RENO CASINO BUS & NUGGET RIB COOK-OFF

Join us for a daytrip through the Sierra Mountains where you'll have the choice between two different paths. *Register by August 1 to ensure your space. No refunds after this date.*

Tour Inclusions: 6 Hours of Free Time at the Silver Legacy Casino in downtown Reno with a Bonus of \$10 Slot Play & \$5 Food OR 6 Hours of Free Time at John Ascuaga's Nugget Casino and the Nugget Rib Cook-Off in Sparks, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Thursday, August 29 • 8am-8pm
Fee: \$39 per person

THE GREAT RENO BALLOON RACE

One of the largest hot air ballooning event in the Nation. Taking place just a few miles from downtown Reno, the event enchants both young and old with its vibrant colors and inspiring music. *Register by August 1 to ensure your space. No refunds after this date.*

Tour Inclusions: 6 Hours Free Time at the Silver Legacy Casino with a Casino Bonus of \$10 Slot Play & \$5 Food, Free Time at the Great Reno Balloon Race, Hotel Accommodations at the Eldorado Casino & Hotel, Daily Breakfast Buffet, Show & Dinner Buffet Package at the Eldorado Buffet and Showroom, Luggage Handling, Driver & Escort Gratuities and Refreshments.

Thursday-Saturday, September 5-7
Fee: \$365 per Person Double Occupancy / \$105 per Person Additional Single Supplement/ \$15 Optional Camel Races

CROSSING THE SAN FRANCISCO BAY

Ranked as the second-best ferry ride in the world, the Sausalito Ferry takes you across the bay with views of Alcatraz Island, the Golden Gate Bridge and the glorious San Francisco Skyline. *Register by August 16 to ensure your space. No refunds after this date.*

Tour Inclusions: One Way Sausalito Ferry Crossing, Free Time at the SF Ferry Build-

ing, Free Time and hosted lunch at Pier 39, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Saturday, September 21 • 8am-5pm
Fee: \$98 per Person

APPLE HILL DAYTRIP

A tour guide will board the bus and fill you in on the history and development of Apple Hill as you enjoy views of the beautiful scenery and fruit-filled orchards. *Register by September 9 to ensure your space. No refunds after this date.*

Tour Inclusions: 90-minute Guided Loop Tour of Apple Hill, BBQ Chicken Lunch with Slice of Apple Pie, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Thursday, October 17 • 9am-5pm
Fee: \$58 per Person

JACKSON RANCHERIA CASINO TRIP

Are you feeling lucky? Then join us for a daytrip to this popular casino. *Register by October 1 to ensure your space. No refunds after this date.*

Tour Inclusions: 4 Hours of Free time at Jackson Rancheria with a Casino Bonus, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Thursday, October 31 • 8am-4pm
Fee: \$35 per Person

HARVEY

(Musical at the Fallon House Theatre)

Elwood P. Dowd is a cheerful and charming fellow with one character flaw: an unwavering friendship with a 6-foot-tall, invisible rabbit named Harvey. Enjoy a hosted lunch before the show. *Register by October 1 to ensure your space. No refunds after this date.*

Tour Inclusions: Ticket to the Performance of Harvey at the Fallon House Theatre in Columbia, Hosted Lunch Before the Show, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Wednesday, November 6 • 8am-7pm
Fee: \$105 per Person

DESERT ESCAPE

Missing those warm summer days? Then put away your coat and join us for a desert escape! Travel to the sunny south and visit Palm Springs, Casa Grande AZ, Tombstone AZ, Douglas AZ, Bisbee AZ and Barstow CA. *Register by October 1 to ensure your space. No refunds after this date.*

Tour Inclusions: Welcome Wine & Cheese Reception, Visit to Palm Springs VillageFest, Marty Haggard Dinner Show, Visit and Tour of Tombstone AZ, Cowboy Poetry & Dinner, Visit to the Casa Grande Historical Museum, Free Time in Bisbee AZ, Farewell Dinner, Admission to the Barstow Route 66 "Mother Road" Museum, Overnight Accommodations in Palm Springs, Casa Grande AZ, Douglas AZ and Barstow, Luggage Handling at all Hotels, Step On Guide, Driver & Escort Gratuities and Refreshments.

Thursday-Tuesday, November 7-12
Fee: \$1099 per person Double Occupancy / \$345 per person additional single supplement

THANKSGIVING IN RENO

Spend free time at the Silver Legacy Casino before heading to Eldorado Casino's Buffet for an included Thanksgiving Feast. *Register by November 1 to ensure your space. No refunds after this date.*

Tour Inclusions: 6 Hours Free Time at the Silver Legacy Casino with a Bonus of \$10 Slot Play & \$5 Food, Thanksgiving Feast at the Eldorado Buffet, Driver & Escort Gratuities and Refreshments.

Thursday, November 21 • 8am-10pm
Fee: \$89 per Person

SAN FRANCISCO SHOPPING

Arrive at the Macy's in Union Square, San Francisco to begin your day of shopping. Union Square is one of the largest collections of department stores, upscale boutiques, tourist trinket shops, art galleries and salons in the Western United States. *Register by November 4 to ensure your space. No refunds after this date.*

Tour Inclusions: Free Time in Union Square, Shuttle to Pier 39, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Saturday, November 30 • 8am-6pm
Fee: \$49 per Person

SACRAMENTO CHRISTMAS LIGHTS

Why drive around trying to find the best Christmas lights when we can do it for you! Join us for an evening of laughter and fun as we take you to see some of the most beautiful light displays in the Sacramento area. *Register by December 2 to ensure your space. No refunds after this date.*

Tour Inclusions: Sacramento Area Christmas Lights Tour, Roundtrip Motorcoach Transportation, Escort & Driver Gratuities and Refreshments.

Thursday, December 12 • 4pm-10pm
Fee: \$35 per person

CHRISTMAS IN THE SIERRAS

No plans this holiday season? Spend it with us in the beautiful Sierras!

Tour Inclusions: 2 Nights at a downtown Reno Hotel & Casino, Holiday Buffet Feast, Wine & Cheese Welcome Reception with Gift Exchange, Casino Bonus, Ticket to Holiday Performance at the Eldorado Showroom, Roundtrip Motorcoach Transportation, Driver & Escort Gratuities and Refreshments.

Tuesday-Thursday, December 24-26
Fee: \$349 per person Double Occupancy / \$105 per person additional single supplement



FEATHER FALLS CASINO

Start the year off with a date with Lady Luck! *Register by January 6th to ensure your space. No refunds after this date.*

Tour Inclusions: 4 Hours Free Time at the Feather Falls Casino, Casino Bonus of \$12 Cash & \$3 Food, Driver & Escort Gratuities and Refreshments.

Thursday, January 23, 2014 • 9am-4pm
Fee: \$20 per Person

New! WEALTH STRATEGIES



Location: Fair Oaks Library (11601 Fair Oaks Blvd Fair Oaks, CA 95628)

401K? Pension? IRA? How/where are your retirement funds are invested? This workshop is designed to update, educate and inspire you to learn more about your retirement assets. Instructor has over 32 years in the investment arena. His latest retirement planning book will be provided to attendees. Whether you are investing on your own or would like to check on how your advisor is doing, this is a must attend workshop.

Instructor: Bill Bailey
Fee: FREE
 8911.31 • T • 9/24 • 6:30-7:30pm

Free! ESTATE PLANNING: WILLS, TRUST & PROBATE



Julia Himovitz is a representative of Generations, an estate planning and trust law firm.

What is the difference between a will and a trust? What documents should be maintained as part of a basic estate plan? What are the benefits of estate planning? Julia will discuss the documents that everyone should have to transfer wealth from one generation to the next. Learn how you can minimize attorneys' fees and taxes upon death. This class is appropriate for people from all walks of life. *Classes are FREE but you must pre-register.*

Location: Old Fair Oaks Library
Instructor: Julia Himovitz, Generations Law
 8909.31 • Th • 9/19 • 10-11am
 8909.32 • W • 11/13 • 10-11am

New! MY BOOK



Ages: 18+over
Location: 100 Iron Point Cir. 95630

Create your own personalized book for yourself or give it as a present: Graduation, Wedding, Baby Shower, or any other event. You'll learn how to use a very easy online program to make the most attractive book for the right occasion. Printed book price varies depending on type and size of book and not included in price of class.

Instructor: Tami Kacevas
Fee: \$136 (\$130 res)
 8181.31 • M • 9/9-10/28 • 9:30-11am

New! SPANISH CLASS



Ages: 18 & over
Location: Inner Ripple Arts & Fitness
 4400 San Juan Ave #18., Fair Oaks

No Books... More Fun! This entertaining, conversational-based class focuses on useful everyday phrases and vocabulary. In each class you will have the opportunity to interact and converse with Native Spanish Speakers. Great for travel, business or daily conversation. Class for beginner to intermediate.

Instructor: Rubi Gutierrez
Fee: \$ 96 9\$93 res)
 2020.31 • M • 9/9-9/30 • 4:50-5:50pm
 2020.32 • M • 10/7-10/28 • 4:50-5:50pm
 2020.33 • M • 11/4-11/25 • 4:50-5:50pm

New! INTRO TO PHOTOSHOP



Ages: 18+over
Location: 100 Iron Point Cir. 95630

Learn Photoshop Elements Program and how to use it to organize, edit and save your most precious pictures. Make cards for your loved ones or edit the pictures you have to make them unforgettable. Learning photo editing, you will be able to place yourself anywhere in the world with anyone you would like, add some to a family reunion and even make objects disappear.

Instructor: Tami Kacevas
Fee: \$136 (\$130 res)
 8182.31 • F • 9/6-10/25 • 9:30-11am

CHECK OUT!
Day Trips &
Overnighters
on pages 16-17

New! MOSAIC DESIGN

Ages: 18 & up

Location: Arts and Craft Building

Have you ever seen a wonderful hand-made glass or tile mosaic and wanted to try your hand at making one yourself? In this class you will learn the basics to create your own Mosaic masterpiece. Have fun and bring home a one of a kind mosaic design. *Please bring a \$35 materials fee payable to instructor on first day of class.*

Instructor: Michelle Lueth

Fee: \$74 (\$71 res)

5053.31 • Sa • 10/12-11/2 • 1:30-3:30pm

5053.32 • F • 10/18-11/8 • 1:30-3:30pm

ADULT POTTERY

Ages: 18yrs & up

Location: Arts & Crafts Building

Come have fun while playing in the mud! Experience one of the most ancient and relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis on fun - while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$74 (\$71 res) / Session: 4 wks

Instructor: Michelle Lueth

5110.31 • W • 8/28-9/18 • 11:30am-1:30pm

5110.32 • W • 8/28-9/18 • 4-6pm

5110.33 • T • 9/24-10/15 • 1:30-3:30pm

5110.34 • T • 9/24-10/15 • 4-6pm

5110.35 • W • 9/25-10/16 • 1:30-3:30pm

5110.36 • T • 10/29-11/19 • 1:30-3:30pm

ADULT POTTERY STUDIO

Ages: 18yrs & up

Location: Arts & Crafts Bldg.



This open studio is for students who have previously taken an adult pottery class from Michelle. Studio is open registration & participants can sign up at any time by purchasing a punch card. Punch card is good for 4 classes & expires 60 days from date of purchase. One class equals 2 hours studio time. *Please bring a \$25 materials fee payable to instructor at first class.*

Fee: \$63 per punch card

Instructor: Michelle Lueth

1616.31 • Sept • T/W • 12:30-6pm

1616.32 • Oct • T/W • 12:30-6pm

1616.33 • Nov • T/W • 12:30-6pm

1616.34 • Dec • T/W • 12:30-6pm

Thai Cooking -



Ages: 13 + over • Instructor: Phonglada Foletta • Location: McMillan Center
Fee: \$46 (\$43 res) per class

*Join Phonglada Foletta as she teaches you how to prepare and cook some of her specialty Thai recipes. Learn about common ingredients and how to combine them to develop the desired flavors. You do not have to have a taste for spicy food, just a desire to try something new. **Each class must have a minimum of 5 students to run.** Materials fee of \$10 (for each class registered) due to instructor at class.*

PRIVATE THAI COOKING CLASS

Have a small group for lots of hands on personal attention or a larger group for a memorable experience with your friends and family. You may choose one of Phonglada's menus or design your own menu of favorite dishes from Phonglada's cookbook. Come hungry as we will be able to enjoy the meal we have prepared in class. Call to arrange a convenient time and location. *Materials fee of \$10 pp (may be higher for classes that include more than one seafood dish) is due to instructor at class.*

Your 4 hour class for up to 6 is \$240 plus \$35 for each additional participant (\$3 additional for nonresidents)

New! GREEN CURRY WITH CHICKEN AND GREEN PAPAYA SALAD

Menu includes: Thai Green Curry- made from scratch- with chicken (Gang kiaw wan gai), Green Papaya Salad (Som tom) and Black Bean in Coconut Milk (Tau dum) for dessert.

1114.31 • Sa • 10/19 • 1-5pm

New! BASIL EGGPLANT, SEAFOOD NOODLE SOUP

Today's menu includes Spicy Thai Chicken Salad (Iarb), a specialty of North-east Thailand and Stir-Fried Basil Eggplant in Red Curry. We will begin with Seafood Noodle Soup and enjoy Thai Pumpkin in Coconut Milk for Dessert.

1114.32 • Sa • 11/9 • 1-5pm

HATHA YOGA CLASSES



Location: Clubhouse Auditorium

In addition to relaxing and stretching, Yoga Postures release tension, gently but firmly strengthen and tone the deeper supportive muscle structure and improve organ and glandular function. You can expect to experience greater ease of movement, increased sense of well-being and deeper more restful sleep. Each student is encouraged to work at his or her own ability level. *Please bring a mat, blanket and pillow to class.*

Sessions: Ongoing (begin any time)
Instructor: Judith Aubin

Punch Card Fee \$63: Each Card is good for 6 classes • Drop in fee \$18 per class

3710.31 • Sept 3710.32 • Oct
3710.33 • Nov 3710.34 • Dec

STRETCHING, RELAXING AND STRESS RELIEVING YOGA

This class, over time, develops the ability to release our muscle tension and be relaxed in every posture of life.

Tu • 9/3-12/17 • 8-9:15am

STRENGTHENING YOGA

This class is primarily intended to rebuild strength and restore flexibility. Come and feel your mood improve as your strength slowly returns and grows.

F • 9/6-12/27 • 8:30-10am

EVENING YOGA



Location: Old Fair Oaks Library

Open to all levels of practice and abilities, come and have fun on your mat with us! We will be practicing various yoga poses such as standing poses, seated, balancing, backbends, inversions, twists and stretching. We will also focus on relaxation techniques such as meditation and breathing as well as incorporating music and yoga philosophy - all great for stress relief. The focus will be for students to have the opportunity to strengthen both their mind and body.

Session ongoing (begin anytime)

Instructor: Nichole St. Germain

Punch card fee: \$63 for 6 classes. Drop in fee \$18 per class

M • 9/9-12/30 • 6-7:15pm

3711.31 • Sept

3711.32 • Oct

3711.33 • Nov

3711.34 • Dec

New! WOMEN'S FITNESS & SELF-DEFENSE

Ages: 18 & over

Location: Inner Ripple Arts & Fitness
4400 San Juan Ave #18., Fair Oaks



Get fit! Be strong! This class combines fun fitness routines along with real world self-defense techniques for women. You will gain self-confidence, strength, and body awareness, while having a great time.

Instructor: Kyoshi Ruben

Fee: \$106 (\$103 res)

2021.31 • Sa • 9/7-9/28 • 9-10am

2021.32 • Sa • 10/5-10/26 • 9-10am

2021.33 • Sa • 11/2-11/23 • 9-10am

ADULT

KENPO KARATE



Ages: 13yrs & up

Location: Clubhouse Lower Level

Improve strength, flexibility, cardiovascular fitness, and agility as you learn the exciting art of Five Animal Kenpo. While learning an effective skill of self-defense you will benefit from mental focus, stress relief, and physical fitness that results from martial arts training. A \$25 testing fee is required for those who wish to be evaluated for rank certification. Those wishing to participate in sparring will need to purchase protective equipment (\$50).

Fee: \$67 (\$64 res) PER MONTH or \$131 (\$128 res) for 2 MONTHS

Class taught in 2 month curriculum

Instructor: Casey Benedick

Class taught with 2 month curriculum

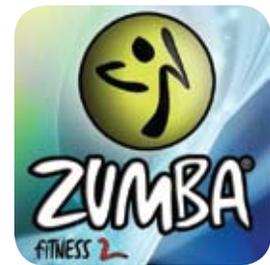
T/Th • 8-8:45pm

1204.31 • 9/3-9/26

1204.32 • 10/1-10/29

1204.33 • 11/5-11/26

1204.34 • 12/3-12/19



ZUMBA FITNESS



Location: Clubhouse Auditorium

Join the Party and Dance your way to a fitter and happier you! Get lost in the latin and international rhythms while learning some salsa, cha-cha, merengue, cumbia, bollywood and reggaeton moves. Increase your muscular conditioning and cardiovascular fitness, all while having fun! *Please bring water, towel and clothes you can move in.*

Instructor: Ruthie Oggins

Fee: \$26 (\$23 res)

Drop in Fee: \$8

3810.31 • Th • 9/5-9/26 • 5-5:50pm

3810.32 • Th • 10/3-10/31 • 5-5:50pm

3810.33 • Th • 11/7-11/21 • 5-5:50pm

3810.34 • Th • 12/5-12/19 • 5-5:50pm

New! BASIC HAIR BOW MAKING 101

Ages: 13 & up

Location: McMillan Center

Who doesn't want some hair candy? Take an hour and a half to learn how to make 3 different styles of hair accessories for yourself or a friend. Hobbyist, Brandy Kunakey, will instruct participants on how to make their own hair bows and clips. In this class you will learn how to make a covered alligator hair clip, a felt bow with alligator clip, a 3 ribbon with french clip, and a simple one ribbon bow with alligator hair clip. *Please bring a \$5 materials fee, payable to the instructor at the beginning of class. Supply fee includes ribbon, clips, felt, and wire. Participants will need to bring a hot glue gun, lighter, and a couple of glue sticks.*

Instructor: Brandy Kunakey

Fee: \$24 (\$21 res)

1717.31 • T • 10/15 • 6-7:30pm

LINE DANCING

Location: Clubhouse Auditorium

Ages: 18yrs+ • Under 18 allowed with a paying adult

Come learn the basics needed to become a successful line dancer. It's a great way to meet and be with others while staying fit. No partner needed. Learn traditional line dances while developing the skills needed to progress into higher level classes. Routines and teaching are also tailored for the active senior.

Instructor: Norm Gifford

BEGINNING

Fee: \$29 (\$26 res) per person

4201.31 • Th • 9/5-9/26 • 6-7pm

4201.32 • Th • 10/3-10/24 • 6-7pm

4201.33 • Th • 10/31-12/5 • 6-7pm*

INTERMEDIATE

Fee: \$33 (\$30 res) per person

4210.31 • Th • 9/5-9/26 • 7:30-9pm

4210.32 • Th • 10/3-10/24 • 7:30-9pm

4210.33 • Th • 10/31-12/5 • 7:30-9pm*

*No class 11/21 & 28

We know that people like to look for mistakes, so we include just a few to keep you entertained. Please let us know which ones you find.

ROUND DANCE

Ages: 18yrs+

Location: Clubhouse Auditorium

Round dance is social ballroom dancing that is cued for easy leading and following. We learn simple ballroom routines and apply them to popular tunes as well as golden oldies. Beginning class will cover Waltz rhythm and no experience is required. *Casual attire with danceable shoes. Visitors welcome to observe.*

Purchase a punch card good for 4 classes \$27 or see fee below

Instructor: Marie Hathaway

Tuesdays 9/17-12/10 • \$66 (\$63 res)

Beginner • 4220.31 • 11am-12:30pm

Intermediate • 4220.33 • 12:30-2pm

Wednesdays 9/18-12/11 \$66 (\$63 res)

Beginner • 4220.32 • 6-7:30pm

Intermediate • 4220.34 • 8-9:30pm

New! IMPROVER LINE DANCE

Location: Clubhouse Auditorium

Enjoy dancing with your friends and become more confident in your dancing. Improver level dances will be taught to increase the dancer's ability and confidence as they progress. Afternoon Line Dance Class teaches the basics of all forms of Line dance rhythms, such as Cha-Cha, Rumba, Tango, Waltz, etc. This class is graduated in three sections, starting the first half hour (section 1) with Introduction to Line Dance. The second half hour (section 2) is Beginner, and the third half hour (section 3) Advanced Beginner/Improver. Students have the option of taking either sections 1 & 2, or 2 & 3 depending on their dance experience.

Instructor: Phyllis Gifford

Fee: \$33 (\$30 res)

4211.31 • Th • 9/5-9/26 • 3-4:30pm

4211.32 • Th • 10/3-10/24 • 3-4:30pm

4211.33 • Th • 10/31-12/5 • 3-4:30pm*

No class 11/21 & 28

EAST COAST SWING DANCE

Location: Orangevale Activity Room

Have you ever gone out dancing and watched other people spin around the dance floor and wonder how they do it? This class will teach you footwork, turns and how to lead or follow any partner.

Location: class held @ 6826 Hazel Ave.

Fee: \$56 (\$53 res) **per couple**

Instructor: Meghan Kerins

BEGINNING

4112.31 • M • 9/9-9/30 • 6:30-7:30pm

4112.32 • M • 10/7-11/14 • 6:30-7:30pm*

INTERMEDIATE

4112.33 • M • 11/18-12/9 • 6:30-7:30pm

*No class 10/14

BALLROOM DANCE I

Location: Orangevale Activity Room

Ever felt uncomfortable dancing at weddings, office parties or out socializing? Why not begin dancing in a fun and friendly environment? Ballroom dancing for beginners starts with learning the basics of dances such as Waltz, Fox Trot, Rumba, and Cha Cha.

Location: class held @ 6826 Hazel Ave.

Fee: \$56 (\$53 res) **per couple**

Instructor: Meghan Kerins

4110.31 • M • 9/9-9/30 • 7:45-8:45pm

4110.32 • M • 10/7-11/4 • 7:45-8:45pm

4110.33 • M • 11/18-12/9 • 7:45-8:45pm

*No class 10/14

New! TRIBAL STYLE BELLY DANCE

Ages: 13 & over

Location: Clubhouse Auditorium

This class features "Tribal Style" Belly dance. Students will learn basic belly dance isolations and beautiful stylization of many different folk dances from diverse cultures. Class focuses on dancing with awareness of body, mind and soul connection while strengthening core muscles and getting a full body workout.

Instructor: Sawako Ama

Fee: \$63 (\$60 res) \$15 drop-in

2222.31 • T • 9/3-10/8 • 5:45-6:45pm

2222.32 • T • 10/15-11/19 • 5:45-6:45pm

Free! MOVIE MONDAY

Location: Clubhouse Lower Level

Are you an active senior adult looking to beat the heat, or just have something fun to do? Join us for a free indoor movie shown on an 80"x48" screen. Popcorn, tea and coffee will be provided or bring a snack of your own to enjoy. Every month the movie will change.

Doors Open at 11:15am
Movie Begins at 11:30am

MOVIE DATES:

- Sept 9 • comedy new release
- Oct 14 • drama new release
- Nov 6 • romantic comedy new release*
- Dec 9 • holiday classic

*Wednesday due to holiday 11/11



SENIOR STRETCH WITH SHARON SHUTE

Location: Clubhouse Auditorium 

A low impact exercise class specially designed for senior citizens. Improve muscular endurance and flexibility as well as cardio-respiratory and aerobic fitness. Meet new friends, and feel more vibrant and healthy.

Please bring a towel to class.

Fee: \$9 for 4 class punchcard
M/T/W/Th • On-going
Drop-in* • 9:35-10:30am

*No 9/2, 11/11, 11/28, 12/25, 12/26, 12/31

SENIOR DROP-IN PINOCHLE

Location: Clubhouse Lower Level

This FREE, fun social gathering is an informal program. Individuals may "drop-in" for a game of pinochle, or other card games. Refreshments and cards are available.

Th • On-going/Drop-in • 9am-1pm
(No program on District Holidays)

INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING

Location: Arts & Crafts Building, Rm A

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of florals. No artistic talent is needed. You will be able to paint animals, roses, sunflowers, daisies and much more.

Fee: 10 classes for \$33
Instructor: Linda Chandler
Th • 9/5-12/26 • 1:30-4pm
5113.31 • Sept 5113.33 • Nov
5113.32 • Oct 5113.34 • Dec

P.A.S.A. - PROGRAM FOR ACTIVE SENIOR ADULTS

ALWAYS ACCEPTING NEW MEMBERS!

Location: Clubhouse Lower Level, Building is accessible for those with disabilities

PASA is a fun and social organization designed to promote wonderful recreation activities for senior adults and seniors-in-training. PASA is held 2nd-4th Wednesday of each month. Bingo and a raffle are some activities held at meetings, guest speakers or other entertainment may also be at meetings. Dues are \$10 per year, interested members may attend 3 meetings before paying dues. Must have own ride to and from meetings.

If you have questions please feel free to contact Jennifer at 966-1036 ex 17 or e-mail: jdavis@fairoakspark.org.

MONTHLY SCHEDULE:

TIME: 11am-1pm
2nd Wednesday • Meeting
3rd Wednesday • Bingo
4th Wednesday • Meeting

New! ZUMBA GOLD

Location: Auditorium

Zumba Gold is a dynamic dance fitness work out inspired by Latin and International rhythms. It is designed specifically for beginners, active adults and participants new to fitness. Safe and easy to follow, this one hour class will feature rhythms like merengue, cha-cha, salsa, tango, belly dance and more!

Instructor: Ruthie Oggins
Fee: \$26 (\$23 res) • Sign up for both days \$40 (\$37 res) • Drop in \$8 per class

Mondays

3812.31 • 9/9-9/30 • 11am-12pm
3812.32 • 10/7-10/28 • 11am-12pm
3812.33 • 11/4-11/25 • 11am-12pm*
3812.34 • 12/2-12/16 • 11am-12pm

Wednesdays

3812.35 • 9/4-9/25 • 11am-12pm*
3812.36 • 10/2-10/30 • 11am-12pm
3812.37 • 11/6-11/27 • 11am-12pm
3812.38 • 12/4-12/18 • 11am-12pm

*No class 9/18, 11/11

Instructors Wanted!

Have special training or experience in a skill others may be interested in learning about? FORPD is looking for enthusiastic and energetic instructors to teach a variety of recreational classes. Share your interests and talent with others in the community. We are interested in hearing about what you would like to offer. Teach children or adults, its up to you. FORPD is always accepting new class proposals. Check online at www.fairoakspark.org under Employment Opportunities to view the Independent Contractor Handbook for more information on how to become an instructor with FORPD. Instructor Coordinator: Jennifer Davis - jdavis@fairoakspark.org

Scholarship Opportunity

The District's goal is to provide a quality recreation experience to every child, and that no potential participant would ever be turned away because of a financial hardship. The Board of Directors established an annual "Don Ralls Memorial Scholarship Fund" for Fair Oaks youth and seniors.

This program is available on a case-by-case basis. Eligible participants will receive up to a 50% discount on one District program upon the approved completion of an application and meeting all appropriate criteria. Please note that funds are limited. The District reserves the right to limit the eligibility of programs. For more information contact Fair Oaks Recreation and Park District at 966-1036 or visit the website at www.fairoakspark.org.

5 Ways to Register

IF PAYING WITH CHECK MAKE OUT TO FORPD



Online Registration

Visit www.fairoakspark.org to register online with Visa, MasterCard or American Express.



Walk-In Registration

Fill out registration form at our District Office, 4150 Temescal St, Fair Oaks. Monday-Friday 8:00am-5:00pm
Cash, Check or Credit cards (listed above) accepted



Mail-In Registration

Mail-In Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Mail registration to FORPD District Office, 4150 Temescal St., Fair Oaks, CA 95628.



Drop-Box Registration

Drop-Box Registration accepted with a complete registration form and correct fees. *Please do not mail cash.* Drop-Box is located at District office to left of front door for after hours registration.



Fax-In Registration

Fax your completed form with credit card # to 966-9863.

GENERAL INFORMATION

1. The District reserves the right to cancel or modify any class and/or program. Classes may be cancelled three (3) days prior to the start date if minimum enrollment is not met.
2. Resident/Non Resident: Residents are those who live within the Fair Oaks area. All others pay the non-resident fee (indicated by non res).
3. Don Ralls Scholarship program: Scholarships are available for District residents who are on a fixed income or lower income families with special needs. Please contact the District for more information.
4. **If paying at class, you may only pay with check made out to FORPD or with credit card.**

REFUND POLICY

1. Full refund will be given if the Fair Oaks Recreation and Park District cancels the program or for medical reasons.
2. **On line convenience fee is non refundable.**
3. No refund will be issued after the class or program has had its second meeting.
4. All refund requests will be approved or denied by the Fair Oaks Recreation and Park District. All refund checks will be processed through the County of Sacramento and mailed to you within 4-6 weeks.
5. The Fair Oaks Recreation and Park District reserves the right to adjust the refund policy, depending upon the circumstances and the severity of the situation.

All refunds are required to submit a refund/transfer request form to be approved by District Staff.

**FAIR OAKS RECREATION & PARK DISTRICT
PARTICIPANT'S REGISTRATION WAIVER, RELEASE, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT**

**Note: Participant(s) or legal guardian must complete waiver form in its entirety, prior to the first class meeting.
If waiver is not signed, participant will not be registered, and form will be returned.**

PAYEE INFORMATION

LAST NAME _____ FIRST NAME: _____

PHONE/HOME: _____ WORK: _____

ADDRESS: _____ CITY: _____ ZIP: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT NAME: _____ PHONE: _____

PLEASE CHECK ONE: FAIR OAKS RESIDENT: _____ NON-RESIDENT: _____

METHOD OF PAYMENT: Payment at class cannot be made in cash. To pay with cash, you must register in District Office

Check #: _____ Card #: _____ Expiration Date _____ CVC _____ Visa ___ MasterCard ___

Cardholder's Name (Print) _____ Cardholder's Signature _____

Class Code	Participant's Name	Date of Birth	Class Name	Session Dates	Fee

Please remember to sign the waiver on the bottom of this form, Thank You! *Please check here if you would like a receipt sent.*

Agreement, Waiver & Release Fair Oaks Recreation & Park District 2013

In consideration for being permitted by the above District to participate in the above activity(ies), I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity(ies). This release is intended to discharge in advance the above District (its officers, employees, and agents) from any and all liability arising out of or connected in any way with my participation in said activity(ies), even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity involves an element of risk and danger of accidents and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding by my heirs and assigns. I agree to indemnify and to hold the above persons or entities free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of my death or any injury or property damage that I may sustain while participating in the said activity(ies).

Parental Consent:

(To be completed and signed by parent/guardian if applicant is under 18 years of age)

I hereby consent that my son/daughter, _____ participate in the above activity(ies), and I hereby execute the above Agreement, Waiver and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense, which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity(ies).

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian): _____ Date: _____

I understand that photographs taken of recreational programs may be used by the District for promoting programs, classes or events. _____ initial

It's My Park Day

Fair Oaks Park – Village Park – District Office – Clubhouse – Bannister Park



New to this year's event was the addition of a few larger projects completed by our community partner groups. The Rotary Club of Fair Oaks worked on the planters in front of the District Office and the Community Clubhouse by removing plants, replacing the soil, planting new plants, installing weed barriers, and spreading mulch. The American Theatre Organ Society (A.T.O.S.) worked on the Community Clubhouse by painting the Clubhouse Lower Level breezeway and the bandshell in Village Park. The Fair Oaks Racquet Club helped by painting ramps and repairing surface cracks at the Fair Oaks Park Skate Park. The Fair Oaks Host Lions Club painted the BBQ area and horseshoe pits at Fair Oaks Park. Finally, Robinsons Taekwondo brought out over twenty-five students and families from their program to help beautify Bannister Park, the first time Bannister Park benefited from the volunteer projects on It's My Park Day.



The Fair Oaks Recreation and Park District was proud to host the 3rd annual It's My Park Day event on Saturday, July 13th. District employees, Fair Oaks residents, community volunteers and partner groups, and business owners spent the day making parks in Fair Oaks a more inviting and enjoyable place to be. Volunteers completed a number of projects such as painting fire lanes and poles, weeding and mulching, bush trimming, planting, cleaning and painting BBQ grills, refurbishing horseshoe pits, and much more. Thank you to everyone who volunteered at this year's event!! Your Fair Oaks Parks are greatly enhanced by the care and dedication of those volunteering at It's My Park Day.



At the end of this very busy day, the Fair Oaks Recreation and Park District hosted an appreciation BBQ that included hot dogs, burgers, chips, soda, water, and cookies. The BBQ was prepared by the volunteers from the Fair Oaks Host Lions Club volunteers and served by volunteers of the Fair Oaks Theatre Festival. The District also provided live entertainment by Keep on Truckin'. In addition to the BBQ, volunteers received an event t-shirt in recognition of their hard work and dedication to their parks.

We would like to say a very special thank you to the sponsors of the wonderful event which included; SMUD (Sacramento Municipal Utility District), Alhambra Water, Zapp's Potato Chips, Coca-Cola, Costco, IMS (Innovative Maintenance Services), Raley's, and Sam's Club.



Meet the Intern!

NAME: ASHLEY MACK

College: Sacramento State University

Ashley started with the District as the Recreation Intern on May 28th, 2013 and will be with the District through the end of September, 2013. During her time at the District, Ashley will be focusing on developing her experience in planning special events, working with the community, securing sponsorships, marketing events, and much more. In addition, Ashley will be learning about all aspects of the Parks & Recreation profession as she spends time in all District departments and programs such as working in the Parks department, interviewing administrative staff, attending community partner regular meetings, etc. When Ashley isn't spending her days with the District gaining experience in the field, she enjoys being in the mountains, snowboarding, golf, driving her Jeep Wrangler, hanging out with friends, and eating Mexican food. Make sure to look for Ashley at our many upcoming events such as Movies in the Park, Comedy Under the Stars, and the Fair Oaks Chicken Festival.

A Multi-District Tree Inventory Grant from CalFire

Propositions 40 and 84 provide funds to the State of California and its political subdivisions for urban forestry programs. Through the State Department of Forestry and Fire Protection (CalFire).

The Sunrise, Carmichael, and Fair Oaks Recreation and Park Districts entered into an agreement with the State of California to carry out an urban forestry tree inventory project. At the end of this project, each district will have its own current and complete tree inventory. A consulting arborist and certified tree risk assessor will do an inventory of all trees in the parks, parkways and landscape corridors of each District. With this information The Fair Oaks Recreation & Park District will be taking the first step in better understanding the value of the District's forest asset, the needs and distribution of its trees and will be able to apply in the next grant cycle for an urban forest management plan grant.



Are you looking for a special place to hold a party, bar mitzvah, bat mitzvah, play, dance, meeting, or a wedding? Our facilities provide space for large or small attendance. Buildings available include: the F.O. Community Clubhouse, (upper & lower levels), McMillan Center, and the Old Fair Oaks Library. Whatever your needs may be, the Fair Oaks Recreation & Park District has the place for you. To view dimensions and pictures go to our web site: www.fairoakspark.org.

FACILITIES FOR RENT

General Information:

- 1) Reservations may be made up to one (1) year in advance
- 2) Tables, chairs, and set up are included in your indoor facility rental fee
- 3) Private Caterers are allowed

Steps to Renting a Facility:

- 1) Call the District Office at 966-1036 for further information, to check availability of date, or to schedule an appointment to view the facility.
- 2) If the date is available fill out a rental application.
- 3) For Outdoor Rentals: full rental fees must be paid to reserve the date.
- 4) For Indoor Rentals: A refundable \$350 deposit to reserve the date is required.
- 5) Payment in full and proof of insurance are required 120 days in advance. Table layout due 30 days prior to event.

INDOOR

Clubhouse Auditorium 7997 California Ave.

Capacity: 182 seated / 390 standing
Included in Rental: 46' x 63' Meeting Room, 30' x 27' Stage, and 19' x 19' Commercial Kitchen

Equipment Provided: (24) 5' round tables, (1) 6' rectangular table, (5) 8' rectangular tables, (182) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.

Additional Equipment: (2) buffet tables for \$10 each

Rental Fee: \$95 per hr. or \$680 for 8 hrs
4 hr minimum rental



Clubhouse Lower Level 7997 California Ave.

Capacity: 70 seated / 120 standing
Included in Rental: 27' x 44' Meeting Room, 15' x 19' Commercial Kitchen
Equipment Provided: (1) 6' table, (7) 10' tables, (8) 6' round tables, (70) folding chairs, commercial range, refrigerator, double sink & cleaning equipment.

Rental Fee: \$65 per hr or \$440 for 8 hrs
4hr minimum rental

Fireside Room 7997 California Ave.

Capacity: 15 seated / 25 standing
Included in Rental: 14.5' x 25.5' Mtg Rm
Equipment Provided: (2) 8ft. tables, (15) folding chairs, (2) lounge chairs, (2) stools, (1) long mirror.

Rental Fee: \$30 per hr or \$160 for 8 hrs
2 hr minimum rental

Old Fair Oaks Library 4200 Temescal St.

Capacity: 40 seated/ 59 standing
Included in Rental: 690 sq ft Meeting Rm
Equipment Provided: (3) 6' tables, (1) 8' table, (1) 10' table, (2) 12' tables, 40 folding chairs and one mounted writing board.

Rental Fee: \$45 per hr or \$280 for 8 hrs
2hr minimum rental

McMillan Center 8020 Temple Park Rd.

Capacity: 72 seated / 154 standing
Included in Rental: 773 sq. ft. Meeting Room, Kitchen with refrigerator & Range, fenced in outdoor park space with barbecues.

Equipment Provided: (10) 6' tables, (2) 8' tables, (3) 10' tables, (72) folding chairs, kitchen range & refrigerator, cleaning equipment.

Rental Fee: \$55 per hr or \$360 for 8 hrs
2hr minimum rental

OUTDOOR

2hr minimum rental for all Outdoor Rentals



Fair Oaks Park BBQ Area 11549 Fair Oaks Blvd.

Capacity: 200 Total seating (picnic tables)
Equipment Provided: (5) BBQ Grills, (8) Large Tables, (1) Large Serving Table

Additional Equipment: Water and Electricity available for \$10 each
Rental fee: \$30 per hour

Miller Park BBQ Area 8480 Sunset Ave.

Capacity: 24 total seating (picnic tables)
Equipment Provided: (2) BBQ Grills, (5) picnic tables

Additional Equipment: Water and Electricity available for \$10 each
Rental Fee: \$20 per hour



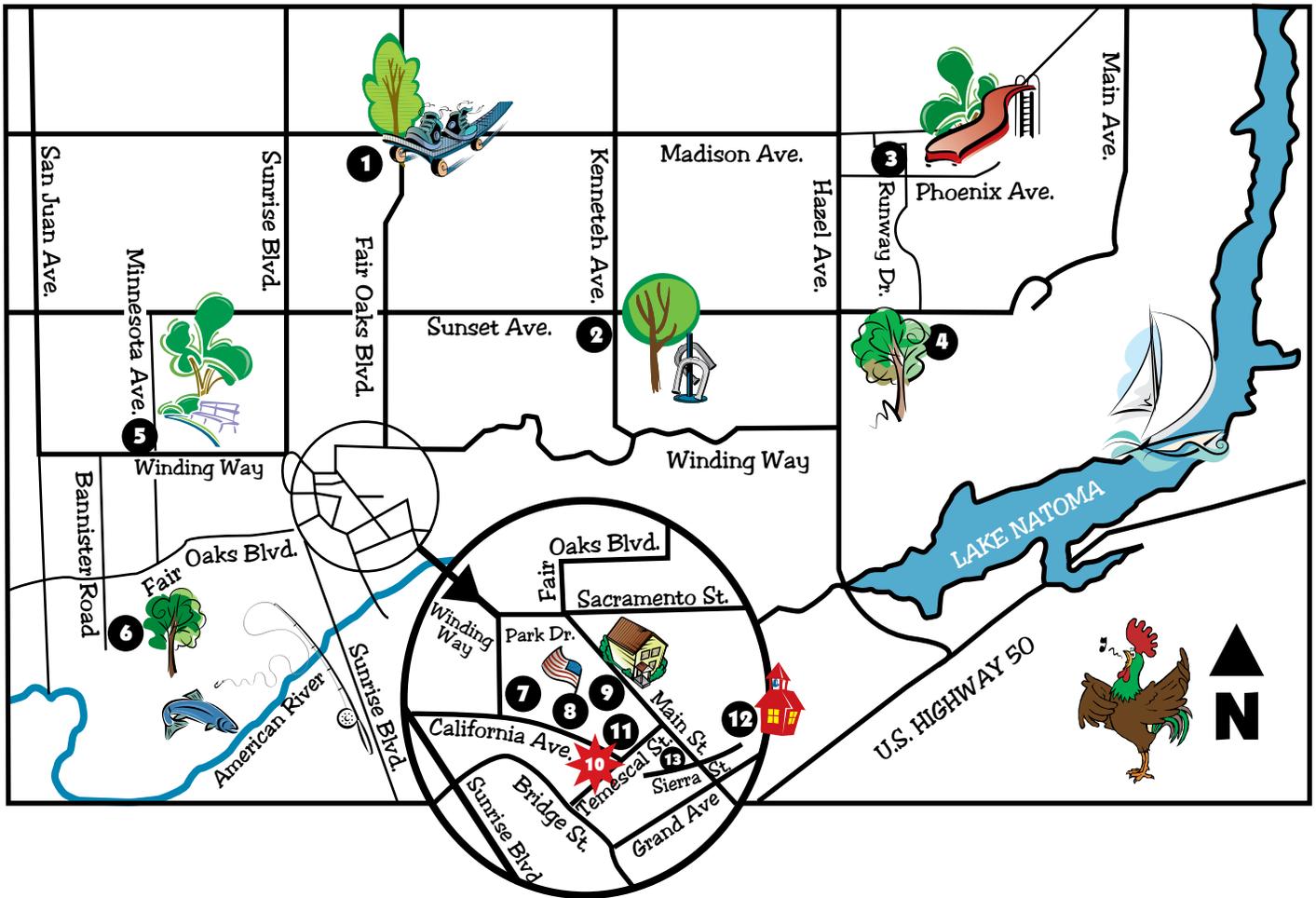
Village Park Bandshell 4238 Main St.

Great for outdoor weddings and family picnics. Equipment not included.

Rental fee: \$30 per hour

**Please note that Village Park cannot be closed with rental*

***Amplified sound restrictions apply*



1. **Fair Oaks Park/McMillan Center** (11549 Fair Oaks Blvd.); summer camp, basketball, softball, soccer, play ground, horseshoes, skateboard park, family picnics - BBQ rental area, multipurpose field, community garden, horticulture center, maintenance yard
2. **Miller Park** (8480 Sunset Ave.); basketball, tennis, playground, horseshoes, BBQ rental area, family picnics
3. **Little Phoenix Park** (9041 Phoenix Ave.); playground, family picnics
4. **Phoenix Park** (9050 Sunset Ave.); softball, soccer, playground, family picnics, Little League, multipurpose field, vernal pools, community garden, walking path, lacrosse, dog park
5. **Montview Park** (4401 Minnesota Ave.); playground, family picnics
6. **Bannister Park** (3820 Bannister Rd.); multipurpose field, exercise equipment
7. **Plaza Park** (7003 Park Dr.); family picnics, amphitheatre
8. **Veterans Memorial Amphitheatre** (7991 California Ave.); Comedy Under the Stars, Fair Oaks Theatre Festival performances
9. **Community Clubhouse / Lower Level / Arts & Crafts Building** (7997 California Ave.); rental facility, events, classes
10. **Fair Oaks District Office** (4150 Temescal St.); Recreation and Administrative Offices
11. **Village Park** (4238 Main St.); playground, bandshell, family picnics, summer concert series
12. **Fair Oaks Preschool** (8090 Grand Ave.); Preschool program
13. **Old Fair Oaks Library** (4200 Temescal St.); rental facility, Board meetings, classes



To Our Valued Customer
 Postal Customer - Local
 Fair Oaks, CA 95628
 Carrier Route

Prst Std
 US Postage
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 Permit No. 601
 NON PROFIT
 Fair Oaks,
 CA 95628

Look What's Coming to Town!

Catch the action and excitement of these special events coming to Fair Oaks for the Fall Season!



<i>Fair Oaks Farmers Market</i>	Every Wed
<i>Fair Oaks Theater Festival- "The Drowsy Chaperone"</i>	8/9-9/8
<i>WOW Bus: Village Park</i>	8/16
<i>WOW Bus: Phoenix Park</i>	8/17
<i>WOW Bus: Bannister Park</i>	8/31
<i>WOW Bus: Fair Oaks Park</i>	9/14
<i>Fair Oaks Theater Festival- "Best of Broadway"</i>	9/13-9/29
<i>10th Annual Senior Luau</i>	9/18
<i>8th Annual Chicken Festival</i>	9/21
<i>Mother Son Kickball</i>	9/28
<i>WOW Bus: Montview Park</i>	9/28
<i>Comedy Under the Stars</i>	10/4
<i>WOW Bus: Little Phoenix Park</i>	10/12
<i>Halloween Silent Movie Night</i>	10/25
<i>WOW Bus: Miller Park</i>	10/26
<i>Halloween Carnival</i>	10/31
<i>Fair Oaks Historical Society "Soup Night"</i>	11/1
<i>Teddy Bear Tea Party</i>	11/2
<i>Fair Oaks Theater Festival- "Winnie The Pooh"</i>	12/7
<i>Christmas in The Village</i>	12/7
<i>Cookies with Santa</i>	12/7
<i>Village Singers Concert-Orangevale</i>	12/15

For more information on these Special Events, see pages 3-6. For more information on how you can be involved as a sponsor or volunteer for our events please contact Fair Oaks Recreation and Park District at 916-966-1036.